FORMED FAMILIES
NORTHERN VIRGINIA RESOURCE DIRECTORY
2018 - 2019

Provided by:
Formed Families Forward
4031 University Drive, Suite 100
Fairfax, VA 22030
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(703) 277-7730 fax
www.FormedFamiliesForward.org
This Formed Families Resource Directory provides information about programs and services offered in Northern Virginia to support families formed by adoption, foster care and kinship care who are raising children and youth with disabilities and other special needs.

This directory is provided as a free service to individuals and other organizations and agencies. It covers the areas of Alexandria, Arlington County, Fairfax County, Loudoun County, and Prince William County. Some entries are listed under multiple categories; there is an index of organizations at the end of the directory.

Every effort has been made to ensure that the information provided herein is accurate. If there is an error in an organization’s listing or you would like your organization to be included in our directory, please contact our office at (703) 539-2904 or info@formedfamiliesforward.org.

WHO WE ARE AND WHAT WE DO
Formed Families Forward is a non-profit organization dedicated to supporting families formed through foster care, adoption and kinship care connections in the Northern Virginia area. Our mission is to improve developmental, educational, social, emotional and post-secondary outcomes for children and youth with disabilities and other special needs through provision of information, training and support.

Formed Families Forward provides consultation and support to families and agency personnel to help them meet the special educational needs of their children and youth. Short-term phone and in-person consultations are available at no cost to adoptive, foster and kinship families and to child welfare and education professionals in northern Virginia. We also host peer support groups for youth and young adults ages 14-22, and for parents and caregivers of children with special needs. Groups are facilitated by professional clinicians.

Formed Families Forward offers special education resources designed specifically for foster, adoptive and kinship families. We make linkages to other agencies and organizations and offer support in navigating systems and resources.

Formed Families Forward staff and volunteers have helped to make this and previous editions of the Directory possible. We thank Gail Brodfuehrer, Melissa Dolberg, Jeana Adams, Anne Havlovick, and Jenn Paul for their efforts.

This Directory and other work of Formed Families Forward is made possible, in part, through tax-deductible donations. Contributions may be made via mail or through our website.

Disclaimer: Information provided in this directory does not necessarily reflect the position of Formed Families Forward, nor does the inclusion of information regarding various organizations constitute an endorsement of views, persons, methodology, or products.
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Mentoring programs

**BeFriend-A Child Program**
Fairfax County Department of Family Services
12011 Government Center Parkway
Fairfax, VA 22035
Phone 703-324-7518

Children from ages 5-12 whose families are involved with Fairfax County’s Children, Youth and Families Division are referred by their family's Children Youth and Family worker. Children are matched one-on-one with trained volunteer mentors. In addition to spending one-on-one time together, the mentors and mentees participate in monthly group outings throughout the year, such as ice skating, hiking, Celebrate Fairfax, community service, and the annual holiday party.

**Best Kids, Inc.**
515 M St SE, Ste 215
Washington, DC 20003
Phone: 202-397-3272
Email: info@bestkids.org
Website: [http://bestkids.org/index.html](http://bestkids.org/index.html)

Best Kids Mentoring Program serves youth in foster care on a one-to-one basis with a mentor. Best Kids works with kids age 6 and up, for as long as needed, even into adulthood.

**Bridging the Gap Family Services**
10432 Balls Ford Rd, Ste 300
Manassas, VA 20109
Phone: 703-881-7783

20130 Lakeview Center Plaza, Ste 400
Ashburn, VA 20147
Email: info@btgfs.org
Website: [www.BTGFS.org](http://www.BTGFS.org)

Bridging the Gap Family Services provides mentoring services to individuals ages 8 through 20. Individuals must be pre-approved for services through Family Assessment and Planning Teams (FAPT) and WrapAround Teams because the program is Comprehensive Services Act (CSA) funded.
**First Star Academies**  
Website: [www.firststar.org](http://www.firststar.org)

First Star Academies are the pathway to college and careers through Academics, Life Skills and Caregiver Engagement. Hosted at university academies across the nation, First Star programs serve youth who have experienced foster care by helping them graduate high school, enter college, and graduate college. Programs have year-long activities, including living on a college campus in summer.

**For Children’s Sake of Virginia**  
14900 Bogle Dr, Ste 200  
Chantilly, VA 20151  
Phone: 703-817-9890

12741 Darby Brook Ct, Ste 202  
Woodbridge, VA 22192  
Phone: 703-817-9890  
Website: [http://www.fcsva.org/mentor-services.html](http://www.fcsva.org/mentor-services.html)

For Children’s Sake of Virginia is a child placing agency providing therapeutic treatment, foster care, and adoption services to children aged birth to 21 years old. Services include intensive in-home services, supervised visitation, mentoring, and outpatient therapy.

**Treatment Foster Care Agencies**

**Adore Children and Family Services, Inc**  
1408 N Fillmore St, Ste 3  
Arlington, VA 22201  
Phone: 703-582-7304  
Website: [www.adore-children.com](http://www.adore-children.com)

Adore Children and Family Services is a therapeutic foster care agency. All staff and families are trained in trauma informed care and prevention of child sexual abuse. PRN nurses are on staff for medically fragile clients.

**Bair Foundation Child and Family Ministries**  
8002 Discovery Dr, Ste 300  
Richmond, VA 23229  
Phone: 804-288-8210  
Toll Free: 877-315-3151  
Website: [www.bair.org](http://www.bair.org)

This foundation provides therapeutic, treatment, and basic foster care services, as well as medically needy foster care and emergency foster care. The foundation provides foster-to-adopt services, independent living services, and clinical services.
**Braley and Thompson, Inc.**
4300 Ridgeway Center Dr  
Woodbridge, VA 22192  
Phone: 703-878-8216  
Website: [www.braleyandthompson.com](http://www.braleyandthompson.com)

Braley and Thompson, Inc. is a therapeutic foster care agency that offers outpatient counseling, mental health support, intensive in-home services, independent living support, mentoring, and parenting classes.

**Embrace Treatment Foster Care**
National Counseling Group (NCG)  
Offices located in Hampton Roads, Fredericksburg, Richmond, Roanoke, and Winchester.  
Phone: 877-566-9624  
Email: ap@ncgCARE.com  
Website: [https://www.embracetfc.com/](https://www.embracetfc.com/)

Embrace Treatment Foster Care provides specialized foster home placements for children who have been removed from their homes for unforeseen circumstances. Embrace has specially trained families to help children address the trauma of their past experiences. Embrace TFC utilizes a team approach in which dedicated parent, caring professionals, and treatment tools come together in a supportive collaboration to give foster children the best chance of success in their path to permanency. Embrace has offices throughout the Commonwealth of Virginia.

**Extra Special Parents**
711 N Courthouse Rd  
Richmond, VA 23236  
Phone: 804-714-1776

755 S. Main St.  
Mt. Crawford, VA 22841  
Phone: 540-442-6555

1344 Maple Avenue SW  
Roanoke, VA 24016  
Phone: 540-981-1776  
Email: morapp@espva.org  
Website: [www.espva.org](http://www.espva.org)

Extra Special Parents is a therapeutic foster care provider dedicated to placing children with physical or mental disabilities in quality home environments. ESP utilizes a Professional Parent Model (PPM) of fostering, allowing more concentrated and focused treatment of the child to occur. The also provide a
variety of community-based support services.

**First Home Care**  
5520 Cherokee Ave #215  
Alexandria, VA 22312  
Phone: 757-393-7200  
Website: [www.firsthomecare.com](http://www.firsthomecare.com)

First Home Care is a treatment foster care agency that offers a continuum of mental health services that enable children, adults, and families to receive the care needed in their homes and communities, thereby reducing the need for more costly and restrictive levels of care and placements. Services target those individuals deemed “hard to serve” due to multiple system involvement or clinically complex treatment histories requiring access to an array of mental health services and supports.

**For Children's Sake of Virginia**  
14900 Bogle Dr, Ste 200  
Chantilly, VA 20151  
Phone: 703-817-9890

12741 Darby Brook Ct, Ste 202  
Woodbridge, VA 22192  
Phone: 703-817-9890  
Website: [www.fcsva.org](http://www.fcsva.org)

For Children's Sake of Virginia is a child placing agency providing therapeutic treatment, foster care, and adoption services to children ages birth to 21 years old. Services include intensive in-home services, supervised visitation, mentoring, and outpatient therapy.

**Intercept Treatment Foster Care**  
Intercept  
5511 Staples Mill Road, Ste 102  
Richmond, VA 23228  
Phone: 804-440-3700  
Website: [https://www.interceptyouth.com/treatment-foster-care](https://www.interceptyouth.com/treatment-foster-care)

Intercept Treatment Foster Care provides a structured family environment and treatment for newborns to 18 year olds, who are exhibiting significant levels of emotional, behavioral and/or medical problems. Youth receive support, nurturing and supervision from specialized treatment families. TFC consultants provide 24-hour crisis intervention, case management and ongoing training and support for families.

**Lutheran Family Services of Virginia**  
Developmental Services-Northern Virginia  
10467 White Granite Dr, Office #6 (3rd Floor)
Lutheran Family Services of Virginia offers a broad range of services from treatment foster care and post-adoption support to support for individuals with disabilities. Services include adult respite care, in-home services, Family Care Homes, and day support, supported employment services. There are locations throughout the Commonwealth of Virginia.

**National Counseling Group (NCG)**
Over 20 locations throughout Virginia, including offices in Annandale, Manassas, and Fredericksburg, Front Royal, and Winchester.
7620 Little River Turnpike, Ste 402
Annandale, VA 22003
Phone: 703-813-5982
Website: [https://ncgcommunity.com/](https://ncgcommunity.com/)

National Counseling Group (NCG) is the largest provider of community-based behavioral health services in Virginia. Services include mobile crisis stabilization, outpatient services, home and community based services, and foster care at different locations throughout the Commonwealth. The Annandale Regional Center offers Envision counseling services and home and community services which includes a program for Mental Health Skill-Building for adults with mental illness and emotional disturbance.

**Northern Virginia Family Service (NVFS)**
10455 White Granite Dr, Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Website: [https://www.nvfs.org/our-services/foster-care-adoption-northern-virginia/](https://www.nvfs.org/our-services/foster-care-adoption-northern-virginia/)

Therapeutic Foster Care provides temporary, quality, family settings for children with special needs who may have experienced abuse and neglect. The program serves children from birth through age eighteen who have emotional, behavioral, physical or developmental needs that cannot be met in their own homes. NVFS also has early intervention programs such as Healthy Families, home-based Early Head Start services, homeless shelters, and job-training programs.

**Therapeutic Interventions and Heritage for Kids**
5999 Stevenson Avenue, Ste 300
Alexandria, VA 22304
Phone: 703-879-1067
Website: [http://www.therapeuticinterventions.com](http://www.therapeuticinterventions.com)
Therapeutic Interventions and Heritage for Kids is a community mental health and foster care provider. Services include outpatient treatment, therapeutic foster care, mental health skill building, intensive in home, and therapeutic day treatment. There are skill building services for adults with a significant psychiatric function who are learning to live independently. There are several locations throughout the Commonwealth of Virginia.

**United Methodist Family Services (UMFS)**
5400 Shawnee Rd, Ste 303
Alexandria, VA 22312
Phone: 703-941-9008
Fax: 703-750-0621
Email: nova@umfs.org
Website: [https://www.umfs.org/](https://www.umfs.org/)

UMFS offers treatment foster care and adoption preservation services. UMFS' treatment foster care program allows older children and adolescents with behavioral and emotional problems to live with families while receiving the additional support needed to be successful. Adoption services are free-of-charge to families who adopt a special needs child or children. The majority of children in Virginia who need adoptive homes are eight years old and older. Others are sibling groups that need to stay together. Some children are developmentally disabled or have medical needs. Families adopting a special needs child may also be eligible for state and federal adoption subsidies. UMFS also provides short-term intervention and stabilization for children ages 12-17 in crisis through the Leland House in Centreville, VA.

**Youth for Tomorrow (YFT)**
11835 Hazel Circle Dr
Bristow, VA 20136
Phone: 703-368-7995
Website: [www.youthfortomorrow.org/Home](http://www.youthfortomorrow.org/Home)

Satellite offices that provide outpatient behavioral health services
14000 Crown Court, Ste 101
Woodbridge, VA 22193

9720 Capital Court, Ste 303
Manassas, VA 20110

7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

6800 Backlick Road, Ste 300
Springfield VA 22150

19415 Deerfield Avenue, Ste 101
Landsdowne, VA 20176
YFT provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT currently employs more than 200 dedicated teachers, counselors, house parents and other professional staff. Services are offered on the main campus in Bristow, Virginia and satellite offices in Woodbridge, Manassas, Gainesville, Loudoun and Springfield. In addition, YFT provides treatment foster care, school and home based services, and substance abuse treatment in a residential setting. YFT accepts private insurance, Medicaid and Tricare. Financial assistance is available.

**Other Adoption, Foster Care, and Kinship Support**

**A Family For Every Child**  
Phone: 541-343-2856  
Toll-Free: 877-343-2856  
Email: info@afamilyforeverychild.org  
Website: www.afamilyforeverychild.org

A Family For Every Child is a non-profit organization that serves families, children, and agencies nationwide. A Family for Every Child provides matching events as well as additional family support and resources.

**Adopt Abroad, Inc.**  
1424 North 2nd St.  
Harrisburg, PA  
Phone: 888-526-4442  
Website: http://adopt-abroad.com/

Adopt Abroad, Inc. is a non-profit, licensed adoption agency dedicated to helping families and children find each other. Founded initially to assist US military families and other US citizen living abroad to adopt while stationed overseas, this agency assists in child placement through International Adoption, Foster Care Adoption, Adoption Home Studies, and post Adoption Services.

**Adoption-Share**  
P.O. Box 1532  
Brunswick, GA 31520  
Email: adoptionshare@gmail.com  
Website: https://www.adoption-share.com/

Adoption-Share exists to leverage technology to bring efficiency, innovation, and reform to the private and public adoption process and to raise awareness about adoption in the
United States. Adoption-Share is an online network designed exclusively for home study approved adoptive parents, expectant parents, licensed adoption agencies and adoption attorneys. Their tool is designed for those who are tired of dead-ends in their adoption journey and want a way to connect without the roadblocks, hurdles, and delays.

**Adoptions Together**  
457A Carlisle Dr  
Herndon, VA 20170  
Phone: 703-689-0404  
Email: info@adoptionstogether.org  
Website: www.adoptionstogether.org

Adoptions Together is an adoption center which supports children and families formed through adoption, guardianship, foster care, and kinship care with specialized services offered at locations in Maryland, Virginia and DC. Their support remains available to every family for a lifetime of guidance, education, and counseling to ensure that each family stays strong together.

**AdoptUSKids**  
605 Global Way, Ste 100  
Linthicum, MD 21090  
Phone: 888-200-4005  
Email: info@adoptuskids.org  
Website: www.adoptuskids.org

AdoptUSKids is a service of the U.S. Children’s Bureau whose mission is to raise public awareness about the need for foster and adoptive families for children in the public child welfare system, and to assist U.S. States, Territories, and Tribes to recruit and retain foster and adoptive families and connect them with children. AdoptUSKids provides services to families and child welfare professionals, including tips and resources, and an extensive database of children in U.S. foster care available for adoption, and families who are home studied, approved, and ready to adopt them.

**America World Adoption**  
6723 Whittier Ave  
McLean, VA 22101  
Phone: 703-356-8447  
Email: info@awaa.org  
Website: http://awaa.org/

America World Adoption is an international adoption agency that has placed over 4,500 orphans from 13 countries into their forever families. Programs include adoption program, adoption events, support groups, coaching and training for parents post-adoption. America World Adoption offers support for parents who are struggling with difficult feelings following an adoption as parents strive to attain a “new normal” while working hard to bond. There is a small fee for participating in the groups.
**Barker Foundation**  
7979 Old Georgetown Rd  
Bethesda, MD 20814  
Phone: 301-664-9664  
Website: www.barkerfoundation.org

The Barker Foundation is an adoption center offering pregnancy services, domestic and international adoption services, counseling, and education. It promises a continuing commitment to the individuals and families served by the Foundation.

**Bethany Christian Services**  
10332 Main St, Ste 359  
Fairfax, VA 22030  
Phone: 703-385-5440  
Website: https://www.bethany.org/fairfax

This organization offers pregnancy support, adoption services, and global services relating to child welfare and protection, foster care, family counseling, and refugee services.

**Susan Branco, PhD, LPC, LCPC, NCC, ACS**  
105 North Virginia Avenue, Ste 309  
Falls Church, VA 22046  
Phone: 703-302-0769  
Email: sbbranco@adoptiontherapist.org  
Website: http://adoptiontherapist.org/

Susan Branco is an adoption therapist with experience providing mental health counseling services for diverse populations with treatment needs ranging from severe mental illness to mild adjustment issues. Susan strongly believes every person possesses innate strengths and resiliency. Susan does not adhere to a pathological model of treatment. Rather, Susan works diligently with her clients to build a trusting relationship, to identify core strengths, and to collaboratively develop a plan to address where clients feel challenged. Susan’s clinical training includes two post master’s certificates.

**C.A.S.E. (Center for Adoption Support and Education, Inc)**  
21335 Signal Hill Plaza, Ste 250  
Sterling, VA 20164  
Phone: 703-282-4138

7857 Heritage Dr, Ste 300  
Annandale, VA 22003  
Phone: 703-256-3820  
Website: www.adoptionsupport.org
C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences. The Northern Virginia office also offers free counseling as part of Adoptive Family Preservation supported by Virginia Department of Social Services.

**Cherrydale’s Orphan Care Ministry**  
Cherrydale Baptist Church  
3910 Lorcom Lane  
Arlington, VA 22207  
Phone: 703-525-8210  
Email: orphancare@cherrydale.org  

Cherrydale’s orphan care ministry offers “God’s Heart for Orphans” classes that explore the Scriptural and historical basis for the role of the church in caring for the orphan. Cherrydale also sponsors short-term orphan care trips, and celebrates Orphan Sunday each year. There also is a Foster and Adoptive Families support group the third Sunday of each month.

**Children’s Home Society and Family Services East**  
6800 Versar Center #404  
Springfield, VA 22151  
Phone: 703-642-2193  
Email: inquire@chsfs.org  
Website: [www.chsfs.org](http://www.chsfs.org)

Children’s Home Society and Family Services (CHSFS) is an adoption service agency working to give every child security, opportunity and a loving family. CHSFS East has been providing high-quality international adoption services for families in Maryland and Virginia since 1981.

**Choose To Thrive**  
Karen Chaudhry, LCSW  
Fairfax, VA  
Phone: 571-278-4678  
Email: kconsultnow@gmail.com  
Website: [www.thriveandchange.wordpress.com](http://www.thriveandchange.wordpress.com)

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens. She works with adoptive families and kinship families. She addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections.

**Connecting Hearts**
Connecting Hearts is a foundation dedicated obtaining permanency for children in foster care, whether it is in the form of reunification, kinship care, or adoption. Programs serve families, professionals and youth. Services include Family-Match and direct services to children and youth in foster care, such as birthday parties for kids in care, holiday gift events, photo events, and a work program with financial literacy component for older youth. The foundation works to increase advocacy, education and awareness.

**C2Adopt**
8100 Three Chopt Rd, Ste 101
Richmond, VA 23229
Phone: 804-354-1881
Website: [www.c2adopt.com](http://www.c2adopt.com)

C2Adopt is a non-profit, Virginia-licensed agency offering training and education, placement, and adoptive family support services. Their website provides a broad education on the types of adoption available, and details the services C2Adopt provides before, during, and after placement.

**Dave Thomas Foundation for Adoption**
716 Mt Airyshire Blvd, Ste 100
Columbus, OH 43235
Phone: 1-800-275-3832
Email: info@davethomasfoundation.org
Website: [www.davethomasfoundation.org](http://www.davethomasfoundation.org)

The Dave Thomas Foundation for Adoption finds homes for children who are waiting to be adopted from foster care in North America. The Foundation provides free educational resources, promote awareness, assist policymakers and employers, and support adoption professionals and agencies throughout the United States and Canada.

**DePaul Community Resources**
Service locations in Roanoke, Abingdon, Amelia, Big Stone Gap, Cedar Bluff, Charlottesville, Christiansburg, Harrisonburg, Lynchburg, and Fishersville, VA.
Phone: 888-233-7285
Email: info@depaulcr.org
Website: [http://www.depaulcr.org/](http://www.depaulcr.org/)

DePaul Community Resources has locations throughout the Commonwealth of Virginia. DePaul services include foster care and adoption services; independent living services
for transition age young adults; group home, sponsored residential, respite, and day support for adults with developmental disabilities.

**Family-Match**  
P.O. Box 1532  
Brunswick, GA 31520  
Email: info@family-match.org  
Website: https://family-match.org/default.aspx

Family-Match allows waiting families from around the country create free profiles and make themselves visible to caseworkers everywhere. With this powerful network in hand, caseworkers are able to identify families on markers of compatibility that extend beyond basic demographic information. Through the automated matching system, Family-Match generates optimal connections at the moment new candidates are identified and allows caseworkers the opportunity to connect with families directly.

**Foster Care Alumni of America**  
5810 Kingstowne Center Dr, Ste 120-730  
Alexandria VA  22315  
Phone: 703-299-6767  
Toll free: 888-ALUMNI(o)  
Email: info@fostercarealumni.org  
Website: www.fostercarealumni.org

The mission of Foster Care Alumni of America is to connect the alumni community and to transform policy and practice, ensuring opportunity for people in and from foster care. The Foster Care Alumni of America hopes to ensure a high quality of life for those in and from foster care through the collective voice of alumni.

**FosterParentCollege.com**  
326 West 12th Avenue  
Eugene, OR 97401  
Phone Main: 541-343-6636  
Phone Toll Free: 800-777-6636  
Email: fpc@northwestmedia.com  
Website: www.fosterparentcollege.com

The FosterParentCollege.com website strives to give foster, adoptive and kinship parents the knowledge needed to raise children who will thrive in today's world. The website provides innovative, research-based, interactive online courses for foster, adoptive, and kinship parents.

**Generations United**  
25 E. Street NW, 3rd floor  
Washington, DC 20001  
Phone: 202-289-3979  
Email: gu@gu.org
Website: http://www.gu.org/

The mission of Generations United (GU) is to improve the lives of children youth and older people through intergenerational collaboration, public policies, and programs for the enduring benefit of all. GU has a national Center of Grandfamilies (kinship families) that provides advocacy for families headed by grandparents or other relatives.

**Generations Together**
303 Vintage Park Drive, Ste 250
Foster City, CA 94404
Phone: 650-356-2902
Email: info@generations-together.org
Website: http://www.generations-together.org/

Generations Together is housing development build to create multi-generational communities where children who have experienced foster care find permanent, loving families; those families receive integral support; and seniors find meaningful purpose as valued members of the community. As part of the program, families and seniors receive affordable housing with onsite programs designed to facilitate connections and encourage supportive relationships between neighbors. Seniors are a valued cornerstone of the community -- running after school programs for the children and babysitting for the families. In return, seniors receive onsite fitness and wellness programs and have the opportunity to participate in social activities with their peers.

**Kimberly Harrell, LPC**
4601 North Fairfax Drive, Ste 1200
Arlington, VA 22203

4000 Legato Road, Ste 1100
Fairfaxe, VA 22033
Phone: 703-282-4286
Email: KHarrell.lpc@gmail.com
Website: https://kimberlyharrelllpc.com/

Kimberly Harrell, LPC provides individual couples, and family counseling. She works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. A few areas of specialization include parenting support, adoption issues, infertility grief work, and birth parent therapy. She also provides consultation services in adoption search and reunion, adoption readiness, choosing the right adoption agency and type of adoptions, and mediation between birth and adoptive parents.

**Kidsave**
4622 Wisconsin Ave NW, Ste 202
Washington, DC 20016
Phone: 202-503-3100
Website: www.kidsave.org
Kidsave matches pre-teens and teens with loving parents and lifelong mentors through family visit and mentoring programs. This is done through having volunteer families host older kids in US foster care for the weekend, with the eventual goal of adoption, guardianship, or long-term mentoring relationships. Kidsave also has opportunities for families to host older children without homes from other countries as well.

**Kinship Café**  
Fairfax County Department of Family Services  
Kinship Family Institute (KFI)  
Phone: 703-246-4653  
Email: KFI@FairfaxCounty.gov  
Registration Link: [https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27](https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27)

Kinship Café is a dinner and discussion group where kinship caregivers can share a meal and conversation about the experiences, joys, and challenges of raising children for relatives or friends. A free dinner will be provided for the entire family. There will be separate activities and games for children of all ages. Please register online or call at least one week in advance. Kinship Café is usually from 6-8 pm on a week night. Check the website for upcoming dates.

**Kinship Care Support Group**  
Fairfax County Department of Family Services  
Fairfax County Public Schools (FCPS), Instructional Services Department  
South County Center  
8350 Richmond Highway, Room 220 or Room 217  
Alexandria, VA 22308  
Registration Line: 703-324-5447, TTY: 711  
Email: KFI@FairfaxCounty.gov  
Registration Link: [https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27](https://www.fairfaxcounty.gov/hocode/EReg/Registration.aspx?groupID=27)

Grandparents, aunts, uncles and other relatives who are raising children are invited to the county's support group, Wednesdays from 6:30 p.m.--8 p.m. Find out about community resources you may not have known exist. Talk with others who understand how difficult and joyful this responsibility can be. Need to bring kids? Child care may be available--call Mary Hager to confirm childcare. This support group is for residents of Fairfax County or the cities of Fairfax and Falls Church. Please call ahead to register at the kinship registration line. Please indicate whether you need reasonable ADA accommodations. Check website for future dates for support groups.
**Kinship Family Institute (KFI)**
Fairfax County Department of Family Services
12011 Government Center Parkway
Pennino Building
Fairfax, VA 22035
KFI Helpline: 703-246-4KIN (4546)
Email: KFI@FairfaxCounty.gov
Website: https://www.fairfaxcounty.gov/familyservices/children-youth/kinship-family-institute/about-us

The Kinship Family Institute (KFI) assists kinship families who need a connection to services, such as child care, education, health care, and financial help, and are seeking support from professionals or peers. The KFI also provides seminars, trainings, and workshops focused on kinship families’ needs, as well as support groups for these families. Trainings vary, from strengthening caregivers’ parenting skills and communication skills to relationship building, conflict resolution, self-care, and managing stress. The KFI offers a helpline for kinship caregivers and social service providers in the community. A caregiver who calls can talk to a kinship navigator to receive connections to services and resources and feel supported about their kinship situations.

**National Center for Missing and Exploited Children**
Charles B. Wang International Children's Building
699 Prince Street
Alexandria, VA 22314-3175
Phone: 703-224-2150
24-hour call center: 800-THE-LOST (843-5678)
Website: www.missingkids.com

The National Center for Missing and Exploited Children operates the official national resource center and information clearinghouse for missing and exploited children. Assistance and training is available to support families and law enforcement agencies in locating and recovering missing and exploited children. There is a 24-hour hotline for those who wish to report a sighting of a child that is missing or a case of abuse.

**National Down Syndrome Adoption Network**
4623 Wesley Avenue, Ste A
Cincinnati, OH 45212
Adoptive Parent Line: 513-709-1751
Birth Parent Line: 513-213-9615
Website: www.ndsan.org

National Down Syndrome Adoption Network provides an adoption information and support network specific to children with Down Syndrome. The mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family.
National Foster Parent Association
1102 Prairie Ridge Trail
Pflugerville, TX 78660
Phone: 800-557-5238
Email: Info@NFPAonline.org
Website: www.nfpaonline.org

The National Foster Parent Association is a non-profit, volunteer organization formed to meet the needs of foster families in the United States. It seeks to support foster parents in achieving safety, permanence and well-being for the children and youth in their care.

NewFound Families (formerly FACES of Virginia Families)
P.O. Box 85
Ashland, VA 23005
Warm Line peer support: 877-823-2237
Phone: Local: 804-496-6029
Email: info@newfoundva.org
Website: www.newfoundva.org
Facebook Support Group: https://www.facebook.com/groups/FACESsupport/

NewFound Families is the Virginia adoptive, foster, and kinship family association. NewFound Families serves all of Virginia’s adoptive, foster, and kinship families by offering peer support and connecting families with the resources families need to be stable, nurtured, and healthy. NewFound Families has a weekly Facebook parent support chats; warm line peer support, resource and referral assistance; family support leadership training, family-based respite camps, training opportunities; and a Gathering Place for parents in Ashland, VA. The NewFound Families also has a ‘members only’ online support group meets on Wednesdays at 9:00 PM.

North American Council on Adoptable Children (NACAC)
970 Raymond Ave, Ste 106
St. Paul, MN 55114
Phone: 651-644-3036
Email: info@nacac.org
Website: www.nacac.org

NACAC supports parent groups and other community leaders; hosts a comprehensive adoption training conference; conducts training sessions and workshops on adoption subsidy, child welfare reform, and transracial adoption; offers leadership training to adoptive, foster, and kinship parents; creates and disseminates publications that provide resources, information, and support to adoptive families and prospective adopters. NACAC also provides phone consultation and materials to address parents’ questions about adoption subsidies for children with special needs NACAC has volunteers in Virginia to assist adoptive families in finding needed resources.

Safe Families for Children
Safe Families for Children Virginia provides breathing room and support for parents in temporary crisis, giving them time to get back on their feet, while their children are cared for in a safe and loving environment. Volunteers who host children and support parents are known as Host Families, and are recruited from a large network of faith communities. Parents in crisis, called the Placing Family, willingly place their children with a loving, and thoroughly screened volunteer Host Family for a short period of time. Parents can reunite with their children at any time. Both the Placing Family and the Host Family participate voluntarily, with no compensation or expectation of adoption. The trust built between the Placing Family and Host Family is central to the Safe Families program; it’s at the heart of creating a safe, temporary haven for children, and a strong, caring support network for the Placing Family. After the hosting arrangement ends, Safe Families For Children’s goal is for the two families to remain in contact, further reducing social isolation, and providing ongoing support.

**The Up Center**
150 W. Boush Street, Ste 500
Norfolk, VA 23510
Phone: 757-965-8683
Email: info@theupcenter.org
Website: [www.theupcenter.org](http://www.theupcenter.org)

Up Center services include foster care and adoption services; youth counseling; parenting support; mental health skill-building, job training, housing, and financial counseling; and summer camp, sponsored family homes, and financial management for adults with disabilities.

**Virginia One Church, One Child**
1214 W. Graham Rd
Richmond, VA 23220
Phone: 804-329-3420
Toll-Free: 800-440-5090
Website: [https://www.vaonechurchonechild.org/](https://www.vaonechurchonechild.org/)

Virginia One Church, One Child is a statewide adoption education and recruitment program. Their primary focus is finding families to adopt the hundreds of African American children who are waiting for a family. Virginia One Church, One Child works with churches across the commonwealth to educate and identify adoptive families. Recruitment through churches is complimented by outreach and adoption education with individuals, community groups, social clubs, civic associations, professional groups and businesses.
Adoptive, Foster, and Kinship Guides and Resources

Directory of Licensed Child Placing Agencies in Virginia
Virginia Department of Social Services
This is a directory of licensed child placing agencies in the Commonwealth of Virginia.

The Foster Care & Adoption Life Talk Web Series
Barry Farmer
Website: https://www.barryfarmer.com/
Link to Web Series: https://www.barryfarmer.com/webseries/
Link to Blog: https://www.barryfarmer.com/blog/

The FosterCare & Adoption Life Talk web series is starting an important conversation. Barry Farmer, a single adoptive father, he talks foster care, adoption, transracial adoptions, domestic adoptions, lifestyle, motivation, support, and more. On his website, Barry has a blog and a web series where he interviews other adoptive parents about their experience.

Grandfamilies.org
Website: http://grandfamilies.org/
This website has information on federal and state laws related to many topics including adoption, education, federal laws, financial assistance, foster care licensing, housing, healthcare, and subsidized guardianship.

Kinship Care Quick Guide
Fairfax County Department of Family Services
Website: https://www.fairfaxcounty.gov/familyservices/children-youth/kinship/quick-guide
This resource guide is dedicated to all the kinship care providers in the community who make tremendous sacrifices for their families and the children they are raising, and who do so in a spirit of generosity and love.

CONDITION SPECIFIC INFORMATION

ADHD (Attention Deficit Hyperactivity Disorder)

Adams’ ADHD and ADD Consulting Services, LLC
Catherine Adams
4031 University Dr, Ste 100
Fairfax, VA 22030
Phone: 571-405-3051
Catherine Adams consults with parents and caregivers of children with ADHD. She gives workshops and training sessions for parents, professionals, and support service organizations on the impact of ADHD on individual lives.

**ADHD College Success Guidance Program**
9685-D Main Street
Fairfax, VA
Phone: 703-425-5200
Email: jthomas@adhdcollegesuccess.com
Website: www.adhdcollegesuccess.com

The ADHD College Success Guidance Program provides college readiness assessment, residential workshops, training and follow up guidance for students with ADHD.

**ADHD Resource Group of Northern Virginia**
4031 University Drive, Ste 100
Fairfax, VA 22030
Phone: 703-738-9984
Email: adhdgrp@verizon.net
Website: www.adhnova.org

The ADHD Resource Group of Northern Virginia is a nonprofit organization of dedicated service business professionals, with specialization in ADHD (attention deficit disorders,) who provide direct services to individuals and families dealing with the strengths and needs of those with attention deficit and executive function challenges or co-existing conditions. The group provides educational opportunities, community outreach, referral services and local event information on ADHD and its impacts on the family and self.

**CHADD of Northern Virginia and DC**
Various locations in Northern Virginia
Phone: 703-829-6129
Website: http://www.meetup.com/novachadd/

CHADD provides the means for members to exchange ideas about raising and educating children with attention deficit disorders by offering monthly meetings with guest speakers and a periodic newsletter. CHADD-Northern Virginia offers several different support groups across Northern Virginia, from Alexandria to Loudoun County. There are groups for parents, caregivers, adults and teens with ADHD and ADD.

**New Focus Coaching, LLC**
Rebecca Wheeler, ADHD Coach
201 King Street, Ste 305
New Focus Coaching works with students with ADHD to provide strategies, skills and support to maximize organization and productivity at home and school. New Focus coaching also offers parent coaching to help create a home life that bolsters the ADHD child and supports the entire family. Coaching is offered in person, by phone or by Skype.

**Attachment Issues and Trauma Reactions**

**Dr. Cynthia Agbayani**  
Lifeworks Outreach Services/Family Teamwork, Inc.  
4300A Ridgewood Center Dr  
Woodbridge, VA 22193  
Phone: 703-580-7210  
Website: [http://www.familyteamwork.net/meet-us.html](http://www.familyteamwork.net/meet-us.html)

Dr. Agbayani has 20 years of experience as a home-based counselor for at risk youth and families, 15 years working with adoptees and their families, eight years as an outpatient counselor, and two years in a youth emergency shelter. Her areas of special interest are attachment, trauma, and severe mental illness in youth and children. She has specialized training in attachment disorder, working with difficult adolescents, the wrap-around approach, and parenting. Dr. Agbayani holds a doctorate in counseling studies and a masters degree in counseling.

**ATTACH**  
310 E 38th Street, Ste 215  
Minneapolis, MN 55409  
Phone: 612-861-4222  
Email: questions@attach.org  
Website: [www.attach.org](http://www.attach.org)

ATTACH is an international coalition of professionals and families dedicated to helping those with attachment difficulties by sharing their knowledge, talents and resources. Children with attachment disorder, which can be triggered by abuse, neglect, abandonment, separation from birth parents, birth trauma, maternal depression, chronic illness, frequent moves and placements, and divorce, have difficulty in forming loving, lasting, intimate relationships. ATTACH provides an annual conference, membership directory, and other benefits to members and the public.

**Attachment and Trauma Network, Inc.**  
P.O. Box 79181  
North Dartmouth, MA 02747
The Attachment and Trauma Network, Inc. offers support with attachment, trauma, and FASD. This organization welcomes the participation of traumatized children, their parents, professionals, and any other interested parties. The focus is on support, education, and advocacy.

**The Attachment Place (TAP)**
P.O. Box 71
Tracy's Landing, MD  20779
Phone: 410-707-5008
Email: info@theattachmentplace.com
Website: [https://theattachmentplace.com/](https://theattachmentplace.com/)

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child’s ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

**Autumnleaf Group, Inc.**
8983 Hersand Dr, Ste 2
Burke, VA 22015
Phone: 703-658-7103
Email: info@adoptattach.com and info@group.com
Website: [www.autumnleafgroup.com](http://www.autumnleafgroup.com)

Autumnleaf Group is an In-Home Services program offering home-based therapeutic and case management services to children and families. Services offered include: Counseling, Individualized Treatment Plans, Skill Capacity Building, Case Management, Service Coordination, Therapy, and Crisis Management Response Intervention. The Adoption Attachment Program offers therapeutic trauma-informed clinical services that promote healthy interactions, bonding and relationships between children and families.

**Center for Attachment and Trauma Services, Inc. (CATS)**
8136 Old Keene Mill Rd, Ste A-302
Springfield VA 22152
Phone: 703-913-8563
Email: info@familyattachment.org
Website: [www.familyattachment.org](http://www.familyattachment.org)
Center for Attachment and Trauma Services, Inc. (CATS) is a non-profit organization offering programs and counseling geared toward promoting healthy relationships from infancy through adulthood. Services include Counseling, Parent Guidance and Coaching, Assessment and Evaluation, Community Education and Training, and the Clinic for Understanding Baby Behaviors (CUBB).

**Family Priority, LLC**
11350 Random Hills Rd, Ste 240
Fairfax, VA 22030
Phone: 703-537-0700
Email: FamilyPriorityFairfax@familypriority.net
Website: www.familypriority.net

Family Priority, LLC is a private agency that has locations in Fairfax, Williamsburg, and Richmond. Services offered include ABA therapy, home-based counseling, parent coaching, and Level 3 developmental services. When traditional in-home services are not enough and residential treatment is too much, Level 3 Developmental Services include attachment, developmental and trauma services. Attachment services seek to support children and their families to form more secure attachments. Developmental services address children’s behaviors through the lens of development. Trauma services seek to provide clinically proven interventions to help children and their families manage and recover after trauma.

**Gil Institute for Trauma Recovery and Education, LLC**
8626 Lee Highway, Ste 200
Fairfax, VA 22031
Phone: 703-560-2600
Email: contactus@gilinstitute.com
Website: www.gilinstitute.com

Gil Institute provides research-informed, trauma-focused treatment to children, adolescents, and adults. It offers several treatment options, including individual, group, couples, family and parent-child therapy, working with children as young as three years of age. Specialized services include attachment parent-child assessments, Boundary Project for problem sexual behaviors in children, Extended Play-Based Developmental Assessments (EPBDA), attachment and brain-based parenting programs, and a variety of professional training services.

**Improving Outcomes**
101 Rowell Ct
Falls Church VA 22046
Phone: 703-533-1996
Email: info@improvingoutcomes.com
Website: http://www.improvingoutcomes.com/

Improving Outcomes uses attachment-based interventions, and attachment and trauma-informed care as well as positive behavior support. Services offered include
psycho-educational services, mentoring services, crisis de-escalation services, family relationship building, parenting skills training and social skill building.

**Mary D. Ainsworth Child-Parent Attachment Clinic**  
914 E Jefferson St  
Charlottesville, VA 22902-4745  
Phone: 434-984-2722  
Email: abby@theattachmentclinic.org  
Website: [www.theattachmentclinic.org](http://www.theattachmentclinic.org)

The Ainsworth Clinic provides evaluation, intervention-planning, and intervention-consultation for children from birth through adolescence who have experienced significant challenges or disruptions to their relationships and attachment bonds with their parents or other caregivers. Among the children who benefit from these services are those in foster care or adoptive care, those having difficulties with custody and visitation arrangements, and those whose families have experienced a traumatic event.

**Multicultural Clinical Center**  
46161 Westlake Drive, Suite 130  
Sterling, VA 20165  
6563 Edsall Rd  
Springfield, VA 22151  
Phone: 703-354-0000  
Email: info@mccva.com  
Website: [http://mccva.com/](http://mccva.com/)

The Multicultural Clinical Center provides cross-cultural home-based and outpatient services. The center offers outpatient diagnostic and treatment services for children, adolescents and adults, including diagnostic clinic, psychological and neuropsychological evaluations, psychiatric evaluations, assessments, specialized treatment, children and adolescent services, sex offender services, substance abuse services, and gang intervention services. Also offered are home-based, play, individual, group, family, and couples therapy. Specialized Treatment Services include Child Abuse and Neglect, Domestic Violence, Trauma-Focused Services, and Substance Abuse Program. Services provided in English, Spanish, Vietnamese, Korean, Urdu, Hindi, Punjabi, Mandarin, and Sign Language.

**National Child Network (NCTSN)**  
Duke University  
1121 West Chapel Hill Street, Ste 201  
Durham, NC 27701  
Phone 919-682-1552  
Website: [www.nctsn.org](http://www.nctsn.org)

The mission of the National Child Traumatic Stress Network (NCTSN) is to raise the standard of care and improve access to services for traumatized children, their families
and communities throughout the United States. The NCTSN website includes information and resources regarding child traumatic stress, including a section entitled “Treatments that Work.” It also offers many products which may be viewed online or printed from the website. The NCTSN is funded by the Substance Abuse and Mental Health Services Administration (SAMHSA).

**Trauma and Hope**

5417-C Backlick Road  
Springfield, VA 22151  
Phone: 703-750-1714  
Email: traumaandhope@gmail.com  
Website: [https://traumaandhope.com/](https://traumaandhope.com/)

Trauma and Hope is a private, outpatient practice in Springfield, Virginia. It was founded in 2015 and provides a variety of service throughout Northern Virginia focusing on clinical assessment and treatment services to children, adolescents, and adults. Trauma and Hope provides private mental health treatment for a range of problems including depression, anxiety, conduct, problem sexual behaviors, trauma and bipolar disorder. Treatment services include home based therapy, individual, family and group therapy. Specialized programs include: Substance Abuse Treatment Program, Sex Offender Program, Gang Specific Treatment Program, Sexual Exploitation Treatment Services (SETS), and Anger Management Program.

**Virginia Center for Neurofeedback, Attachment & Trauma**

420 3rd Street, NE  
Charlottesville, VA 22902  
Phone: 434-878-3146  
Email: info@virginianeurofeedback.com  
Website: [http://virginianeurofeedback.com/](http://virginianeurofeedback.com/)

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

**Autism Spectrum Disorder and ABA Therapy Services**

**ABC Behavior**

Central Virginia Offices in Ashland, Charlottesville, and Richmond.  
Northern Virginia Offices in Gainesville, Haymarket, Manassas, and Stafford.  
15507 Gossoms Store Court  
Haymarket, VA 20169  
Phone: 703-753-5848  
Website: [http://www.abcbehavior.org/](http://www.abcbehavior.org/)
ABC Behavior utilizes ABA therapy in a variety of settings—home, social groups and community outings. ABC Behavior assists individuals with developmental disabilities who are 18 months to 22 years. There are multiple offices serving the Northern Virginia and Richmond Metro area. The mission of ABC Behavior is to improve the quality of life of local clients and their families through compassion and the use of research-based and data-driven treatments.

**Achieve Beyond Pediatric Therapy and Autism Services**

11240 Waples Mill Rd, Ste 101  
Fairfax, VA 22030  
Phone: 703-237-2219

14130 Noblewood Plaza, Ste 301  
Woodbridge, VA 22193  
Phone: 571-402-7550  
Email: metrodc@achievebeyonduusa.com  

Achieve Beyond, with a professional team including psychologists, program supervisors, instructors, board certified behavior analysts, and speech, occupational and physical therapists, develops an individualized program to teach communication, social/play skills, independence, appropriate behavior and pre-academic skills. Services offered include Parent Training, Therapy Services, Occupational and Physical Therapy, and Speech-Language Therapy.

**Autism Education Solutions**

Phone: 703-232-1511  
Email: info@autismedsolutions.com  
Website: [www.autismedsolutions.com](http://www.autismedsolutions.com)

The mission of Autism Education Solutions is to maximize the potential of all children with Autism Spectrum Disorders. Social Skill Play and Leisure Groups are set up in the natural environment of a home or other mutually agreed upon space. The groups usually consist of a child with special needs and two typically developing peer models. Parents are encouraged to form the playgroups; Autism Educational Solutions can assist with networking as needed.

