



Fairfax Co. SEPTA, Formed Families Forward and CHADD of Northern Virginia & DC invite you to:

Parents & Caregivers: Learn to Be A Determined Family Together!

YOUR CHOICE OF THE DATES AND LOCATIONS BELOW.

*Learn about VDOE's *I'm Determined Project* and their annual *I'm Determined Youth and Parent Summit*.

*Learn how to incorporate important self-determination skills into everyday life at home and in school.

*Learn how Fairfax County is implementing the *I'm Determined Project* in its Schools.

March 19, 2019

sponsored by SEPTA and CHADD

Time: 7:00-8:30 PM

Location: **Key Middle School, Springfield**

Register at:

<https://ffimetermined.eventbrite.com>

Questions? Contact:

Cathy Greulich, SEPTA, ocgreulich@aol.com

Pat Hudak, CHADD, novadc@chadd.net

Snow Date: March 26th

April 3, 2019

sponsored by SEPTA and Formed Families Forward

Time: 6:30-8:00 PM

Location: **Herndon Senior Center**

Register at: <https://ffimetermined.eventbrite.com>

Questions? Contact:

Whitney Emerson, Formed Families Forward, whitney.emerson@formedfamiliesforward.org

or visit www.FormedFamiliesForward.org

Self-Determination is a best practice in education. It puts students at the center of their own lives and prepares them with critical life skills.

For details on the *I'm Determined* workshops or the *I'm Determined Project*, please contact **Nancy Anderson and Janet Ratzlaff**, *I'm Determined* Coordinators, Region 4 Schools using the contact information below.

- Youth and Parent Summit
- Youth Leaders
- Teacher Trainings (Regional and Statewide)
- IMD Tools
- IMD School Events
- Parent Trainings (Regional)

Contact Your Region 4 *I'm Determined* Coordinators at:

- Nancy Anderson nanders7@gmu.edu
- Janet Ratzlaff jratzlaf@gmu.edu
- Phone: 703-993-4496

