



## ***PARENTING WISELY CLASS***

**Offered by Formed Families Forward in conjunction with the  
Fairfax County Partners in Prevention Fund**

***Tuesdays, beginning May 21, 2019***

**6:30 - 8:00 PM**

**Stacy C. Sherwood Community Center  
3740 Old Lee Highway, Fairfax, VA 22030**

Parenting can be tough! Join Formed Families Forward (FFF) as we host a FREE highly interactive **5 week class** designed to equip parents and caregivers with the tools necessary to engage your teens in difficult family scenarios. Learn constructive skills regarding drug and alcohol use prevention, school and homework problems, delinquency and other difficult behaviors. Using realistic video scenarios, facilitators will take parents and caregivers through common issues such as getting up on time, sibling conflict, doing chores, managing school and homework, finding drugs, and curfews. FFF is pleased to partner with the Fairfax County Partners in Prevention Fund to make this opportunity available to families. Please visit our website at [www.FormedFamiliesForward.org](http://www.FormedFamiliesForward.org) for more information.

Note: sessions are for parents and caregivers; no child care is available. **The session dates are May 21 and 28, and June 4, 11 and 18.** *Parents and caregivers who attend regularly will receive a gift card at the conclusion of the course. Light refreshments are provided each session.* **Presented by Formed Families Forward; hosted by Fairfax City Parks & Recreation.**

REGISTER TODAY! Visit us online at [www.fairfaxva.gov/ParksRec](http://www.fairfaxva.gov/ParksRec) or come into one the City Recreation locations (Green Acres, City Hall or Sherwood Community Center) to register in person! *Open to all parents, caregivers, and professionals, though we particularly encourage attendance by foster and adoptive parents and kinship caregivers. Formed Families Forward offers training and support to foster, adoptive and kinship families raising children and youth with special needs.*