**Autism FYI National Registry**

7507 Old Chapel Dr.  
Bowie, MD 20715  
Phone: 301-367-1042  
Hotline: 855-487-0777  
Email: admin@autismfyi.org  
Website: [https://www.autismfyi.org/](https://www.autismfyi.org/)

Autism FYI is a nonprofit organization that promotes a safe environment within the community for the increasingly recognized autism spectrum population throughout the

**Autism Outreach Inc. (AOI)**
21680 Ridgetop Cir, Ste 100
Sterling, VA 20166
Phone: 703-689-0019
Email: information@autismoutreach.org
Website: www.autismoutreach.org

Autism Outreach develops individualized programs to best meet the needs of each child and strives to provide each family with support, guidance, and personalized consultation. Services include Applied Behavioral Analysis (ABA) Consultation and Therapy; IEP Development; Intensive Potty Training; Social groups; Parents Training Workshops; and Parents Night Out.

**Autism Society of Northern Virginia (ASNV)**
10467 White Granite Drive, #324
Oakton, VA 22124
Phone: 703-495-8444
En Español: 703-868-0111
Email: Info@asnv.org
Website: www.asnv.org

Autism Society of Northern Virginia (ASNV) advocates for and provides support to the families and caregivers of individuals with autism. It ensures access to education, vocational training, housing, transportation and recreation; aids in the collection and dissemination of information about autism to parents, professionals, policymakers, community leaders, employers and the general public; and fosters and reinforces awareness and respect for the rights of autistic adults, parents, and siblings.

**Autism Speaks**
1990 K Street NW
Washington, D.C. 20006
Phone: 202-955-3114
Toll Free: 888-288-4762
Website: www.autismspeaks.org

Autism Speaks is an autism science and advocacy organization, dedicated to funding research into the causes, prevention, treatments and a cure for autism; increasing awareness of autism spectrum disorders; and advocating for the needs of individuals with autism and their families. National Capital Chapter available.

**Butterfly Effects**
Regional Mailing Address
780 Lynnhaven Parkway, Ste 400
Virginia Beach, VA 23452
Phone: 888-880-9270
Website: http://butterflyeffects.com/

Butterfly Effects provides therapy services, parent support, and care coordination to families with children on the Autism Spectrum. Butterfly Effects works through a network of individual practitioners across the United States. Team members provide for an interdisciplinary approach to treatment, competency, collaboration and quality services. Psychologist, behavior analysts, registered behavior technicians, and other professionals are dedicated to providing service excellence. Butterfly Effects has service providers in Chesapeake, Hampton, Newport News, Quantico, Richmond, Virginia Beach, and Woodbridge, VA.

Capital Music Therapy Services
11159 Fairfax Blve, Ste 500
Fairfax, VA 22030
5622 Ox Rd
Fairfax Station, VA 22039
Phone: 301-785-3596
Website: www.capitalmts.com

Capital Music Therapy Services specializes in helping improve the overall quality of life of all individuals. Experienced in working with children with autism and Down syndrome. The therapy focuses on helping to develop communication, motor skills, socialization and improving challenging behaviors.

Center for Autism and Related Disorders (CARD)
5400 Shawnee Rd, Ste 208
Alexandria, VA 22312
Phone: 703-750-0633
Toll Free: 855-345-2273
CARD Academy
4875 Eisenhower Ave, Ste 208
Alexandria, VA 22304
Phone: 571-290-0143
Email: info@centerforautism.com
Website: http://virginia.centerforautism.com/

CARD Specialized Outpatient Services (SOS) provides assistance with specific areas of concern for a family and develops and implements strategies to diminish problem behaviors and teach necessary skills. CARD Academy teaches self-help and safety skills, build language and communication as well as social skills and executive functioning. With input of parents and the child’s caregivers, CARD sets challenging goals and tracks progress on each skill domain carefully.
Continuum Behavioral Health Autism Spectrum Alliance
1651 Old Meadow Rd
McLean, VA 22102
Phone: 800-828-5659
Email: contact@autismspectrumalliance.com
Website: http://autismspectrumalliance.com/virginia-2/

Continuum Autism Spectrum Alliance serves Northern Virginia. During the assessment process, each child receives a comprehensive functional assessment that identifies core deficits and problem behaviors. Every child’s program is individualized to meet his or her needs, learning style and guided by what is developmentally expected.

Epic Developmental Services
1026 Cromwell Bridge Rd.
Towson, MD 21286
Phone: 410-583-1515
Website: https://epicdevelopmentalservices.com/

Epic Developmental Services specializes in the principles of ABA for behavior therapy. Autism services, behavioral health, therapeutic intervention, and related special educational services are offered. The most current, best practices in education and behavioral health to address the needs of children everywhere are provided. Epic Developmental Services specialize in ABA Therapy, Autism, Early Intervention, and provide support to find funding for services. Epic Developmental Services provides a continuum of expert therapeutic services in collaboration with school districts throughout the Commonwealth of Virginia.

Faison’s Family Partner Program
The Faison Center
1701 Byrd Avenue
Richmond, VA 23230
Phone: 804-612-1947
Website: https://www.faisoncenter.org/family-partner-program

Faison’s Family Partner Program is a residential option for adults with autism. Clients are matched with professional family partners in single-family homes. Often the professional family partner has a long-term relationship with the person to be supported. A Family Partner home is developed in full partnership with the natural family, the professional family partner, and Faison. Family Partners provide a caring and structured home life, in partnership with Faison and the individual’s natural family. This career choice provides Family Partners with the flexibility to stay at home with their children, or to pursue other interests as most of the individuals served attend day programs such as Faison’s Adult Day Services. Professional family partners participate in best practice training and use Faison’s resources. The program ensures that individuals with autism have an increased level of independence and are living enriched, inclusive lives within the community.
The Faison Residence
The Faison Center
1701 Byrd Avenue
Richmond, VA 23230
Phone: 804-612-1947

The Faison Residence
5322 Markel Rd
Richmond, VA 23230
Website: https://www.faisoncenter.org/the-faison-residence

The Faison Residence operates as part of The Faison Center's adult services program. The Residence features 45 apartments, as well as a community room and recreational facilities for social activities. Approximately a third of the apartments are set aside for adult tenants with autism and other developmental disabilities who are generally independent but need occasional assistance and supervision. The remaining apartments are rented to the public, making it a truly integrated community with neighbors looking out for neighbors. The apartments also feature assistive and security technology – all embedded into the fabric of this amazing residential community. The Faison Residence allows individuals to live as independently as possible with supportive in-home services.

L.E.A.P. Ahead, Inc.
10686 Crestwood Dr, Suites A and B
Manassas, VA 20109
Phone: 703-392-6166
Fax: 703-392-3885
Email: info@leapahead.org
Website: www.leapahead.org

L.E.A.P. Ahead provides therapy and consultations to children ranging from the ages of 18 months to 16 years of age who have been diagnosed with Autistic Spectrum Disorder and other related disorders. L.E.A.P. works in a variety of settings including within the home, their office, and supporting public and private schools. L.E.A.P. focuses on the implementation of Applied Behavior Analysis (ABA), with an emphasis in Verbal Behavior (VB).

Matthew’s Center
10651 Lomond Drive
Manassas, VA 20109
Phone: 703-369-2976
Website: www.matthewscenter.org

The programs offered at Matthew’s Center are designed to provide effective behaviorally based intervention for individuals with autism and related disorders. Program development and implementation is unique and individualized for each student. The
Private Day School has classrooms serving children ages 5-21. Each classroom is staffed at a minimum of 2:1 ratio, including a special education teacher.

**May Institute Centers of Autism Spectrum Disorders**
1516 Willow Lawn Dr, Ste 203
Richmond, VA 23230
Phone: 804-269-4732
Fax: 804-447-4867
Website: [www.mayinstitute.org](http://www.mayinstitute.org)

May Institute is an award-winning non-profit organization that provides educational, rehabilitative, and behavioral healthcare services to individuals with autism spectrum disorders and other developmental disabilities, brain injury, mental illness, and behavioral health needs. The Institute also provides training and consultation services to professionals, organizations, and public school systems.

**National Autism Center at May Institute**
41 Pacella Park Drive
Randolph, MA 02368
Phone: 877-313-3833
Email: info@nationalautismcenter.org
Website: [www.nationalautismcenter.org](http://www.nationalautismcenter.org)

The National Autism Center is May Institute’s center for the promotion of evidence-based practice. It is a nonprofit organization dedicated to serving children and adolescents with Autism Spectrum Disorders (ASD) by providing reliable information, promoting best practices, and offering comprehensive resources for families, practitioners, and communities. The Center identifies effective programming and shares practical information with families about how to respond to the challenges families face. It also conducts applied research and develops training and service models for practitioners, and works to shape public policy concerning ASD and its treatment through the development and dissemination of national standards of practice.

**Parents of Autistic Children of Northern Virginia (POAC-NoVA)**
8003 Forbes Place, Ste 310
Springfield, VA 22151

Mailing Address
P.O. Box 10515
Burke, VA 22009
Phone: 703-249-5099
Email: president@poac-nova.org
Email: theboard@poac-nova.org
Website: [www.poac-nova.org](http://www.poac-nova.org)

POAC-NoVA works to improve the quality and quantity of education for students with autism within the Fairfax County Public Schools (FCPS). It holds a monthly parent
support group and information meeting and it serves as a clearinghouse for research-based methodologies for instructing students on the autism spectrum, trains public and private school educators and parents in those methodologies, and advocates for students on the autism spectrum.

**VCU Autism Center for Excellence**  
Virginia Commonwealth University  
1314 West Main St  
P.O. Box 842011  
Richmond, VA 23284-2011  
Phone: 855-711-6987  
TTY: 804-828-2494  
Email: austimscenter@vcu.edu  
Website: [https://vcuautismcenter.org](https://vcuautismcenter.org)

VCU Autism Center for Excellence is a university-based technical assistance, professional development, and educational research center for Autism Spectrum Disorder in the Commonwealth of Virginia. It provides many online information and resources, webinars, and online courses about autism free of charge.

**Virginia Autism Council at VCU**  
Virginia Commonwealth University  
700 E. Franklin Street, Ste 140  
Richmond, VA 23284  
Phone: 804-827-0108  
Email: aidifkm@vcu.edu  
Website: [http://autismtrainingva.vcu.edu/](http://autismtrainingva.vcu.edu/)

The Virginia Autism Council is a council of autism experts seeking to define needed skill competencies and to advance higher education, training and educational opportunities for personnel and caregivers supporting individuals with autism. Their website is Virginia’s clearinghouse on best practices and research-based education and training opportunities to advance personnel development and knowledge regarding autism in Virginia.

**Virginia Autism Project (VAP)**  
Northern Virginia Email: vapnova@gmail.com  
Tidewater Email: vaptidewater@gmail.com  
Central Email: vapcentral@gmail.com  
SouthWest Email: vapsouthwest@gmail.com  
Website: [http://www.virginiaautismproject.com/](http://www.virginiaautismproject.com/)

The Virginia Autism Project (VAP) is an organization representing a grass-roots, statewide coalition of individuals and families with children affected by an autism spectrum disorder. Their mission is educating, advising, and collaborating with federal, state, and local decision makers and the general public on issues that impact individuals with autism and their communities, while raising awareness throughout Virginia.
Virginia Institute for Autism
943 Glenwood Station Lane, Ste 201
Charlottesville, VA 22901
Phone: 434-923-8252
Email: info@viaschool.org
Website: www.viaschool.org

James C. Hormel School
1414 Westwood Road
Charlottesville, VA 22903-5149

Outpatient Behavioral Services and Adult Services
3500 Remson Court
Charlottesville, VA 22901

Virginia Institute of Autism offers school, home and community based services for
children with autism. VIA also offers adult services for individuals age 22 and older. The
James C. Hormel School offers a year-round, state of the art, evidence-based
educational and clinical program formulated to maximize student and family outcomes.

Virginia Tech Center For Autism Research NOVA Symposium
Website: https://osepideasthatwork.org/

Symposium Registration:
Contact Carey
Phone: 703-865-6502
Email: calford@financialguide.com

The Virginia Tech Center for Autism Research promotes collaborative research on
Autism Spectrum Disorders (ASD) and related conditions form multiple disciplinary
perspectives. The Center builds upon basic research and clinical resources already
available at Virginia Tech and works closely with the Virginia Tech Autism Clinic and
other autism service providers to provide outreach on research findings, conduct
research, and recruit participants. The Center hosts an annual Symposium in Northern
Virginia on Autism Research open to all at no cost. The 2018 Symposium: Frontiers in
Autism Research will be held on Friday, September 21, 2018 from 7:30- 1:30 at the Falls
Church Marriott. Registration required.

Dyslexia and Learning Disabilities

Decoding Dyslexia VA
Website: decodingdyslexiava.wordpress.com

Decoding Dyslexia VA is a grass-roots movement of parents making a difference for
dyslexic children in Virginia. The movement is focused on linking families to resources,
support, and educational interventions for dyslexia. Decoding Dyslexia VA aims to raise dyslexia awareness, empower families to support their children and inform policymakers on best practices to identify, remediate and support students with dyslexia in Virginia.

**Dyslexic Advantage**  
6701 139th Pl SW  
Edmonds, WA 98026-3223  
Email: team@dyslexicadvantage.org  
Website: www.dyslexicadvantage.org

Dyslexic Advantage promotes the positive identity, community, and achievement of dyslexic people by focusing on their strengths. This organization offers an online community, newsletters, blogs, and conferences.

**Fairfax Dyslexia**  
Fairfax, VA 22032  
Email: info@fairfaxdyslexia.com  
Website: www.fairfaxdyslexia.com

Fairfax Dyslexia is a Northern Virginia consulting service specializing in dyslexia education and advocacy. Fairfax Dyslexia helps parents and teachers understand dyslexia and how it can be remediated, empowers parents with the information parents need to become their child’s best advocate, and trains teachers to help them implement accommodations in the classroom to ensure their students’ success. Tutoring services are also available.

**International Dyslexia Association Virginia Branch**  
3126 West Cary Street, #102  
Richmond, VA 23221  
Phone: 866-893-0583  
Email: info@vbida.org  
Website: http://va.dyslexiaida.org/contact-us/

The International Dyslexia Association seeks to improve the lives of individuals with dyslexia through education, legislation, and services. The Virginia branch has been actively addressing educational regulations and policies at the State level. These include issues of teacher licensure, standards of accreditation, special education regulations, participation of students with disabilities in the statewide assessment programs and other policies affecting students with Dyslexia.

**Fetal Alcohol Spectrum Disorders**  
Aloha Community Platteville: Platteville, WI  
Website: http://fasdcommunities.org/housing/
Aloha Community Platteville is a five-bedroom home that sits on four acres. Each resident has a bedroom and access to communal spaces. Aloha community Platteville provides a structured, calm environment that combines the safety of 24-hour staff oversight for adults living with FASD. The program provides the tools needed to achieve self-reliance including duties such as preparing dinner or tending to farm animals.

The Attachment Place (TAP)
P.O. Box 71
Tracy’s Landing, MD  20779
Phone: 410-707-5008
Email: info@theattachmentplace.com
Website:  https://theattachmentplace.com/

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child’s ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Families Affected by Fetal Alcohol Spectrum Disorder (FAFASD)
Email: adrienne@fafasd.org
Website:  www.fafasd.org

FAFASD provides education, support and research-based training to family members, caregivers, and professionals living with, caring for, and working with individuals with an FASD. The organization raises awareness about the illness and helps provide treatment options.

FASD Communities
1516 Avon Way
Honolulu, HI  96822
Phone: 808-523-8191
Email: fasdcommunities@gmail.com
Website:  http://fasdcommunities.com/

FASD Communities is dedicated to providing supportive housing, vocational opportunities and life skills to young adults across the U.S. affected by fetal alcohol spectrum disorders (FASD). The mission of FASD Communities is to create sustainable living communities across the United States for young adults with Fetal Alcohol Spectrum Disorders (FASD) that will give them the support needed to become contributing members of society. Aloha Community Platteville is the first of FASD communities and is located in Wisconsin.
Dr. Ronald S. Federici, PsyD
9532 Liberia Ave, Ste 727
Manassas, VA 20110

10432 Balls Ford Rd
Manassas, VA 20109
Phone: 703-830-6052
Phone: 703-734-1012
Phone: 703-548-0721
Email: DRFEDERICI@aol.com
Website: www.drfederici.com

Dr. Federici offers comprehensive in-home evaluations and intensive family interventions for crisis or emergency cases with children, adolescents, and adults experiencing cognitive or emotional disorders, including FASD. He also does comprehensive psychological and neuropsychological evaluations for children and adolescents and adults experiencing cognitive or emotional disorders. He assesses organic brain syndromes and traumatic brain injury and trauma-developmental disorders and offers highly specialized and intensive treatment services.

Kennedy Krieger Institute
707 North Broadway
Baltimore, MD 21205
Phone: 443-923-9200
Website: www.kennedykrieger.org

Neurodevelopmental Pediatricians
Harolyn ME Belcher, MD, MHS
Joanna Burton, MD
Eric B. Levey, MD
Maria Del Carmen Lopez-Arvizu, MD
Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger's patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient's needs.

Minnesota Organization on Fetal Alcohol Syndrome (MOFAS)
2233 University Avenue West, Ste 395
St. Paul, MN  55114
Phone: 651-917-2370
Email: info@mofas.org
MOFAS is the statewide organization serving as the leading voice and resource on Fetal Alcohol Spectrum Disorders (FASD) in Minnesota and on a national level, standing up for the rights of the FASD community, providing education and training so that FASD is better understood, and creating awareness so all women know that there is no safe level of alcohol use during pregnancy. Their website offers information on FASD, Screening and Diagnosis, Support and Resources, Training and Webinars. The agency operates the MOFAS Diagnostic Clinic; provides Family Engagement Coordinators; Support Groups for youth, caregivers, and birthmothers; Financial support to attend conferences, provide care, attend camps, and fund diagnostic evaluations; and over $500,000 per year in grants for programs and events that help build the capacity of communities to prevent prenatal alcohol exposure and to improve the quality of life for those living with an FASD.

National Organization on Fetal Alcohol Syndrome (NOFAS)
1200 Eton Court NW, Third Floor
Washington, DC 20007
Phone: 202-785—4585
Email info@nofas.org
Website: www.nofas.org
State Resources for Virginia: www.nofas.org/state-resources-for-virginia

NOFAS educates the public, practitioners, and policymakers about the risk of alcohol use during pregnancy and Fetal Alcohol Spectrum Disorders (FASD), the leading known preventable cause of brain damage, developmental disabilities, and birth defects, and a leading known cause of learning disabilities and behavioral problems in children, adolescents, and adults. The NOFAS website has information and resources on FASD and the risks associated with drinking alcohol during pregnancy, and information about the many facets of FASD and how NOFAS works to prevent the disorders and support individuals living with alcohol-related birth defects.

Susan Rich, MD, MPH
Potomac, MD  20854
Phone:  301-251-1190
Email:  dr.sdrich@gmail.com
Website:  www.susandrich.com

Dr. Rich sees patients in a home office on Dream Catcher Farm in Potomac, MD. The practice incorporates neuropsychiatric assessments of children, adolescents and adults with prenatal alcohol exposure with a variety of treatment modalities, including farm animal therapy, academic and vocational recommendations, psychopharmacology, and parent guidance. She focuses on improving social communication and perception, neurocognition and executive function, motor and sensory, and mood regulation and autonomic arousal through multimodal techniques.
Other Conditions

**American Diabetes Association**
Government Affairs and Advocacy Division
1701 N. Beauregard Street
Alexandria, VA 22311
Phone: 1-800-DIABETES (1-800-342-2383)
Website: [www.diabetes.org](http://www.diabetes.org)

The American Diabetes Association is committed to ending discrimination against people with diabetes through its legal advocacy program.

**Brain Injury Association of America**
1608 Spring Hill Road, Ste 110
Vienna, VA 22182
Phone: 703-761-0750
National Brain Injury Information Center: 800-444-6443
Website: [http://www.biausa.org/](http://www.biausa.org/)

The Brain Injury Association of America (BIAA) is the country’s oldest and largest nationwide brain injury advocacy organization. Their mission is to advance awareness, research, treatment, and education and to improve the quality of life for all people affected by brain injury. BIAA is dedicated to increasing access to quality health care and raising awareness and understanding of brain injury.

**Brain Injury Services**
8136 Old Keene Mill Rd, Ste B-102
Springfield, VA 22152
Phone: 703-451-8881

8B South Street SW
Leesburg, VA 20175
Phone: 703-737-3150
Fax: 703-737-3180
Website: [http://braininjurysvcs.org](http://braininjurysvcs.org)

Brain Injury Services offers adult and pediatric case management, counseling services, supported living program, a veterans integration program, and vocational services. The ADAPT Clubhouse in Alexandria, VA, is one of their core programs and is a day program for individuals with brain injuries to come together for a supportive work-ordered day. There are several offices throughout the Commonwealth of Virginia.

**Celebrate Communication 2019**
Northern Virginia Resource Center for the Deaf & Hard of Hearing Persons (NVRC)
Springfield Town Center
6500 Springfield Mall
Celebrate Communication is the area’s premier information fair for anyone with an interest in or connection to hearing loss. This year there will be over 30 vendors offering information on a wide variety of resources including State and Local government programs, cutting edge technologies, audiologists, cochlear implants, ASL and Cued Speech, crafts, and social groups for people who are deaf or hard of hearing. Photo ops during the event with NVRC's Yellow Dog all in the Springfield Town Center's Grand Court. NVRC can also be found promoting all of its outreach and other services at health fairs, information expos, and local conventions. The 2019 Celebrate Communication event is on Saturday, April 27, 2019 10am-2pm at the Springfield Town Center.

**Cerebral Palsy Group**
400 Putnam Pike, Ste J-242
Smithfield, RI 02917
Website: [https://cerebralpalsygroup.com/](https://cerebralpalsygroup.com/)

Cerebral Palsy Group is an online resource for anyone who has been affected by cerebral palsy, brain injuries, or birth injuries. Cerebral Palsy Group is dedicated to improving the overall quality of life for individuals with cerebral palsy. Free educational information and support is provided to those who have been affected by cerebral palsy and other developmental disabilities.

**Cerebral Palsy Guidance**
Website: [https://www.cerebralpalsyguidance.com/](https://www.cerebralpalsyguidance.com/)

This website provides information for those living with cerebral palsy and their families. Information includes how to get financial assistance, lawyers, special education assistance, respite care, as well as tips on transitioning to adulthood.

**Cystic Fibrosis Foundation**
Metro DC Chapter
6931 Arlington Rd, Ste B
Bethesda, MD 20814
Phone: 301-657-8444
Email: metro-dc@cff.org
Website: [www.cff.org/Chapters/metrodc](http://www.cff.org/Chapters/metrodc)

The Cystic Fibrosis Foundation is a non-profit, donor-supported organization which funds research into a cure for cystic fibrosis. The Foundation supports the development of new drugs to fight the disease and to improve the quality of life for those with cystic fibrosis. The Metro DC Chapter conducts fundraising events in DC, Maryland and Virginia, including its largest event, Great Strides, where community members form
teams through their workplace, through clubs and organizations or with friends and family, and join together for a family oriented celebration.

**Diabetes Management Program**
Cumberland Hospital for Children and Adolescents  
9407 Cumberland Rd  
New Kent, VA 23124  
Phone: 800-368-3472  
Email: Daniel.davidow@uhsinc.com  

Cumberland Hospital for Children and Adolescents has a Diabetes Management Program for hard-to-treat children and adolescents. Cumberland’s 16-bed, co-ed medical Residential Treatment Program provides a specialized milieu for adolescents ages 13 to 22. These residents do not require hospitalization, but need supervision for medical compliance and a structured environment to address behavioral, emotional and control issues that impede successful medical self-care. Licensed as a behavioral health program, residents also receive 24-hour nursing and medical management assistance. At discharge, program participants will demonstrate skills and knowledge to effectively monitor their blood sugars with insulin, healthy diet, and exercise.

**Down Syndrome Association of Northern Virginia**
10467 White Granite Drive, Ste 320  
Oakton, VA 22124  
Phone: 703-621-7129  
Email: parenttoparent@dsanv.org  
Website: [www.dsanv.org](http://www.dsanv.org)

The Down Syndrome Association of Northern Virginia helps families adjust to the birth of a child with Down Syndrome and provides them with educational, financial, medical, legal and social support and resources. It also seeks to increase community awareness of the capabilities and contributions of individuals with Down Syndrome and to provide financial support to families in need.

**Epilepsy Foundation of Virginia**
560 Ray C Hunt Drive  
Charlottesville, VA 22903  
Phone: 434-924-8669  
Email: SRB3M@Virginia.edu  
Website: [https://www.epilepsyva.com/](https://www.epilepsyva.com/)

The Epilepsy Foundation of Virginia promotes awareness about epilepsy and advocates for, and provides assistance to, people with epilepsy. Information is available on employment rights, affordable assisted living facilities or independent housing, sources of reduced-cost or no-cost medication, physician referrals, special education, transportation, and health insurance.
Kennedy Krieger Institute  
707 North Broadway  
Baltimore, MD 21205  
Phone: 443-923-9200  
Website: www.kennedykrieger.org

Neurodevelopmental Pediatricians  
Harolyn ME Belcher, MD, MHS  
Joanna Burton, MD  
Eric B. Levey, MD  
Maria Del Carmen Lopez-Arvizu, MD  
Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger’s patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient’s needs.

Latimer Neurology Center  
1101 30th Street NW, Ste 320  
Washington, DC 20007  
Phone: 202-625-4898  
Website: http://www.bethlatimermd.com/

Latimer Neurology Center is a child and adolescent Neurology practice that offers neurological disorder evaluation and treatment. While the Latimer Neurology Center works with a wide variety of neurological disorders, specializing in PANS and PANDAS. Other areas of focus include tremors, tics, concussion, spasticity management, ADD/ADHD, Epilepsy, and Autism.

Laurent Clerc National Deaf Education Center  
Gallaudet University  
800 Florida Ave NE  
Washington DC 20002-3695  
Phone: 202-651-5206(KDES), 202-651-5031(MSSD)  
Website: www.gallaudet.edu/clerc-center.html

The Clerc Center provides resources and teaching to the deaf and hearing impaired. The Clerc Center has two separate schools, the Kendall Demonstration Elementary School (KDES) and the Model Secondary School for the Deaf (MSSD).
Mesothelioma Group
Phone: 888-708-5660
Email: Help@MesotheliomaGroup.com
Website: www.mesotheliomagroup.com

Mesothelioma is a rare and aggressive form of cancer that develops in the protective lining that covers the body’s internal organs. The Mesothelioma Group is a small team of healthcare professionals, patient advocates, and communication specialists who have one goal: to lead the way in supporting and encouraging mesothelioma patients and their families. It focuses on education, support services and financial compensation.

MyHeart.net POTS Center
2151 Highland Ave, Ste 350
Birmingham, AL 35205
Phone: 844-466-9432
Email: info@myheart.net
Website: https://myheart.net/pots-syndrome/

The MyHeart.net POTS Center is a comprehensive online resource on POTS. The POTS Center will be constantly updated to reflect the most current literature related to POTS. This page includes an overview of the disease, along with the most notable findings in a survey conducted by MyHeart.net. Each section has a page dedicated to it, where more in-depth information can be found. All content is written by one of MyHeart’s volunteer cardiologists and then reviewed by at least two others.

Northern Virginia Resource Center for the Deaf & Hard of Hearing Persons (NVRC)
3951 Pender Drive, Ste 130
Fairfax, VA 22030
Voice Phone: 703-352-9055
Videophone: 571-350-8656
TTY: 703-352-9056
Email: info@nvrc.org
Website: https://nvrc.org/

The purpose of the Northern Virginia Resource Center for Deaf and Hard of Hearing Persons is to empower deaf and hard of hearing individuals and their families through education, advocacy and community involvement. There is an outreach program, sponsor an annual information fair called Celebrate Communication, offer ASL classes and workshops, and provide information on accessible cultural events in the region. NVRC has Accessible Meeting Rooms for workshops, planning meetings, organizational retreats, for groups ranging from 10- 65 people and Receptions up to 90 people. NVRC will be able to work with low-income individuals and other non-profit organizations by providing low-cost interpreting and transliterating services. NVRC has an Assistive Technology Demonstration Center that gives individuals the opportunity for a hands-on experience to try out assisted equipment before purchasing it.
**National Federation of the Blind**  
200 East Wells Street at Jernigan Place  
Baltimore MD 21230  
Phone: 410-659-9314  
Website: [www.nfb.org](http://www.nfb.org)

This organization strives to completely integrate the blind into society on a basis of equality. Many programs and resources are offered, including The National Center for Blind Youth in Science program—[http://www.blindscience.org/for-students](http://www.blindscience.org/for-students).

**National Down Syndrome Adoption Network**  
4623 Wesley Avenue, Ste A  
Cincinnati, OH 45212  
Adoptive Parent Line: 513-709-1751  
Birth Parent Line: 513-213-9615  
Website: [www.ndsan.org](http://www.ndsan.org)

The organization provides an adoption information and support network specific to children with Down Syndrome. Their mission is to ensure that every child born with Down syndrome has the opportunity to grow up in a loving family.

**PANDAS Network**  
655 Oak Grove Avenue #1373  
Menlo Park, CA 940026  
Email: pandasnetwork@gmail.com  
Website: [http://www.pandasnetwork.org/](http://www.pandasnetwork.org/)

PANDAS Network is dedicated to improving the diagnosis and treatment of children with PANDAS (Pediatric Autoimmune Neuropsychiatric Disorders Associated with Streptococcal Infections) and PANS (Pediatric Acute-onset Neuropsychiatric Syndrome). Armed with an impressive network of doctors, researchers and scientists, PANDAS Network strives to collaborate with subject matter experts, build public awareness, provide family support, and gather data and resources to better inform parents and the medical community about PANDAS and PANS.

**Pediatric Research & Advocacy Initiative (PRAI)**  
P.O. Box 2198  
Chesterfield, VA 23832  
Email: contact@praikids.org  
Website: [http://praikids.org/](http://praikids.org/)

PRAI exists to spread awareness of neuroimmune disorders, advocate for patient care, and support data-driven research that will ultimately lead to effective treatments and cures for these disorders. To accomplish this, PRAI raises and deploys donations to educate physicians and clinicians, fund scientific studies, enable parents to contribute to the scientific process through registering information in data repositories for trend
analysis and engaging in pilot projects through patient-centered research initiatives. PRAI’s dedicated personnel and volunteers are constantly engaging with medical practitioners, researchers, and legislators to make critical connections and share the latest information.

**The POTS Treatment Center**
7515 Greenville Ave, Ste 1005
Dallas, TX 75231
Phone: 888-574-0823
Email: info@potstreatment.com
Website: [http://www.potstreatmentcenter.com/](http://www.potstreatmentcenter.com/)

The POTS Treatment Center offers patients collaborative, alternative care aimed at treating the whole person, not just the disorder. The treatment team consists of a psychophysiologist, an internal medicine doctor, clinical health psychologist, and a registered dietitian who work with you to provide compassionate care through a full range of services. The Center offers an accelerated treatment program where patients travel to the center in Dallas, Texas for eight days to attend the accelerated program. The program will start on a Monday ending the following Wednesday. Patients come in everyday (except weekends) for 3+ hours. After the patient completes the eight day accelerated program, she/he will receive a home program to maintain learned skills and techniques. During the time of home training, the patient’s progress is monitored over phone and email. The goal of this program is to gain control of the autonomic nervous system (ANS) and thereby directly addressing the pots/dysautonomia.

**Preemies Today**
P.O. Box 523525
Springfield, VA 22152
Phone: 888-712-3208
Email: info@preemiestoday.org
Website: [www.preemiestoday.org](http://www.preemiestoday.org)

Preemies Today is a non-profit organization whose mission is to offer outreach and support programs to families affected by prematurity; programs start at birth and continue throughout childhood.

**Parents and Researchers Interested in Smith-Magenis Syndrome (PRISMS)**
21800 Town Center Plaza, Ste 266A-633
Sterling, VA 20164
Phone: 972-231-0035
Email: info@prisms.org
Website: [http://www.prisms.org/](http://www.prisms.org/)

PRISMS is dedicated to providing information and support to families of persons with Smith-Magenis Syndrome (SMS), and fostering partnerships with professionals to
increase awareness and understanding of SMS. The website offers information on what SMS is, family support, living with SMS, and ongoing research. Their mission is to enhance the lives of persons with SMS. PRISMS also sponsors an annual conference that provides opportunities for engagement and community amongst SMS families and professionals.

**Spina Bifida Association of the National Capital Area**  
P.O. Box 523415  
Springfield, VA 22152-5415  
Phone: 703-455-4900  
Email: mysbanca@gmail.com  
Website: [www.sbanca.org](http://www.sbanca.org)

The Spina Bifida Association facilitates a monthly support group which provides the opportunity to meet other members and share experiences. The Association runs a Loan Closet, which offers a variety of equipment and supplies; plans annual gatherings; furnishes a membership directory; and offers new parent outreach and individual support and assistance.

**Standing Up To POTS**  
Email: info@standinguptopots.org  
Website: [http://standinguptopots.org/](http://standinguptopots.org/)  
Facebook page: [https://www.facebook.com/standinguptopots/?ref=bookmarks](https://www.facebook.com/standinguptopots/?ref=bookmarks)  
Adult Facebook Support Group: [https://www.facebook.com/groups/1520089144930779/](https://www.facebook.com/groups/1520089144930779/)  
Teen Facebook Support Group: [https://www.facebook.com/groups/456559661169096/](https://www.facebook.com/groups/456559661169096/)

Standing Up to POTS is an agency committed to supporting research for postural orthostatic tachycardia syndrome (POTS) and implementing POTS-specific solutions, resources, information, and programs while also increasing awareness about the disorder. The website has information on research initiatives, symptoms, living with POTS, treatment options, advocacy opportunities, and links to research articles. There are two closed online support groups on Facebook. One group is for adults with POTS or parents experiencing POTS through their children. The other group is only for teens and college students who are battling POTS. Adolescents with POTS have unique issues related to school, peer pressure, and dealing with family that adults do not have.

**Tourette Syndrome Association of Greater Washington**  
1829 Reisterstown Road, Ste 346  
Pikesville, MD 21208  
Phone: 443-327-9667  
Email: info@tsagw.org  
Website: [www.tsagw.org](http://www.tsagw.org)

The mission of the Tourette Syndrome Association of Greater Washington (TSAGW) is to improve the quality of life in those affected by Tourette Syndrome through education, advocacy and awareness in Maryland, Virginia and Washington D.C.
EDUCATIONAL SERVICES AND RESOURCES

Educational Advocates, Support, Evaluation, and Tutoring

Academic Connections
P.O. Box 2852
Ashburn, VA 20146
Phone: 571-766-0454
Email: info@actutor.com
Website: www.actutor.com

Academic Connections offers professional in-home tutoring, special education consulting, academic testing and coaching, and advocacy for students with disabilities. Academic Connections offer remedial reading programs such as Wilson, and home school consulting for students in kindergarten through college.

ACT Connections, LLC
Judith A. McKinney, PhD
Phone: 804-402-7056
Email: Judith.mckinney.actconnections@gmail.com
Website: https://autismva.org/resource_db/act-connections-llc/

ACT Connections works collaboratively with families, private schools for students with disabilities, and local school divisions. ACT Connections assists families in navigating special education processes while specializing in private day and residential school placements. ACT Connections provides resources and technical assistance to school personnel, agencies, and other interested groups through consultation and training opportunities. Dr. Judith McKinney has over 38 years of experience working as a special educator, administrator, and most recently retired from serving as a private school specialist at the Virginia Department of Education.

Advocating 4 Education
Sharon Tropf
20381 Altavista Way
Ashburn, VA 20147
Phone: 703-309-4805
Email: stropf@verizon.net
Website: http://autismva.org/resource_db/advocating-4-education/

Sharon Tropf is a special education advocate who primarily serves Fairfax, Clarke, Loudoun, and Prince William counties.

All Can Read, LLC
6829 Elm St, Ste 240
McLean, VA 22101
All Can Read offers tutoring using a variety of language education programs, including Wilson Reading. It offers intensive multisensory structured language teaching for children with Dyslexia and other learning disabilities.

**Myra H. Angel, PhD**
Licensed Clinical Psychologist
380 Maple Ave W, Ste 303
Vienna, VA 22180
Phone: 703-938-5234
Fax: 703-938-2949
Email: myraangelphd@gmail.com

Myra Angel is a licensed clinical psychologist who conducts psycho-educational evaluations in private practice.

**Arlington Special Education PTA (SEPTA)**
Parent Resource Center
2110 Washington Blvd, Ste 158
Arlington, VA 22204
Email: info@arlingtonsepta.org
Website: www.arlingtonsepta.org

Arlington Special Education PTA (SEPTA) affiliated with the National PTA and the Virginia PTA, serves all children with special educational needs and their families in Arlington County. Arlington SEPTA offers workshops and training and parent liaisons to support and encourage the flow of information. Liaisons serve as points of contact for families interested in connecting with another parent of a child with special needs in individual schools.

**Ashburn Psychological Services**
44095 Pipeline Plaza, Ste 240
Ashburn, VA 20147
Phone: 703-723-2999
Website: www.ashburnpsych.com

Ashburn Psychological Services offers a wide array of diagnostic, psychotherapy, medication, and consultation services for children, adolescents, adults and families. APPS is the premier clinical psychology and psychiatry practice in Loudoun County and serves several areas in Northern Virginia, including Ashburn, Leesburg, Purcellville, Great Falls, Lansdowne, McLean, Herndon, Fairfax, Middleburg, Reston and Sterling.

**Aspire Afterschool Learning**
P.O. Box 41318
Out of school programs children in grades 3-5 who are at risk of falling into the achievement gap. Aspire’s Learning ROCKS! Program supports academic achievement and social-emotional development, placing a heavy emphasis on developing both reading skills and a love of reading.

**Associated Clinical Services (ACS)**  
8802 Sudley Road, Ste 112  
Manassas, VA 20110

8348 Tradford Lane, Ste 102  
Springfield, VA 22152

8134 Old Keen Mill Rd, ste 101  
Springfield, VA 22152  
Phone: 703-569-8731  
Email:  
Website: [http://www.associatedclinical.com/](http://www.associatedclinical.com/)

Associated Clinical Services (ACS) has clinicians to serve patients of all ages, backgrounds, and behavioral health needs. Clinicians are experienced in modern, state-of-the-art diagnostic, therapeutic, and counseling techniques. ACS clinicians collaborate with other professionals, such as primary care physicians, lawyers, and teachers, as needed, to coordinate services. ACS accepts insurance. For those not covered by insurance, ACS offers sliding scale fees and other payment arrangements. ACS is able to work with patients of all financial means to minimize out of pocket expenses. ACS offers evening appointments and limited Saturday service.

**B&B Special Needs Advocacy**  
Betty Ann Maher, Consultant/Advocate  
Phone: 571-225-9441  
Email: maherbandb@gmail.com  
Website: [https://www.bandbspecialneedsadvocacy.com/](https://www.bandbspecialneedsadvocacy.com/)

The mission of B&B Special Needs Advocacy is to teach Virginia parents of children with disabilities how to advocate for quality education and disability services for their child. B&B Special Needs Advocacy provides a free initial consultation and offer services such as records review, recommendations for the IEP, attending an IEP, and referral to community resources/agencies.

**Bass Educational Services, LLC**  
8304 Old Courthouse Rd, Ste B  
Vienna, VA 2218  
Phone: 703-462-9299
Bass Educational Services provides comprehensive college planning services for students with learning differences, guiding families throughout the college selection and admissions process. Services include college and post-secondary planning, K-12 school placement, educational advising, and one-on-one standardized test preparation.

**Behavioral Care Services**
7340 Heritage Village Plaza, Ste 102
Gainesville, VA 20155
Phone: 703-398-1085
Email: info@behavioral-care.com
Website: www.behavioral-care.com

Behavioral Care Services provides comprehensive psychological services to children and adolescents with learning disabilities, Attention Deficit Hyperactivity Disorder (ADHD), developmental delays, and emotional and behavioral problems.

**Behavioral Health & Wellness Associates of Northern Virginia**
14102 Sullyfield Circle Ste 350B
Chantilly, VA 20151
Phone: 571-261-8239
Website: https://bhwaofnova.com/

The focus at Behavioral Health and Wellness Associates is to help individuals heal, energize, and become aware of their inner strengths. Behavioral Health and Wellness Associates provides child psychological and psycho-educational assessments as well as outpatient therapy. Assessments for emotional disorders, behavioral disorders, learning disabilities, and gifted/IQ evaluations are available. Counseling specialties for children, adolescents, and adults include ADHD, Asperger’s Disorder Autism Spectrum Disorder, depression, anxiety, substance abuse, bipolar disorder, grief, family conflict, and marital issues.

**The Bethesda Group Psychological Services LLC**
7990 Old Georgetown Road Ste 9B, 10B, 10A
Bethesda, MD 20814
Phone: 301-718-4544
Email: info@thebethesdagroup.com
Website: https://thebethesdagroup.com/

The Bethesda Group provides therapy, testing, and other services for adults, adolescents, children, and families in the DC metro, Maryland, and Virginia areas. Their therapy approaches are current and evidence based and includes individual therapy, DBT, Groups, CBT, Child and Family Services, Parent Consultation, Couples Therapy, Testing and Assessment, and College and Career. DBT has been demonstrated to be highly effective in treating a wide range of issues, including depression, substance
abuse, PTSD, and eating disorders. DBT is known as the gold standard treatment for the treatment of Borderline Personality Disorder (BPD). The Bethesda Group also provides psycho-educational evaluations, neuropsychological evaluations, psychological evaluations, focused ADHD evaluations, and admissions testing evaluations.

Jacquelyn Calbert, MD
Pediatric Specialists of Virginia (PSV)
Fairfax Office
3023 Hamaker Court, Ste 200
Fairfax, VA 22031
Phone: 703-876-2788
Website: [http://psvcare.org/physicians/jacquelyn-calbert-md](http://psvcare.org/physicians/jacquelyn-calbert-md)

Dr. Jacquelyn Calbert works in the Fairfax office of Pediatric Specialists of Virginia. She is board certified in Neurodevelopmental pediatrics. Dr. Calbert’s areas of clinical interest include ADHD, autism, school problems, learning disabilities, behavioral problems, and developmental delays for all patients starting from birth-23 years of age.

Cherry Tree Neuropsychology (formerly Clinical Neuropsychology Services, LLC)
2200 Wilson Boulevard, Ste 401
Arlington, VA 22201
Phone: 703-875-0475
Email: info@cherrytreenp.com
Website: [www.cherrytreenp.com](http://www.cherrytreenp.com)

Cherry Tree Neuropsychology specializes in assessment, treatment, and therapy services for children, adolescents, adults, and older adults. Their office provides comprehensive, individualized neuropsychological assessments, detailed analysis of test results, personalized intervention strategies, and support in implementing treatment recommendations.

Child and Family Counseling Center (CFCC)
13649 Office Pl, Ste 102
Woodbridge, VA 22192
Phone: 703-670-5738
Email: drjcrist@aol.com
Website: [www.cfcc.info](http://www.cfcc.info)

Child and Family Counseling Center (CFCC) is a private mental health facility located in Prince William County, also serving clients in Northern Virginia (including Alexandria, Arlington, and Fairfax), Stafford, and Fredericksburg. CFCC offers individual, family, and couples therapy for children, adolescents and adults; psychiatric evaluation and medical management, psychological testing—intelligence, personality, and educational; cognitive-behavioral therapy; substance abuse and addiction assessment and treatment. After-hours emergency service is available for current patients who need to reach their therapist in the event of a psychiatric emergency.
**Child and Family Counseling Group, PLC**  
10521 Rosehaven St, Ste 100  
Fairfax, VA 22030  
Phone: 703-352-3822  
Website: www.childandfamilycounseling.com

The Child and Family Counseling Group, PLC is a qualified team of Psychiatrists, Psychologists, and Clinical Social Workers who are committed to providing the highest level of comprehensive diagnostic and therapeutic services to families in the Washington Metropolitan area. Services offered include psychiatric and neuropsychological evaluations, psychotherapy, play therapy, behavior therapy, and Cogmed working memory training.

**Cohen, Dowd and Madsen, LLC**  
P.O. Box 422  
Vienna, VA 22183

Maxine F. Cohen, M.Ed.-Advocate/Coach  
Phone: 703-973-5510

Kathy J. Dowd, M.Ed.-Advocate/Coach  
Phone: 571-283-9400  
Phone 703-204-4626

Margaret Madsen, M.Ed.-Coach/Business Manager  
Email: cdmadvocacy3@gmail.com  
Website: http://www.makingeducationspecial.com/

Cohen, Dowd and Madsen are advocates who are focused on serving the needs of parents of special education students who attend public and private schools, and the needs of special education students educated in inclusive settings from elementary school through college. Cohen, Dowd, and Madsen will review educational history, assess educational progress, facilitate effective communication between school and home, suggest appropriate educational services, interpret available educational testing and test reports, discuss appropriate placement options, assist in preparing for the IEP program meeting and accompany parents to the meeting, and review IEP documents before signing. The advocates also provide academic coaching and tutoring services.

**Maria M. Cunningham, PCET, CDT**  
Phone: 703-655-1012  
Email: ccunningham15@cox.net  
Website: https://www.linkedin.com/in/mariamcunningham/

Maria M. Cunningham is certified as an NILD (National Institute for Learning Development) educational therapist, a Dyslexia Therapist through the international Dyslexia Association (IDA), an Equipping Minds Therapist, a Certified FIE Practitioner,
and affiliated with the Learning Well Community. She works with students who have learning disabilities. She provides intervention independently in her private practice working with students in her home office, at schools, and traveling to their homes.

**Dominion Center for Behavioral Health Services**
43130 Amberwood Plaza, Ste 140
South Riding, VA 20152

Town Pediatrics
823 South King St, Ste J
Leesburg, VA 20175
Phone: 703-348-0030
Website: [http://www.dc4bhs.com/](http://www.dc4bhs.com/)

DCBHS provides the highest quality psychiatric, psychological, and counseling services for individuals in Northern Virginia. The team of psychiatrists, psychologists, nurse practitioners, and therapists offer a wide range of assessment and treatment services, including counseling therapy (individual, family, marriage, and group), testing (psychological and neuropsychological), medication management, play therapy, and parent coaching.

**Early Identification Program, GMU**
George Mason University
4400 University Dr
Fairfax, VA 22030
Phone: 703-993-1000
Email: eip@gmu.edu
Website: eip.gmu.edu

EIP (Early Identification Program) is a college preparatory program for students in grade 8 through high school students who will be the first in their families to attend a college or university. Mentoring and tutoring is provided throughout the school year, as well as math and science enrichment, and a three week summer program at the university campus.

**Educational Advocacy and Consulting**
20130 Lakeview Center Plaza, Ste. 400
Ashburn, VA 20147
Phone: 773-230-8320
Email: admin@educationaladvocacyandconsulting.com
Website: [http://www.educationaladvocacyandconsulting.com/](http://www.educationaladvocacyandconsulting.com/)

Educational Advocacy and Consulting is an advocacy-consulting firm dedicated to assisting families whose children are in need of identification, support, and assistance with services from their school districts. Associates provide a free 60 minute consultation service and can assist your family in the entire process of procuring services for your child, or ensuring that he or she is currently receiving appropriate
services. The process includes conducting observations, completing a record review, referring to outside providers if needed, and collaborating in a cooperative manner with the school team. Educational Advocacy and Consulting can assist in the process of alternate placements in private therapeutic day or residential settings. Associates can intervene through early resolution, mediation, or the filing of complaints if there is an area of disagreement with the school district.

**Educational Connections, Inc.**  
3923 University Dr  
Fairfax, VA 22030  
Phone: 703-934-8282

Email: info@ectutoring.com  
Website: www.ectutoring.com

Educational Connections offers in-home tutoring for students in reading, writing, history and social sciences, math, science and foreign languages. The office also provides LD, GT, and ADHD students assistance with special education eligibility, IEPs and 504s, and testing and records reviews, and offers assessments in reading, writing, and math.

**Barry Ekdom, Ph.D., P.C.**  
3040 Williams Dr, Ste 402  
Fairfax, VA 22031  
Phone: 703-573-3573  
Website: http://www.ekdomneuropsychology.com/

Dr. Barry B. Ekdom specializes in the assessments, diagnosis, and consultation of treatment for children, adolescents, and adults to evaluate cognitive strengths and weaknesses. Dr. Ekdom provides comprehensive and individualized neuropsychological assessments with careful interpretation of results and appropriate recommendations. Dr. Ekdom works closely with referral sources to guarantee a comprehensive treatment plan.

**Exceptional Schools Fair**  
1300 Forest Glen Rd  
Silver Spring, MD 20901  
Phone: 301-244-3600  
Email: exceptionschoolsfair@gmail.com  
Website: http://www.exceptionalschoolsfair.com/

The Exceptional Schools Fair is an annual event that showcases the school choices available to families of children with diverse learning needs. The fair is free and open to the public. There is information about individualized programs that will help children thrive both academically and socially. Admission is free and open to the public. The 2018 Exceptional Schools Fair is on Sunday, November 4, 2018 from 11 am-2 pm at the
Katzen Arts Center. Katzen Arts Center is on American University at Ward Circle, Massachusetts and Nebraska Ave. NW, Washington, DC.

**Family First Psychological Services**  
8381 Old Courthouse Road, Ste 330  
Vienna, VA 22181  
Phone: 703-938-9090  
Website: [http://familyfirstva.com/](http://familyfirstva.com/)

Family First is a comprehensive mental health practice in Northern Virginia that provides therapy and psychological testing services to children, adolescents, and adults in a family-friendly environment. The following types of therapy are offered: child and adolescent, parent-focused, adult, couples, and family. Family First also offers psychoeducational, cognitive assessments, developmental, social-emotional, and comprehensive testing services. The assessment objectively measure, explore, and identify strengths and weaknesses to aid in diagnosis and treatment planning. Their psychologists will work with families to determine which type of evaluation is most appropriate for their youth.

**First Star Academies**  
Website: [www.firststar.org](http://www.firststar.org)

First Star Academies are the pathway to college and careers through Academics, Life Skills and Caregiver Engagement. Hosted at university academies across the nation, First Star programs serve youth who have experienced foster care by helping them graduate high school, enter college, and graduate college. Programs have year-long activities, including living on a college campus in summer.

**Future Quest**  
George Mason University Johnson Center  
Northern Virginia Transition Coalition  
4400 University Dr  
Fairfax, VA 22030  
Phone: 703-993-4496  
Email: ttacnews@gmu.edu  
Website: [http://www.futurequestgmu.org/](http://www.futurequestgmu.org/)

Future Quest is a free college and career conference held every two years for middle and high school students with disabilities, young adults with disabilities, their families, and professionals that work with them. It is organized by George Mason University and the Northern Virginia Transition Coalition. One of the largest events of its kind in Virginia, Future Quest features more than 40 workshops and 40 exhibits related to successful life after high school. The last Future Quest was held in December 2017.

**Patrice B.F. Garver, Ph.D.**  
2915 Hunter Mill Rd, Ste 21  
Oakton, VA 22124
Dr. Garver specializes in working with children and adults with Attention Deficit Hyperactivity Disorder (ADHD), and the student population of the Gifted and Learning Disabled. She also specializes in psychological and psycho-educational consultation, parent and school consultation and home or school intervention programs.

**GMU Center for Psychological Services**
George Mason University
10340 Democracy Ln, Ste 202
Fairfax, VA 22030
Phone: 703- 993-1370
Email: psycclin@gmu.edu
Website: [https://psyclinic.gmu.edu/](https://psyclinic.gmu.edu/)

The GMU Center for Psychological Services provides comprehensive psycho-educational assessments for children and adolescents to assess for ADHD, Learning Disorders, cognitive and academic strengths and weaknesses. The specific measures included in the assessment differ depending upon the individual needs of the client and the preferred assessment strategies of the supervisor.

**Incl(US)ion Consultants**
100 North Washington Street, Ste 238
Falls Church, VA 22046
Website: [http://www.inclusionconsultants.com/](http://www.inclusionconsultants.com/)

Nancy Mercer (adult specialist)
Phone: 703-304-8537
Email: Nancy@InclusionConsultants.com

Brooke Varma (pediatric specialist)
Phone: 571-292-7560
Email: Brooke@InclusionConsultants.com

Nancy Mercer and Brooke Varma, The Inclusion Consultants, provide individuals, families, schools, businesses and communities with the tools to build and enjoy rewarding and inclusive lives through counseling, coaching, consulting, and connecting. The Inclusion Consultants bring a unique understanding of how to implement inclusive practices at every stage of life and across communities. Nancy and Brooke seek out and learn from experts in the field; experts who bring "lived" experience as men, women, children and families who are living with disabilities, day in and day out.
Independent School Options
218 North Lee St, Ste 323
Alexandria, VA 22314
Phone: 703-671-8316
Website: www.independentschooloptions.com

Independent School Options provides educational guidance for families through school placement and consulting. Services include educational planning and problem solving; day and boarding school placement; and special needs and therapeutic program assistance. Referrals are made for testing; tutoring; special needs training, therapy, and counseling; and legal and financial assistance.

Inova Kellar Center
Inova Health System
11204 Waples Mill Road
Fairfax, VA 22030
Phone: 703-218-8500
Website: https://www.inova.org/healthcare-services/Inova-kellar-center/index.jsp

Inova Kellar Center provides comprehensive mental health and substance abuse treatment programs and an innovative special education school support families throughout Northern Virginia. The Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, intensive home base services and partial hospitalization programs. The Kellar Center also houses the Kellar School, a therapeutic education program serving students grades 3-12.

Kids Building Selves
10195 Main Street, Ste T
Fairfax, VA  22030
Phone: 703-721-4KBS (4527)
Email: info@kbszone.com
Website: http://www.kidsbuildingselves.com/

Kids Building Selves provides programs to build executive functioning skills through brain-based learning and play. Kids building selves provides engaging and fun after-school programs for students in grades K-6; teaching and inspiring them to reach to their fullest potential. All students participating in after-school programs will have the opportunity to rotate through some of the following groups: Academic Coaching Group, Brain Booster Group, Creative Reading Group, Playback Theater, Super Student Group, and Study Skills Group.

Kirby Creative Clinical Solutions
3600 Chain Bridge Rd, Ste 200
Fairfax, VA 22030
Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

**Dorothy Lange, M.S. Ed**
2431 Inglewood Ct
Falls Church, VA 22043
Phone: 703-204-4545
Email: lange.dorothy@gmail.com

Dorothy Lange is an educational diagnostician and therapist specializing in reading disabilities. She offers intensive, individualized research based reading programs for students who are struggling with reading or who are not reading to their potential.

**Dr. David Maddox**
ABC Behavior
15507 Gossoms Store Court
Haymarket, VA 20169
Phone: 703-864-1300

Mr. David Maddox is a consultant who provides advocacy for parents of children requiring special education in their dealings with public schools. Services include planning, preparation, and attendance of IEP, BIP and other relevant meetings and mediation conferences. Mr. Maddox assists parents in understanding the public education system, knowing their rights, and accessing the resources which are most beneficial to their child. His approach involves fostering good working relationships between parents and schools while determinedly pursuing parents’ priorities. Primary areas of service include: Prince William, Fairfax, Fauquier, and Loudoun Counties.

**Mind Well Psychology**
14110 Robert Paris Ct
Chantilly, VA 20151
Phone: 703-378-7998
Website: [www.mindwell.us](http://www.mindwell.us)

Mind Well Psychology provides services for children, teens, and adults. Services include consultation, neuropsychological testing, psycho-educational testing, emotional and developmental testing, and in-school observation. After evaluation clinicians develop an
action plan that can include therapy and advocacy services. The assessment includes executive functioning and learning disorders to developmental delays, autism, ADHD, anxiety, depression, disruptive disorders, and other issues.

**Mindworks Educational Services**  
10501 Braddock Rd, Ste 201  
Fairfax, VA 22032  
Phone: 703-250-6882  
Email: Tutoring@MindworksEducation.com  
Website: www.mindworkseducation.com

Mindworks has over one hundred state-certified, experienced teachers providing in-home tutoring in the Northern Virginia area. Mindworks provides one-to-one tutoring to students of all ages, in all subjects, including standardized SAT and ACT test preparation and educational coaching.

**Nancy Katz, LLC**  
Email: nancykatztriplett@me.com  
Website: https://www.nancykatz.com/

Nancy Katz, LLC provides academic coaching services for youth. Nancy holds a Master of Education and Counseling and has worked with children, adolescents and their families for more than 20 years as a school counselor, teacher, academic coach and humane education. Nancy is a member of the American Counseling Association, the Association of Professional Humane Educators, and CHADD (National Center on ADHD).

**National Institute for Learning Development (NILD)**  
1540 Breezeport Way, Ste 500  
Suffolk, VA 23435  
Phone: 757-423-8646  
Website: http://nild.org/  
Link to NILD Therapists: http://nild.org/parents/find-an-educational-therapist/

NILD Educational Therapy addresses the underlying causes of learning difficulties rather than simply treating the symptoms. NILD educational therapy is a true therapy because it is individualized and aims the intervention just above the student’s level of functioning and raises expectations for performance. Students are trained to view themselves as competent, confident learner. Interventions can be one-on-one or small group. Each session includes a variety of techniques designed to address students’ specific areas of difficulty and to improve their overall ability to think, reason, and process information. Techniques emphasize basic skill areas such as reading, writing, spelling, and math, as well as applying reasoning skills within each area.

**Oak Hill Psychological Services (OHPS) PLLC**  
2579 John Milton Drive, Ste 210  
Herndon, VA 20171
Oak Hill Psychological Services (OHPS) offers psychotherapy and assessment services for children, tweens, adolescents, adults and families. OHPS provides support for parents on several issues including issues related to coping with children with mental health issues and parenting challenges during infancy, early childhood, adolescence and adulthood. OHPS provides support for youth on issues related to ADHD, anxiety, social issues, mood disorders, school challenges, sexuality, family stress, identity/self image, and family transitions. Psychological assessment of children, adolescents, and young adults for ADHD; intellectual functioning; advanced academic placement; learning disabilities; social emotional, and behavioral functioning; and school and college-based accommodations.

**Pediatric Partners for Attention and Learning, Inc**
1146-E Walker Road  
Great Falls, VA 22066  
Phone: 703-539-8310

2128 Jeff Davis Hwy, Ste 201  
Stafford, VA 22554  
Phone: 540-628-4145  
Website: [https://www.pp4al.com/](https://www.pp4al.com/)

Pediatric Partners for Attention and Learning specializes in Autism, Attention Deficit, and Learning Disabilities. Pediatric Partners provides specialized, integrated, and comprehensive assessment and treatment to children, adults and families impacted by ADHD, Autism Spectrum Disorder, Dyslexia, Mood Disorders, Learning Problems, Behavioral Problems, Poor Self-Esteem, and other conditions that may adversely affect reaching their fullest potential. The practice is non-traditional, multi-disciplinary practice that bridges the gap between medical, behavioral health, nutrition and educational services. Medical providers will see patients aged 3 to 24 while all other providers (Behavioral Health, Nutritional, and Educational Specialists) will treat ages 18 months through 99.

**Parent Educational Advocacy Training Center (PEATC)**
8003 Forbes Place, Ste 310  
Springfield, VA 22151  
Phone: 703-923-0010  
Toll free: 800-869-6782  
Email: partners@peatc.org  
Website: [www.peatc.org](http://www.peatc.org)

PEATC works collaboratively with families, schools, and communities to develop, communicate, and disseminate state-of-the-art education, training, outreach, and support services for children (particularly children with disabilities), their families, and
the professionals who serve them. The PEATC website offers a wealth of information about special education, parent involvement and advocacy, links to resources, and parent information resources. PEATC also has a Youth Empowerment Program (PYE) that helps youth gain knowledge to become empowered self-advocates, successfully transition into adult life, and be active leaders in their communities.

**PEATC Youth Empowerment Program (PYE)**
Parent Educational Advocacy Training Center (PEATC)
8003 Forbes Place, Ste 310
Springfield, VA 22151
Phone: 703-923-0010
Toll free: 800-869-6782
Email: uria@peatc.org

PEATC Youth Empowerment Program (PYE) is a program meant to empower young people ages 14-26 with disabilities in Virginia. This group helps youth gain knowledge to become empowered self-advocates, successfully transition into adult life, and to be an active leader in their community. It offers a chance to create new friendships, learn or improve self-advocacy skills, get school and work recommendation letters, gain volunteer hours, and earn special prizes for participating in various activities. PYE meets virtually most of the time and asks for a one year commitment to the program.

**Psych Ed Coaches**
21750 Red Rum Drive, Ste 102
Ashburn, VA 20147

1600 Prince Street, Ste 102
Alexandria, VA 22314
Phone Coaching: 571-289-9729
Phone Testing: 703-314-5267
Email: [info@psychedcoaches.com](mailto:info@psychedcoaches.com)
Website: [www.psychedcoaches.com](http://www.psychedcoaches.com)

Psych Ed Coaches provide diagnosis and coaching for children, teens, adults, and parents. It offers services to clients struggling with ADHD or similar problems in executive functioning such as: ADHD and Executive Function Coaching for individuals; Parent and Family Coaching to help educate parents and families about how to navigate life with ADHD; and Testing and Psychological Assessment for children, teens and adults who have interest in learning of a possible mental health diagnosis or gaining IEP and 504, or SAT and ACT accommodations.

**Bronwen Rankin, PhD, PLLC**
313 Park Ave, Ste 203
Falls Church, VA 22046
Phone: 703-424-2909
Email: browenrankin@gmail.com
Website: [www.novapsychology.com](http://www.novapsychology.com)

Dr. Rankin specializes in assessments, conducting psychological and psycho-educational testing. She also conducts psychotherapy for older children, adolescents, and adults, using cognitive-behavioral approaches and evidence-based treatments. In addition, she provides consultation to parents, schools, and organizations.

**Ready Set Go College (RSGC)**
Diane Wood  
Foggy Bottom Road  
Bluemont, VA 20135  
Phone: 561-531-1638  
Email: readysetgocollege@yahoo.com  
Website: [https://www.readysetgocollege.com/](https://www.readysetgocollege.com/)

Ready Set Go College (RSGC) provides personalized college preparation, selection, and transition services for students with disabilities. RSGC serves middle, high school, and transitioning college students in the Northern Virginia area. Most students with disabilities have gaps in their preparedness for college living and academics. Areas that require assistance may be related to academics, executive functioning, independent living, or social/emotional skills. RSGC helps develop these skills in students through coaching, assists in selecting and applying for best fit colleges, and advocates with college staff to optimize campus life and academics.

**Restorative Justice Fairfax County Public Schools**
Student Safety and Wellness Office  
Phone 571-423-4270  
Email: SMascoll@fcps.edu  
Website: [https://www.fcps.edu/resources/student-safety-wellness/restorative-justice](https://www.fcps.edu/resources/student-safety-wellness/restorative-justice)

Restorative Justice project focuses on accountability, character development, and school and community safety. Restorative justice practice is a philosophy based on a set of principles for responding to harm and wrongdoing that is victim-centered and focuses on offender accountability to those who were harmed, and to the laws or rules that were broken. Restorative justice is a formal process facilitated by trained, skilled facilitators that brings together those impacted by wrongdoing to discuss the incident, understand who has been affected and to create an agreement for reparation of harm.

**Return to Learn Fairfax County Public Schools**
8115 Gatehouse Road  
Falls Church, VA 22042  
Website: [https://www.fcps.edu/returntolearn](https://www.fcps.edu/returntolearn)  
Contact individual schools for services. [https://www.fcps.edu/schools-centers](https://www.fcps.edu/schools-centers)

Return to Learn programs provides information on the support available to students returning to school following an extended absence. Whether returning following a chronic illness, short-term illness, mental health challenge, concussion, childbirth, or
other medical condition, parents and educators work together to ensure the student’s successful return to school. School-based professionals, consisting of school counselors, school psychologists, and school social workers, are available to support the transition process as children return to their learning environment. These professionals will work with families and other members of the school team to develop a plan for their child’s return to school.

Laurie J. Smith, MS, CAGS, PLLC
380 Maple Ave W, Ste 303B
Vienna, VA 22180
Phone: 703-938-5234, x. 4
Email: info@lauriesmithpsych.com
Website: www.lauriesmithpsych.com

Laurie Smith is a licensed school psychologist who offers comprehensive psycho-educational evaluations, therapeutic counseling, consultation, educational advocacy, and professional training. She serves as an advocate to families and youth to help navigate through the special education process, and guides parents on how best to access educational resources for their child’s needs.

Starfish Savers
P.O. Box 230636
Centreville, VA 20120
Phone: 703-631-9557
Email: info@starfishsavers.com
Website: www.starfishsavers.com

Starfish Savers provides many services for all age groups including IEP and 504 review, free get-togethers and consultation services. While their target group for these services are those with complex mental disorders, Starfish Savers offers a multitude of free resources from their website including Life Coaching and Advocacy Support services across the lifespan, Self-Advocacy Training, Transition Services, Soft Skills Training, Life and Social Skills Training and Advocacy Consultation and Support.

StudyPro
6849 Old Dominion Dr, Ste 200
McLean, VA 22101
Phone: 571-321-5800
Email: info@TheStudyPro.com
Website: www.TheStudyPro.com

The StudyPro is a study skills and homework center. The program helps students build the key executive function skills required to plan, initiate, organize, time-manage and complete their work. While some students come by executive skills naturally, others need support with developing strategies for success until the process becomes natural for them. The study skills "system" teaches these skills in a 5-part course, provides a
coach-supported homework center to practice skills on nightly homework and offers additional help with 1:1 coaching.

**Tochterman Muir Educational Consulting, LLC**
1489 Chain Bridge Rd, Ste 203
McLean, VA 22101
Phone: 703-728-8676
Email: smuir@testingld.com
Website: www.testingld.com

Tochterman Muir provides evaluation, diagnosis, and recommendations for services and accommodations for students (elementary through graduate school) with learning disabilities and hyperactivity disorder.

**Tutoring For Success**
Phone: 703-390-9220
Email: info@tutoringforsuccess.com
Website: http://tutoringforsuccess.us/

Tutoring for Success provides in-home tutoring services for students from kindergarten to college, with programs that are tailored to fit each student’s specific needs and goals. All tutors are carefully selected and matched to individual students. Programs include Subject Tutoring, SAT and ACT Test Prep, and Academic Coaching.

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**Tutoring Plus**
Norman Hall
121 Moore Av SW
Vienna, VA 22180
Phone: 703 472-1630
Email: normhall@outlook.com

While parents and professionals rarely think in terms of levels of educational service support, Tutoring Plus is the level that best matches the needs of a student going off course. Tutoring Plus is the provision of broad-tutoring with experienced fundamental academic support combined with awareness of objectives and goals beyond the hurdles of coursework, class examinations, and standardized testing. Tutoring Plus is offered by Norman Hall, Master Tutor, specializing in ADHD, executive function, and chronic illness. Education via BA and MS degrees from Northwestern University, education classes from George Mason University and UVA. Ten years of tutoring experience.

**Unique Steps, LLC**
4609 Ferry Landing Rd
Alexandria, VA 22309
Phone: 703-856-5563
Email: kim.wood@uniquestepsllc.com
Website: www.uniquestepsllc.com
Unique Steps is a special education consulting company specializing in case management, advocacy, social integration, home school services, and remediation.

**The Wake Kendall Group PLLC**
5247 Wisconsin Avenue NW, Ste 4
Washington, DC 20015
Phone: 202-686-7699
Website: [http://www.wakekendall.com/](http://www.wakekendall.com/)

The Wake Kendall Group provides individuals, families, and schools with a full range of psychological and educational assessment and psychotherapy. Therapists are trained in a variety of approaches and thoughtfully individualize therapy to meet your needs. Dialectical Behavioral Therapy (DBT) trained therapists work with adolescents and adults who have pronounced emotion regulation difficulties. DBT has been extended to work with individuals who struggle with depression, trauma, and addiction. Other services provided include Emotional and Social Effectiveness Program (EASE), a didactic skills training groups for adults age 18 and older. Clinicians also provide comprehensive neuropsychological evaluations, psycho-educational testing, social and emotional assessments, early childhood evaluations, and school admissions testing.

**Weinfeld Education Group**
104 Northwood Ave
Silver Spring, MD 20901
Phone: 301-681-6233
Email: weinfeld@comcast.net
Website: [www.weinfeldeducationgroup.com](http://www.weinfeldeducationgroup.com)

Rich Weinfeld and his group of educational consultants advocate for services for children with learning difficulties, and provide training and consultation to schools and parents.

**Early Intervention for Infants and Toddlers**

**Alexandria City Parent Infant Education Program (PIE)**
Alexandria City Hall, 301 King St
Alexandria, VA 22314
Phone: 703-746-3363

The Parent Infant Education Program (PIE) provides early intervention services for City of Alexandria infants and toddlers up to 3 years old whose physical or mental development is slower than expected, who are diagnosed with a condition likely to result in a delay, or who have a 25% delay in one or more developmental areas. Services include assessments, assistance in finding and funding services, financial assistance for special services and equipment. There is no charge to the family for the intake interview, child screening, case management, or development of a service plan.
The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children’s services, Autism (ASD) Services, Camping and Recreation, Military and Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

Parent Infant Education (PIE) is a family-centered program that serves children who have special needs from birth to their third birthday. The program helps families work with their children to help them develop to their maximum potential. Services include individual plans for each child for services such as physical therapy, occupational therapy, speech therapy, and educational services.

Even Start is a free family literacy program for Arlington residents who have children under the age of 10. The goal of the program is to empower parents who are new to the country to help their children be academically successful. English classes are held 5 mornings a week. Parents also learn about literacy development, the US education system, Arlington Public School programs, and community resources. Children between
the ages of 1 and 4 may participate in early childhood education classes on site while their parents study. Classes meet Monday through Friday 9 am to 12 pm. Breakfast and lunch are provided daily.

**Fairfax County Public Schools Early Childhood Child Find**  
Offices located in Dunn Loring, Chantilly, and Alexandria  
Phone: 571-4234-4121  
Website: [https://www.fcps.edu/registration/early-childhood-prek/child-find](https://www.fcps.edu/registration/early-childhood-prek/child-find)

Child Find in the process of identifying children with potential special education needs as well as educating the community about child development and the importance of early intervention. Child Find services are provided for children ages 20 months to 5 years old by the FCPS Early Childhood Identification and Services (ECIDandS) program.

**Infant & Toddler Connection (ITC)**  
Fairfax County Office for Children  
Annandale Office  
Heritage Center, East Building  
7611 Little River Turnpike, Ste 200E  
Annandale, VA 22003  
Phone: 703-538-7407

Chantilly Office  
14150 Parkeast Circle, Ste 260  
Chantilly, VA 20151  
Phone: 703-653-1786

Fairfax North  
3750 Old Lee Highway  
Fairfax, VA 22030  
Phone: 703-246-5347

South County  
8350 Richmond Highway, Ste 515  
Alexandria, VA 22309  
Phone: 703-704-5026  

The Infant and Toddler Connection of Fairfax-Falls Church provides evaluations and early intervention services for infants and toddlers (up to age three) who have a developmental delay or a diagnosis that may lead to developmental delays. If a child is found eligible for participation in the Infant and Toddler program, an Assessment for Service Planning meeting is scheduled. This meeting includes the development of an Individualized Family Service Plan (IFSP) that identifies the services and supports
needed to promote the child’s development and support the family in their daily
activities and routines with their child.

**Infant & Toddler Connection of Virginia**
Virginia Department of Behavioral Health and Developmental Services (DBHDS)
1220 Bank Street, 9th Floor
P.O. Box 1797
Richmond, VA 23219-1797
Phone: 804-786-3710
Website: [http://www.infantva.org/](http://www.infantva.org/)

The Infant and Toddler Connection of Virginia provides early intervention supports and
services to infants and toddlers from birth through age two who are not developing as
expected or who have a medical condition that can delay normal development. Early
intervention supports and services focus on increasing the child’s participation in family
and community activities that are important to the family. In addition, supports and
services focus on helping parents and other caregivers know how to find ways to help
the child learn during everyday activities. These supports and services are available for
all eligible children and their families regardless of the family’s ability to pay.

**Loudoun County Early Intervention Services Program**
906 Trailview Blvd, Ste A
Leesburg, VA 20175
Phone: 703-777-0561
TDD: 703-777-0377

The Loudoun County Early Intervention Services Program provides early intervention
services for families, infants, and toddlers, age birth through age two, who have a
diagnosed handicapping condition, suspected delay in development, or atypical
development. Children with vision and hearing impairments can also be served in this
program.

**New Path**
The Arc of Virginia
2147 Staples Mill Rd
Richmond, VA 23230
Phone: 804-649-8481
Email: newpath@thearcofva.org
Website: [https://www.new-path.thearcofva.org/](https://www.new-path.thearcofva.org/)

New Path is a program of The Arc of Virginia. New Path is a support network for
families in early intervention. New Path provides training, support, connection, and
guidance for families who have children involved in early intervention services. New
Path has trainings on early intervention services and support and provide peer support
from other families that have similar experiences. New Path also provide families with
knowledge and guidance to help them utilize all of the supports available to them so that families can make the most of the early intervention experience.

**Prince William County Infant Toddler Services**
Phone: 703-792-7879  

The Prince William County Infant Toddler Services Program provides therapy and educational services to eligible children. Services include: Multi-disciplinary evaluations for children who are suspected of having a developmental delay or have a diagnosed handicapping condition; Development of an Individualized Family Service Plan (IFSP); Physical, occupational, and speech therapy; Special instruction for infants and toddlers; Home visits and Home Activity Plans; Consultations with child care providers and other community resources; and Transition to public school services and other community programs.

**Public School Special Education Parent Resource Centers**

**Anne R. Lipnick Special Education Parent Resource Center**
Alexandria City Public Schools  
TC Williams High School, Minnie Howard Campus  
3801 West Braddock Rd, Room 134  
Alexandria, VA 22302  
Phone: 703-824-0129  
Email: janet.reese@acps.k12.va.us  
Website: [https://www.acps.k12.va.us/Page/397](https://www.acps.k12.va.us/Page/397)

The Anne R. Lipnick Special Education Parent Resource Center serves the diverse families of children with disabilities in the Alexandria City community and trains parents to be advocates for their children while establishing partnerships between families and schools. This center provides free workshops, training sessions, parent support groups, individual support and consultation. Services are available at no charge to all residents of Alexandria with children ages 2 to 22, regardless of whether enrolled in public school, private school, preschool, or at home.

**Arlington Public Schools Parent Resource Center (PRC)**
Syphax Education Center at Sequoia Plaza  
2110 Washington Blvd, Ste 158  
Arlington, VA 22204  
Phone: 703-228-7239  
Website: [https://www.apsva.us/special-education/parent-resource-center/](https://www.apsva.us/special-education/parent-resource-center/)
The Parent Resource Center’s (PRC) purpose is to provide parents the support and information necessary to work with the school system to identify and meet their child’s unique learning needs. The PRC offers support and assistance, a lending library, parent newsletter, parent training workshops, and is an information and referral source for both families and staff members.

**Fairfax County Public Schools Parent Resource Center (PRC)**
Dunn Loring Center for Parent Services
2334 Gallows Rd, Room 105
Dunn Loring, VA 22027
Phone: 703-204-3941
Email: prc@fcps.edu
Website: [https://www.fcps.edu/resources/family-engagement/parent-resource-center](https://www.fcps.edu/resources/family-engagement/parent-resource-center)

The FCPS Parent Resource Center (PRC) offers a welcoming and engaging environment for parents, educators and community members to access information and resources to support the success of all students, including those with learning challenges, special needs and disabilities. Free workshops, confidential consultations and over 5,000 lending library materials available at the PRC help ensure that ALL students are inspired, engaged and thriving.

**Loudoun County Public Schools Parent Resource Services (PRS)**
21000 Education Ct
Ashburn, VA 20148
Phone: 571-252-6540
Email Educator: Karin.Spencer@lcps.org
Email Parent: Pamala.Spiering@lcps.org
Website: [https://www.lcps.org/ParentResourceServices](https://www.lcps.org/ParentResourceServices)

PRS is committed to positive relationships among parents, schools and communities to support the development of the whole child. The PRS assists families with questions and planning as well as provides resources and training.

**Prince William County Public Schools Parent Resource Center (PRC)**
Kelly Leadership Center, First Floor
14715 Bristow Rd
Manassas, VA
Phone: 703-791-8846
TTD: 703-791-8847

The PRC offers training, information and assistance, free of charge, including direct assistance to parents or guardians: listening, problem-solving, providing resources; and information sessions for parents, school staff and community promoting parent and professional partnerships.

**Virginia Parent Resource Centers (PRC)**
Virginia’s Parent Resource Centers are committed to a positive relationship between parents and schools for students’ sake. PRCs assist parents with questions and planning, as well as provide resources and training sessions.

**Day Schools and Residential Schools**

**Virginia Department of Education Licensed Private Schools for Children With Disabilities**
Website: [www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf](http://www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf)
This is a list of private schools in the Commonwealth of Virginia that provide specialized education for children with disabilities. The schools are identified by region. The list contains contact information, age and grade range of services, and types of disabilities the school supports.

**Accotink Academy Therapeutic Day School**
8519 Tuttle Rd
Springfield, VA 22152
Phone: 703-451-8041
Website: [http://accotinktherapeuticday.com/](http://accotinktherapeuticday.com/)
Accotink Academy is a special needs, language-based literacy-rich 1st-12 (age 6-21) therapeutic setting serving children with emotional disabilities, developmental disabilities (including receptive and expressive language disorders), and specific learning disabilities in reading, mathematics and written expression. This unique therapeutic program combines the best teaching practices supported by current research on brain function, language acquisition and reading.

**Alternative Paths Training School (APTS)**
Central Office:
2525 Pointe Center Court, Ste 100,
Dumfries, VA 22026
Phone: 703-766-8708
Website: [http://www.aptssinc.org/](http://www.aptssinc.org/)
APTS has campuses located in Alexandria, Fredericksburg, Manassas, and Stafford. APTS is a school and organization serving individuals with Autistic, behavioral, and a variety of developmental disabilities. APTS has a 12-month structured day program that promotes skills acquisition and behavioral stability while at APTS. The primary
program function is based on creating and maintaining availability for learning through individualized instruction and behavioral interventions that directly complement the student’s (IEP) Individualized Education Plan. These include the establishment of observable and measurable academic, vocational, and behavioral goals and objectives that are documented through ongoing outcome evaluations.

**Auburn School**  
3800 Concorde Pkwy  
Chantilly, VA 20151  
Phone: 703-793-9353  
Email: admissions.fairfax@theauburnschool.org  
Website: [https://www.theauburnschool.org/domain/46](https://www.theauburnschool.org/domain/46)

The Auburn School has campuses located in Baltimore and Silver Spring, MD and Fairfax, VA. The Auburn School is an independent day-school with a specialized program which offers a stimulating educational program for intellectually engaged students with challenges in the areas of communication, socialization, language, and organization. Auburn's program simultaneously supports the development of academic skills, social competency and pragmatic language in an engaging educational environment. The Auburn School currently serves students in grades Kindergarten through 8th grade. The Fairfax, VA Campus has a high school program with current 12th graders.

**The Aurora School**  
The Arc of Loudoun County  
601 Catoctin Cir NE  
Leesburg, VA 20176  
Phone: 540-751-1414  
Email: kmcdonald@paxtoncampus.org  
Website: [www.paxtoncampus.org](http://www.paxtoncampus.org)

The Aurora School was founded by parents in cooperation with the Arc of Loudoun. The Aurora School provides a progressive learning environment that serves individuals with intellectual disabilities ages 5-22. Using the latest techniques, curricula, and technology, students and their families become active partner in their individualized education program.

**Center for Autism and Related Disorders (CARD)**  
5400 Shawnee Rd, Ste 208  
Alexandria, VA  22312  
Phone: 703-750-0633  
Toll Free: 855-345-2273

CARD Academy  
4875 Eisenhower Ave, Ste 208  
Alexandria, VA 22304  
Phone: 571-290-0143
CARD Specialized Outpatient Services (SOS) provides assistance with specific areas of concern for a family and develops and implements strategies to diminish problem behaviors and teach necessary skills. At CARD Academy students learn self-help and safety skills, build language and communication as well as social skills and executive functioning. With input of parents and the child’s caregivers, CARD clinicians set challenging goals and track progress on each skill domain carefully.

**Child Development Center of Northern Virginia**

Easter Seals  
300 Hunton Ave  
Falls Church, VA 22046  
Phone: 703-534-5353  
Email: fallschurcchdc@eseal.org  

The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children’s services, Autism (ASD) Services, Camping and Recreation, Military and Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

**Commonwealth Academy**

1321 Leslie Ave  
Alexandria, VA 22301  
Phone: 703-548-6912  
Email: info@CommonwealthAcademy.org  
Website: [www.commonwealthacademy.org](http://www.commonwealthacademy.org)

The Commonwealth Academy is a grade-level college preparatory program for students in Grades 3–12, offering services to average to superior students who require individual attention in small classes, as well as to students who have been diagnosed with a specific learning disability (LD) or with ADHD. It provides on-site support services such as counseling, college counseling, and SAT and ACT preparation, and a wide variety of electives, clubs, activities, and athletics, readying its students for the challenges of college or other post-secondary education.

**Cortona Academy**

13505 Dulles Technology Drive #3  
Herndon, VA 20171
Phone: 703-464-0034
Website: https://cortonalearning.com/

Founded in 1992, Cortona Academy is a private, college preparatory program serving grades 7-12, focusing on the student, not the student’s “label.” Staff understands that students work at different paces, and reach them at all levels. There is a 4:1 student-teacher ratio, optional one-on-one focused “Oxford-like” course, and inspirational professional mentors who guide students to internships that change their futures while improving their grades, study skills, hi-tech skills and confidence.

Discovery School of Virginia
PO Box 1160
Dilwyn, VA 23936
Phone: 434-983-5616
Email: admissions@discoveryschool.org
Website: http://www.discoveryschool.org

The Discovery School of Virginia serves teenage boys and girls ages 12-17 experiencing emotional, behavioral, and learning difficulties. There are separate campuses for each of the schools. Referred students are frequently described as immature, impulsive, angry and oppositional. Often prospective students are experiencing failure in a traditional school setting. Due to their poor coping skills, many students present with unresolved family issues.

Embark Center For Self-Directed Education
103 Loudoun Street SW
Leesburg, VA 20175
Phone: 540-277-3172
Email: info@embarkcenter.org
Website: https://www.embarkcenter.org/

Embark Center is a community of learners and serves as a resource center for youth and families who wish to have more autonomy in their learning and lives. Through personal advising, family conferencing, classes, workshops and tutorials, Embark Center focuses on each unique individual to envision a plan for success. Typically, Embark members range in age from 13-19; have grown increasingly frustrated by the constraints of traditional schooling; have tried, unsuccessfully, to create a meaningful existence in one or more school-like settings. At Embark Center, each member is paired with a personal advisor. This relationship will become the key element of the youth member’s experience. Through regular meetings, the advisor helps the member envision a unique plan that includes tutorials, classes, and community involvement. If the member is under 16 years, the advisor will help create a written plan for submission to the local superintendent of schools.

Fusion Academy
Alexandria Location
333 John Carlyle Street, Ste 100
Alexandria, VA 22314  
Phone: 703-535-3130  
Website: https://www.fusionacademy.com/fusion-campus-location/alexandria/welcome

Loudoun Location  
19300 Promenade Dr, Ste 200  
Leesburg, VA 20176  
Phone: 855-826-4355  
Website: https://www.fusionacademy.com/fusion-campus-location/loudoun/welcome/

Tysons Location  
1934 Old Gallows Road, Ste 200  
Vienna, VA 22182  
Phone: 703-448-0350  
Website: https://www.fusionacademy.com/fusion-campus-location/tysons-corner/welcome/

Fusion is an accredited private middle and high school for grades 6-12. In a Fusion one-to-one classroom, the educational experience is completely customized to ignite a student’s passion for learning. Classes are self-paced, and course material is presented in ways that suit students’ individual interests, strengths and challenges. Fusion works for kids who do not do well in traditional schools such as those who struggle with ADHD, Learning Differences and Disabilities, Accelerated and Gifted Learners, Social Challenges and School Anxiety, Students with Challenging Schedules, and those transitioning from Boarding School or Treatment Programs.

Grafton Integrated Health Network  
P.O. Box 2500  
Winchester, VA 22604  
Phone: 888-955-5205  
Email: admissions@grafton.org  
Website: www.grafton.org

Grafton Education programs provide day and 24-hour day and residential special education programs year round to individuals who have challenging behaviors with co-occurring developmental and psychiatric disabilities. Grafton also educates individuals with cerebral palsy and sensory impairments when occurring in conjunction with the developmental disabilities or psychiatric conditions. Grafton has regional offices in Winchester, Midlothian, Berryville, Winchester, Front Royal, VA and Charles Town, West Virginia.

Helping Hands Private Day School  
2049 Jefferson Davis Highway  
Stafford, VA 22554  
Phone: 540-657-1423
Helping Hands serves kids in grades 1-8. Students at Helping Hands are given a low-stimulus environment, immersed with Occupational Therapy, language pragmatics, and Social Thinking curriculum to acquire the skills needed to grow and thrive. Multiple movement breaks throughout the day allows for new knowledge to be processed and increased ability to retain and comprehend higher-level academic challenges. Movement decreases frustration tolerance, dysfunctional movement-seeking behaviors, and increases overall attention to task. Social Thinking awareness is everywhere. It occurs within every academic day, in peer interactions, and in supported community learning environments.

**Inova Kellar School**
Inova Health System  
11204 Waples Mill Rd  
Fairfax, VA 22030  
Phone: 703-218-8500  
Website: [https://www.inova.org/healthcare-services/Inova-kellar-center/kellarschool.jsp](https://www.inova.org/healthcare-services/Inova-kellar-center/kellarschool.jsp)

The Kellar School is a therapeutic education program serving students grades three through 12 who have been identified as eligible for special education services. The structured, individualized program is designed to meet the needs of students with emotional or learning disabilities. These students may also have social, behavioral or health-related issues that significantly interfere with their ability to learn. The majority of the students are referred and placed by their local school jurisdiction. Eligibility for special education at the private day school level is based upon the students’ Individual Education Program (IEP).

**Lourie Center for Children’s Social and Emotional Wellness**
12301 Academy Way  
Rockville, MD 20852  
Phone: 301-984-4444  
Website: [www.louriecenter.org](http://www.louriecenter.org)

The Lourie Center for Children’s Social and Emotional Wellness is a private, non-profit agency with a mission to improve the social and emotional health of young children and their families through prevention, early intervention, education, research and training. Lourie’s Center is a private, non-profit agency providing parent-child clinical services, early head start program, therapeutic nursery program for children ages 3-5, and a non-public elementary school for children ages 4-12.

**Matthew's Center**
10651 Lomond Dr  
Manassas, VA 20109  
Phone: 703-369-2976
Matthew's Center is a private nonprofit organization providing special education day school, after school, and outreach services to children with autism and their families. The Day School currently has classrooms serving children ages 5-21. Each classroom is staffed at a minimum of 2:1 ratio, including a special education teacher. Other available professionals include: Board Certified Behavior Analyst, Speech Language Pathologists, and Occupational Therapists. Each student’s curriculum and educational plan are laid out according to their Individualized Education Program (IEP).

**Oakwood School**  
7210 Braddock Rd  
Annandale, VA 22003  
Phone: 703-941-5788  
Email: oakwood@oakwoodschool.com  
Website: www.oakwoodschool.com

Oakwood School is a private, non-profit, co-educational day school for elementary and middle school students (Kindergarten – 8th grade) with mild to moderate learning differences. Students are of average to above average potential and exhibit a discrepancy between their potential and their current level of achievement. Some students may have been diagnosed with learning disabilities; some may also have attention difficulties; and others may have dyslexia, language or visual processing deficits, or difficulty with math.

**PHILLIPS Education Programs**  
7010 Braddock Rd  
Annandale, VA 22003  
Phone: 703-941-8810  
Fax: 703-658-2378  
Website: http://www.phillipsprograms.org/phillips-schools/  
Annandale School: http://www.phillipsprograms.org/phillips-schools/phillips-school-a/  
Laurel School: http://www.phillipsprograms.org/phillips-schools/phillips-school-l/  
Phillips School-Fairfax: https://www.phillipsprograms.org/phillips-school-fairfax  
Building Futures Fairfax: http://www.phillipsprograms.org/phillips-schools/phillips-building-futures/  
Building Futures Loudoun: http://www.phillipsprograms.org/phillips-schools/phillips-building-futures-loudoun/

The PHILLIPS Education Programs have programs located in Annandale, Laurel, Fairfax, and Loudoun. Phillips offers special education at non-public, non-profit day schools for students for whom public or other specialized schools were not successful. The programs provide students with academic programming, supportive services, and related services while learning building trades as part of their school day. Building Futures programs in Fairfax and Loudoun provides intensive vocational programming for students with disabilities.
Saint John Paul the Great Catholic High School
17700 Dominican Dr
Dumfries, VA 22026
Phone: 703-445-0300
Email: info@jpthegreat.org
Website: http://www.jpthegreat.org/academics/options/

Saint John Paul the Great Catholic High School has the JP Options Program. The program is an innovative, inclusive special education program for students with moderate intellectual or cognitive disabilities who cannot access the general curriculum. The Options Program provides the opportunity for students to grow socially, spiritually, and academically alongside their peers in a Catholic environment. The program focuses on academic as well as vocational skills, with a highly individualized plan for each student. On graduation day, in lieu of a high school diploma, students receive a special Options Program certificate of completion.

Three Rivers Treatment Center and Academy
231 Hickory Road
Kenbridge, VA 23944
Phone: 434-676-1378
Email: info@3rtc.com
Website: https://www.3rtc.com/

Three Rivers Treatment Center is a Family Driven and Youth Guided diagnostic and treatment service provider for youth ages 11 through 17 who require a structured therapeutic short-term residential treatment environment as part of their continuum of care. Each youth will receive a Comprehensive Educational Evaluation that is coordinated with the Family and community school. Treatment and educational goals are designed to complement each other and prepare the Youth to return successfully back to their Family and Community School. Educational professionals will coordinate educational services with the youth’s home school at the time of admission, during the treatment stay, and as part of the discharge process back to the community. Three Rivers Treatment Center partners with the local school district to ensure youths are provided with an educational program that meets standards established by the Virginia Department of Education and is following requirements established in the federal IDEA.

Timber Ridge School
Mailing Address:
P.O. Box 31600
Winchester, VA 22604

Physical Address:
1463 New Hope Road
Cross Junction, VA 22625
Phone: 540-888-3456
Phone: 877-877-3004
Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them successfully with their families and communities. Timber Ridge School has enhanced residential services, community in-home services, substance abuse services, career and technical training, academic day school, and academic services.

**Virginia Keys School**
433 New Dominion Lane
Cumberland, VA 23040
Phone: 434-983-1776
Email: info@virginiakeys.org
Website: [http://www.virginiakeys.org/](http://www.virginiakeys.org/)

Virginia Keys is an academic and trade school where youth ages 14 through 22 may gain a high school diploma while learning a trade that will provide them with a living wage. Virginia Keys has a full-time academic day school, residential placement, or a weekly boarder program where the young adult returns home on the weekends. Virginia Keys offers three housing options: a group home, college dormitory style room, or individual “tiny homes” that are built by the students. Training is available in vocations such as carpentry, culinary arts, agriculture, welding, auto mechanics, roofing, use of heavy equipment, small engine repair, electrician, firefighter, and professional lawn care. Virginia Keys School is approved by Virginia Department of Social Services (DSS) as a licensed Residential Program and Independent Living Program suited for youth who may be aging out of the foster care system.

**Youth for Tomorrow (YFT)**
11835 Hazel Circle Dr
Bristow, VA 20136
Phone: 703-368-7995
Email: etabish@yftva.com
Website: [www.youthfortomorrow.org/Home](http://www.youthfortomorrow.org/Home)

Satellite offices that provide outpatient behavioral health services
14000 Crown Court, Ste 101
Woodbridge, VA 22193

9720 Capital Court, Ste 303
Manassas, VA 20110

7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

6800 Backlick Road, Ste 300
YFT provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT currently employs more than 200 dedicated teachers, counselors, house parents and other professional staff. Services are offered on the main campus in Bristow, Virginia and satellite offices in Woodbridge, Manassas, Gainesville, Loudoun, and Springfield. In addition, YFT provides treatment foster care, school and home based services, and substance abuse treatment in a residential setting. Private insurance, Medicaid and Tricare are accepted. Financial assistance is available.

**Online Educational Guides and Resources**

**What is a 504 Plan**
Website: [https://www.verywell.com/what-is-a-504-plan-3104706](https://www.verywell.com/what-is-a-504-plan-3104706)
Explains what a 504 plan is and how it is different from an IEP.

**AIM-VA Accessible Instructional Materials**
Website: [https://aimva.org/](https://aimva.org/)
Free program sponsored by the Virginia Department of Education. Free accessible materials to help K-12 students in Virginia with visual, physical, or learning disabilities.

**Arlington Public Schools Special Education Family Resource and Information Guide**
This guide can assist parents to: become active members of their child’s educational team, organize information about their child, work collaboratively with schools, access the variety of resources that are available for support, and make the best possible decisions on their child’s behalf.

**Center on Technology and Disability (CTD)**
Website: [https://www.ctdinstitute.org/](https://www.ctdinstitute.org/)
The Center on Technology and Disability provides a wealth of free resources including personal and professional development (PPD) webinars, articles, guides, and training materials related to assistive and instructional technology. The Center is designed to increase the capacity of families and providers to advocate for, acquire, and implement effective assistive and instructional technology practices, devices, and services.

**Fairfax County Public Schools Directory of School Psychologists**
Website: https://www.fcps.edu/resources/student-safety-and-wellness/school-psychology-services
This website lists the contact information for school psychologists at schools in Fairfax County. All services provided by the school psychologist are intended to enhance the academic and social emotional success of students.

**Fairfax County Public Schools Directory of School Social Workers**
Website: https://www.fcps.edu/resources/student-safety-and-wellness/school-social-work-services
This website lists the contact information for school social workers at schools in Fairfax County. School social workers help to prevent social, emotional, and behavioral factors from affecting a student’s ability to perform at his or her best.

**Fairfax County Public Schools Student Rights and Responsibilities A Guide for Families**
Website: https://www.fcps.edu/srr
The Student Rights and Responsibilities document conveys the expectations for student behavior in schools so that all students can experience a positive learning environment.

**Fairfax County Public Schools A Parent’s Guide to Discipline Hearings**
Website: https://www.fcps.edu/hearings-office/guide
This website provides the information that families need to know if their child has a referral to the division superintendent, expulsion, long-term suspension, reassignment, or exclusion hearing in Fairfax County Public Schools.

**Fairfax County Public Schools Parent Resource Center Tutor List**
Email for updated list: prc@fcps.edu
Website: https://www.fcps.edu/resources/family-engagement/tutors-and-tutoring/parent-resource-center-tutor-list
This website has information about tutors in Fairfax County. To receive the updated list, email the Parent Resource Center to request one.

**Fairfax County Public Schools Special Education Procedures**
Website: https://www.fcps.edu/node/32532
This website outlines how FCPS implements Virginia’s public school special education regulations.

**Guidance for Military Families with Students In Special Education**
Website: http://www.doe.virginia.gov/special_ed/parents/military_families_sped_guidance_.pdf
This document produced by the Virginia Department of Education (VDOE) and is designed to serve as a resource for military families and parents, as well as school divisions.

**Inclusion Project Guide and Toolkit: A Youth Led Initiative**
The Inclusion Project is a way to increase awareness so people can begin to become sensitive to people with disabilities. This website is a guide to help students plan Inclusion Projects at schools. The guide outlines the planning and implementation as well as offers several example activities for elementary, middle, and high school students.

**Learning Disabilities Association of America**
Website: [www.ldanatl.org](http://www.ldanatl.org)
This is a website for parents, educators, adults, and professionals to learn more about learning disabilities. The website explains what various disabilities are and give strategies to best assist individuals with these sorts of disabilities.

**Learning Well Community**
Website: [http://www.learningwellcommunity.com/](http://www.learningwellcommunity.com/)
Learning Well Community is an online support for parents who are homeschooling their children. Learning Well Community provides resources, support, e-courses, homeschooling organization ideas, and curriculum directory with reviews for parents.

This is a link to a list of names of LCPS employees who have interest in being contacted regarding privately arranged tutoring services.

**Prince William County Public Schools Tutor List**
Website: [https://www.pwcs.edu/cms/One.aspx?portalId=340225&pageId=782218](https://www.pwcs.edu/cms/One.aspx?portalId=340225&pageId=782218)
This is a list of instructors who are private, independent contractors who provide instructional services to the public for a fee.

**Individuals with Disabilities Education Act (IDEA)**
Website: [https://osepideasthatwork.org/](https://osepideasthatwork.org/)
The Individuals with Disabilities Education Act (IDEA) website brings together IDEA information and resources from the Department and grantees. The site has information and resources on infants, toddlers, children, and youth with disabilities.

**The Office of Special Education Programs (OSEP)**
Website: [https://osepideasthatwork.org/](https://osepideasthatwork.org/)
The Office of Special Education Programs (OSEP) website is designed to provide easy access to information from research to practice initiatives funded by OSEP that address the provisions of IDEA and ESSA. This website will include resources, links, and other important information relevant to OSEP’s research to practice efforts.
**U.S. Department of Education Office of Special Education and Rehabilitative Services Tool Kit on Teaching and Assessing Students with Disabilities**
Website: [www.osepideasthatwork.org/toolkit/index.asp](http://www.osepideasthatwork.org/toolkit/index.asp)
The Tool Kit brings together the most current and accurate information, including research briefs and resources designed to improve instruction, assessment, and accountability for students with disabilities in a format that is easy to access and to understand.

**Virginia Family Special Education Connection**
Website: [www.vafamilysped.org](http://www.vafamilysped.org)
The goal of this website is to provide a one-stop-shop for parents, families and caregivers of children with special needs to learn about and plan a child’s educational program, understand legal rights and responsibilities, access local resources including school system contacts and disability services in communities, and to access an abundance of resources, including instructional strategies, assistive technology and behavioral supports to help children succeed. The Virginia Family Special Education Connection website is managed by the TTAC (Training and Technical Assistance Center) at George Mason University.

**Virginia Department of Education Division of Instruction**
This website has links to information about standards of learning for specialized instruction. Some area of specialized needs include early childhood, special education, alternative education, charter schools, homebound services, and virtual learning.

**Virginia Department of Education Division of Instruction Standards of Learning**
Website: [www.doe.virginia.gov/testing/sol/standards_docs/index.shtml](http://www.doe.virginia.gov/testing/sol/standards_docs/index.shtml)
This website describes the commonwealth’s expectations for student learning and achievement in grades K-12 in English, mathematics, science, history and social science, technology, the fine arts, foreign language, health and physical education, and driver education.

**Virginia Department of Education Licensed Private Schools for Children With Disabilities**
Website: [www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf](http://www.doe.virginia.gov/special_ed/day_residential_schools/directory.pdf)
This is a list of private schools in the Commonwealth of Virginia that provide specialized education for children with disabilities. The schools are identified by region. The list contains contact information, age and grade range of services, and types of disabilities the school supports.

**Virginia Department of Education Parent’s Guide to Special Education**
This parent’s guide was developed by the Virginia Department of Education (VDOE) to help parents understand their rights and responsibilities, their child’s rights, and the
school’s responsibilities to meet the special needs of their child. This guide includes a description of the special education process and what is required of parents and the school during each step of that process. Important timelines are highlighted in each section.

**Virginia Special Education Advisory Committees**

Local special education advisory committees (SEACs) have a long history in Virginia. Every school division is required to have a SEAC as detailed in Regulations Governing Special Education Programs for Children with Disabilities in Virginia.

**WrightsLaw**
P.O. Box 1008
Deltaville, VA 23043
Email: webmaster@wrightslaw.com
Website: [www.wrightslaw.com](http://www.wrightslaw.com)

WrightsLaw provides extensive information and training about special education law including information about the Individuals With Disabilities Education Act (IDEA 2004), education law, and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter, and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

**FAMILY SUPPORT SERVICES AND RESOURCES**

**Parenting and Youth Support**

**Ability Unlimited**
Front Royal, VA 22630
Mailing address:
PO Box 4228
Surf City, NC 28445
Phone: 800-511-9471
Email: info@abilityunlimited.net
Website: [http://www.abilityunlimited.net/](http://www.abilityunlimited.net/)

Ability Unlimited provides Assistive Technology to people with special needs in Virginia through Medicaid funding. Ability Unlimited helps navigate Medicaid and the Assistive Technology approval process, to give clients unlimited access to portable specialized medical equipment, supplies, devices, controls, and appliances. Staff is experienced and educated on the ins and outs of Medicaid. Ability Unlimited is a Virginia Medicaid
Assistive Technology service provider. Services are state-wide and products are delivered straight to individuals. Ability Unlimited provides vision, hearing, physical, learning, and communication devices.

**ALLY Advocacy Center Support Group**
601 Catactin Circle NE  
Leesburg, VA 20176  
Email: eshaffer@paxtoncampus.org  
Website: [http://www.paxtoncampus.org/parent-support-group/](http://www.paxtoncampus.org/parent-support-group/)

Support group for parents or caretakers of a child with a disability or special need. The meetings are every second Tuesday of the month from 7pm-8:30 pm.

**Alpha Moms**
Arlington, VA  
Linda McDonough  
Phone: 703-527-5834  
Email: lindagmcd@gmail.com

Alpha Moms is a support group for parents of adopted kids. Alpha Moms meets monthly in McLean, VA. Via an email distribution list, information is sent out about meetings as well as support provided to the group.

**America World Adoption**
6723 Whittier Ave, Ste 202  
McLean, VA 22101  
Phone: 703-356-8447  
Email: info@awaa.org  
Website: [http://awaa.org/act/support](http://awaa.org/act/support)

America World Adoption offers several support groups to help families with post adoption adjustment. There is a small fee for support groups. The names of some their groups are: Siblings in Adoption, Overcoming Post-Adoption Blues: When Life after Your Adoption is Not What You Expected, Where Am I From and Where Am I Going (chat group for tweens and teens), and Anchored in Hope.

**Arc of Greater Prince William**
13505 Hillendale Dr  
Woodbridge, VA 22193  
Phone: 703-670-4800  
Email: info@arcgpw.org  
Website: [www.arcgpw.org](http://www.arcgpw.org)

The Arc of Greater Prince William is committed to promoting total community acceptance and awareness of individuals with developmental disabilities as contributing members of society. Among its programs are INSIGHT, Inc. the residential component of The Arc, which offers adults with intellectual and developmental disabilities
opportunities for personal growth and independence in a variety of supported living situations. The Muriel Humphrey Developmental Child Care Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. The Arc also provides a Parents Night Out Program and Respite Care.

**Arc of Loudoun County and Paxton Campus**
601 Catoctin Cir NE
Leesburg, VA 20176
Phone: 703-777-1939
Email: mheifetz@paxtoncampus.org
Website: [www.paxtoncampus.org](http://www.paxtoncampus.org)

The Arc of Loudoun County acts to support the inclusion and participation of individuals with intellectual and developmental disabilities in the community, providing resources and supports so that these individuals can make decisions about their own lives. Combined with the support of The Arc of Loudoun, the Paxton Campus has become a relentless promoter of disability rights for children throughout the community with special needs. The Paxton Campus has opened a preschool and also sponsors multiple programs, including ALLY Advocacy Center; Aurora School; Open Door Learning Center; Support Groups, and Maggie’s Closet.

**Arc of Northern Virginia**
2755 Hartland Rd, Ste 200
Falls Church, VA 22043
Phone: 703-208-1119
Email: info@thearcofnova.org
Website: [www.TheArcofNoVa.org](http://www.TheArcofNoVa.org)

The Arc of Northern Virginia works to educate legislators on issues and shape the policy that is important to people with intellectual and developmental disabilities and their families. The Arc advocates for increases in community-based funding in the General Assembly and in Fairfax, Falls Church, Arlington, and Alexandria. The Arc of Northern Virginia offers programs and workshops for families and youth transitioning from school-aged services to adult community services, and information and referrals for families to navigate the disability service system.

**Avail Outreach**
5415 C Backlick Rd
Springfield, VA 22151
Phone: 703-941-1910
Email: admin@availoutreach.com
Website: [www.availoutreach.com](http://www.availoutreach.com)

Avail Outreach works with children and families with autism and other developmental disabilities using Applied Behavior Analysis (ABA) Therapy. Home-based services, consultation, and social skills training is offered.
The foundation provides funding to help families with the financial challenges of supporting a child with mental health issues. It accomplishes this through an annual scholarship, a grant program to help families pay for residential treatment programs, and funding for initial psychological evaluations for youth and their families. Beacon Tree also provides access to important information, resources and advocacy.

**Bridging Refugee Youth & Children’s Services (BRYCS)**
United States Conference of Catholic Bishops
3211 Fourth Street NE
Washington, DC 20017
Phone: 888-572-6500
Website: [http://www.brycs.org/](http://www.brycs.org/)

Bridging Refugee Youth & Children’s Services (BRYCS) is a national technical assistance program working to broaden the scope of information and collaboration among service providers in order to strengthen services to refugee children, youth, and their families. BRYCS consultants provide technical assistance, contribute to blogs, webinars and the creation of new resources. In providing technical assistance and maintaining the nation’s largest online collection of resources related to refugee and immigrant children and families, BRYCS facilitates information sharing and collaboration among a diverse group of service providers, including child welfare, schools, refugee resettlement agencies, and ethnic and community-based organizations.

**Brightcare Center**
7845 Ashton Ave
Manassas, VA 20109
Phone: 703-330-5836
Email: [info@brightcarecenter.org](mailto:info@brightcarecenter.org)
Website: [http://brightcarecenter.org](http://brightcarecenter.org)

Brightcare Center offers adult day care and caregiver respite for adults with disabilities ages 18 and older. Care is provided by Certified Nursing Assistants and Registered Nurses and is available for Alzheimer’s and related dementia, autism, cerebral palsy, developmental disability, diabetes, Down syndrome, intellectual disability, multiple sclerosis, Parkinson’s disease, seizure, and stroke.

**Celebrate Calm**
Phone: 888-506-1871
Email: [Casey@CelebrateCalm.com](mailto:Casey@CelebrateCalm.com)
Kirk Martin is an expert on strong-willed children and children with special needs. He offers very specific, practical strategies to stop the yelling, defiance, and power struggles that parents have with children. Celebrate Calm website has a blog, podcast, consultation services, lecture series for sale, and a listing of free educational events. There is also an ADHD University package that focuses specifically on practical, concrete steps that techniques that help children control their impulses, emotions, anxiety, and sensory issues.

**Center for Family Involvement**  
Partnership for People with Disabilities  
Virginia Commonwealth University  
Box 843020  
Richmond, VA 23284-3020  
Phone: 877-567-1122  
TTY relay: 800-828-1120  
Website: [www.centerforfamilyinvolvement.vcu.edu](http://www.centerforfamilyinvolvement.vcu.edu)

The Center for Family Involvement is a program of the Partnership for People with Disabilities at VCU. The Center works with families to increase their skills as advocates, mentors and leaders so that families, children and young adults with disabilities can lead independent lives. The Center operates a Parent to Parent Network in the state. In collaboration with VCU's School of Social Work, Partnership for People with Disabilities created the LEAP Program. LEAP is Leadership for Empowerment and Abuse Prevention and provides training by people with disabilities for others with disabilities about prevention of abuse by establishing healthy relationships.

**CHADD of Northern Virginia and DC**  
Various locations in Northern Virginia  
703-829-6129  

CHADD provides the means for members to exchange ideas about raising and educating children with attention deficit disorders by offering monthly meetings with guest speakers and a periodic newsletter. CHADD-Northern Virginia offers support groups across Northern Virginia, from Alexandria to Loudoun County. Several different support groups around Northern Virginia. Groups for parents and caregivers, adults and teens with ADHD and ADD.

**The Childcare Network**  
4701 Market St Ste D  
Fredericksburg, VA 22408  
Phone: 540-373-3275  
Website: [https://thechildcarenetwork.org/](https://thechildcarenetwork.org/)
The Childcare Network provides free referral services for parents and guidance on how to choose quality childcare. The Childcare Network also provide free technical assistance and consultation services to child care providers via telephone, email, on-site, or via online/printed resources. This service provides the child care practitioner with guidance, consultation, and resources on topics such as Child Care Regulations, Child Development, Quality Enhancement, Professional Development, Marketing, and lots more.

**Child Development Center of Northern Virginia**
Easter Seals
300 Hunton Ave
Falls Church, VA 22046
Phone: 703-534-5353
Email: fallschurchee@eseal.org

The Child Development Center of Northern Virginia accepts children under the age of two and enrolls children with disabilities or special needs for all age groups. This inclusive preschool early education center provides services for children with and without disabilities and their families. The center provides early identification and intervention services to ensure that all children reach their full potential to succeed in kindergarten and beyond. Some additional services include adult and senior services, children’s services, Autism (ASD) Services, Camping and Recreation, Military and Veteran Services, Medical Rehabilitation, Employment and Training, Family Services, and Intergenerational Programs.

**Children’s Mental Health Resource Center**
Virginia Treatment Center for Children
Children’s Hospital of Richmond at VCU
Virginia Commonwealth University
Phone: 804-828-9897
Website: [https://www.chrichmond.org/Children%27s-Mental-Health-Resource-Center.htm](https://www.chrichmond.org/Children%27s-Mental-Health-Resource-Center.htm)
Website: [www.mentalhealth4kids.org](http://www.mentalhealth4kids.org)

The Children's Mental Health Resource Center is an innovative resource for families of children with mental, emotional or behavioral health needs. Family navigators at the CMHRC help providers and families understand the mental health options available for children and assist them in finding therapists, psychiatrists or other appropriate services. The model uses the valuable experiences of families who have navigated the mental health system, providing one-on-one support and referral assistance to families across Virginia. Health care providers can request services or families may call directly. All services are provided free of charge.

**Children’s Regional Crisis Response (CR2)**
National Counseling Group (NCG)
CR2 provides 24-hour rapid response to all youth (17 and younger) facing a mental health and substance use crisis. Counselors provide phone screening and face-to-face assessment, intervention, and support. CR2 is provided at no cost to families. It is funded through both DBHDS grants and Medicaid. The counties of Arlington, Fairfax, Loudoun, Prince William, and the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

**Chimes Virginia**
3951 Pender Dr, Ste 120
Fairfax, VA 22030
Phone: 703-267-6558
Website: [https://chimes.org/about/chimes-family/chimes-virginia/](https://chimes.org/about/chimes-family/chimes-virginia/)

Chimes Virginia operates supervised group homes, provides in-home supports for people who live with their families, and offers an alternative to traditional day services utilizing the Club House model. Services are delivered in the northern Virginia suburbs.

**Choose To Thrive**
Karen Chaudhry, LCSW
Fairfax, VA
Phone: 571-278-4678
Email: kconsultnow@gmail.com
Website: [www.thriveandchange.wordpress.com](http://www.thriveandchange.wordpress.com)

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens. She works with adoptive families and kinship families. She addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections.

**Community Concepts, Inc.**
17932 South Fraley Blvd, Ste 300
Dumfries, VA 22026
Phone: 703-680-5127
Email: information@comconinc.net
Website: [www.comconinc.net](http://www.comconinc.net)

Community Concepts, Inc. was founded in 2008 to provide residential and day support services to persons with intellectual disabilities. Community Concepts helps individuals broaden their horizons and embrace new dreams. Community Concepts is licensed by the Department of Behavioral Health and Developmental Services and collaborate with the Prince William, Loudoun, and Rappahannock-Rapidan Community Service Boards.
**Community Counseling Program**
Marine Corps Community Services
Marine and Family Programs
Main Side Office:
Little Hall, Lower Level
2034 Barnett Ave
Quantico, VA
Phone: 703-784-3523

West Side Office:
Cox Hall, Camp Barrett
24009 Montezuma Ave
Quantico, VA
Phone: 703-432-6442

The Community Counseling Center utilizes a holistic approach to assist people with overcoming some of life’s most difficult challenges. Clinicians are independently licensed and credentialed professionals who provide solutions designed to meet specific needs in the following areas: Marital Issues, Parent/Child Relationship, Family Issues, Communication, Anger Management, School/Work Issues, Reintegration, Adjustment Issues, and Grief and Loss. Services are located on Marine Corps Base Quantico.

**Cornerstones, Inc.**
11150 Sunset Hills Rd, Ste 210
Reston, VA 20190
Phone: 571-323-9555
Website: [www.cornerstonesva.org](http://www.cornerstonesva.org)

Formerly Reston Interfaith, Cornerstones promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. It offers a variety of programs including food, financial and urgent assistance, as well as tutoring and homework assistance, emergency shelters, housing counseling, and family support services as part of its Healthy Families Fairfax program to prevent child abuse and neglect.

**Creative Health Solutions**
3900 Jermantown Rd, Ste 250
Fairfax, VA 22030
Phone: 703-910-5006
Email: [INFO@CreativeHealthLLC.com](mailto:INFO@CreativeHealthLLC.com)
Website: [www.creativehealthllc.com](http://www.creativehealthllc.com)

Creative Health Solutions focuses on pediatric special needs, including customized occupational, speech, and allied therapies. Creative Health Solutions also offer therapeutic social groups, care coordination, and advocacy.
Dominion Youth Services
4600 Duke St, Ste 413
Alexandria, VA 22304
Phone: 855-444-9338
Website: http://dominionyouthservices.com/services/intellectual-and-developmental-disabilities-services/

Dominion Youth Services offers group day services, in-home residential care, sponsored residential, independent living, and community engagement to enhance the quality of life for those with various intellectual disabilities and developmental disabilities and their families. Dominion Youth Services offers community mental health services, autism services, and services for those with intellectual and developmental disabilities. There are several locations across the Commonwealth of Virginia. The Alexandria location offers waiver services and day services.

Dower and Associates, Inc.
9845 Business Way
Manassas, VA 20110
Phone: 703-618-6180
Fax: 703-257-4841
Email: information@dowerandassociates.com
Website: www.dowerandassociates.com

Dower and Associates, Inc. has a focus on speech and language, education, and behavior analysis. Service areas are throughout Prince William, Loudoun and select regions of Fairfax and Fauquier Counties. Dower and Associates specializes in the assessment and treatment of children, adolescents and adults diagnosed with Autism Spectrum Disorder and related developmental disabilities. Assessment and treatment of children and adolescents are also available in the areas of receptive and expressive language delays and disorders, learning disabilities, and ADHD.

Ethiopian Community Development Council (ECDC)
901 South Highland Street
Arlington, VA 22204
Phone: 703—685-0510
Website: http://www.ecdcus.org/

The Ethiopian Community Development Council is one of nine national agencies authorized by the Department of State to resettle refugees in the U.S. The Matching Grant Program helps newcomers gain employment and provides clients extra financial assistance before achieving self-sufficiency. The Preferred Communities Program provides additional services to client populations that find themselves in the most need for up to one year. The Refugee Health Education and Outreach (RHEO) Program provides assistance with medical care and access to community health services beyond initial screenings. The RSS Program provides employment services and workshops to
clients such as writing resumes and cover letters. The program does not provide cash assistance but allows enrollment in other programs such as TANF.

**Even Start Family Literacy Program**
Arlington Public Schools
Barcroft Elementary School
625 Wakefield St
Arlington, VA 22204
Phone: 703-228-8846
Website: [https://www.apsva.us/even-start/](https://www.apsva.us/even-start/)

Even Start is a free family literacy program for Arlington residents who have children under the age of 10. The goal of the program is to empower parents who are new to the country to help their children be academically successful. English classes are held 5 mornings a week. Parents also learn about literacy development, the US education system, Arlington Public School programs, and community resources. Children between the ages of 1 and 4 may participate in early childhood education classes on site while their parents study. Classes meet Monday through Friday 9 am to 12 pm. Breakfast and lunch are provided daily.

**Head Start and Early Head Start**
Fairfax County Office for Children
12011 Government Center Pkwy, Ste 903
Fairfax, VA 22035
Phone 703-324-8290, TTY 711
Website: [https://www.fairfaxcounty.gov/familyservices/office-for-children/head-start](https://www.fairfaxcounty.gov/familyservices/office-for-children/head-start)

Program locations in Dunn Loring, Bailey’s Crossroads, and Alexandria. Head Start is an income-based federal program that serves children up to the age of five, and pregnant women, from low-income families. Head Start helps prepare children for success in school through early childhood education, services for children with disabilities, healthy meals and snacks, helping pregnant women find pre-natal care, helping families find health care, including dental and mental health care, and offering parenting workshops, events and one-on-one training.

**Fairfax County Public Schools Early Childhood Child Find**
Offices located in Dunn Loring, Chantilly, and Alexandria
Phone: 571-4234-4121
Website: [https://www.fcps.edu/registration/early-childhood-prek/child-find](https://www.fcps.edu/registration/early-childhood-prek/child-find)

Child Find in the process of identifying children with potential special education needs as well as educating the community about child development and the importance of early intervention. Child Find services are provided for children ages 20 months to 5 years old by the FCPS Early Childhood Identification and Services (ECIDandS) program

**Family to Family Network of Virginia**
Center for Family Involvement
The Family to Family Network of Virginia, is where family members of culturally and linguistically diverse children and young adults with disabilities can obtain needed information, services and community supports. There are regional offices and can provide Family Navigators to help parents get the needed services for their children. Family Navigators are parents or primary caregivers of a child with disabilities or special health care needs who have been trained to support other families. Family navigators provide one-to-one peer support and are knowledgeable about local and state resources.

**Foster and Adoptive Families Support Group**
Cherrydale Baptist Church  
3910 Lorcom Lane  
Arlington, VA 22207  
Phone: 703-525-8210  
Email: fostercare@cherrydale.org  

The Foster and Adoptive Family Support Group is an outreach of Cherrydale’s Orphan and Foster Care ministry. Practical, emotional, spiritual, and educational support is provided to existing and considering adoptive and foster families at Cherrydale and in the surrounding Northern Virginia community. The group meets on the 3rd Sunday of each month from 11:00–12:15 pm. Meetings are held in Room 117 while children participate in their Sunday classes. Families meet to share stories, successes, and challenges and pray for each other and provide encouragement. Anyone who is currently an adoptive or foster family or those who are considering adoption or fostering are welcome.

**Hartwood Foundation, Inc.**
3702 Pender Dr, Ste 410  
Fairfax, VA 22030  
Phone: 703-273-0939  
Email: info@hartwood.server283.com  
Website: www.hartwoodfoundation.com  

The Hartwood Foundation is a nonprofit, nonsectarian organization that develops and operates residential service programs for persons with intellectual disabilities in Virginia. Founded in 1973 by a small group of families, its first program provided respite services. Today 17 additional community based group homes exist, along with a variety
of family support programs. Nearly 100 people live in the full-time community homes and 50 to 60 people use the respite program annually. Respite is available for those ages 18 and up. Family support programs are also offered in cooperation with the Fairfax-Falls Church Community Services Board.

**Healthy Families Program**  
Northern Virginia Family Service (NVFS)  
Alexandria Phone: 571-748-2850  
Arlington Phone: 571-748-2711  
Fairfax Phone: 703-533-5317  
Prince William Phone: 571-748-2743  
Website: [https://www.nvfs.org/our-services/early-childhood-development/healthy-families/](https://www.nvfs.org/our-services/early-childhood-development/healthy-families/)

NVFS Healthy Families, affiliated with Healthy Families America, provides the tools, guidance and support that families need to build a healthy, successful life. The program provides free services in Arlington, Fairfax and Prince William counties and the city of Alexandria to promote healthy child development, and to prevent child abuse and neglect, for families with children pre-birth to age 3 or 4 (depending on jurisdiction). Healthy Families’ four goals are to promote positive, nurturing, responsive parenting; improve child health and development; promote school readiness; and prevent child abuse and neglect.

**Hope Family Village**  
PO Box 982  
Williamsburg, VA 23187  
Phone: 804-829-0881  
Website: [http://hopefamilyvillage.org/](http://hopefamilyvillage.org/)

Hope Family Village is a community in the planning stages that will offer community-based care for people who face mental health condition and provide a loving and supportive community for caregivers. The community will be located in Williamsburg, VA. The initial community plan is to develop an inclusive village, where 25 caregiving families and their loved ones who endure serious mental illness, live on 25 acres. Hope Family Village will have a center, a Common House, to congregate, meet, cook and share meals, recreate, otherwise care and support one another. Three housing options are currently under consideration: A family home for 4-5 unrelated adults in recovery, each with their own bedroom and shared living, kitchen, and bathroom areas; 2-3 bedroom single family homes and 3 bedroom single family townhomes. Virginia Senate Floor approved a state owned property to be set aside for Hope Family Village in February 2018. Expected groundbreaking is May 2020 with the first family homes expected to be ready for occupancy in February 2021.

**Incl(US)ion Consultants**  
100 North Washington Street, Ste 238  
Falls Church, VA 22046  
Website: [http://www.inclusionconsultants.com/](http://www.inclusionconsultants.com/)
Nancy Mercer (adult specialist)
Phone: 703-304-8537
Email: Nancy@InclusionConsultants.com

Brooke Varma (pediatric specialist)
Phone: 571-292-7560
Email: Brooke@InclusionConsultants.com

Nancy Mercer and Brooke Varma, The Inclusion Consultants, provide individuals, families, schools, businesses and communities with the tools to build and enjoy rewarding and inclusive lives through counseling, coaching, consulting, and connecting. The Inclusion Consultants bring a unique understanding of how to implement inclusive practices at every stage of life and across communities. Nancy and Brooke seek out and learn from experts in the field; experts who bring "lived" experience as men, women, children and families who are living with disabilities, day in and day out.

**Infant & Toddler Connection of Virginia**
Virginia Department of Behavioral Health and Developmental Services
1220 Bank St, 9th Floor
P.O. Box 1797
Richmond, VA 23219-1797
Phone: 804-786-3710
Website: www.infantva.org

The Infant and Toddler Connection of Virginia provides early intervention supports and services to infants and toddlers from birth through age two who are not developing as expected or who have a medical condition that can delay normal development. Early intervention supports and services focus on increasing the child's participation in family and community activities that are important to the family. In addition, supports and services focus on helping parents and other caregivers know how to find ways to help the child learn during everyday activities. These supports and services are available for all eligible children and their families regardless of the family's ability to pay.

**INMED Family and Youth Opportunity Center**
21240 Ridgetop Circle, Ste 130
Sterling, VA 20166
Phone: 703-729-4951
Website: https://opportunitycenter.us/

The INMED Family and Youth Opportunity Center is designed to provide education, services and resources that Loudoun families need to raise healthy, responsible and resilient children, build a sense of community, and achieve economic self-sufficiency. The Center has programs that provide homelessness support, summer camps, mentoring, skills development and job readiness, after school program and academic enrichment, family support and education as well as ESL classes.
**Insight Into Action Therapy**  
Loudoun Office  
44340 Premier Plaza, Ste 230  
Ashburn, VA 20147  

Fairfax Office  
10474 Armstrong St, Ste 104  
Fairfax, VA 22030  
Phone: 703-646-7664  
Website: [www.insightactiontherapy.com](http://www.insightactiontherapy.com)

Insight Into Action Therapy is a small group practice of dedicated clinicians who work collaboratively to support children, adults and families. Insight Into Action Therapy provides individual, family and group therapy and are extremely knowledgeable of the resources in the area and are able to help with referrals and case management as needed. Areas of expertise include: Substance Use, LGBTQ, ADHD, depression, anxiety, trauma, attachment, abuse and neglect, couples, and faith-based counseling.

**In Step**  
8500 Executive Park Ave, Ste 204  
Fairfax, VA 22031  
Phone: 703-876-8480  
Website: [www.insteppc.com](http://www.insteppc.com)

In Step provides a comprehensive range of mental health programs to the Northern Virginia community. Services include a wide range of group therapy options, psycho-educational evaluations, as well as individual and family therapy. In Step specializes in Parent Support and the Stepping Stones program, a structured, step-by-step approach for both parents and children, using specific cognitive-behavioral techniques to help children learn the skills needed to make and maintain friends.

**The Jason Foundation**  
JFI at Dominion Hospital  
HCA VA Health System  
2960 Sleepy Hollow Road  
Falls Church, VA 22044  
Phone: 615-264-2323  
Toll free: 888-881-2323  
Email: contact@jasonfoundation.com  
Website: [http://jasonfoundation.com](http://jasonfoundation.com)  

The Jason Foundation is a resource and help site for those at-risk of suicide or those who know someone at risk. It provides information for teachers, parents and youth for awareness and prevention of youth suicide.
**Jewish Social Service Agency (JSSA)**
Northern Virginia Office  
3025 Hamaker Court, Ste 450  
Fairfax, VA 22031  
Phone: 703-204-9100  
Email: info@jssa.org  
Website: www.jssa.org

JSSA works with children and teens with special needs, proving evaluation and treatment, counseling and therapy, and social skills groups. JSSA has offices in Bethesda, Gaithersburg, Rockville, Silver Spring and Fairfax, VA.

**Jill’s House**
9011 Leesburg Pike  
Vienna, VA 22182  
Phone: 703-639-5660  
Email: info@jillshouse.org  
Website: www.jillshouse.org

Jill’s House celebrates special needs children (ages six through seventeen) with intellectual disabilities without regard to race, religion, or ethnicity, and provides relief to their families. Jill’s House provides a safe, fun place full of adventure and tailor-made activities to children with special needs while giving their parents and caregivers time to rest and recharge. To ensure that parents and caregivers get a real break, typical siblings are welcome to stay at Jill’s House. Jill’s House is an integrated auxiliary of McLean Bible Church.

**The Josh Anderson Foundation**
1300 Carpers Farm Way  
Vienna, VA 22182  
Website: https://joshandersonfoundation.org/

The Josh Anderson Foundation provides teenagers with the mental health education, resources, and support and focuses on suicide prevention and awareness. Josh Anderson Foundation developed Our Minds Matter, a student-led movement designed to change the school culture around mental health. Through group activities and school-wide promotion, Our Minds Matter will increase help-seeking behavior, promote social connectedness, and encourage self-care and healthy habits.

**Kellar Institute for Human disAbilities (KIH) Kellar Library**
George Mason University  
4400 University Dr, MS 1F2  
Fairfax, VA 22030  
Phone: 703-993-3672  
Website: www.kihd.gmu.edu
KIHD seeks to improve the lives and productivity of persons with disabilities. It combines the resources of George Mason University with local, state, regional, national, public, and private sector agencies and organizations to develop products, services, and programs for persons with disabilities. The Kellar Library is a collaborative effort between the KIHD, the Virginia Department of Education’s Training and Technical Assistance Centers (TTAC), and George Mason University. The library collection consists of almost 4,000 items including books, software, videos, assessment materials, assistive technology devices, journals, kits, textbooks, and reference materials covering disabilities and special education-related topics.

**Kinship Café**
Fairfax County Department of Family Services
Kinship Family Institute (KFI)
Calvary Hill Baptist Church
9301 Little River Turnpike
Fairfax, VA 22031
Phone: 703-246-4653
Email: KFI@FairfaxCounty.gov
Registration Link: [https://www.fairfaxcounty.gov/hscode/EReg/Registration.aspx?groupID=27](https://www.fairfaxcounty.gov/hscode/EReg/Registration.aspx?groupID=27)

Kinship Café is a dinner and discussion group where kinship caregivers can share a meal and conversation about the experiences, joys, and challenges of raising children for relatives or friends. A free dinner will be provided for the entire family. There will be separate activities and games for children of all ages. Please register online or call at least one week in advance. Kinship Café is usually from 6-8 pm on a week night. Check the website for upcoming dates.

**Kinship Care Support Group**
Fairfax County Department of Family Services
Fairfax County Public Schools (FCPS), Instructional Services Department
South County Center
8350 Richmond Highway, Room 220 or Room 217
Alexandria, VA 22308
Child Care Phone (Mary Hagar): 703-324-7716, TTY: 711
Registration Line: 703-324-5447, TTY: 711

Email: KFI@FairfaxCounty.gov
Registration Link: [https://www.fairfaxcounty.gov/hscode/EReg/Registration.aspx?groupID=27](https://www.fairfaxcounty.gov/hscode/EReg/Registration.aspx?groupID=27)

Grandparents, aunts, uncles and other relatives who are raising children are invited to the county’s support group, Wednesdays from 6:30 p.m.-8 p.m. Find out about
community resources you may not have known exist. Talk with others who understand
how difficult and joyful this responsibility can be. Need to bring kids? Child care may be
available--call Mary Hager to confirm childcare. This support group is for residents of
Fairfax County or the cities of Fairfax and Falls Church. Please call ahead to register at
the kinship registration line. Please indicate whether you need reasonable ADA
accommodations. Check website for future dates for support groups.

**Kinship Family Institute (KFI)**
Fairfax County Department of Family Services
12011 Government Center Parkway
Pennino Building
Fairfax, VA 22035
KFI Helpline: 703-246-4KIN (4546)
Email: KFI@FairfaxCounty.gov

The Kinship Family Institute (KFI) assists kinship families who need a connection to
services, such as child care, education, health care, and financial help, and are seeking
support from professionals or peers. The KFI also provides seminars, trainings, and
workshops focused on kinship families’ needs, as well as support groups for these
families. Trainings vary, from strengthening caregivers’ parenting skills and
communication skills to relationship building, conflict resolution, self-care, and
managing stress. The KFI offers a helpline for kinship caregivers and social service
providers in the community. A caregiver who calls can talk to a kinship navigator to
receive connections to services and resources and feel supported about their kinship
situations.

**Lead Changes Therapy Service, Inc.**
42395 Ryan Rd, Ste 112-109
Ashburn, VA 20148
Phone: 703-943-0566
Email: info@leadchangestherapy.com
Website: [www.leadchangestherapy.com](http://www.leadchangestherapy.com)

Lead Changes Therapy offers direct care and consulting services to all ages, specializing
in Aquatic Therapy and Community Inclusion in the Northern Virginia area. Lead
Changes Therapy also offers Team Building Workshops, Parents with Children with
Disabilities Workshops, and Rehabilitative Fitness Plans.

**Life Line Counseling Center**
10374A Democracy Lane
Fairfax, VA 22030
Phone: 703-691-3029
Email: GSwanberg@lifelinerecovery.com
Website: [http://www.lifelinerecovery.com/](http://www.lifelinerecovery.com/)
Life Line is an outpatient counseling center for those who have mental health and addictions related problems. Life Line specializes in counseling for Addictions and Substance Abuse in adults and young adults, DWI counseling, Adult Sexual Addiction and Marriage and Family Issues. Because substance abuse/dependence in adolescents tends to be a very difficult problem to arrest, Life Line finds that a strong beginning with full parental support works best with both parents present at the initial assessment. Treatment then includes individual and family counseling sessions, working on restoring trust between family members, and educating about the long-term impact of drug and alcohol use on development.

**LifeWorks Outreach Services/Family Teamwork, Inc.**
4300A Ridgewood Center Dr
Woodbridge, VA 22193
Phone: 703-580-7210
Website: [www.familyteamwork.net](http://www.familyteamwork.net)

LifeWorks Outreach Services, Inc. helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork, Inc. is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill-building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

**Loudoun County Family Connections**
45201 Research Place, Ste 110
Ashburn, VA 20147
Phone: 571-258-3071
Website: [https://www.loudoun.gov/familyconnections](https://www.loudoun.gov/familyconnections)

Family Connections is program aimed at helping families who have teens who are struggling drug and alcohol abuse, failing grades, running away, severe disrespect, suicidal thoughts, truancy, or violence. A one time program fee of $60 pays for individual family counseling, if desired; a seven-week Managing Your Difficult Teen program; and voluntary participation in the Alumni Group to provide ongoing peer support for parents and teens. The program begins with parents and teens participating in a seven-week, multi-family group called Managing Your Difficult Teen. The group is a step-by-step roadmap that will help parents establish authority and reclaim love. Concrete strategies that have proven results are taught by professional counselors and volunteers. The success of the program is due in part to the parent and teen volunteers who can offer support from their own experiences.

**Loudoun County Nurturing Parent Program**
105 E Market St
Leesburg, VA 20176
Phone: 703-771-3973
Email: nurturing.program@lcsj.org
Website: http://www.lcsj.org/loudoun-nurturing-parenting-program/

The Nurturing Program is a series of parenting classes offered by the Loudoun Citizens for Social Justice and Loudoun Abused Women’s Shelter (LAWS). The classes focus on child and adolescent development, strategies for increasing the child's self-esteem, effective methods to address problem behaviors, and ways to promote positive family interactions.

**Lourie Center for Children’s Social and Emotional Wellness**
12301 Academy Way  
Rockville, MD 20852  
Phone: 301-984-4444  
Website: www.louriecenter.org

The Lourie Center for Children’s Social and Emotional Wellness is a private, non-profit agency with a mission to improve the social and emotional health of young children and their families through prevention, early intervention, education, research and training. Lourie’s Center is a private, non-profit agency providing parent-child clinical services, early head start program, therapeutic nursery program for children ages 3-5, and a non-public elementary school for children ages 4-12.

**Lutheran Family Services of Virginia**
Developmental Services-Northern Virginia  
10467 White Granite Dr, Office #6 (3rd Floor)  
Oakton, VA 22124-2763  
Phone: 571-328-5835  
Website: www.lfsva.org

Lutheran Family Services of Virginia offers a broad range of services from treatment foster care and post-adoption support to support for individuals with disabilities. Services include adult respite care, in-home services, Family Care Homes, and day support, supported employment services. There are locations throughout the Commonwealth of Virginia

**McLean Bible Church, Access Ministry**
Access Ministry  
8925 Leesburg Pike  
Vienna, VA 22182  
Phone: 703-639-2000  
Fax: 703-639-5680  
Website: www.mbctysons.org/access

Access Ministry is McLean Bible Church’s ministry for individuals with disabilities and their families. Access Ministry serves the community by equipping people with disabilities and their families to become full participants and contributors in the church and their community. Jill’s House is an integrated auxiliary of McLean Bible Church.
established for the purpose of providing care and support to children with special needs and their families through overnight respite and therapy programs without respect to race, gender, creed or religious preference. McLean Bible Church has several locations around Northern Virginia. There are two respite programs that support families who have children with disabilities. A Friday evening program for children with special needs and their siblings called Break Out and a Saturday respite care for children with special needs aged 2-25 who are living at home called Breakaway.

**Military OneSource**  
Phone: 800-342-9647  
En Español: 800-342-9647  
Website: [http://www.militaryonesource.mil/efmp](http://www.militaryonesource.mil/efmp)

Military OneSource provides around the clock support and many online resources for military families with special needs. Eligible individuals may receive confidential services at no cost. Through their website, an Education Directory for Children with Special Needs can be accessed that covers all 50 states and Washington DC.

**Moms In Motion, LLC**  
P.O. Box 609  
Front Royal, VA 22630  
Phone: 844-828-5591  
Email: info@MomsInMotion.Net  
Website: [www.MomsInMotion.Net](http://www.MomsInMotion.Net)

Moms in Motion is a consumer directed VA Medicaid waiver service facilitation (EDCD, ID and DD Waivers.) Their mission is to enhance the outcome for all clients by using person centered practices while providing superior service, sharing resources, and continually expanding knowledge and networking. Primary areas of growth include advocating in the school systems for younger clients and assisting young adults with transition to independence.

**NAMI-NoVa (National Alliance on Mental Illness–Northern Virginia)**  
P.O. Box 8693  
Reston, VA 20195  
Phone: 703-968-4007  
Email: info@nami-nova.org  
Website: [http://www.nami-northernvirginia.org/](http://www.nami-northernvirginia.org/)  

NAMI-NoVA is an association of volunteers who provide support and education to people with mental illnesses and their families. NAMI-Nova advocates to the community, and public officials, to ensure that people with mental illnesses are afforded the opportunity to live, work, learn and participate fully in their communities. NAMI-
NoVA offers many free trainings, peer and parent education classes, and support groups in the Northern Virginia area. NAMI Northern Virginia also provides peer support and family support partners (FSP) at no cost for families that are learning to cope with mental health issues.

**NAMI-Prince William (National Alliance on Mental Illness–Prince William)**
P.O. Box 1423
Woodbridge, VA 22195
Phone: 703-659-9983
Email: info@nami-pw.org
Website: https://nami-pw.org/

The purpose of NAMI is to support, educate, and advocate for people with mental illness and their families at the county, state and national levels for non-discriminatory access to quality healthcare, housing, education and employment for people with mental illness. NAMI Prince William offers peer and family support groups, speakers, education classes, and local events. The educational programs include the Family to Family Program, Peer to Peer Program, NAMI Basics, and Mental Health First Aid. The programs and trainings are free.

**NAMI-Virginia (National Alliance on Mental Illness--Virginia)**
1910 Byrd Ave, Ste 202
Richmond, VA 23230
Crisis Line: 1-888-486-8264
Phone: 804-285-8264
National Information Helpline: 800-950-NAMI (6264)
Website: http://namivirginia.org/

NAMI Virginia serves to promote recovery and improve the quality of life of Virginians with serious mental illness through support, education, and advocacy. NAMI Virginia provides technical support to affiliates, operate a HelpLine, organize annual events to bring together advocates (Family and Youth Summit), members, and other stakeholders for educational opportunities, training, capacity-building, networking, and sharing strength and energy. Programs include education and support for parents through the Virginia Family Network and youth and young adults through Youth MOVE Virginia.

**National Federation of Families for Children’s Mental Health**
12320 Parklawn Drive
Rockville MD 20850
Phone: 240-403-1901
Email: ffcmh@ffcmh.org
Website: www.ffcmh.org

The National Federation, a national family-run organization serves to provide advocacy at the national level for the rights of children and youth with emotional, behavioral and mental health challenges and their families; provide leadership and technical assistance
to a nation-wide network of family run organizations; and collaborate with family run
and other child serving organizations to transform mental health care in America.

**National Stepfamily Resource Center**
Arlington County Support Group
Miriam Gennari
Arlington, VA 22202
Phone: 703-549-1422
Email: pmgennari@comcast.net
Website: [http://www.stepfamilies.info/](http://www.stepfamilies.info/)
Support Groups Website: [http://www.stepfamilies.info/support-groups.php](http://www.stepfamilies.info/support-groups.php)

The resource center provides online training, information about health communication
in stepfamilies, finding a therapist, and local therapy groups for those who are in a
stepfamily relationship.

**NewFound Families**
P.O. Box 85
Ashland, VA 23005
Warm Line peer support: 877-823-2237
Phone: Local: 804-496-6029
Email: info@newfoundva.org
Website: [www.newfoundva.org](http://www.newfoundva.org)
Facebook Support Group: [https://www.facebook.com/groups/FACESupport/](https://www.facebook.com/groups/FACESupport/)

NewFound Families is the Virginia adoptive, foster, and kinship family association.
NewFound Families serves all of Virginia's adoptive, foster, and kinship families by
offering peer support and connecting families with the resources families need to be
stable, nurtured, and healthy. NewFound Families has a weekly Facebook parent
support chats; warm line peer support, resource and referral assistance; family support
leadership training, family-based respite camps, training opportunities; and a
Gathering Place for parents in Ashland, VA. The NewFound Families also has a
‘members only’ online support group meets on Wednesdays at 9:00 PM.

**New Horizons Professional ABA Services**
500 West Jubal Early Drive, Ste 210
Winchester, VA 22601
Phone: 540-431-5641
Fax: 540-431-5628
Email: info@newhorizonsaba.com
Website: [http://newhorizonsaba.com/](http://newhorizonsaba.com/)

New Horizons Professional ABA Services is an in-home service provider assisting
families with children who have special needs. New Horizons is licensed by the
Department of Behavioral Health and Developmental Services, and are a Medicaid
provider for the Early Periodic Screening Diagnostic Treatment (EPSDT) Applied
Behavior Analysis (ABA) Behavior Therapy program. New Horizons provides support
with Behavioral Skills, Daily Living Skills, Life Skills, Communication, and provide academic and vocational training.

**New Path**  
The Arc of Virginia  
2147 Staples Mill Rd  
Richmond, VA  23230  
Phone: 804-649-8481  
Email: newpath@thearcofva.org  
Website: [https://www.new-path.thearcofva.org/](https://www.new-path.thearcofva.org/)

New Path is a program of The Arc of Virginia. New Path is a support network for families in early intervention. New Path provides training, support, connection, and guidance for families who have children involved in early intervention services. New Path has trainings on early intervention services and support and provide peer support from other families that have similar experiences. New Path also provide families with knowledge and guidance to help them utilize all of the supports available to them so that families can make the most of the early intervention experience.

**North American Council on Adoptable Children (NACAC)**  
970 Raymond Ave, Ste 106  
St. Paul, MN 55114  
Phone: 651-644-3036  
Fax: 651-644-9848  
Email: info@nacac.org  
Website: [www.nacac.org](http://www.nacac.org)

NACAC is committed to meeting the needs of waiting children and the families who adopt them, through advocacy, education, adoption support, and leadership development. NACAC supports parent groups and other community leaders; hosts a comprehensive adoption training conference; conducts training sessions and workshops on adoption subsidy, child welfare reform, and transracial adoption; offers leadership training to adoptive, foster, and kinship parents; creates and disseminates publications that provide resources, information, and support to adoptive families and prospective adopters. NACAC also provides phone consultation and materials to address parents’ questions about adoption subsidies for children with special needs NACAC has volunteers in Virginia to assist adoptive families in finding needed resources.

**Parent CHILD Journey**  
11705 Magruder Lane  
Rockville, MD 20852-4367  
Phone: 301-881-6855  
Email: drdan@parentchildjourney.com  
Website: [http://www.parentchildjourney.com/](http://www.parentchildjourney.com/)

In interactive group workshops, participants are introduced to a variety of behavioral strategies. Each course helps parents learn how to individualize their approach to
difficult behaviors, problem situations and developmental concerns. At the same time, parents share experiences and support each other.

**Partnership for Drug-Free Kids**
352 Park Avenue South, 9th floor  
New York, NY 10010  
Phone: 212-922-1560  
Support Line: 1-855-378-4373  
Text Message: 55753  
Live chat: [https://drugfree.org/article/get-one-on-one-help/#gethelp2](https://drugfree.org/article/get-one-on-one-help/#gethelp2)  
Email: support@helpandhope.drugfree.org  
Website: [https://drugfree.org/](https://drugfree.org/)

Partnership for Drug-Free Kids is a nonprofit that supports families struggling their son or daughter’s substance use. The website offers several downloadable resource guide to help parents learn about drug abuse and how to talk to their children about drug use. There is a support line, live chat, email, and text message line where parents can get confidential one-on-one support for their family by talking with a trained and caring specialist who will listen and help develop a personalized action plan.

**Play, Work, or Dash**
8214-B Old Courthouse Road  
Vienna, VA 22182  
Phone: 703-345-7801  
Email: info@playworkdash.com  
Website: [http://www.playworkdash.com/](http://www.playworkdash.com/)

Play, Work, or Dash is an innovative community that offers a professional space for parents to work with a flexible part-time child-care solution located onsite. Educational workshops, networking events, work space, rentable private offices and conference rooms, and up to three hours of child-care per day for children age 9 months to 8 years are offered to members. Parents can drop their kids off and “dash” or stay there and “work” while the children “play”. Collaborative spaces offer the opportunity for people to work together in a shared, communal setting. The service is membership based and there are several purchase options ranging from two 90-minute sessions (dash or play and work) through forty 90-minute sessions per month. Passes are also available for purchase without a membership.

**Project Lifesaver**
Fairfax County Sheriff’s Office  
10520-B Judicial Drive  
Fairfax, VA 22030  
Phone: 703-246-2805 TTY 711  
Website: [https://www.fairfaxcounty.gov/sheriff/community-project-lifesaver](https://www.fairfaxcounty.gov/sheriff/community-project-lifesaver)

Project Lifesaver assists families and caregivers of individuals with autism spectrum disorders, Down syndrome, Alzheimer’s disease and related conditions and disabilities.
Project Lifesaver clients wear a wrist or ankle band that emits a silent tracking signal. When caregivers notify the Sheriff’s Office that a loved one is missing, a search and rescue team comprised of specifically trained sheriff’s deputies responds to the area with state-of-the-art tracking equipment. The program has a 100 percent track record of locating wandering adults and children and bringing them home. Without having to rely on site visits or paper files, deputies can electronically update client information, such as height and weight, a photograph, medical issues and favorite hiding places.

**Project Mend-A-House**  
8787 commerce Court  
Manassas, VA  20110  
Phone: 703-792-7663  
Email: director@pmahweb.org  
Website: [http://pmahweb.org/](http://pmahweb.org/)

Project Mend-A-House assists seniors, veterans, people with disabilities, and low-income residents of Prince William County, Manassas and Manassas Park. The program builds wheelchair accessible ramps, modify doorways, secure flooring, repair leaky faucets, restore electricity, and make basic home repairs. Project Mend-A-House also has a Durable Medical Equipment (DME) Loan closet program that loans out adaptive daily living aids such as motorized chairlifts (stair climbers), hospital beds, portable ramps, raised toilet seats, walkers, and scooters.

**The Resilience Network, LLC**  
20130 Lakeview Center Plaza, Ste 400  
Ashburn, VA 20147  
Phone: 703-840-5459  
Email: info@resilience-network.net  
Website: [https://resilience-network.net/](https://resilience-network.net/)

The Resilience Network provides an evidenced-based approach to resilience skill building that is action-oriented using multiple modalities. The Resilience Network uses a non-traditional approach that is practical, hand-on, fun, uplifting, and supports the development of resilience skills in people from every background in any situation. Areas of focus include compassion fatigue and secondary traumatic stress, workforce engagement and integrity, and direct care for individuals and families.

**Return to Learn Fairfax County Public Schools**  
8115 Gatehouse Road  
Falls Church, VA 22042  
Website: [https://www.fcps.edu/returntolearn](https://www.fcps.edu/returntolearn)  
Contact individual schools for services. [https://www.fcps.edu/schools-centers](https://www.fcps.edu/schools-centers)

Return to Learn programs provides information on the support available to students returning to school following an extended absence. Whether returning following a chronic illness, short-term illness, mental health challenge, concussion, childbirth, or other medical condition, parents and educators work together to ensure the student’s
successful return to school. School-based professionals, consisting of school counselors, school psychologists, and school social workers, are available to support the transition process as children return to their learning environment. These professionals will work with families and other members of the school team to develop a plan for their child’s return to school.

**Safe Families for Children**
Patrick Henry Family Services  
1621 Enterprise Dr  
Lynchburg, VA 24502  
Phone: 434-376-2006  
Website: [https://www.patrickhenry.org/services/safe-families-for-children/](https://www.patrickhenry.org/services/safe-families-for-children/)

Safe Families for Children Virginia provides breathing room and support for parents in temporary crisis, giving them time to get back on their feet, while their children are cared for in a safe and loving environment. Volunteers who host children and support parents are known as Host Families, and are recruited from a large network of faith communities. Parents in crisis, called the Placing Family, willingly place their children with a loving, and thoroughly screened volunteer Host Family for a short period of time. Parents can reunite with their children at any time. Both the Placing Family and the Host Family participate voluntarily, with no compensation or expectation of adoption. The trust built between the Placing Family and Host Family is central to the Safe Families program; it’s at the heart of creating a safe, temporary haven for children, and a strong, caring support network for the Placing Family. After the hosting arrangement ends, Safe Families For Children’s goal is for the two families to remain in contact, further reducing social isolation, and providing ongoing support.

**Jo Ann Skinner, ACC, ACAC**
1268 New Bedford Ln  
Reston, VA 20194  
Phone: 910-769-2509  
Email: joann@joannskinner.com  
Website: [www.joannskinner.com](http://www.joannskinner.com)

Jo Ann Skinner coaches students and adults with ADHD, as well as parents and spouses. Her coaching philosophy revolves around positive change and self-awareness. She helps her clients find their strengths in order to understand the strategies needed to maximize their potential in all aspects of their lives. Coach and client work together as partners to meet challenges and improve performance.

**The Sleep Lady**
Kim West LCSW-C  
Phone: 410-975-5765  
Fax: 443-927-2722  
Email: assistant@sleeplady.com  
Website: [www.sleeplady.com](http://www.sleeplady.com)
Kim West is a licensed clinical social worker who provides advice to help babies sleep through the night, including through her book, *Good Night, Sleep Tight*.

**Social Skills for Life, LLC**  
210 E Broad St Ste G-2  
Falls Church, VA 22046  
Phone 609-529-2918  
Phone: 202-550-7785  
Email: programdirector@socialskillsforlife.net  
Website: [http://socialskillsforlife.net/](http://socialskillsforlife.net/)

Social Skills for Life offers social skills groups and camps for kids, teens, and young adults. Saturday social groups work on social, communication, and friendship skills in order to promote self-advocacy. The program aims to develop social skills, independent living skills, and on-the-job skills. Social Skills for Life also offers an internship program for teens and young adults which focuses on independent life skills (budgeting, cooking, navigating your community independently), job skills, and how to interview.

**Spina Bifida Association of the National Capital Area**  
P.O. Box 523415  
Springfield, VA 22152-5415  
Phone: 703-455-4900  
Email: [mysbanca@gmail.com](mailto:mysbanca@gmail.com)  
Website: [www.sbanca.org](http://www.sbanca.org)

The Association offers two support groups in Virginia:  
Springfield, Virginia. Group meets the third Thursday of the month at the Bob Evans restaurant at 6310 August Drive (Near intersection of Old Keene Mill Rd (Rt 644) and I-95) from 7:00 to 9:00 pm.

Woodbridge, Virginia. Group meets the third Wednesday of the month at the Bob Evans at 14490 Smoketown Road (near Potomac Mills Mall) from 9:30 to 11:30 am. Please call Jill Hill at (703) 455-5223 or [JillMHill@verizon.net](mailto:JillMHill@verizon.net) for more information.

**Stop Child Abuse Now (SCAN) of Northern Virginia**  
205 South Whiting St, Ste 205  
Alexandria, VA 22304  
Phone: 703-820-9001  
TTY: Dial 711  
Email: [info@scanva.org](mailto:info@scanva.org)  
Website: [www.scanva.org](http://www.scanva.org)

Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and
neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria/Arlington Court Appointed Special Advocate Program (CASA).

**Stronger Together Peer Support Groups**
Formed Families Forward  
4031 University Dr, Ste 100  
Fairfax, VA 22030  
Phone: 703-539-2904  
Email: info@formedfamiliesforward.org  
Website: [https://www.formedfamiliesforward.org/services/peer-support-groups/](https://www.formedfamiliesforward.org/services/peer-support-groups/)

Stronger Together are peer support groups hosted by Formed Families Forward for youth and young adults ages 14-22 and for parents and caregivers. One support group is for youth who are involved in one or more service systems such as social services, special education, mental health services, or substance use treatment and recovery. Parents, caregivers, and guardians have their own group meeting at the same time in the same building. The groups meet twice monthly in Fairfax city and meet two Tuesday evenings a month, October through May, in Fairfax city. The support groups are free of charge.

**Substance Abuse and Mental Health Services Administration (SAMHSA)**
5600 Fishers Lane  
Rockville, MD 20857  
Phone: 877-726-4727  
TTY: 800-487-4889  
Email: SAMHSAInfo@samhsa.hhs.gov  
Website: [www.samhsa.gov](http://www.samhsa.gov)

The mission of SAMHSA is to reduce the impact of substance abuse and mental illness on America’s communities. SAMHSA Centers include: The Center for Health Mental Services, which focuses on the prevention and treatment of mental disorders; The Center for Substance Abuse Prevention, which seeks to prevent and reduce the abuse of illegal drugs, alcohol, and tobacco; and The Center for Substance Abuse Treatment, which supports the provision of effective substance abuse treatment and recovery services. Many publications are available for sale or electronic download on the website.

**TOGETHER Program**
A program of Virginia Tech and University of Maryland  
7054 Haycock Road  
Falls Church, VA 22043  
Email: togethervtumd@gmail.com  
Website: [www.togetherprogram.org](http://www.togetherprogram.org)
The TOGETHER Program provides a safe place for couples wanting to work together to build long-lasting changes in their families. The program offers a 20 hour educational workshop for couples focusing on: Communication and Problem Solving, Stress Management, and Financial Management. Partners must be 18 years or older and have lived together for at least one year. All services are provided free of charge and participants receive incentives (gift cards) for the completion of surveys evaluating the effectiveness of the services at the end of the program.

TransParenting
Northern Virginia Family Services (NVFS)
Administrative Headquarters
10455 White Granite Dr., Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Email: oaktonreception@nvfs.org
Website: https://www.nvfs.org/transparenting-seminar/

The TransParenting seminar emphasizes each parent’s responsibility to provide a nurturing, non-threatening environment for their children, and is designed to help divorcing parents shift their attention to their children’s needs. Parents learn ways to lessen the negative impact of divorce on their children by focusing on separation as seen through their child’s eyes. This seminar also emphasizes parents’ roles in the child’s ability to adjust to changes in their lives. This seminar meets Supreme Court of Virginia requirements and is designed specifically for co-parenting and may not suffice for court orders related to Child Protective Services (CPS). Children are not allowed to attend the seminar, preregistration and prepayment are required. Cost to attend is $50 per person.

Training and Technical Assistance Center (TTAC) Online
Email: vafam1@gmu.edu
Website: www.ttaconline.org

Funded by the Virginia Department of Education, TTAC Online (Training and Technical Assistance Center) is a web resource to link parents, caregivers, teachers, and other educators to training, disability information, and other resources to support the Virginia Family Special Education Connection website is managed by the TTAC at GMU. There are eight TTAC Regions across the Commonwealth of Virginia that serve professionals in their local areas.

T-TEN Services
P.O. Box 794
Asburn, VA 20146
Phone: 703-574-0350
Website: www.ttenservices.com
T-Ten specializes in teaching children with Autism Spectrum Disorders, Pervasive Developmental Disorders, ADHD, and a variety of non-categorical behavioral and learning disabilities, offering individualized Applied Behavior Analysis-based programs in the home, community, and school setting.

**Virginia Department of Behavioral Health and Developmental Services (DBHDS)**
1220 Bank Street
Richmond, VA 23219
Phone: 804-786-3921
Voice TDD: 804-371-8977
Email: maria.reppas@dbhds.virginia.gov
Website: [www.dbhds.virginia.gov](http://www.dbhds.virginia.gov)

Virginia’s public mental health, intellectual disability, and substance abuse services system is comprised of 16 state facilities and 40 locally-run community services boards (CSBs). The CSBs and facilities serve children and adults who have or who are at risk of mental illness, serious emotional disturbance, intellectual disabilities, or substance abuse disorders. Virginia’s state-run facilities provide highly-structured, intensive services and consist of: seven mental health facilities, five intellectual disability training centers, a psychiatric facility for children and adolescents, a medical center, a psychiatric geriatric hospital and a center for behavioral rehabilitation (SVP). The website covers many topics, including mental health, developmental services, substance abuse services, and child and family services.

**Virginia Family Network NAMI-Virginia**
1910 Byrd Ave, Ste 202
Richmond, VA 23230
Phone: 804-285-8264
Email: lmay@namivirginia.org

The purpose of the Virginia Family Network (VFN), a NAMI Virginia program, is to create a statewide network of families who support, educate, and empower other families with children and youth with mental health needs while also promoting family-driven and youth-guided policy throughout the child-serving systems. VFN provides support groups, training, resources, and mentorship from other families with children and youth with mental health needs. VFN offers leadership training opportunities to parents that allow them to learn how to become effective advocates and support partners to other parents.

**Virginia Systems of Care (SOC)**
Virginia Department of Behavioral Health and Developmental Services (DBHDS)
Office of Child and Family Services (OCS)
1220 Bank St
PO Box 1797
Richmond Virginia  
Phone: 804-663-7270  

Systems of Care (SOC) is the network of people and services that support families with youth who struggle with mental health diagnoses and other challenges. Virginia provides publically funded services and supports to families using an approach called High Fidelity Wraparound (HFW). The goal of HFW is to help families get the resources and develop the skills needed to gain self-sufficiency. The process of getting support is family-driven, incorporates natural supports, and team-based planning. Every family has a HFW coordinator who organizes the team and a trained Family Support Partner who can relate to parents during the process. Virginia offers High Fidelity Wraparound to families as service called Intensive Care Coordination (ICC). Contact local Children’s Services Act (CSA) Coordinator to find out if a child is eligible for publically funded support.

**Voices for Virginia’s Children**  
701 E Franklin St, Ste 807  
Richmond, VA 23219  
Phone: 804-649-0184  
Email: [info@vakids.org](mailto:info@vakids.org)  
Website: [www.vakids.org](http://www.vakids.org)

Voices for Virginia’s Children is a statewide, privately funded, non-partisan policy research and advocacy organization that champions policies and practices that improve the lives of children. Voices’ Family Economic Success work focuses on promoting family self-sufficiency, school readiness and success, and community economic strength by mobilizing broad support for funding to increase access to quality child care for low-income working parents. Voices also advocates to reform the foster care system in Virginia so that children in foster care have the opportunity to build permanent family connections and have the supports needed to successfully transition to productive adulthood.

**Wellness Connection, LLC**  
24600 Millstream Dr, Ste 340  
Stone Ridge, VA 20105  
Phone: 703-327-0335

21785 Filigree Ct, Ste 212  
Ashburn, VA 20147  
Phone: 703-724-0335  
Email: [info@wellnessconnectionllc.com](mailto:info@wellnessconnectionllc.com)  
Website: [http://www.wellnessconnectionllc.com/](http://www.wellnessconnectionllc.com/)

The Wellness Connection LLC combines conventional therapies with alternative treatments to treat the whole person, which eliminates confusion and ensures optimal
Their simplified wellness solutions are delivered through a collaborative team of professionals. The Wellness Connection is dedicated to serving clients and the surrounding community with the highest integrity, professionalism, and experience in the field of preventative healthcare. Services include counseling, psychological testing, psychiatry, chiropractic, massage therapy, acupuncture, support groups and workshops.

**The Women’s Center**
133 Park St NE
Vienna, VA 22180
Phone: 703-281-2657
TTY: 711
1025 Vermont Avenue NW, Ste 310
Washington, DC 20005
Phone: 202-293-4580
Email: questions@thewomenscenter.org
Website: [http://thewomenscenter.org/counseling/career-counseling/](http://thewomenscenter.org/counseling/career-counseling/)

The Mission of the Women’s Center is to significantly improve the mental health and well-being of all members of the community through counseling, education, support and advocacy. The Women’s Center provides services to people in need regardless of their ability to pay for them. There are several support groups including worry and anxiety, depression, survivors of emotional abuse, survivors of sexual abuse, and several more.

**Respite Care**

**Addus Home Care**
12531 Clipper Dr, Ste 201
Woodbridge, VA 22192
Phone: 703-497-2273
Email: info1@addus.com
Website: [http://www.addus.com/](http://www.addus.com/)

Addus Home Care provides a full range of in-home services for elderly and adults with disabilities. Addus Home Care offers services such as help with bathing, dressing, grooming, meal preparation, housekeeping, errands/transportation, and medication reminders. These supportive services can be arranged for any frequency of time, from one to twenty-four hours of care daily, or on a respite or temporary basis. Services may be funded by Medicaid waiver programs, long-term care insurance, veteran’s benefits, private pay, or other location-specific social service programs.

**A Mother’s Rest Charitable Respite Foundation**
PO Box 131
Monrovia, MD 21770
Email: innkeeper@amothersrest.org
Facebook Page: [https://www.facebook.com/amothersrest/](https://www.facebook.com/amothersrest/)
Website: [https://www.amothersrest.org/](https://www.amothersrest.org/)
Retreat Dates and Locations: [https://www.amothersrest.org/eventcalendar](https://www.amothersrest.org/eventcalendar)

A Mother’s Rest specializes in coordinating therapeutic respite retreats for parents of children with extra needs. The retreats are small group bed and breakfast gatherings that allow parents and caregivers to get true, recuperative rest to address physiological and mental fatigue. There are several types of retreats including retreats for just for moms, just for dads, for couples, mommy & me trips, millennial moms, soldiers & veterans, for families, and adoption prep & post adopt support.

**Arc of Greater Prince William**  
13505 Hillendale Dr  
Woodbridge, VA 22193  
Phone: 703-670-4800  
Email: [info@arcgpw.org](mailto:info@arcgpw.org)  
Website: [www.arcgpw.org](http://www.arcgpw.org)

The Arc of Greater Prince William is committed to promoting total community acceptance and awareness of individuals with developmental disabilities as contributing members of society. Among its programs are INSIGHT, Inc. the residential component of The Arc, which offers adults with intellectual and developmental disabilities opportunities for personal growth and independence in a variety of supported living situations. The Muriel Humphrey Developmental Child Care Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. The Arc also provides a Parents Night Out Program and Respite Care.

**The Attachment Place (TAP)**  
P.O. Box 71  
Tracy’s Landing, MD 20779  
Phone: 410-707-5008  
Email: [info@theattachmentplace.com](mailto:info@theattachmentplace.com)  
Website: [https://theattachmentplace.com/](https://theattachmentplace.com/)

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child’s ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

**Brightcare Center**  
7845 Ashton Ave  
Manassas, VA 20109  
Phone: 703-330-5836
Brightcare Center offers adult day care and caregiver respite for adults with disabilities ages 18 and older. Care is provided by Certified Nursing Assistants and Registered Nurses and is available for, autism, cerebral palsy, developmental disability, diabetes, Down syndrome, intellectual disability. Drop-in caregiver respite is available.

**Camp Fairlee**
22242 Bay Shore Rd  
Chestertown MD 21620  
Phone: 410-778-0566  
Email: fairlee@esdel.org  

Easter Seals provides weekend respite opportunities throughout the year. The respite weekend program provides outdoor recreation, fun and friendship in addition to community inclusive activities for children and adults with disabilities. The program is held at the Camp Fairlee, a 250 acre facility.

**DePaul Community Resources**
Service locations in Roanoke, Abingdon, Amelia, Big Stone Gap, Cedar Bluff, Charlottesville, Christiansburg, Harrisonburg, Lynchburg, and Fishersville, VA.  
Phone: 888-233-7285  
Email: info@depaulcr.org  
Website: [http://www.depaulcr.org/](http://www.depaulcr.org/)

DePaul Community Resources has locations throughout the Commonwealth of Virginia. DePaul services include foster care and adoption services; independent living services for transition age young adults; group home, sponsored residential, respite, and day support for adults with developmental disabilities.

**Hartwood Foundation, Inc.**
3702 Pender Dr, Ste 410  
Fairfax, VA 22030  
Phone: 703-273-0939  
Email: info@hartwood.server283.com  
Website: [www.hartwoodfoundation.com](http://www.hartwoodfoundation.com)

The Hartwood Foundation is a nonprofit, nonsectarian organization that develops and operates residential service programs for persons with intellectual disabilities in Virginia. Founded in 1973 by a small group of families, its first program provided respite services. Today 17 additional community based group homes exist, along with a variety of family support programs. Nearly 100 people live in the full-time community homes and 50 to 60 people use the respite program annually. Respite is available for those ages 18 and up. Family support programs are also offered in cooperation with the Fairfax-Falls Church Community Services Board.
**Jill’s House**
9011 Leesburg Pike  
Vienna, VA 22182  
Phone: 703-639-5660  
Email: info@jillshouse.org  
Website: www.jillshouse.org

Jill’s House celebrates special needs children (ages six through seventeen) with intellectual disabilities without regard to race, religion, or ethnicity, and provides relief to their families. Jill’s House provides a safe, fun place full of adventure and tailor-made activities to children with special needs while giving their parents and caregivers time to rest and recharge. To ensure that parents and caregivers get a real break, typical siblings are welcome to stay at Jill’s House. Jill’s House is an integrated auxiliary of McLean Bible Church.

**LifeWorks Outreach Services/Family Teamwork, Inc.**
4300A Ridgewood Center Dr  
Woodbridge, VA 22193  
Phone: 703-580-7210  
Website: www.familyteamwork.net

LifeWorks Outreach Services, Inc. helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork, Inc. is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill-building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

**Lutheran Family Services of Virginia**
Developmental Services-Northern Virginia  
10467 White Granite Dr, Office #6 (3rd Floor)  
Oakton, VA 22124-2763  
Phone: 571-328-5835  
Website: www.lfsva.org

Lutheran Family Services of Virginia offers a broad range of services from foster care and post-adoption support to support for individuals with disabilities. Services include adult respite care, in-home services, Family Care Homes, and day support, supported employment services. There are locations throughout the Commonwealth of Virginia.

**McLean Bible Church, Access Ministry**
Access Ministry  
8925 Leesburg Pike  
Vienna, VA 22182
Access Ministry is McLean Bible Church’s ministry for individuals with disabilities and their families. Access Ministry serves the community by equipping people with disabilities and their families to become full participants and contributors in the church and their community. Jill’s House is an integrated auxiliary of McLean Bible Church established for the purpose of providing care and support to children with special needs and their families through overnight respite and therapy programs without respect to race, gender, creed or religious preference. McLean Bible Church has several locations around Northern Virginia. There are two respite programs that support families who have children with disabilities. A Friday evening program for children with special needs and their siblings called Break Out and a Saturday respite care for children with special needs aged 2-25 who are living at home called Breakaway.

**The Medical Team**
1902 Campus Commons Drive, Ste 650
Reston, VA 20191
Phone: 703-390-2300
Email: info@medteam.com
Website: [https://medicalteam.com/the-medical-team-services/private-duty-personal-care/](https://medicalteam.com/the-medical-team-services/private-duty-personal-care/)

The Medical Team is a full-service home health agency providing skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work, and home health aides. In addition, their Personal Care Services provide private duty, respite care and personal care services.

**Respite Care Services**
DePaul Community Resources
Service locations in Roanoke, Abingdon, Amelia, Big Stone Gap, Cedar Bluff, Charlottesville, Christiansburg, Harrisonburg, Lynchburg, and Fishersville, VA.
Phone: 888-233-7285
Email: [info@depaulcr.org](mailto:info@depaulcr.org)
Website: [http://www.depaulcr.org/](http://www.depaulcr.org/)

Respite care through DePaul Community Resources offers temporary, short-term placement in a sponsored residential home for an individual who does not typically receive residential services. Without a break, even the most dedicated caregivers can become overwhelmed; respite care can provide much needed support during situations such as travel, vacation, and emergencies. Caregivers are encouraged to use respite care on a regular basis so their individuals can become more comfortable and confident in this alternative setting. Additionally, DePaul can work with an individual’s family or friends who wish to provide respite care through an approval process, which includes a home study.
Support Services of Virginia Inc (SSVA)
Coastal Virginia
420 Investors Place, Ste 102
Virginia Beach, VA 23452
Phone: 757-497-6111

Central Virginia
3801 Campbell Ave
Lynchburg VA 24501
Phone: 434-316-0078

Southern Virginia
2354 N. Main Street
Danville, VA 24540
Phone: 434-836-651
Website: http://www.ssvainc.org/

Support Services of Virginia Inc (SSVA) provides services based on Person Centered Thinking and Positive Practices to people with disabilities. SSVA provides Day services, residential services, temporary or overnight respite services, and behavioral consultations. Day services include both community and center based day support as well as opportunities for jobs. Their residential services include in-home, residential, and group home placements. The respite house, Dragonfly House, provides care or temporary supports for families or emergency placements for unanticipated events. Behavioral consultations conduct functional assessment of behavior to assist in creating service plans for others.

Therapeutic Short Term Foster Care/Respite Care
Northern Virginia Family Service (NVFS)
10455 White Granite Dr, Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Website: https://www.nvfs.org/assistance/therapeutic-respite-care/

Therapeutic Foster Short Term Foster Care/Respite Care provides therapeutic respite care to families for up to 30 consecutive days or 60 days per year. The program serves children birth to 18, in Alexandria, Arlington, Fairfax, Loudoun, and Prince William and county custody is not a requirement. Fee for Service costs are: Planned Respite ($103.55/day); Emergency Respite ($124.92/day); and Extended Respite ($116.28/day) cost to family or referring program. Child’s guardian or worker can contact the program directly for intake.

Play, Work, or Dash
8214-B Old Courthouse Road
Vienna, VA 22182
Phone: 703-345-7801
Email: info@playworkdash.com
Play, Work, or Dash is an innovative community that offers a professional space for parents to work with a flexible part-time child-care solution located onsite. Educational workshops, networking events, work space, rentable private offices and conference rooms, and up to three hours of child-care per day for children age 9 months to 8 years are offered to members. Parents can drop their kids off and “dash” or stay there and “work” while the children “play”. Collaborative spaces offer the opportunity for people to work together in a shared, communal setting. The service is membership based and there are several purchase options ranging from two 90-minute sessions (dash or play and work) through forty 90-minute sessions per month. Passes are also available for purchase without a membership.

Recreation and Leisure

Ainsley’s Angels
Ainsley’s Angels has groups around the nation, including the National Capital Region (NCR).
Email NCR: NCR@ainsleysangels.org
Website: http://www.ainsleysangels.org/
Locations: http://www.ainsleysangels.org/Ambassador

Ainsley’s Angels is an organization that pairs endurance runners with individuals who have disabilities that prevent them from participating in races. Volunteer runners push athlete-riders in specially adapted chairs during the event so that those with disabilities can also have the opportunity to “run” in the race. In addition to ensuring everyone can experience endurance events, Ainsley’s Angels of America aims to build awareness about America’s special needs community through inclusion in all aspects of life.

City of Alexandria Department of Recreation, Parks and Cultural Activities-Therapeutic Recreation
Alexandria City Hall
301 King St
Alexandria, VA  22314
Phone: 703-746-5422
Website: www.alexandriava.gov/recreation/info/default.aspx?id=45758

The department offers several types of programs focusing on developing social skills within the context of structured enrichment activities like swimming, arts and crafts, and cooperative games. School aged youth and teens are required to have an Individualized Education Plan (IEP) or 504 Plan. All programs require an initial assessment and eligibility approval by Therapeutic Recreation staff prior to participation in programs. The Department has adopted the L.I.F.E., Leisure Is For Everyone, philosophy, and the Department complies with the Americans with Disabilities Act (ADA). ADA accommodations may include, but are not limited to, furnishing assistive listening devices, providing sign language interpreters and meeting
with an instructor or staff prior to the start of an activity, class or event to discuss any concerns. To ensure the requested accommodation, please notify the specific facility where the program is provided at least four weeks in advance

**Arlington County Department of Parks and Recreation Therapeutic Recreation**

Langston-Brown Community Center  
2121 North Culpeper St  
Arlington, Virginia 22207  
Phone: 703-228-5210  
TTY: 711  
Email: trinfo@arlingtonva.us  
Website: [https://parks.arlingtonva.us/therapeutic-recreation/](https://parks.arlingtonva.us/therapeutic-recreation/)

Parks and Recreation provides specialized services for individuals with disabilities including social clubs, family-centered programming, camps, adapted classes and leisure education. In addition, reasonable modifications are provided for individuals with disabilities in general recreation programs. Therapeutic Recreation offers classes in Music, Art, Aquatics, Fitness, Social Clubs, and Summer Camps as well as monthly family fun nights.

**Animated Child**

5167 Waterway Drive  
Montclair, VA 22025  
Phone: 703-763-0003  
Email: montclairva@animatedchild.com  
Website: [https://www.animatedchild.com/page/montclair-home](https://www.animatedchild.com/page/montclair-home)

Animated Child is an inclusive and innovative enrichment center, for children ages 2-13, which encourages a child’s natural curiosity, independence and creativity. Animated Child engages children in every element of their intelligence to highlight their own unique way of learning. Classes are available in Music and Movement, Spanish, Art Smarts, STEAM and IT Membership. Programs include all day preschool, before and after school, year round camps, special events, birthdays, science day in, and parent night out.

**Camp Fairlee**

22242 Bay Shore Rd  
Chesterfield MD 21620  
Phone: 410-778-0566  
Email: fairlee@esdel.org  

Easter Seals provides accessible camping at Camp Fairlee. This beautiful, residential/recreational and respite camp has 250 acres on Fairlee Creek and offers campers, age 6 and up, the opportunity to experience the joys and challenges of camp in
a fully-accessible setting. In addition to summer camp, there are respite weekends and Autism Weeks at camps.

**Camp Friendship**
Social Skills For Life, LLC  
210 E Broad St Ste G-2  
Falls Church, VA 22046  
Phone 609-529-2918  
Phone: 202-550-7785  
Email: programdirector@socialskillsforlife.net  
Website: [http://socialskillsforlife.net/summer-camp/](http://socialskillsforlife.net/summer-camp/)

Camp Friendship is a camp for children age 3-14 who need to work on social, communication, and friendship skills. The activities build friendship skills such as finding things in common with others, conversation starters, how to engage in “small talk,” working constructively within a group, perspective-taking, listening, showing empathy, reading social cues and body language, managing stress and anxiety, calming techniques, and more. Once a week participants focus on deep breathing, relaxation techniques, and movement through yoga.

**Camp Loud and Clear**
Holiday Lake 4-H Educational Center  
1267 4-H Camp Rd  
Appomattox, VA 24522  
Phone: 434-248-5444  
Email: bgoin@vt.edu  
Website: [https://www.holidaylake4h.com/camp-loud-clear.html](https://www.holidaylake4h.com/camp-loud-clear.html)

A 3 day, 2 night camping trip usually in July, Camp Loud and Clear is south central Virginia’s overnight summer camp for Deaf or Hard of Hearing children and youth. The program features nationally certified interpreters, CART Services (real-time captioning), chaperones who are familiar with hearing loss, and teen leadership training provided for counselors-in-training. Campers are children ages 8-13 and counselors in training are youth age 14-18.

**Therapeutic Recreation Services**
Fairfax County Neighborhood and Community Services  
12011 Government Center Parkway, Ste 1050  
Fairfax, VA 22035-1115  
Phone: 703-324-5532  
TTY: 711  
Email: ncs-tracers@fairfaxcounty.gov  
Website: [https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation](https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation)

Therapeutic Recreation Services (TRS) staff is committed to providing services, education and resources to meet the needs of participants and assist them on the road
toward lifelong participation and enjoyment in recreation and leisure activities. Staff also provides support and advocacy to individuals who wish to participate in general recreation activities. Programs include Caregiver Night Out; Aquatics Classes; Summer Camps; and Saturday Skill Development, Leisure Experience, and Discovery Groups.

F.A.N.tastic Times: Family Autism Nights
Fairfax County Neighborhood and Community Services
Therapeutic Recreation Services
Phone: 703-324-5621
TTY: 711
Website: [https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/fantastic-times](https://www.fairfaxcounty.gov/neighborhood-community-services/therapeutic-recreation/fantastic-times)

Family Autism Night is a free program offered by Fairfax County’s Therapeutic Recreation Services for individuals on the autism spectrum from age 2-22 along with their families. Planned activities allow for socializing, fun, and interacting with other families.

Girls Inspired and Ready to Lead, Inc (GIRL, Inc)
P.O. Box 7251
Fairfax Station, VA 22039
Email: info@girlsinspiredinc.org
Website: [www.girlsinspiredinc.org](http://www.girlsinspiredinc.org)

The mission of GIRL is to mentor and empower teen girls for future success through promotions academic excellence, leadership skills, community service, career preparation, and self-esteem. GIRLs provides a variety of summer camp activities like STEM camps, career conferences, worksite field trips, and empowerment workshops. Restricted to young girls before college age.

Going Places!
Jewish Community Center of Northern Virginia
8900 Little River Turnpike
Fairfax, VA 22031
Phone: 703-323-0880
Website: [https://www.jccnv.org/specialneeds/social-clubs/](https://www.jccnv.org/specialneeds/social-clubs/)

Going Places! is a social club for teens (ages 14-18), young adults (ages 18-26), and adults (ages 26+) diagnosed with Level 1 Autism Spectrum Disorder (formerly Asperger’s syndrome and PDD-NOS). The club provides social opportunities in a structured and supportive environment with guidance from professionally trained staff to help participants gain confidence and improve their overall comfort in social situations. A variety of outings (including parties, bowling, dinners, mini golf, and community service) are scheduled year-round. Going Places! meets once a month on Sundays. There is a fee of $30 per event.

Hat Creek Camps
Hat Creek Camp offers three residential camps for different age groups as well as a day camp. Their residential camp provides campers the opportunity to come and stay at camp for a week. Campers choose two activities (Canoeing, Climbing, Archery, Riflery, Wilderness Adventure, Drama, and many more) to be involved in throughout the duration of the week. There are also two free-time periods each day and an evening program each night. Campfires, flag raising/lowering, cabin cleanup, and even a rest time are part of the day as well. There will be a spiritual emphasis throughout the week, which will include a morning devotional time and a daily evening challenge.

**Holiday Lake 4-H Educational Center**
1247 4-H Camp Rd  
Appomattox, VA 24522  
Phone: 434-248-5444  
Email: bgoin@vt.edu  
Website: [www.holidaylake4h.com/index.php](http://www.holidaylake4h.com/index.php)

Holiday Lake is located within Appomattox-Buckingham State Forest. The center and surrounding park provide many camps and activities for families and people of all ages. Holiday Lake hosts several different camps throughout the year including family camps, Camp Loud and Clear for the deaf and hearing impaired, and Cloverbud Camp to introduce younger children to the 4-H program. The facilities include cabins, bunkhouses, and outdoor recreational facilities like canoeing, fishing, and hiking trails. Additionally, there are volleyball, tennis, basketball courts, a softball field, Junior Olympic swimming pool and covered picnic and pavilion areas.

**The House Student Leadership Center**
14000 Crown Court Ste 105  
Woodbridge, VA 22193  
Phone 703-909-5459  
Website: [http://www.thehouse-inc.com/](http://www.thehouse-inc.com/)

The House Student Leadership Center is an originator and provider of out-of-school time programs for children and teens. The Center’s programs magnify the student voice to expand their opportunity and build community. The Center’s program initiatives work to improve health, education, and employment outcomes for student through programs including before and after school, summer camp, non-traditional school, mentoring, and its Office on Youth Behavioral Health and Wellness.

**iCan Bike Camp and After-School Programs**
Fairfax County: [https://icanshipe.org/ican-bike-fcps-fairfax-va/](https://icanshipe.org/ican-bike-fcps-fairfax-va/)
iCan Bike (formerly Lose the Training Wheels Camp) is a program designed to teach children with disabilities how to ride a two-wheeled bicycle. With their adapted bicycles, specialized instructional program, and trained staff and volunteers, most participants are riding on a two-wheel. The Fairfax County program is hosted at several locations across the county by the Fairfax County Public Schools and is available only to residents of FCPS District. The program in Leesburg is hosted by the ARC of Loudoun County and is held in the summer.

**iCan Shine**  
P.O. Box 541  
Paoli, PA, 9301  
Phone: 610-647-4176  
Email: info@icanshine.org  
Website: [www.icanshine.org](http://www.icanshine.org)

iCan Shine (formerly, Lose the Training Wheels) provides quality learning opportunities in recreational activities for individuals with disabilities. ICAn Shine partners with local organizations and individuals to conduct iCan Bike programs in 32 States. Access their website to see a schedule of their programs. iCanShine will continue expanding their flagship iCan Bike program throughout North America and plan to offer other programs such as an iCan Swim program beginning in 2014.

**J Club**  
Jewish Community Center of Northern Virginia  
8900 Little River Turnpike  
Fairfax, VA 22031  
Phone: 703-323-0880  
Website: [https://www.jccnv.org/specialneeds/social-clubs/](https://www.jccnv.org/specialneeds/social-clubs/)

J Club is an inclusive social club for children in grades 5-8. It is designed to provide fun, social opportunities in a structured, supportive environment. Trained staff assist children in navigating through challenging social interactions and engaging in meaningful relationships. Events are planned on a monthly basis and vary from activities at the JCCNV to outings in the community. J Club meets Saturday nights, once a month, October–June. Events and times will be announced one month prior to each event. There is a fee of $30 per event.

**Jewish Community Center of Northern Virginia**  
Special Needs Program  
8900 Little River Turnpike  
Fairfax, VA 22031  
Phone: 703-323-0880  
Website: [https://www.jccnv.org/specialneeds/special-needs/](https://www.jccnv.org/specialneeds/special-needs/)
The Jewish Community Center of Northern Virginia has a special needs program. The program is committed to helping the community through activities designed to develop physical and social skills for individuals with special needs. The program features small participant-staff ratios and offerings such as social groups, recreation programs, cooking, and much more.

**KEEN (Kids Enjoy Exercise Now)**
P.O. Box 341590
Bethesda, MD 20827
Phone: 301-770-3200
Email: info@keengreaterdc.org
Website: [http://www.keengreaterdc.org/](http://www.keengreaterdc.org/)

KEEN brings together volunteers from the community and young people with significant developmental and physical disabilities. It runs 25 free-of-charge sports programs in northern Virginia, Maryland and the District of Columbia. Offerings in Virginia include Swimming, Tennis, Basketball Clinics, Soccer Clinics, Tae Kwon Do, Bowling, Family Sports Day and Music. All activities are completely free of charge.

**LCF Kids**
150 S. Washington Street, Ste 100
Falls Church, VA 22046
Phone: 703-909-7971

20099 Ashbrook Pl, Ste 195
Ashburn, VA 20147
Phone: 571-510-3576
Email: info@LCFKids.com
Website: [http://www.lcfkids.com/](http://www.lcfkids.com/)

LCF Kids, is a therapeutic gym that focuses on gross motor skills, fine motor skills, motor planning, dynamic and static balancing, visual spatial awareness, tracking, kinesthetic awareness, proprioception, sensory processing disorder, social skills, adaptive sports skills, upper and lower body strength, cardiovascular endurance, sports fundamentals skills, physical education, coordination, mid-line, weight management and therapeutic camps. LCF Kids provides services to children of all ages and all developmental levels, focusing on children with special needs in Fairfax county, Arlington county, Loudoun county and Prince William county. Programs include, Children’s Fitness and Personal Training, Social Skills and Group Sessions, Bike Riding, Birthday Parties, Open Gym, Consulting, and Year round Camps.

**Loudoun County Parks, Recreation and Community Services, Adaptive Recreation**
Phone: 703-737-8042
The goal of Loudoun County Adaptive Recreation is to provide individual so all abilities the opportunity to participate in recreation and leisure programs, which may enhance their quality of life. The program offers a wide range of activities throughout the year of Adaptive Recreation events and activities are offered throughout the year including aquatics, bowling, movies and theater, outdoor adventures, and so much more. A quarterly publication called Leisure Connection lists all of the programs.

**Muscular Dystrophy Association Summer Camp**
11800 Sunrise Valley Dr, Ste 1210
Reston, VA 20191
Phone: 703-476-5780
Contact: Sherry McDaniel
Email: dcva@mdausa.org
Website: www.mdausa.org

The Muscular Dystrophy Association (MDA) offers a week-long residential summer camp for youth with muscular dystrophy. At MDA Summer Camp, kids are living beyond limits in a place where anything is possible. It is a week where kids are free to enjoy adventures like horseback riding, swimming and fishing, develop lifelong friendships, and build self-confidence and independence. For parents and guardians, MDA camp provides a brief break from the role of caregiver for a child with neuromuscular disease. The summer camp is a place parents can be assured that their child’s medical and physical needs will be met by a team of dedicated health professionals and trained camp volunteers. The camps are provided at no charge to families.

**Northern Virginia Therapeutic Riding Program (NVTRP)**
6429 Clifton Rd
Clifton, VA 20124
Phone: 703-764-0269
Email: office@nvtrp.org
Website: www.nvtrp.org

NVTRP, at O'Shaughnessy Farm provides equine-assisted activities for children and adults with disabilities, youth-at-risk, recovering military service personnel, and their families in an inclusive, community setting. Summer camps are available as well as ongoing therapeutic lessons.

**Prince William County Parks and Recreation Children’s Programs**
Phone: 703-590-9734

The Prince William County Parks and Rec children’s programs offer year-round fun and learning for families. Early childhood classes help children gain independence and learn new skills through developmentally appropriate activities. Offerings include a wide variety of Summer Camps, preschool, dance, sports, scouting, swim lessons, and before and after school programs.
**ReelAbilities**
Jewish Community Center of Northern Virginia
8900 Little River Turnpike
Fairfax, VA 22031
Phone: 703-323-0880
Website: [https://www.jccnv.org/reel-abilities/reelabilities-film-festival/](https://www.jccnv.org/reel-abilities/reelabilities-film-festival/)

ReelAbilities is the largest film festival in the country dedicated to promoting awareness and appreciation of the lives, stories and artistic expressions of people with different abilities. The Northern Virginia ReelAbilities Film Festival is a week-long Festival offering special programming that goes beyond film. Engaging programs, in addition to thought-provoking film, bring together the community to explore, discuss, embrace, and celebrate the diversity of our shared human experience. The 7th Annual ReelAbilities Film Festival: Northern Virginia is March 9-16, 2019.

**Royal Family Kids**
Clover Hill Assembly of God—Camp #360
12310 Bailey Bridge Road
Midlothian, VA 23112
Phone: 804-739-7500
Email: Midlothian@royalfamilykids.org
Website: [http://rfk.org/locations/virginia/midlothian/](http://rfk.org/locations/virginia/midlothian/)

Winchester Church of God—Camp #106
2080 N Frederick Pike
Winchester, VA 22603
Phone: 540-667-8017
Email: Winchester@royalfamilykids.org
Website: [http://rfk.org/locations/virginia/winchester/](http://rfk.org/locations/virginia/winchester/)

Royal Family Kids is a nationwide network of churches that provide a summer camp experience to foster children ages 6-12 a week of positive memories and royal treatment in a Christian Camp environment. Kids receive the attention and encouragement of an adult Camp Counselor and his or her “buddy Camper”. In addition, each Camper is also exposed to a variety of fun activities, designed for their success and to build self-esteem. For most of these children, it’s the best week of the year--a special time when kids can focus on having fun and enjoy being a kid.

**School Age Child Care (SACC)**
Fairfax County Office for Children
12011 Government Center Parkway, 9th floor
Fairfax, VA 22035
Administration Phone: 703-449-1414, TTY: 711
Registration Phone: 703-449-8989, TTY: 711
Website: [https://www.fairfaxcounty.gov/familyservices/office-for-children/sacc](https://www.fairfaxcounty.gov/familyservices/office-for-children/sacc)
SACC provides fun, safe and educational care for children in kindergarten-sixth grade before school, after school and during school vacations in most Fairfax County public elementary schools. Children with special needs are fully included in all SACC centers. In addition, SACC programs at Key and Kilmer Centers serve youth, ages 5-21, with multiple types of disabilities. SACC offers a sliding fee scale for income eligible families.

**She Rocks the World Virginia Girl’s Summit**
Patsy Mangas, President and Founder
Phone: 703-927-0838
Email: Info@sherockstheworld.org
Website: https://www.sherockstheworld.org/

She Rocks the World is a group created by teenage girls for teenage girls to encourage girls to become leaders through hand-on experiences and interactions with leaders in business, entertainment, and community. Their vision is to create a global network of girl thought leaders, supporting each other, by fearlessly using their own voices to positively impact the world. This is accomplished by trying to increase a girls’ emotional intelligence through leadership experiences and connection. Every year She Rocks the World hosts the Virginia Girls’ Summit where girls meet together in a supportive environment where girls can take risks and build the confidence needed to be the next generation of leaders. The Summit is held on the campus of George Mason University.

**Shiloh Project**
Nancy Katz, LLC
Phone: 703-273-4056
Email: nancykatztriplett@me.com
Website: https://www.nancykatz.com/

The Shiloh Project’s offer camps and classes for kids who love animals. Through field trips, special projects, guest speakers and hands-on rescue animal socialization and interaction, Club Y.A.A.P. participants learn how to make a difference for animals in the community. Each summer, The Shiloh Project partners with a variety of local animal rescues for Camp Underdog sessions. In addition to getting to train and socialize rescue dogs, campers will meet a variety of local animal welfare professionals, including Fairfax County Animal Protection Police officers, local vet techs and other animal rescue professionals. Campers experience hands-on animal interaction and a wide variety of humane education activities.

**SPARC Solutions**
P.O. Box 10797
Burke, VA 22009
Phone: 703-338-6185
Website: http://sparcsolutions.org

SPARC, Specially Adapted Resource Clubs, is a place for adults with disabilities to thrive. By providing dynamic, enduring learning opportunities in a natural community
setting, SPARC empowers adults to enjoy service projects, gain new vocational skills, and practice life skills. Office are located in Reston, Fairfax, and McLean.

**Special Olympics Virginia**  
11350 Random Hills Rd C-4  
Fairfax, VA 22030  
Phone: 703-359-4301 ext 3  
Email: vijennings@specialolympicsva.org  
Website: www.specialolympicsva.org  
Area 14 Facebook: [https://www.facebook.com/specialolympicsloudouncounty/](https://www.facebook.com/specialolympicsloudouncounty/)  
Area 23 Website: [http://www.pwsova.org/pwso/](http://www.pwsova.org/pwso/)  
Area 26 Website: [http://novasova.org/](http://novasova.org/)

This is a year-round program of sports training and athletic competition for children and adults with intellectual disabilities. The Potomac Region Area 14 serves Loudoun County, Aldie, Ashburn, Leesburg, Purcellville, South Riding, and Sterling. The Potomac Region, area 26 serves all the communities of Alexandria, Arlington, Fairfax, Falls Church, Herndon, and Vienna. The Rappahannock Region, area 23 serves the communities of Manassas, Manassas park, and Prince William. There are year-round sports training and athletic competitions in a variety of Olympic-type sports for all children and adults with intellectual disabilities. Sports include basketball, bowling, swimming, bocce, powerlifting, softball, tennis, equestrian, golf, flag football, soccer, and volleyball.

**Trippin’ With Jamie!**  
Jamie Scheff—Owner/Agent  
Phone: 703-973-1334  
Email: TrippinwithJamie@gmail.com  
Website: [http://trippinwithjamie.weebly.com/](http://trippinwithjamie.weebly.com/)

Trippin’ With Jamie! Is a travel agency that specializes in booking trips for people with special needs. Employees are trained and certified to best prepare for those needing special diets, on the autism spectrum, needing low-sensory environments, in a wheelchair, with a service dog, or needing allergy friendly accommodations.

**Washington Metro Transit Reduced Fare Program**  
600 5th Street NW  
Washington, DC 2001  
Phone: 202-962-2700  
TTY: 202-962-2033  
Website: [https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies](https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies)

People with disabilities who have a valid Metro Disability ID card may ride for half the peak fare on Metrorail, and for 85¢ paying with cash or a SmarTrip card, on regular Metrobus routes, and for discounted fare on other participating bus service providers. Individuals must apply for the program.
Domestic Violence Services

**ACTION in Community Through Service (ACTS)**
Mailing address:
P.O. Box 74
Dumfries, VA 22026

Main Location:
3900 ACTS Lane
Dumfries, VA 22026

Phone: 703-441-8606
Helpline: 703-368-4141
Email: info@actspwc.us
Website: actspwc.org

ACTS helps people in the Greater Prince William County Area with crisis, recovering from trauma, and help with basic human needs of food and shelter. Programs include housing, suicide-related support, a thrift store, sexual assault and domestic violence services, a helpline, and emergency assistance.

**Office for Women & Domestic Violence and Sexual Violence Services**
Fairfax County Domestic and Sexual Violence Services
12000 Government Center Pkwy, Ste 339
Fairfax, VA 22035
Domestic & Sexual Violence Hotline: 703-360-7273
Phone: 703-324-5730
TTY: 711
Email: DFSinfo@fairfaxcounty.gov
Website: https://www.fairfaxcounty.gov/familyservices/domestic-sexual-violence

The Office for Women and Domestic and Sexual Violence Services offers compassionate and comprehensive state-accredited programs for women, men, teens and children who have been affected by domestic and sexual violence, stalking and human trafficking. Services include a 24-hour hotline, Advocacy Services, Community Engagement Services, domestic Violence Action Center, Hospital Accompaniment, and Housing and Economic Support.

**Stop Child Abuse Now (SCAN) of Northern Virginia**
205 South Whiting St, Ste 205
Alexandria, VA 22304
Phone: 703-820-9001
TTY: Dial 711
Email: info@scanva.org
Website: www.scanva.org
Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria and Arlington Court Appointed Special Advocate Program (CASA).

**Tahirih Justice Center**
6402 Arlington Blvd, Ste 300
Falls Church, VA 22042
Phone: 571-282-6161
TTY: 711
Email: greaterdc@tahirih.org
Website: [www.tahirih.org/](http://www.tahirih.org/)

Tahirih Justice Center is a national non-profit that serves immigrant women and girls fleeing violence.

**Quantico Victim Advocacy Program**
Family Advocacy Program
Quantico Marine Corps Base
Little Hall, Lower Level
2034 Barnett Ave
Quantico, VA
Phone: 703-784-2570
24/7 helpline: 703-350-1688

Victim Advocate program services are available to military spouses and family members. Victims Advocates provide information, guidance, and support to victims. Advocates are specially trained to respond to incidents of domestic violence 24 hours a day, 7 days a week. Victim Advocates provide emotional support; advise victims of their rights, explore resources and service in both civilian and military communities, and accompany and support victims through medical and legal proceedings. Transitional Compensation may be available to victims of domestic violence can help you start a new life. This program provides 12-36 months of financial compensation and military ID card benefits and privileges to families of service members separated for domestic violence. To find out more about this program and to see if you qualify for the Victim Advocate Program, contact Victim Advocacy. Services are located on Marine Corps Base Quantico.

**Child and Family Services Agency Links**

**Alexandria City Community and Human Services, Center for Children and Families**
The City of Alexandria Center for Children and Families provides programs and services for Behavioral Health, Domestic Violence and Sexual Assault, Child Welfare and Child Protective Services, Early Childhood and Youth Development.

**Arlington County Department of Human Services, Child and Family Services**
Website: [https://family.arlingtonva.us/](https://family.arlingtonva.us/)
The Arlington County Department of Human Services has information on Child Care, Child Welfare, Behavioral Healthcare, Child Abuse Prevention, Foster Care and Adoption, and Parent Resources.

**Fairfax City Human Services**
Fairfax City Human Services offers a comprehensive array of direct social services is provided to City residents through various agencies under contract to the City of Fairfax. Nearly all of these contracts are with the Fairfax County Department of Family Services.

**Fairfax County Department of Family Services (DFS)**
Website: [https://www.fairfaxcounty.gov/familyservices/#gsc.tab=0](https://www.fairfaxcounty.gov/familyservices/#gsc.tab=0)
Fairfax County Department of Family Services provides information on Children and Families, Older Adults, Financial and Medical Assistance, Domestic and Sexual Violence Services, Office for Children/Child Care, People with Disabilities, Employment Services, and Volunteer Opportunities.

**Falls Church City Human Services Department**
Website: [http://www.fallschurchva.gov/781/Human-Services](http://www.fallschurchva.gov/781/Human-Services)
Falls Church City Human Services Department provides information on Aging Services, Child Care Resources, Disability Services, Domestic Violence Services, Emergency Assistance, Health Care Resources, Homeless and Emergency Shelters, and Transportation Assistance.

**Loudoun County Department of Family Services**
The Loudoun County Department of Family Services website provides information on child care and adoption services, programs for older adult residents, employment and workforce training, abuse and neglect, juvenile detention center, foster care, nutritional and financial assistance to low-income families, and safe and affordable housing.

**Prince William County Department of Social Services**
Website: [http://www.pwcgov.org/government/dept/socialservices/pages/about%20us.aspx](http://www.pwcgov.org/government/dept/socialservices/pages/about%20us.aspx)
The Prince William County Department of Social Services website provides information on Child and Adult Protective Services, Emergency Needs, Financial Assistance, Foster Care and Adoption, Child Care-Youth-family, Homeless Services, and PWC Continuum of Care.
**U.S. Department of Health and Human Services, Child Welfare Information Gateway**
Website: www.childwelfare.gov/catalog
This website provides links to the newest child welfare publications. The information is organized by titles, topics, and series. There is also a list of publications available in Spanish. PDF versions of all of the pamphlets are available for download on the website.

**Virginia Department of Social Services**
Website: www.dss.virginia.gov
The Virginia Department of Social Services website provides information on how to apply for benefits, child support assistance, foster care and adoption, and finding local social services departments.

**Online Family Support Guides and Resources**

**Alexandria City Community and Human Services Resource Guide for Children, Youth and Families**
The Resource Guide for Alexandria’s Children, Youth and Families is an inventory of resources that promote youth well-being in the City of Alexandria, VA.

**American Sign Language Resources in Virginia**
The American Sign Language Resources in Virginia website has a list of several ASL classes throughout the Commonwealth of Virginia.

**ArlingtonFamilies.com**
Website: https://family.arlingtonva.us/arlingtonfamilies-com/
Arlington Families is a site that links parents and caregivers to valuable online resources about what’s happening for families in Arlington, Virginia.

**Aunt Bertha: Connecting People and Programs**
Website: https://www.auntbertha.com/
Aunt Bertha is a nationwide searchable database for free or reduced cost services like medical care, food, job training, and more.

**Children’s Services Act (CSA) Website**
Website: http://www.csa.virginia.gov/
The Children’s Services Act (CSA) is the name for a law enacted in 1993 that establishes a single state pool of funds to purchase services for at-risk youth and their families.

**Exceptional Parent Magazine**
Website: http://www.eparent.com/
The Exceptional Parent Magazine provides articles on special needs resources as well as a blog and a special needs resource directory.

**Safe Families for Children**  
Website: [http://safe-families.org/](http://safe-families.org/)  
Safe Families for Children surrounds families in crisis with caring, compassionate community. There are locations throughout the United States, including one in Lynchburg, VA.

**Special Needs Kids Information, LLC**  
Website: [www.specialneedskidsinfo.com](http://www.specialneedskidsinfo.com)  
Special Needs Kids Information, LLC, provides parents and guardians of children with special needs in the DC, Maryland, and Virginia area with information and a comprehensive list of doctors and specialists that have been most helpful to others.

**Technical Assistance Center on Social Emotional Intervention (TACSEI)**  
Website: [www.challengingbehavior.org](http://www.challengingbehavior.org)  
TACSEI assists states in their efforts to improve systems and services related to children with disabilities.

**Virginia Department of Social Services: Directory of Child Placing Agencies**  
Virginia Department of Social Services: Child Placing Agencies website is a directory that lists all licensed child placing agencies in Virginia.

**Virginia Department of Social Services: Promoting Safe and Stable Families (PSSF)**  
Website: [http://www.dss.virginia.gov/family/pssf.cgi](http://www.dss.virginia.gov/family/pssf.cgi)  
The Promoting Safe and Stable Families Program (PSSF) is designed to assist children and families resolve crises, connect with necessary and appropriate services, and remain safely together in their own homes whenever possible.

**Virginia Disability Navigator**  
Website: [http://disabilitynavigator.org](http://disabilitynavigator.org)  
Virginia disability Navigator provides direction for people with disabilities. The website provides information on advocacy, community, family, health, home, and planning.

**Virginia Infant & Toddler Specialist Network**  
Website: [http://va-itsnetwork.org/](http://va-itsnetwork.org/)  
Virginia Infant & Toddler Specialist Network is striving to achieve excellence in early care by increasing the knowledge level and skills of those who care for infants and toddlers, whether in family homes or in centers. Along with professional development opportunities for paid caregivers, their website has resources for families including an
Ask the Expert link, Child Product Recalls, links to Resources for Families, and information on how to choose quality childcare.

Virginia’s Resource Guide for Families of Children with Hearing Loss
This resource guide outlines the different types of hearing loss, how to read test results, how to use adaptive devices, ASL and other forms of communication, how hearing loss affects kids in different developmental stages.

LEGAL ADVOCACY SERVICES AND RESOURCES

Adoption Law

American Academy of Adoption Attorneys
P.O. Box 33053
Washington, DC 20033
Phone: 202-832-2222
Email: info@adoptionattorneys.org
Website: www.adoptionattorneys.org/aaaa/home

American Academy of Adoption Attorneys provides access to a large database of attorneys serving nationally. The agency serves cases for adoptive parents, children’s rights and birth parents in legal cases

Robert H. Klima PC
Attorney and Counselor at Law
9300 Grant Ave, Ste 101
Manassas, VA 20110
Phone: 703-361-5051
Email: RHKlima@RHKlima.com
Website: www.RHKlima.com

Robert H. Klima is a Virginia Adoption Attorney. He has been helping adoptive and birth families for over 30 years.

Stan Phillips, Esq
1921 Gallows Rd, Ste 110
Tysons Corner, VA 22182
Phone: 703-891-2200
Website: www.goldenbergandphillips.com

Attorney Stan Phillips has over 30 years of experience working as an adoption lawyer. He is licensed in Virginia and DC and practices exclusively in the area of adoption law.
He has been awarded the Congressional Angel in Adoption Award to honor his work in enriching the lives of foster children and promoting adoption. Mr. Phillips is active in drafting major rewrites to Virginia’s adoption laws as well as on a national level, participated in the drafting of the Uniform Adoption Act.

**Education Law and Disability Law**

**Sheri R. Abrams, Esq**  
10467 White Granite Dr, Ste 306  
Oakton, VA 22124  
Phone: 571-328-5795  
Email: sherisabrams.com  
Website: www.sherisabrams.com

Sheri R. Abrams, has worked for over twenty years in the areas of Social Security Disability Law, Special Needs Planning, Elder Law & Estate Planning. Sheri’s niche-within-a-niche is Social Security Disability Law and the special needs area of estate planning (Special Needs Trusts & Guardianship), which require additional care and experience, to properly understand and meet the needs of the community involved. Sheri has assisted hundreds of clients with their Social Security Disability appeals and special needs issues. She assists clients with guardianship cases in situations where an adult is not able to make decisions for themselves. Sheri also establishes Wills, Trusts & Powers of Attorney.

**Belkowitz Law, PLLC**  
10427 North St, Ste 200  
Fairfax, VA 22030  
Phone: 703-246-9270  
Email: cbelkowitz@belkowitzlaw.com  
Website: www.belkowitzlaw.com

Belkowitz Law, PLLC helps families ensure their children receive the free appropriate public education guaranteed by law. The practice helps parents navigate the complex maze of special education services, and find solutions to the multi-faceted issues facing students with disabilities. Belkowitz Law also represents students in bullying matters, grade appeals, placement decisions, and disciplinary cases. Attorneys provide legal advocacy, Due Process, and representations in court to facilitate the best outcome in the most efficient way.

**William Brownley, Esq**  
11710 Plaza America Dr, Ste 2000  
Reston, VA 20190  
Phone: 703-758-5562  
Email: BillBrownley@Brownleylaw.com  
Website: www.brownleylaw.com
The law firm of William Brownley, Esq specializes in education law and advocacy. It serves the Washington metropolitan area, providing integrated educational services from advocacy to legal representation.

**Cervoni Disability Law, PLLC**  
6711 Lee Highway, Ste 206  
Arlington, VA 22205  
Phone: 703-241-2625  
Email: info@cervonidisabilitylaw.com  
Website: [http://www.cervonidisabilitylaw.com/](http://www.cervonidisabilitylaw.com/)

Cervoni Disability Law is a practice dedicated to Social Security disability. Attorneys help families through the application process when clients seek eligibility for SSDI benefits. Attorneys also communicate with clients treating physicians to obtain medical evidence, and submits relevant materials to the Social Security Administration (SSA) and Administrative Law Judge (ALJ) to achieve the best possible outcome.

**Council of Parent Attorneys and Advocates (COPAA)**  
P.O. Box 6767  
Towson, MD 21285  
Website: [www.copaa.org](http://www.copaa.org)

COPAA is an independent, nonprofit, national organization that protects the legal and civil rights of students with disabilities and their families.

**Disability Law Center of Virginia**  
1512 Willow Lawn, Ste 100  
Richmond, VA 23230  
Phone: 804-225-2042  
Phone: 800-552-3962  
Email: info@dlcv.org  
Website: [www.disabilitylawva.org](http://www.disabilitylawva.org)

The Disability Law Center of Virginia seeks to protect and advance legal, human, and civil rights of persons with disabilities; combat and prevent abuse, neglect, and discrimination; and promote independence, choice, and self-determination by persons with disabilities. It helps with disability-related problems like abuse, neglect, and discrimination and also helps people with disabilities obtain services and treatment. All callers receive help with these problems. Individuals with problems, targeted in program goals, may also receive advocacy services and legal representation.

**Equal Rights Center**  
11 Dupont Circle NW, Ste 450  
Washington, DC 20036  
Phone: 202-234-3062  
Phone: 866-719-4372
The Equal Rights Center joined by the Disability Rights Council and its membership, protects the civil rights of persons with disabilities. Through its Disability Rights Program, the Center advocates the right of all people with disabilities to have equal access in all aspects of their lives.

**Lisa Fagan, Esq**
Phone: 571-331-5626  
Email: fagan6@cox.net  
Website: www.lisafaganlaw.com

Lisa Fagan is an advocate in the areas of special education and disability rights, advocating for services under IDEA and section 504 for students with disabilities. She has represented clients in school disciplinary hearings and counseled clients regarding disability rights and benefits.

**The Law Office of Grace E. Kim**
11325 Random Hills Road, Ste 360-110  
Fairfax, VA 22030  
Phone: 703-225-3395  
Email: gekim@gekimlaw.com  
Website: https://www.gekimlaw.com/

Grace E. Kim has focused her law practice on Special Education and Education Law, to include issues involving the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation Act of 1973, the Americans with Disabilities Act (ADA), Restraint and Seclusion, School Discipline, and higher education issues. Grace E. Kim speaks English, Korean, and Spanish fluently.

**JustChildren Legal Assistance**
Legal Aid Justice Center  
Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA  
Northern Virginia Office  
6066 Leesburg Pike, Ste 520  
Falls Church, VA 22041  
Phone: 703-778-3450  
Website: https://www.justice4all.org/justchildren-program/

JustChildren provides free civil legal representation to low-income children statewide who have unmet needs in the education, foster care, and juvenile justice systems. The primary objective is to protect clients’ rights to live and thrive safely in their communities and in their schools. Some areas of representation include school discipline, court involvement, truancy, enrollment or re-enrollment, juvenile justice, and juvenile reentry.
Legal Aid Justice Center
Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA
Northern Virginia Office
6066 Leesburg Pike, Ste 520
Falls Church, VA 22041
Phone: 703-778-3450
Website: https://www.justice4all.org/

The Legal Aid Justice Center provides legal representation for low-income individual in Virginia. Their mission is to seek equal justice for all by solving clients’ legal problems, strengthening the voices of low-income communities, and rooting out the inequities that keep people in poverty. Programs include Civil Rights & Racial Justice, Economic Justice, JustChildren, and Immigrant Advocacy.

Legal Services of Northern Virginia (LSNV)
Main Office (additional offices in Arlington, Fairfax, Alexandria, Prince William, Loudoun)
4080 Chain Bridge Road First Floor
Fairfax Virginia 22030
Phone: 703-778-6800
Phone: 866-534-5243
Email: help@isnv.org
Website: www.lsnv.org

LSNV provides free legal assistance to children from low-income families in Northern Virginia. It advocates for disadvantaged children and their families in the areas of education, special education, health, child welfare, disabilities, custody and more.

Mathis and Mathis Disability Advocates
1650 King Street, Ste 650
Alexandria, VA 22314
Phone: 202-817-2673
Website: http://www.mathisdisabilityadvocates.com/

The experienced disability representatives of Mathis and Mathis advocate for individuals with disabilities and their families in the process of winning Social Security benefits. Mathis and Mathis has represented thousands of clients throughout Washington, D.C., Baltimore and the Mid-Atlantic region. Members of the senior staff have actually worked for the Social Security Administration.

McIntyre DeFede Law, PLLC
9315 Center St, Ste 102
Manassas, VA 20110
Phone 703-659-1962
Website: www.mcintyredefedelaw.com/Practice-Areas/Education-Law/
Education Law Attorneys and Special Education Attorneys will assist families in ensuring that the school meets its legal obligation to children. This firm helps clients with determining their child’s eligibility by working with medical professionals, determining services related to IEPs and 504 Plans, attending meetings, and serving as a liaison between families and the school system.

**Law Office of Joan H. Proper, PC**
9300 West Courthouse Road, Ste 202
Manassas, VA 20110
Phone: 703-291-6660
Email: jhp@jproperlaw.com
Website: www.jproperlaw.com

The Law Office of Joan H. Proper, represents clients in Fairfax County, Prince William County, Loudoun County, Arlington, Alexandria City, Manassas City, and in other jurisdictions. The firm’s commitment to legal advocacy and dispute resolution is evident in their representation in juvenile and young adult cases and education, including special education, issues as well as divorce. Joan fundamentally understands the school system and counsel parents on their rights and options that are available.

**Law Office of Alexander Soroko, Esq**
1100 North Glebe Rd, Ste 1010
Arlington, VA 22201
Phone: 703-224-8044
Email: Asoroko@SorokoLaw.com
Website: www.alexandersorokolaw.com

The law firm of Alexander Soroko provides assistance on legal issues for those with disability needs in the following areas: special education law; school discipline; due process hearings; IDEA, FAPE, IEP, MDR, and 504; disability estate planning; special needs trusts; health care directives; power of attorney letters; living trusts; wills; guardianships; conservators; Medicaid health insurance; and social security supplemental income.

**Training and Technical Assistance Center (TTAC) Online**
Email: vafam1@gmu.edu
Website: www.ttaconline.org

Funded by the Virginia Department of Education, TTAC Online (Training and Technical Assistance Center) is a web resource to link parents, caregivers, teachers, and other educators to training, disability information, and other resources to support the Virginia Family Special Education Connection website is managed by the TTAC at GMU. There are eight TTAC Regions across the Commonwealth of Virginia that serve professionals in their local areas.

**WrightsLaw**
WrightsLaw provides extensive information and training about special education law including information about the Individuals With Disabilities Education Act (IDEA 2004), education law, and advocacy for children with disabilities. The webpage has links to advocacy libraries, law libraries, training programs, a newsletter, and multiple resources, including lists of attorneys, advocates, tutors, and therapists.

**CASAs and Other Support Resources**

**CASA Court Appointed Special Advocates**
9384-C Forestwood Ln
Manassas, VA 20110
Phone: 703-330-8145
Email: CasaAdmin@casacis.org
Website: www.casacis.org

CASA is a not-for-profit organization serving Greater Prince William, Loudoun, Fauquier and Rappahannock counties. It provides a variety of services including legal rights advocacy for children still within the adoption system. The Court Appointed Special Advocates (CASA) for Children program recruits, trains and supports citizen-volunteers to advocate for the best interests of abused and neglected children in courtrooms and communities. Volunteer advocates—empowered directly by the courts—offer judges the critical information needed to ensure that every child’s rights and needs are being attended to while in foster care.

**CASA Fairfax**
4103 Chain Bridge Rd, Ste 200
Fairfax, VA 22030
Phone: 703-273-3526
Email: dcunningham@casafairfax.org
Website: www.fairfaxcasa.org

CASA is a not-for-profit organization providing legal rights advocacy for abused and neglected children referred by the Fairfax County Juvenile and Domestic Relations District Court. The Court Appointed Special Advocates (CASA) for Children program recruits, trains and supports citizen-volunteers to advocate for the best interests of children. Volunteer advocates—empowered directly by the courts—offer judges the critical information needed to ensure that every child’s rights and needs are being met.

**Loudoun Abused Women’s Shelter (LAWS)**
105 East Market St
Leesburg, VA 20176
24 hour crisis line provides crisis counseling and information to persons in physical or emotional danger because of domestic violence and sexual assault. The legal services provide assistance in obtaining protective orders.

**Stop Child Abuse Now (SCAN) of Northern Virginia**
205 South Whiting St, Ste 205
Alexandria, VA 22304
Phone: 703-820-9001
TTY: Dial 711
Email: info@scanva.org
Website: www.scanva.org

Stop Child Abuse Now (SCAN) of Northern Virginia promotes the well-being of children, improve parent-child relations and prevent child abuse and neglect by educating the community about the scope, nature and consequences of child abuse and neglect and the importance of positive, nurturing parenting. It provides direct parent education and advocates for children in the community, the legislature and the courts. Programs include parenting classes, support groups, prevention tools, and child advocacy including the Alexandria and Arlington Court Appointed Special Advocate Program (CASA).

**Tahirih Justice Center**
6402 Arlington Blvd, Ste 300
Falls Church, VA 22042
Phone: 571-282-6161
TTY: 711
Email: greaterdc@tahirih.org
Website: www.tahirih.org/

Tahirih Justice Center is a national non-profit that serves immigrant women and girls fleeing violence.

**Criminal Law Special Needs**

**Law Offices of W. Michael Chick, Jr. PLLC**
10513 Judicial Dr, Ste 102
Fairfax, VA 22030
Phone: 571-276-8279
Email: mike@chicklawfirm.com
Website: www.chicklawfirm.com
Law Offices of W. Michael Chick, Jr. PLLC is a criminal law practice experienced in FASD cases.

**Erik Jurgensen, Esq**
May Law, LLP  
3975 University Drive Ste 360  
Fairfax, VA 22030  
Phone: 703-312-0410  
Email: Law@MayLawLLP.com  
Website: [https://maylawllp.com/firm/](https://maylawllp.com/firm/)

Mr. Jurgensen is a partner and practicing counsel at May Law, LLP. His practice concentrates on traffic and criminal defense in all Virginia courts and the U.S. District Court for Eastern District of Virginia. His experience includes cases that involve both family and criminal law including adult children with special needs, including FASD.

**JustChildren Legal Assistance**
Legal Aid Justice Center  
Offices in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA  
Northern Virginia Office  
6066 Leesburg Pike, Ste 520  
Falls Church, VA 22041  
Phone: 703-778-3450  
Website: [https://www.justice4all.org/justchildren-program/](https://www.justice4all.org/justchildren-program/)

JustChildren provides free civil legal representation to low-income children statewide who have unmet needs in the education, foster care, and juvenile justice systems. The primary objective is to protect clients’ rights to live and thrive safely in their communities and in their schools. Some areas of representation include school discipline, court involvement, truancy, enrollment or re-enrollment, juvenile justice, and juvenile reentry.

**Law Office of Joan H. Proper, PC**
9300 West Courthouse Road, Ste 202  
Manassas, VA 20110  
Phone: 703-291-6660  
Email: jhp@jproperlaw.com  
Website: [www.jproperlaw.com](http://www.jproperlaw.com)  
Arlington, VA 22201

The Law Office of Joan H. Proper, represents clients in Fairfax County, Prince William County, Loudoun County, Arlington, Alexandria City, Manassas City, and in other jurisdictions. The firm is committed to legal advocacy and dispute resolution. Joan has experience in representing juvenile and young adult cases and education, including special education issues, and divorce.

**Legal Aid Justice Center**
Office in Charlottesville, Northern Virginia, Richmond, and Petersburg, VA
Northern Virginia Office
6066 Leesburg Pike, Ste 520
Falls Church, VA 22041
Phone: 703-778-3450
Website: https://www.justice4all.org/

The Legal Aid Justice Center provides legal representation for low-income individual in Virginia. Their mission is to seek equal justice for all by solving clients’ legal problems, strengthening the voices of low-income communities, and rooting out the inequities that keep people in poverty. Programs include Civil Rights & Racial Justice, Economic Justice, JustChildren, and Immigrant Advocacy.

**Rene Sandler**
11 N Washington St, Ste 230
Rockville, MD  20850
Phone: 301-747-3532
Email: sandler@houlonberman.com
Website: https://www.houlonberman.com/attorneys/rene-sandler/

Rene practice law in the following areas: Criminal defense, serious traffic offenses, juvenile crime, CPS investigations, personal injury, appellate law, and protective order sin domestic violence cases.

**Family Law and Special Needs Planning**

**Association of Family and Conciliation Courts**
Phone: 608-664-3750
Email: afcc@afccnet.org
Website: www.afccnet.org

AFCC convenes members of multiple disciplines in the public, private and nonprofit sectors, from all over the world.

**Bean Kinney & Korman PC, Attorneys**
Lori K. Murphy, Esq.
2300 Wilson Blvd, Ste 700
Arlington, VA 22201
Phone: 703-284-7258
Email: info@beankinney.com
Website: https://www.beankinney.com/services-wills-trusts-estates-wealth-management.html

Lori K Murphy, Esq. of Bean, Kinney & Korman can help you take stock of your estate, define and organize your objectives, and develop appropriate strategies to best suit your desires. Taxes may be minimized. To the extent specific circumstances allow, spouses and other dependents may be assured of support and maintenance. Our attorneys are
adept in preparing wills and trust documents in Virginia, Maryland and the District of Columbia that work together to accomplish your goals.

**Beckman Schmalzle Georgelas & Ross**
Christin L. Georgelas
Leesburg, VA Office
102 North King Street
Leesburg, VA 20176
Phone: 703-722-0717
Email: info@bsgrlaw.com
Website: [http://www.bsgrlaw.com/christin-l-georgelas/](http://www.bsgrlaw.com/christin-l-georgelas/)

Beckman Schmalzle Georgelas & Ross are the leading divorce attorneys in Northern Virginia. Beckman Schmalzle Georgelas & Ross is experienced in all aspects of family law including divorce, collaborative divorce, child custody, mediation, visitation rights and property support among others. Christin Georgelas is a partner of the firm and focuses in all areas of Domestic Relations (family law) including divorce, equitable distribution, settlement agreements, premarital agreements (“Prenupts”), spousal support, custody, visitation, child support, wills, and post-divorce issues. She regularly practices in several jurisdictions in Northern Virginia, including Loudoun County, Fairfax County, Prince William County, Clarke County, Frederick County and the City of Winchester. Christin also serves as a Guardian ad litem for children, where she represents children in court proceedings.

**The Bushman Law Group**
2800 Shirlington Rd, Ste 503
Arlington, VA 22206
Phone: 703-845-9070
Website: [http://www.bushmanlawgroup.com/](http://www.bushmanlawgroup.com/)

The Bushman Law Group maintains expertise in many areas of law including trust and estate planning, conservatorships, guardianships, Medicaid, and family law.

**The Collins Firm**
McLean Virginia Office
1501 Farm Credit Drive, Ste 200
McLean, VA 22102
Phone: 703-748-3400
Website: [https://mikecollins.com/](https://mikecollins.com/)
Link to seminar dates: [https://mikecollins.com/estate-planning-seminars/](https://mikecollins.com/estate-planning-seminars/)

The Collins Firm offers estate planning services and seminars throughout the greater DC Metro area. The Collins Firm prefers that customers attend one of their estate planning seminars, where you’ll learn what you need to know about wills, trusts, taxes, probate and how to keep your money in their family. The Collins Firm helps clients gain
a foundational understanding about estate planning before paying for legal advice. Check the website for upcoming seminar dates and locations.

**Cucinelli Geiger, PC**  
4084 University Drive, Ste 202A  
Fairfax, VA 22030

11702 Bowman Green Drive  
Reston, VA 20190  
Phone: 703-481-6464  
Email: cary@cucinelligeiger.com  
Website: [http://cucinelligeiger.com/](http://cucinelligeiger.com/)

Cucinelli Geiger, PC is a boutique law firm that focuses on estate planning, fiduciary services, guardianship/litigation, Medicaid planning, probate, and special needs planning. will carefully assess your situation by determining what type of special needs trust is right for your family, how to fund the trust, who should act as trustee and what care needs your loved one has now and in the future.

**The Elder and Disability Law Center (EDLC)**  
Virginia Office-Tyson’s Corner  
1950 Old Gallows Road  
Tysons Corner  
Vienna, VA 22182  
Phone: 202-452-0000  
Website: [https://www.edlc.com/](https://www.edlc.com/)

The Elder and Disability Law Center (EDLC) is a boutique estate planning and elder law firm serving clients throughout Washington, D.C., Virginia and Maryland. Lawyers provide you with comprehensive legal services in such areas of law as life care planning and management, Medicaid planning and eligibility, guardianships and conservatorships, probate, estate and trust administration, estate and disability planning, and special needs trusts.

**First Fridays Futures Planning**  
The Arc of Northern Virginia  
2755 Hartland Road, Ste 200  
Falls Church, VA  22043  
Phone: 703-208-1119, ext 120  
Email: Beneficiary.Advocate@thearcofNoVA.org  
Website: [https://thearcofnova.org/trust-presentations/](https://thearcofnova.org/trust-presentations/)

On the First Friday of the month from 10am-12pm, Tia Marsili, Director of Trusts, will present to families, siblings and adults with disabilities or others interested in learning about special needs trusts and other tools to consider when developing a plan for the future. A schedule of topics can be found online.
**Hartsoe & Morgan, PLLC**
Fairfax Office:
4084 University Drive, Ste 100
Fairfax, VA 22030

Leesburg Office (by appointment only):
7 East Market Street, Ste 225
Leesburg, VA 20176
Phone: 703-591-3100
Email: info@hartsoemorgan.com
Website: https://www.hartsoemorgan.com/

Hartsoe & Morgan, PLLC is a law practice specializes in several areas of law, including domestic relations and family law and estate planning (including wills, trusts, and advance medical directives). In domestic relations and family law matters, Hartsoe & Morgan represents clients in divorce proceedings and handle a variety of other matters such as division of marital assets, alimony calculations and amendments thereto, and additional guardianship issues. Our family law practice also includes preparation of prenuptial and postnuptial agreements in Virginia. The estate planning attorneys at Hartsoe & Morgan offer full-service estate planning services for clients with packages that include Wills, Durable Powers of Attorney, and Advance Medical Directives.

**Law Offices of M.H. Lawrence, P.C.**
4000 Legato Road, Ste 400
Phone: 703-267-9666
Email: mlawrence@mhlawrence.com
Website: http://mhlawrence.com/

The Law Office of M.H. Lawrence, P.C. specializes in estate planning, elder law, guardian, long-term care planning, estate and trust administration, special needs planning, military families with special needs, and spousal inheritance rights. The Law Office of M.H. Lawrence can assist in setting up a Special Needs Trust or and ABLE Account to allow inheritance funds to be for the beneficiary’s qualified disability expenses without jeopardizing public assistance benefits such as Medicaid and SSI.

**Law Office of Michael D. Toobin, PC**
7006 Little River Turnpike
Annandale, VA 22003
Phone: 703-354-7700
Email: mtoobin@toobinlaw.net
Website: www.toobinlaw.vpweb.com

The Law Office of Michael Toobin provides estate planning services, including estate planning for families with children who have special needs.

**Manning & Murray, PC**
6045 Wilson Blvd, Ste 300
Manning & Murray is a boutique firm dedicated to estate planning, estate and trust administration, and elder law. Attorneys and staff provide assistance with all aspects of estate and trust administration. The create wills and Trusts are thorough yet comprehensible and address a range of needs, including probate avoidance, tax planning, and providing for minor children, blended families, and special needs beneficiaries.

**Thompson Wildhack, PLC**

6045 Wilson Blvd, Ste 101
Arlington, VA 22205
Phone: 703-237-0027
Website: [http://www.twplc.com/](http://www.twplc.com/)

Thompson Wildhack, PLC is a law firm located in Arlington, Virginia providing professional legal representation primarily in the areas of estate planning, special needs planning, guardianship and conservatorship, elder law, and estate and trust administration to individuals in Northern Virginia and the District of Columbia.

**Waddell Group**

1952 Gallows Rd, St 110
Vienna, VA 22182
Phone: 703-881-9173
Website: [www.raymondjames.com/waddellgroup](http://www.raymondjames.com/waddellgroup)

The Waddell Group are financial advisors who seek to help families with special needs achieve financial security, providing independent financial planning for those who have a loved one with a disability.

**The Washington Group**

Special Care Planning Team
3925 Old Lee Highway, Ste 53-B
Fairfax, VA 22030
Phone: 703-865-6502
Email: [jhulick@financialguide.com](mailto:jhulick@financialguide.com)

The Washington Group provides long range financial planning for families who have members with special needs.

**Mediation and Other Legal Services**

**Colin Family Mediation Group LLC**
P.O. Box 2481
The six professional family mediators in Colin Family Mediation Group LLC are dedicated to supporting the welfare of children in the families. When relatives and foster or adoptive parents want help discussing things that are hard to talk about, such as a schedule for visits, school plans, or child support, an experienced, certified family mediator may be just the person the family needs. The mediators help all involved figure out how to work together to create a world in which their children can feel safe and well cared for.

**Northern Virginia Mediation Services**

9653 Fairfax Blvd, Ste 203
Fairfax, VA 22031
Phone: 703-865-7272
Email: info@nvms.us
Website: www.nvms.us

Northern Virginia Mediation Services practitioners bring a wealth of experience from fields such as conflict and peace building, mediation, law, education, human resources, management, and organizational development.

**TransParenting**

Northern Virginia Family Services (NVFS)
Administrative Headquarters
10455 White Granite Dr., Ste 100
Oakton, VA 22124
Phone: 571-748-2500
Email: oaktonreception@nvfs.org
Website: https://www.nvfs.org/transparenting-seminar/

The TransParenting seminar emphasizes each parent’s responsibility to provide a nurturing, non-threatening environment for their children, and is designed to help divorcing parents shift their attention to their children’s needs. Parents learn ways to lessen the negative impact of divorce on their children by focusing on separation as seen through their child’s eyes. This seminar also emphasizes parents’ roles in the child’s ability to adjust to changes in their lives. This seminar meets Supreme Court of Virginia requirements and is designed specifically for co-parenting and may not suffice for court orders related to Child Protective Services (CPS). Children are not allowed to attend the seminar, preregistration and prepayment are required. Cost to attend is $50 per person.

**The Women’s Center**

133 Park St NE
Vienna, VA 22180
Phone: 703-281-2657
The Women’s Center does not provide legal counseling or advice directly, but can connect you with the help you need. The Center offers free telephone consultations with three family law attorneys in the area (20 minutes with each attorney). Call (703) 281-2657 for access to the list. The Women’s Center mediation services offer a way to reach agreement on difficult issues in a controlled and confidential environment. Certified mediators are attorneys who help people understand their options in order to reach mutually acceptable decisions. Mediation is usually significantly less expensive and can be completed more quickly than litigation. Mediation can also be highly effective in resolving landlord/tenant problems and workplace disputes.

**Online Legal Guides and Resources**

**Disability Car Insurance: What Are My Rights?**  
Website: [https://www.obrella.com/resources/disability-car-insurance-guide/](https://www.obrella.com/resources/disability-car-insurance-guide/)  
Provides information about rights and things that families need to know when buying auto insurance coverage.

**Disability Self-Advocacy and Awareness**  
Website: [www.virginiaselfadvocacy.org](http://www.virginiaselfadvocacy.org)  
Center for Disability Leadership supports and encourages people with disabilities to become leaders in their own lives and leaders in their communities.

**Estate, Trust, Guardianship Services Directory**  
The Arc of Northern Virginia  
Website: [https://thearcofnova.org/business-directory/wpbdp_category/estate/](https://thearcofnova.org/business-directory/wpbdp_category/estate/)  
The Arc of Northern Virginia has a directory of services that includes a section with Estate, Trust, and Guardianship law providers in the Northern Virginia Region.

**Grandfamilies.org**  
Website: [http://grandfamilies.org/](http://grandfamilies.org/)  
This website has information on federal and state laws related to many topics including adoption, education, federal laws, financial assistance, foster care licensing, housing, healthcare, and subsidized guardianship.

**Guide to Disability Rights Laws, including the Americans with Disabilities Act (ADA) and the Individuals with Disabilities Education Act (IDEA)**  
Website: [www.ada.gov/cguide.htm](http://www.ada.gov/cguide.htm)
This guide provides an overview of Federal civil rights laws that ensure equal opportunity for people with disabilities.

**VA LegalAid.com**
Website: [https://www.valegalaid.org](https://www.valegalaid.org)
Legal Directory: [https://www.valegalaid.org/find-legal-help/directory](https://www.valegalaid.org/find-legal-help/directory)
VaLegalAid.org is an attempt by Virginia legal aid offices and their partners to provide complete, accurate, up-to-date information on poverty law issues in an interactive and easily accessible format. A sample of topics included on the website include Consumer, Debtors Rights, Elder Law, Employment, Family and Domestic and Sexual Violence, and Housing, VA LegalAid.com also has a link to a legal directory in Virginia.

**Virginia Legal Aid Society**
Information Website: [http://vlas.org/](http://vlas.org/)
Virginia Legal Aid Society’s mission is to resolve serious legal problems of low-income people, promote economic and family stability, reduce poverty through effective legal assistance, and champion equal justice.

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**MEDICAL AND HEALTH CARE SERVICES AND RESOURCES**

**Physical, Occupational, and Speech and Language Therapy**

**Achieve Beyond Pediatric Therapy and Autism Services**
11240 Waples Mill Rd, Ste 101
Fairfax, VA 22030
Phone: 703-237-2219

14130 Noblewood Plaza, Ste 301
Woodbridge, VA 22193
Phone: 571-402-7550
Email: metrodc@achievebeyonduusa.com

Achieve Beyond, with a professional team including psychologists, program supervisors, instructors, board certified behavior analysts, and speech, occupational and physical therapists, develops an individualized program to teach communication, social and play skills, independence, appropriate behavior and pre-academic skills. Achieve Beyond offers Parent Training, Therapy Services, Occupational and Physical Therapy, and Speech-Language Therapy.

**Blue Ridge Speech and Hearing Center**
Blue Ridge Speech and Hearing Center is a nonprofit providing Audiological Services, Speech Therapy, and Occupational Therapy to Loudoun County’s residents in need. Discounted or subsidized treatment for people with speech, language, hearing, and developmental challenges is available. The Audiology department offers an array of services to help protect hearing, diagnose hearing loss, and assist in all hearing healthcare. The clinic works with several hearing aid manufacturers to provide patients with a variety of options including different levels of technology, sizes, and costs. In addition the clinic uses the Fast ForWord Therapy Program, a computer based therapy program that "retrains" the brain to improve language skills.

**Building Blocks Therapy Pediatric Speech and Language Services**  
450 W Broad St, Ste 215  
Falls Church, VA 22046  
Phone: 703-533-8819

5185 MacArthur Blvd, Ste 101  
Washington, DC 20016  
Phone: 202-363-8255  
Email: admin@buildingblocks.com  
Website: buildingblockstherapy.com/

Building Blocks Therapy serves infants, toddlers, and school-aged children in a child-centered and play-based setting. Services include 1:1 therapy, group therapy, and play and social skills groups. Experienced with autism, Down syndrome, dyspraxia, compromised muscle tone, cerebral palsy, and many other disabilities.

**Children's Speech Therapy Center (CSTC)**  
44025 Pipeline Plaza Ste 105  
Ashburn, VA 20147  
Phone: 703-723-7270  
Email: info@childrens-speech.com  
Website: www.childrens-speech.com

Children’s Speech Therapy Center (CSTC) focuses on diagnosing and treating the unique needs of children communication disorders. Every tool and technique used is designed for children. CSTC works with children ranging in age from birth to adolescence. CSTC does IEP consultations and screenings, consultations, evaluations and treatment, and provides pediatric speech therapy. CSTC also has social skills groups and reading interventions.

**Children's Therapy Center**
Children’s Therapy Center is a multidisciplinary practice that offers outpatient physical therapy, occupational therapy, and speech therapy services from birth through adolescence.

**Coleman Therapy Center (CTC)**
14701 Lee Highway, Ste 305
Centreville, VA 20121

10467 White Granite Drive, Ste 306, Room 7
Oakton, VA 22124

Phone: 703-266-7700
Email: jjccoleman@gmail.com
Website: www.colemantherapycenter.com

Coleman Therapy Center (CTC) offers pediatric speech and language therapy. Most of the therapy program consists of either a 30 or 60 minute individual therapy session, which follows an individualized treatment plan based on the strengths and needs of each child. CTC also offers Reading Programs, Social Skills Groups, Fabulous Fridays for Children with Down Syndrome, Hippotherapy (horseback riding), and The Listening Program.

**Continuum Pediatric Therapy**
1651 Old Meadow Rd, Ste 600
McLean VA 22102
Phone: 703-506-0123

1571 Technology Drive, Ste 104
Chesapeake, VA 23320
Phone: 757-490-2272
Fax: 866-857-0246
Website: http://www.pediatrictherapies.net/
Continuum Pediatric Therapy provides evidence-based speech and language therapy to support child’s ability to interact with the world around him or her through the use of languages. Services are available in home as well as their clinics in McLean and Chesapeake, VA. Also provide pediatric physical therapy service through Chesapeake, VA office.

**Creative Health Solutions**
3900 Jermantown Rd, Ste 250
Fairfax, VA 22030
Phone: 703-910-5006
Email: INFO@CreativeHealthLLC.com
Website: www.creativehealthllc.com

Creative Health Solutions focuses on pediatric special needs, including customized occupational, speech, and allied therapies. Creative Health Solutions also offer therapeutic social groups, care coordination, and advocacy.

**Dower and Associates, Inc.**
9845 Business Way
Manassas, VA 20110
Phone: 703-618-6180
Email: information@dowerandassociates.com
Website: www.dowerandassociates.com

Dower and Associates, Inc. has a focus on speech and language, education, and behavior analysis. Service areas are throughout Prince William, Loudoun and select regions of Fairfax and Fauquier Counties. Dower and Associates specializes in the assessment and treatment of children, adolescents and adults diagnosed with Autism Spectrum Disorder and related developmental disabilities. Assessment and treatment of children and adolescents are also available in the areas of receptive and expressive language delays and disorders, learning disabilities, and ADHD.

**Exceptional Children's Center**
7001 A Loisdale Rd
Springfield, VA 22150
Phone: 703-971-0602
Email: info@exceptionalchildrenscenter.com
Website: www.exceptionalchildrenscenter.com

Exceptional Children's Center offers pediatric occupational therapy, physical therapy, speech therapy, and art therapy.

**Speech and Hearing Clinic**
Fairfax County Health Department
Joseph Willard Speech and Hearing Clinic
3750 Old Lee Hwy
Fairfax, VA 22030
Fairfax County's Speech and Hearing Clinic is dedicated to helping children and adults communicate effectively. Clinic staff is certified by the American Speech-Language-Hearing Association (ASHA) and licensed by the Commonwealth of Virginia Department of Health Professions. The clinic provides speech, language, and hearing services, including complete diagnostic evaluation and treatment of adult language and swallowing disorders, aphasia, apraxia, articulation delay or disorder, autism spectrum disorders, child language delay or disorder, cleft palate, stuttering, and language learning disabilities.

**Growing Kids Therapy Center**
722 Grant St, Ste K
Herndon, VA 20170
Phone: 703-464-0456
Email: gktc.jeanne@gmail.com
Website: www.growingkidstherapy.com

Growing Kids Therapy offers pediatric speech, diagnostic and therapeutic services for children of all ages. Services include developmental and speech-language screenings for toddlers and preschoolers, speech-language evaluations, language, cognitive, and academic evaluations. Growing Kids Therapy also offers various tutoring services, including social skills, and math and reading remediation, as well as IEP and educational consulting.

**Helping Hands Pediatric Therapy Services**
2049 Jefferson Davis Highway
Stafford, VA 22554
Phone: 540-657-1423
Email: office@hhitherapy.com
Website: https://www.hhitherapy.com/

Helping Hands Pediatric Therapy Services offers an eclectic approach to therapy, and works closely with parents and families to educate them about their child's diagnosis, treatment, and therapeutic options. Their therapists are passionate about helping
families understand their child's daily challenges, therefore increasing a positive outcome for their child's treatment, and improving their child's quality of life. Helping Hands services include Occupational Therapy, Speech Therapy, Sensory Integration, Social Thinking Groups, Life Skills Groups, Educational Support, and Private Day School.

**JoAnn Kennedy, OTR/L, LLC**
5229 Richardson Dr
Fairfax, VA 22032
Phone: 703-978-6532
Email: otjoann@gmail.com

JoAnn Kennedy is a licensed occupational therapist who has worked with children with sensory integration needs for over 30 years. She also specializes in serving children who have attachment and trauma disorders, and is currently completing a clinical doctorate in occupational therapy.

**Lynn Konnerth, SLP**
10023 Black Ct
Fairfax, VA 22032
Phone: 703-503-3216
Email: lynnk2@verizon.net

Lynn Konnerth is a Speech Pathologist/Therapist.

**L.E.A.P. Ahead, Inc.**
10686 Crestwood Dr, Suites A and B
Manassas, VA 20109
Phone: 703-392-6166
Fax: 703-392-3885
Email: info@leapahead.org
Website: www.leapahead.org

L.E.A.P. Ahead provides therapy and consultations to children ranging from the ages of 18 months to 16 years of age who have been diagnosed with Autistic Spectrum Disorder and other related disorders. L.E.A.P. works in a variety of settings including within the home, their office, and supporting public and private schools. L.E.A.P. focuses on the implementation of Applied Behavior Analysis (ABA), with an emphasis in Verbal Behavior (VB).

**The Medical Team**
1902 Campus Commons Drive, Ste 650
Reston, VA 20191
Phone: 703-390-2300
Email: info@medteam.com
Website: https://medicalteam.com/
The Medical Team is a full-service home health agency providing skilled nursing, physical therapy, occupational therapy, speech therapy, medical social work, and home health aides. In addition, their Personal Care Services provide private duty, respite care and personal care services.

**Milestones Speech Therapy**  
Loudoun County  
Phone: 703-774-4548  
Email: milestonesllc@yahoo.com  
Website: www.reachmilestones.com

Milestones provides play-based services in your child’s home or school and web-based services and consultations. Services include: Comprehensive Speech-Language Evaluations; Articulation Therapy; Feeding Therapy; Expressive, Receptive and Pragmatic Language Therapy; Oral Sensory-Motor Therapy; Educational Support; Auditory Processing Therapy; and The PROMPT Method.

**OT 4 Kids**  
1125 North Patrick Henry Drive  
Arlington, VA 22205  
Phone: 703-237-7320  
Email: OT4Kids@ot4kidsvirginia.com  
Website: www.ot4kidsvirginia.com

This is a pediatric occupational therapy group, specializing in treating children with a broad range of needs, with a focus on early intervention in any developmental delays, using the Sensory Integration frame of reference. Services offered include: Evaluation and assessment of fine and gross motor skills, sensory integration and visual-perceptual skills; Individual treatment sessions; Play partner and socialization sessions; Parent, caregiver, and school consultations; Coordination of treatment with other service providers; Therapeutic Listening Program; and Handwriting Without Tears.

**Pediatric Achievements, LLC**  
2235 Tackett’s Mill Dr, Ste C  
Woodbridge, VA 22192  
Phone: 703-491-1044  
Email: info@pediatricachievements.com  
Website: www.pediatricachievements.com

The mission at Pediatric Achievements, LLC is to facilitate independence, intrinsic motivation, and happiness across all environments. Pediatric Achievements aims to collaboratively treat the whole child with the highest quality of individualized care and undivided attention to children and their families. Services offered include Occupational Therapy Evaluations and Treatment, Occupational Therapy Evaluations for a 504 Plan, Early Intervention Services, Handwriting Tutoring, Parent-Infant Massage Classes, Group Motor Skills Classes, Consultations and Monthly Informational Seminars and Workshops.
Pediatric Feeding and Speech Solutions
704 South King St, Ste 1
Leesburg, VA 20175
Phone: 703-771-2200
Email: kelly@pediatricfeedingandspeech.com
Website: www.pediatricfeedingandspeech.com

Pediatric Feeding and Speech Solutions is a unique private practice in a home-like setting that offers individualized and specialized treatment options for pediatric feeding and speech and language disorders.

Practical Speech Solutions, PLC
2121 Eisenhower Ave, Ste 234
Alexandria, VA 22314
Phone: 703-850-0872
Website: http://practicalspeechsolutions.com/

Practical Speech Solutions, PLC provides diagnostic and therapeutic treatment for children ages 1-18 with communication delays and disorders.

Skillbuilders
7617 Little River Turnpike, Ste 310
Annandale, VA 22003
Phone: 703-941-7757

1487 Chain Bridge Rd, Ste 102
McLean, VA 22101
Phone: 703-821-8883
Website: www.skillbuildersllc.com

Skill Builders is a private, speech-language and occupational therapy practice seeking to foster positive changes in the daily lives of children and adults. Licensed therapists work with each family to tailor a specific and focused treatment program that meets the unique needs of each patient.

Speech Beginnings, PLC
6208 Redwood Ln
Alexandria, VA 22310
Phone: 571-481-4344
Email: speechbeginnings@gmail.com
Website: www.speechbeginnings.com

Speech Beginnings is a pediatric speech therapy private practice serving Northern Virginia. Speech Beginnings provides evaluations, screenings, in-home therapy, and consultations.
**Washington Speech**
11150 Fairfax Blvd, Ste 500
Fairfax, VA 22030
Phone: 703-537-0373
Email: info@washingtonspeech.com
Website: www.washingtonspeech.com

Washington Speech is a private speech therapy practice treating children and adults with speech, language, voice, and cognitive disorders.

**Wings to Fly Therapy and Play Center**
4530 Walney Road, Ste 203
Chantilly, VA 20151
Phone: 703-466-5533
Email: info@wingstoflytherapy.com
Website: http://www.wingstoflytherapy.com/index.html

Wings to Fly Therapy and Play Center is a pediatric (birth to 18 years old) treatment facility in Chantilly, Virginia. The clinic has two occupational sensory-exploration rooms and several individual therapy rooms. Their mission is to provide an integrated (“all-in-one”) therapy and recreational center that empowers families to become their own experts about their children’s potential. Their dream has always been to create a caring place where families can obtain practical and collaborative therapies in one location. Their wish is to help families navigate their journey and create meaningful road maps for their futures.

**Vision Therapy**

**Family Vision Therapy**
Dr. Kavita Malhotra, FCVOD
501 Church Street NE, Ste 215
Vienna, VA 22180
Phone: 703-242-0737
Email: Drmalhotra@cox.net
Website: http://www.optometrists.org/drmalhotra/
Website: http://familyvisiontherapy.com/

Family Vision Therapy provides comprehensive and thorough vision care for patients of all ages. Using the latest advances in diagnostic and therapy technologies, Dr. Malhotra provides vision therapy specific to each patient's needs. Providing comprehensive vision exams and vision therapy to treat the following conditions: Learning related vision problems, eye teaming, focusing disorders, tracking problems, strabismus and amblyopia or lazy eye, visual rehabilitation, and computer vision syndrome.

**Virginia Vision Therapy Center (formerly Davis Vision Therapy)**
Offices located in Fredericksburg, Manassas, Springfield, and Winchester, VA
Dr. Davis and Dr. Carlyle have over 30 years of experience specializing in Developmental Optometry, Vision Therapy, NeuroOptometry, and Low Vision Services. Virginia Vision Therapy Center provides hope for children and adults by providing the answers and solutions to all of the difficulties and symptoms related to a vision disorder.

**BioFeedback and NeuroFeedback Therapy**

**The Better Brain Center**  
2121 Eisenhower Avenue, Suite 604  
Alexandria, VA 22314  
Phone: 833-964-8483  
Email: info@thebetterbraincenter.com  
Website: [https://thebetterbraincenter.com/](https://thebetterbraincenter.com/)

The Better Brain Center provides psychiatry, counseling, and neurofeedback services. Counselors are experienced in treating anxiety disorders, depression and mood disorders, grief, trauma, self-harm behaviors, and life transitions. Neurofeedback is used to treat symptoms of chronic pain, insomnia, anxiety, depression, ADHD, and a variety of behavioral and functional issues from autism and anger management to athletes and executive wanting enhanced performance.

**BiofeedbackWORKS in Virginia**  
512 Herndon Parkway, Suite F  
Herndon, VA 20170  
38669 Eudora Lane  
Hamilton, VA 20158  
Phone: 703-689-0449  
Email: biofeedbackworksva@gmail.com  
Website: [https://www.biofeedbackworksva.com/](https://www.biofeedbackworksva.com/)

BiofeedbackWORKS in Virginia offers neurofeedback, general biofeedback, qEEG assessment, counseling and psychological assessments. Neurofeedback is a specialized form of brain training that helps improve brain function and flexibility. It is a safe, effective, and non-invasive treatment without the risks and side effects that are possible with medication. Biofeedback is a therapeutic technique in which people learn to use body signals to self regulate and improve health. May work with Attention Disorders, Anxiety Related Disorders, Depression, Trauma-PTSD, Head Injuries, Headaches, Addictions, Sleep Disorders, Learning Issues, Autism Spectrum Disorders, and Reactive Attachment Disorder.

**Break-Thru Coaching**  
Valerie Hadeed MHS, CSAC, CHWC
Break-Thru Coaching offers NeuroFeedback Coaching, Progressive Recovery Coaching and Health and Wellness Coaching. Valerie Hadeed is a certified Health and Wellness Coach, Certified Substance Abuse Counselor, and has a Master of Human Service. Using a combination of NeurOptimal neurofeedback and coaching each client will see benefits tailored to his or her own needs. Break-Thru Coaching helps others in finding their fulfillment by addressing physical, mental, emotional, and spiritual needs to help maintain balance, manage stress, and make positive life changes toward goals. Break-Thru Coaching also offer Substance Use Assessments.

Carlton NeuroFeedback Center
8805 Sudley Road, Ste 200
Manassas, VA 20110
Phone: 703-335-9149
Website: https://carltonneurofeedbackcenter.com/

The Carlton NeuroFeedback Center can help individuals recover from a stressful period in their lives, improve their performance at school, work, sports and other outside interests. NeuroFeedback can provide relief from many of the debilitating symptoms associated with brain-based disorders. The Carlton NeuroFeedback Center treats symptoms related to ADHD and ADD, Anxiety, Autism, Bipolar Disorder, Concussions/Head Injuries, Depression, Insomnia, Migraines, PTSD/Trauma, and Seizures/Epilepsy.

Counseling Bliss LLC
Archana Dogra, Ph.D.
9246-B Mosby Street
Manassas VA 20110
Phone: 571-358-1728
Email: counselingbliss@gmail.com
Website: http://www.counselingbliss.org/

Dr. Archana Dogra has extensive experience working with children, adolescents and adults. Counseling Bliss is currently accepting referrals for individuals suffering from anxiety, depression, academic underachievement, ADHD, trauma and mood disorders. Dr. Dogra works from a strength based perspective and has been specifically trained in Internal Family Systems and Neurofeedback. Dr. Dogra uses a variety of evidence based approaches to create a blissful counseling experience, a journey that can be healthy, therapeutic and meaningful.

Family Compass
11150 Sunset Hills Road, Ste 150
Family Compass provides early intervention, individual and group therapy for children, and guidance for parents. Family Compass offers psychological, neuropsychological, and developmental evaluation and treatment. Areas of focus include therapy for behavioral, emotional, and parenting challenges; early intervention for developmental delays and/or autism; testing and intervention for attention and learning challenges; neurofeedback for anxiety, attention and mood regulation; and social skills, drama, art and psychotherapy groups.

**Lifeworks Consulting, LLC**
380 Maple Ave West, Ste 203
Vienna, VA 22180
Phone: 703-728-6087
Website: [www.novalifeworks.com](http://www.novalifeworks.com)

Lifeworks Consulting helps clients leverage the body’s ability to self-correct to create calmer bodies and minds through the use of cutting-edge neurofeedback techniques based on neuroscience. Trainees re-pattern their brains' electrical pathways for optimized functioning. Tamera Siminow is a certified neurofeedback specialist who customizes in-office sessions and supports at-home training when appropriate.

**NOVA Neuro Center**
1485 Chain Bridge Road, Suite 202
McLean, VA 22101
Phone: 703-760-0987
Email: novaneruo@hotmail.com
Website: [http://novaneurotherapy.com/](http://novaneurotherapy.com/)

NOVA NeuroIntegrative Medicine collaborates with patients to improve their functioning and overall health by promoting healthy behaviors and environments, in addition to biofeedback, EEG neurofeedback, behavior incentive systems and counseling. Dr. McMahon, a medical doctor, performs biomedical work-ups, many biomedical treatments, and neurofeedback. She strives to facilitate brain-body connections for improved function. Consistent and regular practice of good brain conduct over at least 4-6 months is necessary to attain the fundamental changes in brain architecture and processing for lasting effects. For those clients who use medications and are involved in other therapies, our professional medical training and years of experience in healthcare enable us to ensure coordination of your care.

**Peak Performance Neurofeedback, LLC**
13800 Coppermine Road, Ste 105
Herndon, VA 20171
Phone: 619-540-3235
Email: [drbethdavis@peakperformance-neurofeedback.com](mailto:drbethdavis@peakperformance-neurofeedback.com)
Peak Performance Neurofeedback provides state of the art Neurofeedback and Cognitive Behavioral Treatment. A few of the conditions currently treated with success are ADD, ADHD, ASD, Depression, PTSD, Anxiety, Learning Disorders, Memory or other cognitive problems such as mTBI (mild traumatic brain injury), and addictions. Treatment occurs over approximately 20 sessions (two or three times weekly) by providing a reward (a desired video plays) whenever selected EEG parameters move in the direction of increased stability, efficiency, and improved regulation.

**SYMMETRY Neuro-Pathway Training (Neuro-PT)**
Phone: 833-SYMMETRY  
Email: Dianne@SYMMETRYNeuroPT.com  
Website: [https://symmetryneuropt.com/](https://symmetryneuropt.com/)

SYMMETRY Neuro-Pathway Training (Neuro-PT) uses neurofeedback to re-pattern the way the brain responds to internal and external impulses. At SYMMETRY Centers, clients are able to visit us in a relaxed and friendly location for sessions. Treatment consists of a series of relaxing sessions where in a subtle, but effective way, brains receive visual and auditory feedback based on brainwave activity. This helps to re-pattern neural pathways. While personality endures, awareness and adaptive responses are cultivated. Client’s can expect to attend approximately 40 sessions. Treatment options are in clinics or programs in your home with online consultations.

**Virginia Center for Neurofeedback, Attachment & Trauma**
420 3rd Street, NE  
Charlottesville, VA 22902  
Phone: 434-878-3146  
Email: info@virginianeurofeedback.com  
Website: [http://virginianeurofeedback.com/](http://virginianeurofeedback.com/)

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

**Other Medical Resources**

**American Childhood Cancer Organization Virginia**  
Candlelighters of DC Metro Area  
P.O. Box 2705  
Merrifield, VA 22116  
Phone: 202-747-7191  
Email: decandlelighters@gmail.com  
Website: [www.decandlelighters.org](http://www.decandlelighters.org)
This group serves families in Northern Virginia, Southern Maryland, and District of Columbia that are within 50 miles of the Children’s National Medical Center, Georgetown University Hospital, and Inova Fairfax Hospital. Programs and services include Candlelighters’ publications, support group meetings, in-hospital visits, new patient care bags, caregiver teas, educational seminars, financial assistance, gas cards.

**Jacquelyn Calbert, MD**  
Pediatric Specialists of Virginia (PSV)  
Fairfax Office  
3023 Hamaker Court, Ste 200  
Fairfax, VA 22031  
Phone: 703-876-2788  
Website: [http://psvcare.org/physicians/jacquelyn-calbert-md](http://psvcare.org/physicians/jacquelyn-calbert-md)

Dr. Jacquelyn Calbert works in the Fairfax office of Pediatric Specialists of Virginia. She is board certified in Neurodevelopmental pediatrics. Dr. Calbert’s areas of clinical interest include ADHD, autism, school problems, learning disabilities, behavioral problems, and developmental delays for all patients starting from birth-23 years of age.

**Children's Hospital of Richmond at VCU**

Virginia Commonwealth University  
Phone: 804-828-2467  
Website: [www.chrichmond.org](http://www.chrichmond.org)

Children's Hospital provides a variety of clinical, therapeutic, and support services for a variety of medical conditions. The services are offered at several locations in and around the Richmond, VA area.

**Cover Virginia**

Phone: 855-242-8282  
TDD: 888-221-1590  
Website: [https://www.coverva.org/](https://www.coverva.org/)

Cover Virginia is a health insurance marketplace connecting Virginians to affordable health insurance. This website has information about Virginia’s Medicaid and FAMIS programs for children, pregnant women and adults. There is also information about health insurance options available through the Federal Marketplace. Individuals can apply online or search for someone who can assist with applications.

**Developmental Pediatric Specialists of Virginia (PSV)**  
Children’s National and Inova Health System  
Executive Offices  
3023 Hamaker Court, Ste 200
The Developmental Pediatrics team at Pediatric Specialists of Virginia (PSV) provides comprehensive care for children and adolescents with neurodevelopmental disorders, including cognitive, motor, social, and behavioral needs. Practitioners have unique expertise in caring for children with impairments of typical brain function that often impact their behavior, memory, and ability to learn. These disorders often first appear in early childhood as cognitive, motor, social, and behavioral problems that affect daily life, including school and family.

**Diabetes Management Program**
Cumberland Hospital for Children and Adolescents
9407 Cumberland Rd
New Kent, VA 23124
Phone: 800-368-3472

Cumberland Hospital for Children and Adolescents has a Diabetes Management Program for hard-to-treat children and adolescents. Cumberland’s 16-bed, co-ed medical Residential Treatment Program provides a specialized milieu for adolescents ages 13 to 22. These residents do not require hospitalization, but need supervision for medical compliance and a structured environment to address behavioral, emotional and control issues that impede successful medical self-care. Licensed as a behavioral health program, residents also receive 24-hour nursing and medical management assistance. At discharge, program participants will demonstrate skills and knowledge to effectively monitor their blood sugars with insulin, healthy diet, and exercise.

**Gainesville Holistic Health Center**
8006 Crescent Park Drive
Gainesville, VA 20155
Phone: 571-248-0695
Email: info@ghhcenter.com
Website: [http://www.ghhcenter.com/](http://www.ghhcenter.com/)

Holistic health is a lifestyle that requires clients to be an active participant taking control and responsibility of various aspects of their life. This is the first and only center that takes nutrition, body, mind, emotion, spirituality, exercise, training, stressors and quantum levels of health under one approach. GHHC integrates several therapeutic approaches into one practice including Chiropractic, Naturopathy, Integral Medicine,

**Greater Prince William Community Health Center**

Evergreen
9705 Liberia Avenue, Ste 201
Manassas, VA 20110

Ridgewood Health Center
4379 Ridgewood Center Dr, Ste 102
Woodbridge, VA 22192

17739 Main Street, Ste 130
Dumfries, VA 22026
Phone: 703-680-7950
Website: [http://gpwhealthcenter.org/](http://gpwhealthcenter.org/)

The Greater Prince William Community Health Center offers Primary, Dental, Behavioral, and OB-GYN Services. The Community Health Center has integrated and coordinated patient care access across all of the practices and provides quality and affordable care for people of all ages and incomes, regardless of insurance status. The Community Health Center accepts Medicaid, Medicare, and Private Insurances.

**HealthWorks for Northern Virginia**

163 Fort Evans Rd NE
Leesburg, Virginia 20176
Phone: 703-443-2000

1141 Elden Street, Ste 300
Herndon, VA 20170
Phone: 703-481-8160
Email: info@hwnova.org
Website: [www.Hwnova.org](http://www.Hwnova.org)

HealthWorks for Northern Virginia is a nonprofit community health center that provides comprehensive primary medical care to people regardless of age, income, insurance status, or immigration status. Once someone becomes a patient HealthWorks for Northern Virginia offers dental, behavioral health, and nutrition counseling. For households making less than 200% federal poverty level, HealthWorks offers a sliding fee scale.

**Inova Care Connection for Children**

Inova Health System
8110 Gatehouse Rd
Falls Church, VA 22042
Phone: 855-MY-Inova
Care Connection for Children is affiliated with Inova Children’s Hospital and sponsored by the Virginia Department of Health. Their goal is to help families coordinate community and education resources with medical expertise to ensure that children with special healthcare needs can reach their maximum potential.

**Kennedy Krieger Institute**
707 North Broadway
Baltimore, MD 21205
Phone: 443-923-9200
Website: [www.kennedykrieger.org](http://www.kennedykrieger.org)

Neurodevelopmental Pediatricians
Harolyn ME Belcher, MD, MHS
Joanna Burton, MD
Eric B. Levey, MD
Maria Del Carmen Lopez-Arvizu, MD
Susan Perkins-Parks, PhD

Located in Baltimore, MD, Kennedy Krieger Institute is an internationally recognized institution dedicated to improving the lives of children and young adults with pediatric developmental disabilities and disorders of the brain, spinal cord and musculoskeletal system, through patient care, special education, research, and professional training. Kennedy Krieger’s patient care programs offer an interdisciplinary treatment approach tailored to the individual needs of each child, throughout all stages of care. Highly trained professionals from various disciplines and departments collaborate to design treatment plans specific to each patient’s needs.

**Latimer Neurology Center**
1101 30th Street NW, Ste 320
Washington, DC 20007
Phone: 202-625-4898
Website: [http://www.bethlatimermd.com/](http://www.bethlatimermd.com/)

Latimer Neurology Center is a child and adolescent Neurology practice that offers neurological disorder evaluation and treatment. While the Latimer Neurology Center works with a wide variety of neurological disorders, specializing in PANS and PANDAS. Other areas of focus include tremors, tics, concussion, spasticity management, ADD/ADHD, Epilepsy, and Autism.

**Ruth A. Mann, MD**
Primary Board Certified in Pediatrics
Reston Pediatric Associates
44160 Scholar Plaza, Ste 450
Leesburg, VA 20176
Dr. Mann’s clinical interests include the following areas: Asthma, ADHD, Developmental Pediatrics, Pediatric Allergy and Immunology, and Children’s Stomach Problems and Treatment. She speaks English, French, and Hebrew.

**NOVA Neuro Center**
1485 Chain Bridge Road, Suite 202
McLean, VA 22101
Phone: 703-760-0987
Email: novaneruo@hotmail.com
Website: [http://novaneurotherapy.com/](http://novaneurotherapy.com/)

NOVA NeuroIntegrative Medicine collaborates with patients to improve their functioning and overall health by promoting healthy behaviors and environments, in addition to biofeedback, EEG neurofeedback, behavior incentive systems and counseling. Dr. McMahon, a medical doctor, performs biomedical work-ups, many biomedical treatments, and neurofeedback. She strives to facilitate brain-body connections for improved function. Consistent and regular practice of good brain conduct over at least 4-6 months is necessary to attain the fundamental changes in brain architecture and processing for lasting effects. For those clients who use medications and are involved in other therapies, our professional medical training and years of experience in healthcare enable us to ensure coordination of your care.

**Partnership for Healthier Kids**
Inova Health System
2700 Prosperity Ave Ste 280
Fairfax, VA 22031
Phone: 703-698-2550
Email: phk@inova.org

Partnership for Healthier Kids sponsors an outreach effort led by Inova and community partners including Alexandria City, Fairfax, Prince William and Loudoun counties public schools and governments, as well as other community organizations. The purpose of the program is to identify children who do not have a source of ongoing healthcare and to link these children with free or very low cost medical providers. School staff identify children who have not reported a source of medical care on their emergency healthcare forms and refer them to Partnership for Healthier Kids. In addition, PHK partners with some school systems to reach uninsured families of children who are eligible for free/reduced lunch. Bi-lingual caseworkers conduct confidential, personal interviews over the telephone or at the school to help the families enroll in an appropriate, affordable program.
Pediatric Partners for Attention and Learning, Inc
1146-E Walker Road
Great Falls, VA 22066
Phone: 703-539-8310

2128 Jeff Davis Hwy, Ste 201
Stafford, VA 22554
Phone: 540-628-4145
Website: https://www.pp4al.com/

Pediatric Partners for Attention and Learning specializes in Autism, Attention Deficit, and Learning Disabilities. Pediatric Partners provides specialized, integrated, and comprehensive assessment and treatment to children, adults and families impacted by ADHD, Autism Spectrum Disorder, Dyslexia, Mood Disorders, Learning Problems, Behavioral Problems, Poor Self-Esteem, and other conditions that may adversely affect reaching their fullest potential. The practice is non-traditional, multi-disciplinary practice that bridges the gap between medical, behavioral health, nutrition and educational services. Medical providers will see patients aged 3 to 24 while all other providers (Behavioral Health, Nutritional, and Educational Specialists) will treat ages 18 months through 99.

Pediatric Specialists of Virginia (PSV)
Children’s National and Invova Health System
Executive Offices
3023 Hamaker Court, Ste 200
Fairfax, VA 22031
Administration Phone: 703-848-6610
Inquiries or Appointment Phone: 703-876-2788
Website: http://psvcare.org/

Locations is Ashburn, Fair Oaks, Fairfax, Falls Church, Fredericksburg, Manassas, and Woodbridge.

Pediatric Specialists of Virginia offers premier specialty care for children in Northern Virginia. Their services cover every stage of care for children—from evaluation, assessment, and procedures, through follow-up. Their services include allergy and immunology; ambulatory surgery center; arthritis and rheumatic diseases; bones, joints, and sports medicine; brain and spinal cord disorders; cancer and blood disorders; developmental pediatrics; diabetes and endocrinology; digestive and liver disorders; genetics; infectious diseases; kidney disorders and hypertension; gynecology; oculoplastics and orbital surgery; rehab medicine, pulmonary medicine, and urology.

Pharmacy Central Program
Northern Virginia Family Service (NVFS)
Greater Prince William Community Health Center
Evergreen
The Pharmacy Central Program is a partnership between the Greater Prince William Community Health Center and Northern Virginia Family Service. The program offers free prescription medications to uninsured and underinsured, income qualifying, patients. Patients interested in the program will meet with a staff member to complete an application to determine eligibility. The formulary includes thousands of medications and remains free of charge. There are no fees for this service.

The POTS Treatment Center
7515 Greenville Ave, Ste 1005
Dallas, TX 75231
Phone: 888-574-0823
Email: info@potstreatment.com
Website: http://www.potstreatmentcenter.com/

The POTS Treatment Center offers patients collaborative, alternative care aimed at treating the whole person, not just the disorder. The treatment team consists of a psychophysiologist, an internal medicine doctor, clinical health psychologist, and a registered dietitian who work with you to provide compassionate care through a full range of services. The Center offers an accelerated treatment program where patients travel to the center in Dallas, Texas for eight days to attend the accelerated program. The program will start on a Monday ending the following Wednesday. Patients come in everyday (except weekends) for 3+ hours. After the patient completes the eight day accelerated program, she/he will receive a home program to maintain learned skills and techniques. During the time of home training, the patient’s progress is monitored over phone and email. The goal of this program is to gain control of the autonomic nervous system (ANS) and thereby directly addressing the POTS/dysautonomia.

Susan J. Pratt, MD  Developmental and Behavioral Pediatrics
7915 Lake Manassas Drive, Ste 209
Gainesville, VA  20155
Phone:  571-247-4544
Website: http://drsusankanpratt.com/practice-info/

Dr. Susan J. Pratt specializes in the evaluation and treatment of infants, young children, adolescents, and young adults with developmental delays, differences, or disabilities. It is her privilege and pleasure to care for children with special needs and their families. Her areas of expertise include autism spectrum disorders, attention and learning
disorders, sensory processing disorders, low muscle tone and motor delays, and genetic disorders with associated developmental and behavioral problems

Susan Rich, MD, MPH
Potomac, MD 20854
Phone: 301-251-1190
Email: dr.sdrich@gmail.com
Website: www.susandrich.com

Dr. Rich sees patients in a home office on Dream Catcher Farm in Potomac, MD. The practice incorporates neuropsychiatric assessments of children, adolescents and adults with prenatal alcohol exposure with a variety of treatment modalities, including farm animal therapy, academic and vocational recommendations, psychopharmacology, and parent guidance. She focuses on improving social communication and perception, neurocognition and executive function, motor and sensory, and mood regulation and autonomic arousal through multimodal techniques.

Smile for a Lifetime
Website: www.s4l.org

Smile for a Lifetime is a national non-profit that provides scholarships for children aged 10-17 who need orthodontics.

MENTAL AND BEHAVIORAL HEALTH SERVICES AND RESOURCES

Community Services Boards (CSB) and Agencies

Alexandria Community Services Board (CSB)
Dept. of Community and Human Services
Alexandria City Hall
301 King St
Alexandria, VA 22314
Phone: 703-746-4550
Website: www.alexandriava.gov/CSB

The Alexandria Community Services Board (CSB) is a group of 12 volunteers appointed by the Alexandria City Council to oversee the use of public funds to provide mental health, intellectual disability, and substance abuse services through the Department of Community and Human Services. The Department has a Center of Administration and three service centers: Center for Adult Services, Center for Children and Families, and Center for Economic Support. CSB meetings are open to the public.

Arlington County Community Services Board (ACCSB)
The ACCSB consists of community members appointed to oversee services provided by the Department of Human Services to persons challenged by mental health, intellectual disabilities and substance abuse. The ACCSB provides the principal forum for residents and consumers of services to review, comment on, and influence the direction of those services. The ACCSB acts as an advocate, educator, community organizer, and community planner for services.

**Fairfax-Falls Church Community Services Board (CSB)**
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 703-383-8500, TTY: 711
Emergency 24/7 Line: 703-573-5679
Detox 24/7 Line: 703-502-7000
Email: wwwcsb@fairfaxcounty.gov
Website: [https://www.fairfaxcounty.gov/community-services-board/](https://www.fairfaxcounty.gov/community-services-board/#gsc.tab=0)

The Fairfax-Falls Church Community Services Board provides services for people of all ages who have mental illness, substance use disorders, and/or developmental disabilities. The Merrifield Center is the Fairfax-Falls Church CSB emergency crisis center.

**Loudoun County Community Services Board (CSB)**
P.O. Box 7000
Leesburg, VA 20177
Phone: 703-777-0100
Email: LCCSB@loudoun.gov

The Community Services Board (CSB) acts as the agent of Loudoun County in the establishment and operation of community mental health, developmental services, and substance abuse programs. The CSB oversees the programs and services of the Department of Mental Health, Substance Abuse and Developmental Services (MHSADS), sets departmental policy and procedures, and determines priorities as mandated by the Commonwealth of Virginia.

**Prince William County Community Services Board (CSB)**
8033 Ashton Ave
Manassas VA 20109
Phone: 703-792-7800

8500 Phoenix Drive
The Prince William County Community Services Board is a public agency providing a variety of mental health, intellectual disability, substance abuse, emergency services, and early intervention for residents of Prince William County and the cities of Manassas and Manassas Park.

**Virginia Systems of Care (SOC)**
Virginia Department of Behavioral Health and Developmental Services (DBHDS)
Office of Child and Family Services (OCS)
1220 Bank St
PO Box 1797
Richmond Virginia
Phone: 804-663-7270

Systems of Care (SOC) is the network of people and services that support families with youth who struggle with mental health diagnoses and other challenges. Virginia provides publically funded services and supports to families using an approach called High Fidelity Wraparound (HFW). The goal of HFW is to help families get the resources and develop the skills families need to gain self-sufficiency. The process of getting support is family-driven, incorporates natural supports, and team-based planning. Every family has a HFW coordinator who organizes the team and a trained Family Support Partner who can relate to parents during the process. Virginia offers High Fidelity Wraparound to families as service called Intensive Care Coordination (ICC). Contact local Children’s Services Act (CSA) Coordinator to find out if a child is eligible for publically funded support.

**Outpatient Service Providers**

**Dr. Cynthia Agbayani**
Lifeworks Outreach Services/Family Teamwork, Inc.
4300A Ridgewood Center Dr
Woodbridge, VA 22193
Phone: 703-580-7210
Website: [http://www.familyteamwork.net/meet-us.html](http://www.familyteamwork.net/meet-us.html)
Dr. Agbayani has 20 years of experience as a home-based counselor for at risk youth and families, 15 years working with adoptees and their families, eight years as an outpatient counselor, and two years in a youth emergency shelter. Her areas of special interest are attachment, trauma, and severe mental illness in youth and children. She has specialized training in attachment disorder, working with difficult adolescents, the wrap-around approach, and parenting. Dr. Agbayani holds a doctorate in counseling studies and a masters degree in counseling.

ACS Family Services (Ascending Counseling Solutions, LLC)
700 Princess St, Ste 202A
Alexandria, VA 22314
Phone: 703-209-6217
Email: admin@acsfamilyservices.com
Website: www.acsfamilyservices.com

ACS Family Services offers intensive in-home therapy, outpatient therapy, and mentoring. Through developing strategies to improve behavior management in the home, school and in the community, Ascending Counseling Solutions strives to support clients and their families in achieving independence in coordinating their mental health, social health, emotional health, physical health, and safety needs so as to become an asset to their community.

Myra H. Angel, PhD
Licensed Clinical Psychologist
380 Maple Ave W, Ste 303
Vienna, VA 22180
Phone: 703-938-5234
Fax: 703-938-2949
Email: myraangelphd@gmail.com

Myra Angel is a licensed clinical psychologist who conducts psycho-educational evaluations in private practice.

Arlington County Human Services Department, Children’s Behavioral Healthcare
2100 Washington Blvd (Sequoia 1)
Arlington, VA 22204
Phone: 703-228-1560
Website: https://family.arlingtonva.us/childrens-behavioral-healthcare/

Children’s Behavioral Health promotes the emotional and psychological well-being of Arlington County youth and families. Services are provided to children, teens and their families to prevent mental health and substance abuse problems from developing or becoming more serious, and assist children and teenagers in overcoming problem thoughts, feelings and behaviors that interfere with daily life, and help to develop skills for healthy living. Some of the services provided are screening, assessment, and outpatient treatment; case-management services; intensive care coordination; and court
liaison services. Information about services for adults can be found at https://health.arlingtonva.us/behavioral-healthcare/mental-health/.

**Ashburn Psychological Services**
44095 Pipeline Plaza, Ste 240
Ashburn, VA 20147
Phone: 703-723-2999
Website: www.ashburnpsych.com

Ashburn Psychological Services offers a wide array of diagnostic, psychotherapy, medication, and consultation services for children, adolescents, adults and families. APPS is the premier clinical psychology and psychiatry practice in Loudoun County and serves several areas in Northern Virginia, including Ashburn, Leesburg, Purcellville, Great Falls, Lansdowne, McLean, Herndon, Fairfax, Middleburg, Reston and Sterling.

**Associated Clinical Services (ACS)**
8802 Sudley Road, Ste 112
Manassas, VA 20110

8348 Tradford Lane, Ste 102
Springfield, VA 22152

8134 Old Keen Mill Rd, ste 101
Springfield, VA 22152
Phone: 703-569-8731
Website: http://www.associatedclinical.com/

Associated Clinical Services (ACS) has clinicians to serve patients of all ages, backgrounds, and behavioral health needs. Clinicians are experienced in modern, state-of-the-art diagnostic, therapeutic, and counseling techniques. ACS clinicians collaborate with other professionals, such as primary care physicians, lawyers, and teachers, as needed, to coordinate services. ACS accepts insurance. For those not covered by insurance, ACS offers sliding scale fees and other payment arrangements. ACS is able to work with patients of all financial means to minimize out of pocket expenses. ACS offers evening appointments and limited Saturday service.

**Autumnleaf Group, Inc.**
8983 Hersand Dr, Ste 2
Burke, VA 22015
Phone: 703-658-7103
Email: info@adoptattach.com and info@group.com
Website: www.autumnleafgroup.com

Autumnleaf Group is an In-Home Services program offering home-based therapeutic and case management services to children and families. Services offered include: Counseling, Individualized Treatment Plans, Skill Capacity Building, Case Management, Service Coordination, Therapy, and Crisis Management Response Intervention. The
Adoption Attachment Program offers therapeutic trauma-informed clinical services that promote healthy interactions, bonding and relationships between children and families.

**Avail Outreach**  
5415 C Backlick Rd  
Springfield, VA 22151  
Phone: 703-941-1910  
Email: admin@availoutreach.com  
Website: www.availoutreach.com

Avail Outreach works with children and families with autism and other developmental disabilities using Applied Behavior Analysis (ABA) Therapy. Home-based services, consultation, and social skills training is offered.

**Rachel Bailey, M.A.**  
Phone: 703-309-9131  
Email: Rachel@Rachel-Bailey.com  
Website: www.Rachel-Bailey.com

Rachel Bailey offers parents realistic, hands-on tools for raising responsible, resilient children. Building upon her experience as an ADHD Coach, in-home counselor, and therapist, Rachel teaches parents to respond effectively to children’s behavior ranging from defiance, disrespect, and poor decision-making to anxiety, perfectionism, and high-sensitivity. Services include workshops, classes, and individual consultations.

**Behavioral Care Services**  
7340 Heritage Village Plaza, Ste 102  
Gainesville, VA 20155  
Phone: 703-398-1085  
Email: info@behavioral-care.com  
Website: www.behavioral-care.com

Behavioral Care Services provides comprehensive psychological services to children and adolescents with learning disabilities, Attention Deficit Hyperactivity Disorder (ADHD), developmental delays, and emotional and behavioral problems.

**Behavioral Health & Wellness Associates of Northern Virginia**  
14102 Sullyfield Circle Ste 350B  
Chantilly, VA 20151  
Phone: 571-261-8239  
Website: https://bhwaofnova.com/

The focus at Behavioral Health and Wellness Associates is to help individuals heal, energize, and become aware of their inner strengths. Behavioral Health and Wellness Associates provides child psychological and psycho-educational assessments as well as outpatient therapy. Assessments are offered for emotional disorders, behavioral disorders, learning disabilities, and gifted/IQ evaluations. Counseling specialties for
children, adolescents, and adults include ADHD, Asperger’s Disorder Autism Spectrum Disorder, depression, anxiety, substance abuse, bipolar disorder, grief, family conflict, and marital issues.

**The Bethesda Group Psychological Services LLC**
7990 Old Georgetown Road Ste 9B, 10B, 10A
Bethesda, MD 20814
Phone: 301-718-4544
Email: info@thebethesdagroup.com
Website: [https://thebethesdagroup.com](https://thebethesdagroup.com/)

The Bethesda Group provides therapy, testing, and other services for adults, adolescents, children, and families in the DC metro, Maryland, and Virginia areas. Their therapy approaches are current and evidence based and includes individual therapy, DBT, Groups, CBT, Child and Family Services, Parent Consultation, Couples Therapy, Testing and Assessment, and College and Career. DBT has been demonstrated to be highly effective in treating a wide range of issues, including depression, substance abuse, PTSD, and eating disorders. DBT is known as the gold standard treatment for the treatment of Borderline Personality Disorder (BPD). The Bethesda Group also provides psycho-educational evaluations, neuropsychological evaluations, psychological evaluations, focused ADHD evaluations, and admissions testing evaluations.

**Susan Branco, PhD, LPC, LCPC, NCC, ACS**
105 North Virginia Avenue, Ste 309
Falls Church, VA 22046
Phone: 703-302-0769
Email: sbbranco@adoptiontherapist.org
Website: [http://adoptiontherapist.org/](http://adoptiontherapist.org/)

Susan Branco is an adoption therapist with experience providing mental health counseling services for diverse populations with treatment needs ranging from severe mental illness to mild adjustment issues. Susan strongly believes every person possesses innate strengths and resiliency. Susan does not adhere to a pathological model of treatment. Rather, Susan works diligently with her clients to build a trusting relationship, to identify core strengths, and to collaboratively develop a plan to address where clients feel challenged. Susan’s clinical training includes two post master’s certificates.

**Bridging the Gap Family Services**
10432 Balls Ford Rd, Ste 300
Manassas, VA 20109
Phone: 703-881-7783

20130 Lakeview Center Plaza, Ste 400
Ashburn, VA 20147
Email: info@btgfs.org
Website: [www.BTGFS.org](http://www.BTGFS.org)
Bridging the Gap Family Services provides intensive in-home services for youth ages 5-21, working with diagnoses of emotionally or learning disabled, oppositional defiant disorder (ODD), anxiety or depression, ADD or ADHD, disruptive behavior, conduct disorder, attachment disorder, bipolar. Bridging the Gap Family Services also provide school-based counseling, mentoring, outpatient therapy, post-discharge support, and Mental Health Skill Building for Youth and Adults with serious mental health diagnosis and/or a history of hospitalization.

**Dan Campbell, LCSW**  
10560 Main St, Ste 411  
Fairfax, VA 22030  
Phone: 703-352-3812  
Email: dancampbell@aol.com

This is a Clinical Social Work practice specializing in treating children with disabilities. Services include individual and family psychotherapy, communication with schools and other professionals, and referrals.

**Capital Music Therapy Services**  
11159 Fairfax Blve, Ste 500  
Fairfax, VA, 22030

5622 Ox Rd  
Fairfax Station, VA, 22039  
Phone: 301-785-3596  
Website: [www.capitalmts.com](http://www.capitalmts.com)

Capital Music Therapy Services specializes in helping improve the overall quality of life of all individuals. Experienced in working with children with autism and Down syndrome. The therapy focuses on helping to develop communication, motor skills, socialization and improving challenging behaviors.

**C.A.S.E. (Center for Adoption Support and Education, Inc)**  
21335 Signal Hill Plaza, Ste 250  
Sterling, VA, 20164  
Phone: 703-282-4138

7857 Heritage Dr, Ste 300  
Annandale, VA, 22003  
Phone: 703-256-3820  
Website: [www.adoptionsupport.org](http://www.adoptionsupport.org)

C.A.S.E. is a support center for adoptive families, providing specialized therapeutic services as well as numerous educational programs. C.A.S.E. offers several programs for promoting school success for adopted children and teens, particularly those whose learning may be impacted by pre-adoptive experiences. The Northern Virginia office
also offers free counseling as part of Adoptive Family Preservation supported by Virginia Department of Social Services.

**The Center for Clinical and Forensic Services, Inc.**
10396 Democracy Ln, Ste 210
Fairfax, VA 22030
Phone: 703-278-0457
Website: [https://www.ccfsinc.net/](https://www.ccfsinc.net/)
Locations in Fairfax and Manassas, VA; Washington, DC; and Laurel, MD.

The Center for Clinical and Forensic Services is a private outpatient practice that specializes in clinical assessments and treatment services to children, including: psychosexual risk assessment, treatment for sexually abusive youth and sex offenders, and family issues. Practitioners are committed to intervening in the lives of clients in responsible, empirically guided ways. The Center for Clinical and Forensic Services believes that through increased awareness, education, the learning of new skills, and the strengthening of internal and external resources, individuals can make changes to allow them to live safer, healthier and more fulfilling lives.

**Center for Family Services**
Virginia Tech Northern Virginia Center
7054 Haycock Rd
Falls Church, VA 22043-2311
Phone: 703-538-8470
Website: [https://www.nvc.vt.edu/mft/cfs-hours.html](https://www.nvc.vt.edu/mft/cfs-hours.html)

The Center for Family Services offers therapy sessions provided by students in the Virginia Tech Marriage and Family Therapy Master’s Program. Therapy sessions must be arranged by appointment and are scheduled for the same time each week. Fees are set on a sliding scale and are based on household income, household size, and ability to pay. Fees range from $15 to $65 per 50 minute session. CFS also has a family plan: if more than one family member needs services, these are provided at no additional cost per week.

**Cherry Tree Neuropsychology**
2200 Wilson Boulevard, Ste 401
Arlington, VA 22201
Phone: 703-875-0475
Email: info@cherrytreenp.com
Website: [www.cherrytreenp.com](http://www.cherrytreenp.com)

Cherry Tree Neuropsychology specializes in assessment, treatment, and therapy services for children, adolescents, adults, and older adults. Their office provides comprehensive, individualized neuropsychological assessments, detailed analysis of test results, personalized intervention strategies, and support in implementing treatment recommendations.
**Child and Family Counseling Center (CFCC)**
13649 Office Pl, Ste 102
Woodbridge, VA 22192
Phone: 703-670-5738
Email: drjcris@aol.com
Website: www.cfcc.info

Child and Family Counseling Center (CFCC) is a private mental health facility located in Prince William County, also serving clients in Northern Virginia (including Alexandria, Arlington, and Fairfax), Stafford, and Fredericksburg. CFCC offers individual, family, and couples therapy for children, adolescents and adults; psychiatric evaluation and medical management, psychological testing—intelligence, personality, and educational; cognitive-behavioral therapy; substance abuse and addiction assessment and treatment. After-hours emergency service is available for current patients who need to reach their therapist in the event of a psychiatric emergency.

**Child and Family Counseling Group, PLC**
10521 Rosehaven St, Ste 100
Fairfax, VA 22030
Phone: 703-352-3822
Website: www.childandfamilycounseling.com

The Child and Family Counseling Group, PLC is a qualified team of Psychiatrists, Psychologists, and Clinical Social Workers who are committed to providing the highest level of comprehensive diagnostic and therapeutic services to families in the Washington Metropolitan area. Services offered include psychiatric and neuropsychological evaluations, psychotherapy, play therapy, behavior therapy, and Cogmed working memory training.

**Children's Hospital of Richmond at VCU**

Phone: 804-828-2467
Website: www.chrichmond.org

Children's Hospital provides a variety of clinical, therapeutic, and support services for a variety of medical conditions. The services are offered at several locations in and around the Richmond, VA area.

**Children’s Mental Health Resource Center**
Virginia Treatment Center for Children
Children’s Hospital of Richmond at VCU
Virginia Commonwealth University
Phone: 804-828-9897
Website: https://www.chrichmond.org/Children%27s-Mental-Health-Resource-Center.htm
Website: www.mentalhealth4kids.org
The Children's Mental Health Resource Center is an innovative resource for families of children with mental, emotional or behavioral health needs. Family navigators at the CMHRC help providers and families understand the mental health options available for children and assist them in finding therapists, psychiatrists or other appropriate services. The model uses the valuable experiences of families who have navigated the mental health system, providing one-on-one support and referral assistance to families across Virginia. Health care providers can request services or families may call directly. All services are provided free of charge.

**Children’s Regional Crisis Response (CR2)**
National Counseling Group (NCG)
Phone: 703-257-5997
24-Hour Emergency Response: 844-627-4747 or 703-257-5997
Website: [https://ncgcare.com/our-innovations/26-cr2](https://ncgcare.com/our-innovations/26-cr2)
Website: [https://family.arlingtonva.us/childrens-regional-crisis-response/](https://family.arlingtonva.us/childrens-regional-crisis-response/)

CR2 provides 24-hour rapid response to all youth (17 and younger) facing a mental health and substance use crisis. Counselors provide phone screening and face-to-face assessment, intervention, and support. CR2 is provided at no cost to families. It is funded through both DBHDS grants and Medicaid. The counties of Arlington, Fairfax, Loudoun, Prince William, and the cities of Alexandria, Fairfax, Falls Church, Manassas and Manassas Park.

**Choices Youth Services at Dominion Hospital**
Dominion Hospital
HCA VA Health System
Falls Church Adolescent PHP
2960 Sleepy Hollow Rd
Falls Church, VA 22044
PHP Phone: 703-538-2872

Falls Church Adolescent IOP
6565 Arlington Blvd
Falls Church, VA 22044
Phone 703-720-5527

Chantilly Adolescent PHP and IOP
14501 George Carter Way
Chantilly, VA 20151
PHP Phone: 703-538-2872
IOP Phone: 703-227-8185
Website: [https://dominionhospital.com/service/choices-outpatient-services](https://dominionhospital.com/service/choices-outpatient-services)

Choices Adolescent Intensive Outpatient (IOP) and Choices Adolescent Partial Hospitalization Program (PHP) are two programs offered by Dominion Hospital that provide a new choice for those struggling with emotional and/or behavioral issues. The programs combine a highly structured therapeutic environment with the
flexibility of nights and weekends at home and/or work.

**Choose To Thrive**
Karen Chaudhry, LCSW
Fairfax, VA
Phone: 571-278-4678
Email: kconsultnow@gmail.com
Website: www.thriveandchange.wordpress.com

Karen Chaudhry leads support groups and provides therapy for parents, children, and teens. She works with adoptive families and kinship families. She addresses compassion fatigue, vicarious trauma, encouraging healthy attachments, and maneuvering difficult birth family connections.

**City of Alexandria Youth and Family Services**
City of Alexandria Center for Children & Families
Phone: 571-213-7963

The Youth and Family Team provides individual, group and family therapy for children, youth and parents to improve functioning, communication and mental health well-being. Services are offered in a number of city schools as well as the office. Services include clinical assessments, case management, psychological evaluations, psychiatric evaluations for those who are uninsured or have Medicaid, and specialized service to youth involved in the juvenile justice system.

**Community Counseling Program**
Marine Corps Community Services
Marine and Family Programs
Main Side Office:
Little Hall, Lower Level
2034 Barnett Ave
Quantico, VA
Phone: 703-784-3523

West Side Office:
Cox Hall, Camp Barrett
24009 Montezuma Ave
Quantico, VA
Phone: 703-432-6442

The Community Counseling Center utilizes a holistic approach to assist people with overcoming some of life’s most difficult challenges. Clinicians are independently licensed and credentialed professionals who provide solutions designed to meet specific needs in the following areas: Marital Issues, Parent/Child Relationship, Family Issues,
Communication, Anger Management, School/Work Issues, Reintegration, Adjustment Issues, and Grief and Loss. Services are located on Marine Corps Base Quantico.

**Compass Counseling Services of NOVA, LCC**
9274 Corporate Circle  
Manassas, VA 20110  
Phone: 703-496-7804

10715 Spotsylvania Avenue  
Fredericksburg, VA 22408  
Phone: 540-339-3640  
Website: [https://www.compassnova.com/](https://www.compassnova.com/)

Compass Youth and Family Services is a counseling agency committed to provide individuals and families with the highest quality of emotional and mental health care. Specializing in Autism Behavior support, Compass offers intensive in-home services, mental health support, behavior support, outpatient services, psychological testing, and school support.

**Counseling Bliss LLC**
Archana Dogra, Ph.D  
9246-B Mosby Street  
Manassas VA 20110  
Phone: 571-358-1728  
Email: counselingbliss@gmail.com  
Website: [http://www.counselingbliss.org/](http://www.counselingbliss.org/)

Dr. Archana Dogra has extensive experience working with children, adolescents and adults. Counseling Bliss is currently accepting referrals for individuals suffering from anxiety, depression, academic underachievement, ADHD, trauma and mood disorders. Dr. Dogra works from a strength based perspective and has been specifically trained in Internal Family Systems and Neurofeedback. Dr. Dogra uses a variety of evidence based approaches to create a blissful counseling experience, a journey that can be healthy, therapeutic and meaningful.

**Columbia Associates in Psychiatry**
Arlington Office  
250 North Glebe Road, Ste 303  
Arlington, VA 22207  
Phone: 703-841-1290

Loudoun Office  
4229 Lafayette Center Drive, Ste 1300  
Chantilly, VA 20151  
Phone: 703-841-1290  
Columbia Associates in Psychiatry is a group of psychiatrists, psychologists, advanced practice nurses, social workers, and dieticians who have exceptional experience working with children, adolescents, adults, and families with a range of disorders. The clinicians partner with families through the course of evaluation and treatment. This allows them to understand individual needs, describe the most effective treatment options, and support individuals in their efforts toward improving their health.

**Counseling By The Creek**
5016 Ridgewood Rd
Alexandria, VA 22312
Phone: 703-750-0258
Email: CounselingByTheCreek@gmail.com
Website: www.counselingbythecreek.com

Counseling By The Creek offers behavioral health counseling for individual, couples and family behavioral health and wellness needs. Their services include issues such as ADHD or ADD, anger management, anxiety, depression, and grief and bereavement, parenting issues, PTSD, substance abuse, and work, school, and family stress.

**Crossroads Counseling Center, Inc. (CCC)**
7545 Presidential Ln
Manassas, VA 20109
Phone: 703-361-1525
Email: crossroads2@crossroadsvirginia.com
Website: www.crossroadsvirginia.com

CCC provides counseling services to Medicaid eligible children and adults and is committed to improving mental health and family stability. It provides treatment services to children and teens that may be at risk for out of home placement; school-aged students who have emotional or behavioral difficulties that impact their learning; and older teens and adults who have difficulty with independent living due to their mental health needs. Offices are located in Winchester, Harrisonburg, Manassas, and Luray.

**Ellissa Arling Dolina, Psy.D., LCP**
1483 Chain Bridge Rd, Ste 301
McLean, VA 22101
(in the office of McLean Psychotherapy Practices)
Phone: 571-572-2214
Website: www.mcleanpsychology.com

Dr. Dolina is a licensed clinical psychologist who conducts psychological evaluations and provides treatment to children and adolescents struggling with self-esteem, depression, anxiety. Dr. Dolina’s areas of interest include child development, relationship problems, and individual issues throughout the stages of adult life. She is practical while being supportive, caring while maintaining objectivity, and has an appreciation of the need for privacy.
**Dominion Center for Behavioral Health Services**
43130 Amberwood Plaza, Ste 140
South Riding, VA 20152

Town Pediatrics
823 South King St, Ste J
Leesburg, VA 20175
Phone: 703-348-0030
Website: [http://www.dc4bhs.com/](http://www.dc4bhs.com/)

DCBHS provides the highest quality psychiatric, psychological, and counseling services for individuals in Northern Virginia. The team of psychiatrists, psychologists, nurse practitioners, and therapists offer a wide range of assessment and treatment services, including counseling and therapy (individual, family, marriage, and group), testing (psychological and neuropsychological), medication management, play therapy, and parent coaching.

**Envision Counseling**
National Counseling Group (NCG)
7620 Little River Turnpike, Ste 403
Annandale, VA 22003
Phone: 703-552-8182
Website: [https://ncgenvision.com/](https://ncgenvision.com/)

Envision Counseling provides expert counseling and treatment services to adolescents, young adults, and adults suffering from mental health or substance abuse issues. Practitioners utilize diverse modalities to include individual, family, and group treatment so that all clients may fulfill their journey of change in the way that best suits their individual needs. Envision Counseling provides education for parents, group therapy, and maintenance sobriety support and accountability through drug testing.

**Family Compass**
11150 Sunset Hills Road, Ste 150
Reston, VA 20190
Phone: 703-471-5517
Email: Website: [http://familycompass.com/](http://familycompass.com/)

Family Compass provides early intervention, individual and group therapy for children, and guidance for parents. Family Compass offers psychological, neuropsychological, and developmental evaluation and treatment. Areas of focus include therapy for behavioral, emotional, and parenting challenges; early intervention for developmental delays and/or autism; testing and intervention for attention and learning challenges; neurofeedback for anxiety, attention and mood regulation; and social skills, drama, art and psychotherapy groups.

**The Family Counseling Center of Greater Washington**
The Family Counseling Center of Greater Washington empowers multicultural individual families by providing evident-based counseling services and various youth and parent education programs which promote awareness and preventative measures. The counseling center is a non-profit organization pursuing the goals to improve the overall mental health, the bonding of family members and ultimately the quality of life of individuals and families. The website is in Korean and English.

**Family First Psychological Services**
8381 Old Courthouse Road, Ste 330
Vienna, VA 22181
Phone: 703-938-9090
Website: [http://familyfirstva.com/](http://familyfirstva.com/)

Family First is a comprehensive mental health practice in Northern Virginia that provides therapy and psychological testing services to children, adolescents, and adults in a family-friendly environment. The following types of therapy are offered: child and adolescent, parent-focused, adult, couples, and family. Family First also offers psychoeducational, cognitive assessments, developmental, social-emotional, and comprehensive testing services. The assessment objectively measure, explore, and identify strengths and weaknesses to aid in diagnosis and treatment planning. Their psychologists will work with families to determine which type of evaluation is most appropriate for their youth.

**Family Insight, P.C.**
7730 Donegan Drive
Manassas, VA 20109
Phone: 571-208-0592
Email: familyinsight@familyinsight.net
Website: [www.familyinsight.net](http://www.familyinsight.net)

Family Insight has locations throughout Virginia in Danville, Manassas, Richmond, Roanoke, and Virginia Beach. Family Insight is primarily Medicaid funded through the Department of Medical Assistance Services (DMAS), provides treatment for children, adolescents, families and adults who have been diagnosed with a wide range of mental health or substance abuse disorders. Programs offered include Intensive In-Home Counseling, a service for youth ages 4-21 utilizing evidence-based interventions to address problematic behaviors that are placing the child at risk of being placed out of the home. Mental Health Support Services, is also offered as a service for late teens and adults who suffer from mental illness and lack basic living skills, need connection to community resources, and require help in managing their psychiatric symptoms.
Family Priority, LLC
11350 Random Hills Rd, Ste 240
Fairfax, VA 22030
Phone: 703-537-0700
Email: FamilyPriorityFairfax@familypriority.net
Website: www.familypriority.net

Family Priority, LLC is a private agency that has locations in Fairfax, Williamsburg, and Richmond. Services offered include ABA therapy, home-based counseling, parent coaching, and level 3 developmental services. When traditional in-home services are not enough and residential treatment is too much, Level 3 Developmental Services include attachment, developmental and trauma services. Attachment services seek to support children and their families to form more secure attachments. Developmental services address children’s behaviors through the lens of development. Trauma services seek to provide clinically proven interventions to help children and their families manage and recover after trauma.

Dr. Ronald S. Federici, Psy.D.
9532 Liberia Ave, Ste 727
Manassas, VA 20110

10432 Balls Ford Rd
Manassas, VA 20109
Phone: 703-830-6052
Phone 703-734-1012
Phone 703-548-0721
Email: DRFEDERICI@aol.com
Website: www.drfederici.com

Dr. Federici offers comprehensive in-home evaluations and intensive family interventions for crisis or emergency cases with children, adolescents, and adults experiencing cognitive or emotional disorders, including FASD. He also does comprehensive psychological and neuropsychological evaluations for children and adolescents and adults experiencing cognitive or emotional disorders. He assesses organic brain syndromes or traumatic brain injury and trauma-developmental disorders and offers highly specialized and intensive treatment services.

Dr. Dina Friedman
1810 Michael Faraday Dr, Ste 200
Reston, VA 20190
Phone: 703-859-5608
Email: doc4mind@yahoo.com
Website: http://doc4mind.com

Dr. Dina Friedman is a clinical psychologist who specializes in supporting parents with children who have disabilities. Dr. Friedman is the parent of a special needs child and
understands and has developed creative tools to help bring peace back into individual
lives. She also works with adults with trauma, eating and sleep disorders, anxiety and
depressive disorders.

**Gil Institute for Trauma Recovery and Education, LLC**
8626 Lee Highway, Ste 200
Fairfax, VA 22031
Phone: 703-560-2600
Email: contactus@gilinstitute.com
Website: [http://www.gilinstitute.com](http://www.gilinstitute.com)

Gil Institute provides research-informed, trauma-focused treatment to children,
adolescents, and adults. It offers several treatment options, including individual, group,
couples, family and parent-child therapy, working with children as young as three years
of age. Specialized services include attachment parent-child assessments, Boundary
Project for problem sexual behaviors in children, Extended Play-Based Developmental
Assessments (EPBDA), attachment- and brain-based parenting programs, and a variety
of professional training services.

**Greater Prince William Community Health Center**
Evergreen
9705 Liberia Avenue, Ste 201
Manassas, VA 20110

Ridgewood Health Center
4379 Ridgewood Center Dr, Ste 102
Wodbridge, VA 22192

17739 Main Street, Ste 130
Dumfries, VA 22026
Phone: 703-680-7950
Website: [http://gpwhealthcenter.org/](http://gpwhealthcenter.org/)

The Greater Prince William Community Health Center offers Primary, Dental,
Behavioral, and OB-GYN Services. Their Behavioral Health Services takes an evidence
based practice approach to help patients address issues that are affecting their life and
health—anxiety, depression, substance abuse, or chronic illness. The Community Health
Center uses a trauma informed, solution focused, motivational approach to assess the
situation and develop a specific, practical plan for improvement. The specialist team
includes a Doctor of Psychology and Licensed Professional Counselors who have
experience working with adults and teens, individuals and families.

**Kimberly Harrell, LPC**
4601 North Farifax Drive, Ste 1200
Arlington, VA 22203

4000 Legato Road, Ste 1100
Kimberly Harrell, LPC provides individual couples, and family counseling. She works with a wide range of emotional and behavioral issues providing services that span from therapy for depression and grief counseling to parenting support, couples counseling and beyond. A few areas of specialization include parenting support, adoption issues, infertility grief work, and birth parent therapy. She also provides consultation services in adoption search and reunion, adoption readiness, choosing the right adoption agency and type of adoptions, and mediation between birth and adoptive parents.

**Hope For Tomorrow**  
Patrick Henry Family Services  
Office locations in Bedford, Brookneal, Danville, Farmville, Lynchburg, Midlothian, and South Boston, VA.  
Phone: 434-239-4949  
Email: hftinfo@patrickhenry.org  
Locations: [https://www.patrickhenry.org/hope-for-tomorrow-locations/](https://www.patrickhenry.org/hope-for-tomorrow-locations/)  
Website: [https://www.patrickhenry.org/services/hope-for-tomorrow/](https://www.patrickhenry.org/services/hope-for-tomorrow/)

Hope For Tomorrow counseling centers offer caring, personalized, professional counseling to children, adolescents, adults, and families. Hope for Tomorrow strives to help clients develop the skills necessary to live free of harmful emotions and destructive actions, and to live more productively. Their many services help equip individuals, parents, and children with the ability to make their lives more enjoyable, and their families strong and safe, providing them a future bursting with hope.

**Improving Outcomes**  
101 Rowell Ct  
Falls Church VA 22046  
Phone: 703-533-1996  
Email: info@improvingoutcomes.com  
Website: [http://www.improvingoutcomes.com/](http://www.improvingoutcomes.com/)

Improving Outcomes uses attachment-based interventions, and attachment and trauma-informed care as well as positive behavior support. Services offered include psycho-educational services, mentoring services, crisis de-escalation services, family relationship building, parenting skills training and social skill building.

**Inova Behavioral Health Services**  
Inova Health System  
Phone Adult admission: 703-289-7560  
Phone Children and Adolescents: 703-218-8500  
Email: inovabehavioralhealth@inova.org  
Website: [https://www.inova.org/healthcare-services/behavioral-health/index.jsp](https://www.inova.org/healthcare-services/behavioral-health/index.jsp)
Inova Behavioral Health promotes total wellness of mind and body by offering a full spectrum of mental health and addiction treatment services to the community. Their extensive continuum of care includes an urgent psychiatric and addiction assessment center (IPAC), inpatient psychiatry, inpatient detoxification, partial hospitalization programs (PHP), intensive outpatient programs (IOP), outpatient psychiatric appointments and outpatient counseling services. There are several Inova Behavioral Health Services locations throughout the Northern Virginia Region including outpatient clinics located in Mount Vernon, Ballston, Fairfax, and Loudoun.

**Inova Kellar Center**  
Inova Health System  
11204 Waples Mill Road  
Fairfax, VA 22030  
Phone: 703-218-8500  
Website: [https://www.inova.org/healthcare-services/Inova-kellar-center/index.jsp](https://www.inova.org/healthcare-services/Inova-kellar-center/index.jsp)

Inova Kellar Center provides comprehensive mental health and substance abuse treatment programs and an innovative special education school support families throughout Northern Virginia. The Inova Kellar Center provides a full continuum of outpatient services and programs, including individual, family and group therapy, medication management, psychiatric evaluations, psychological testing, intensive outpatient programs, intensive home base services and partial hospitalization programs. The Kellar Center also houses the Kellar School, a therapeutic education program serving students grades 3-12.

**Insight Into Action Therapy**  
Loudoun Office  
44340 Premier Plaza, Ste 230  
Ashburn, VA 20147

Fairfax Office  
10474 Armstrong St, Ste 104  
Fairfax, VA 22030  
Phone: 703-646-7664  
Website: [www.insightactiontherapy.com](http://www.insightactiontherapy.com)

Insight Into Action Therapy is a small group practice of dedicated clinicians who work collaboratively to support children, adults and families. Insight Into Action provides individual, family and group therapy and is extremely knowledgeable of the resources in the area and are able to help with referrals and case management as needed. Areas of expertise include: Substance Use, LGBTQ, ADHD, depression, anxiety, trauma, attachment, abuse and neglect, couples, and faith-based counseling.

**In Step**  
8500 Executive Park Ave, Ste 204  
Fairfax, VA 22031
In Step provides a comprehensive range of mental health programs to the Northern Virginia community. Services include a wide range of group therapy options, psycho-educational evaluations, as well as individual and family therapy. In Step specializes in Parent Support and the Stepping Stones program, a structured, step-by-step approach for both parents and children, using specific cognitive-behavioral techniques to help children learn the skills needed to make and maintain friends.

**Itoro Ibia, MD**  
1760 Reston Parkway, Ste 215  
Reston, VA 20190  
Phone: 703-707-9777  
Email: dritoroibia@yahoo.com  
Website: https://www.itoroibiamd.com/

Dr. Itoro Ibia is a psychiatrist who works with a wide range of behavioral and emotional disorders and also provides medication prescription and management. Dr. Ibia’s services include a thorough evaluation, medication management, patient education and may serve as a complement to a patient’s current treatment team which include medication for short-term or long-term interventions. Diagnosis and treatment specializations include mood disorder (depression, bipolar disorder, schizoaffective disorder, suicide prevention), psychotic disorders (schizophrenia), and anxiety disorders (social phobia, PTSD, Generalized anxiety disorders, and obsessive compulsive disorder).

**Jewish Social Service Agency (JSSA)**  
Northern Virginia Office  
3025 Hamaker Court, Ste 450  
Fairfax, VA 22031  
Phone: 703-204-9100  
Email: info@jssa.org  
Website: www.jssa.org

JSSA works with children and teens with special needs, proving evaluation and treatment, counseling and therapy, and social skills groups. JSSA has offices in Bethesda, Gaithersburg, Rockville, Silver Spring and Fairfax, VA.

**Kirby Creative Clinical Solutions**  
3600 Chain Bridge Rd, Ste 200  
Fairfax, VA 22030  
Phone: 703-409-2571  
Email: Heather@KC ClinicalSolutions.com  
Website: http://kcclinicalsolutions.com
Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

**Dr. Judi Sprei and Associates – DBT Maryland**

4933 Auburn Avenue  
Bethesda, MD 20814  
Phone: 301-229-0063  
Email: judi@dbtmaryland.com  
Website: [http://www.dbtpsychologist.com/](http://www.dbtpsychologist.com/)

Dr. Sprei and her associates have extensive experience in trauma recovery (PTSD treatment), borderline personality disorder, depression, anxiety, dissociative disorders, interpersonal relationships, chronic suicidality and problems of daily living. These problems are often most effectively addressed by dialectical behavior therapy. Clinicians offer individual, couples, and group therapy as well as supervision, consultation and continuing education to other mental health professionals such as psychologists, social workers, and counselors.

**Lead Changes Therapy Service, Inc.**

42395 Ryan Rd, Ste 112-109  
Ashburn, VA 20148  
Phone: 703-943-0566  
Email: info@leadchangestherapy.com  
Website: [www.leadchangestherapy.com](http://www.leadchangestherapy.com)

Lead Changes Therapy offers direct care and consulting services to all ages, specializing in Aquatic Therapy and Community Inclusion in the Northern Virginia area. Lead Changes Therapy also offers Team Building Workshops, Parents with Children with Disabilities Workshops, and Rehabilitative Fitness Plans.

**Life Line Counseling Center**

10374A Democracy Lane  
Fairfax, VA 22030  
Phone: 703-691-3029  
Email: GSwanberg@lifelinerecovery.com  
Website: [http://www.lifelinerecovery.com/](http://www.lifelinerecovery.com/)

Life Line is an outpatient counseling center for those who have mental health and addictions related problems. Life Line specializes in counseling for Addictions and Substance Abuse in adults and young adults, DWI counseling, Adult Sexual Addiction and Marriage and Family Issues. Because substance abuse/dependence in adolescents tends to be a very difficult problem to arrest, Life Line finds that a strong beginning with
full parental support works best with both parents present at the initial assessment. Treatment then includes individual and family counseling sessions, working on restoring trust between family members, and educating about the long-term impact of drug and alcohol use on development.

**LifeWorks Outreach Services/Family Teamwork, Inc.**
4300A Ridgewood Center Dr
Woodbridge, VA 22193
Phone: 703-580-7210
Website: [www.familyteamwork.net](http://www.familyteamwork.net)

LifeWorks Outreach Services, Inc. helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork, Inc. is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill-building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

**Loudoun County Family Connections**
John P. Walker, Ph.D, Program Coordinator
45201 Research Place, Ste 110
Ashburn, VA 20147
Phone: 571-258-3071
Email: [John.Walker@loudoun.gov](mailto:John.Walker@loudoun.gov)
Website: [https://www.loudoun.gov/familyconnections](https://www.loudoun.gov/familyconnections)

Family Connections is program aimed at helping families who have teens who are struggling with drug and alcohol abuse, failing grades, running away, severe disrespect, suicidal thoughts, truancy, or violence. A one time program fee of $60 pays for individual family counseling, if desired; a seven-week Managing Your Difficult Teen program; and voluntary participation in the Alumni Group to provide ongoing peer support for parents and teens. The program begins with parents and teens participating in a seven-week, multi-family group called Managing Your Difficult Teen. The group is a step-by-step roadmap that will help parents establish authority and reclaim love. Concrete strategies that have proven results are taught by professional counselors and volunteers. The success of the program is due in part to the parent and teen volunteers who can offer support from their own experiences.

**Lourie Center for Children’s Social and Emotional Wellness**
12301 Academy Way
Rockville, MD 20852
Phone: 301-984-4444
Website: [www.louriecenter.org](http://www.louriecenter.org)
The Lourie Center for Children’s Social and Emotional Wellness is a private, non-profit agency with a mission to improve the social and emotional health of young children and their families through prevention, early intervention, education, research and training. Lourie’s Center is a private, non-profit agency providing parent-child clinical services, early head start program, therapeutic nursery program for children ages 3-5, and a non-public elementary school for children ages 4-12.

**Mary Ann Keller, LCSW**  
210 East Broad Street, Ste 208  
Falls Church, VA  22046  
Phone: 202-907-1144  
Email: maryannkellerwdc@gmail.com

Mary Ann Keller is a mental health therapist with 20 years experience treating all population types. Addiction therapist also experienced in tobacco addiction, eating disorders and gambling addiction. Credentialed and experienced working in corporate psychology. Therapeutic approaches include cognitive behavioral therapy, behavioral therapy, motivational therapy, EMDR therapy and dialectical behavioral therapy. Experienced working in in-patient settings, out-patient settings, partial hospitalization programs, crisis programs and facilitating addiction IOP for adolescents.

**Neil McNerney, LPC**  
1984 Isaac Newton Square South, Ste 204  
Reston, VA 20190  
Phone: 703-352-9002  
Email: neil@neilmcnerney.com  
Website: www.neilmcnerney.com

Neil McNerney is a Professional Counselor, Parent Consultant, Speaker, and Trainer. He helps children with a number of issues including anxiety, misbehavior, ADHD, and other issues. In addition, he provides family counseling, teen counseling, and individual counseling.

**The Medical Team**  
1902 Campus Commons Drive, Ste 650  
Reston, VA 20191  
Phone: 703-390-2300  
Email: info@medteam.com  
Website: https://medicalteam.com/the-medical-team-services/behavioral-health/

The Medical Team has developed an in-home care program to assist patients and families who are broken and wounded by mental illness to journey towards wholeness. Their Journey program is based on established research outcomes and meets all Medicare standards. The program provides specific services and support tailored to the needs of individuals with severe mental illnesses, including Alzheimer’s and other dementias. All nurses and social workers are credentialed and receive training in dealing with the special needs of Journey patients and families.
**Merrifield Center**
Fairfax-Falls Church Community Services Board (CSB)
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 703-559-3000
Website: [https://www.fairfaxcounty.gov/community-services-board/about/merrifield-center](https://www.fairfaxcounty.gov/community-services-board/about/merrifield-center)

Fairfax County Community Services Board’s 24/7 emergency services, mobile crisis team, and entry, referral, and assessment services are located at Merrifield. Outpatient services and supports, intensive case management, psychiatric services, medication management, community-based supports for individuals with intellectual disability, and wellness and health promotion services are also provided at Merrifield.

**Mind Well Psychology**
14110 Robert Paris Ct
Chantilly, VA 20151
Phone: 703-378-7998
Website: [www.mindwell.us](http://www.mindwell.us)

Mind Well Psychology provides services for children, teens, and adults. Services include consultation, neuropsychological testing, psycho-educational testing, emotional and developmental testing, and in-school observation. After evaluation clinicians develop an action plan that can include therapy and advocacy services. The assessment includes executive functioning and learning disorders to developmental delays, autism, ADHD, anxiety, depression, disruptive disorders, and other issues.

**A Mindful Choice**
Karyn Sandelman, Founder and Principal
Phone: 703-606-1157
Email: Karyn@amindfulchoice.com
Website: [https://www.amindfulchoice.com/](https://www.amindfulchoice.com/)

A Mindful Choice offers secular mindfulness programs to diverse audiences in the workplace, schools, and community settings. The primary goals are to enhance individual well-being and strengthen organizations and communities through the practice of mindfulness. A mindful choice offers the Mindfulness-Based Stress Reduction (MBSR), which is a transformative 8-week course that offers powerful methods for improving vitality and strengthening our ability to manage stress, illness, and chronic pain. A renowned and evidence-based, experiential program, MBSR is set in a supportive environment that includes guided instruction in a wide variety of mindfulness practices, group learning and discussions, and home assignments designed to help participants integrate mindfulness into their lives.

**Multicultural Clinical Center**
46161 Westlake Drive, Suite 130
The Multicultural Clinical Center provides cross-cultural home-based and outpatient services. Services offered include outpatient diagnostic and treatment services for children, adolescents and adults, including diagnostic clinic, psychological and neuropsychological evaluations, psychiatric evaluations, assessments, specialized treatment, children and adolescent services, sex offender services, substance abuse services, and gang intervention services. Also offered are home-based, play, individual, group, family, and couples therapy. Specialized Treatment Services include Child Abuse and Neglect, Domestic Violence, Trauma-Focused Services, and Substance Abuse Program. Services provided in English, Spanish, Vietnamese, Korean, Urdu, Hindi, Punjabi, Mandarin, and Sign Language.

**National Counseling Group (NCG)**
Over 20 locations throughout Virginia, including offices in Annandale, Manassas, and Fredericksburg, Front Royal, and Winchester.
7620 Little River Turnpike, Ste 402
Annandale, VA 22003
Phone: 703-813-5982
Website: [https://ncgcommunity.com/](https://ncgcommunity.com/)

National Counseling Group (NCG) is the largest provider of community-based behavioral health services in Virginia. Services include mobile crisis stabilization, outpatient services, home and community based services, and foster care at different locations throughout the Commonwealth. The Annandale Regional Center offers Envision counseling services and home and community services which includes a program for Mental Health Skill-Building for adults with mental illness and emotional disturbance.

**NeuroSound Music Therapy, LLC**
1487 Chain Bridge Road, Ste 102
McLean, VA 22101
Phone: 571-367-9951
Email: info@neurosoundmusictherapy.com
Website: [www.neurosoundmusictherapy.com](http://www.neurosoundmusictherapy.com)

NeuroSound Music Therapy provides individual and group music therapy services that focus on facilitating progress toward functional goals, targeting areas of communication, cognition, behavior, fine/gross motor, socialization, and emotional well-being. All music therapy activities target specific goals and objectives and are designed based on the individual’s needs. NeuroSound Music Therapy offers both home-based services and
facility-based services in the Northern Virginia area, as well as traditional and adapted music lessons that are tailored to the individual’s learning styles. NeuroSound Music Therapy specializes in working with children with autism, developmental and intellectual disabilities, physical disabilities, emotional disabilities, and learning disabilities.

**New Horizons Program**
Prince William County Community Services Board (CSB)
Sudley North Office:
7969 Ashton Avenue
Manassas, VA 20109
Phone: 703-792-7800

Ferlazzo Office:
15941 Donald Curtis Drive, Ste 200
Woodbridge, VA 22191
Phone: 703-792-4900

Human Services Building
14716 Potomac Mills Rd
Woodbridge, VA  22192
Phone: 703-792-5099

The New Horizons programs provide a range of mental health treatment, substance abuse treatment, co-occurring disorders treatment and prevention services to youth who are age 18 or younger and their families. Youth and families are assessed for the least restrictive treatment options. Services include an array of outpatient treatment options, therapeutic services at the Juvenile Detention Center, referrals to residential treatment, discharge planning from psychiatric hospital and residential facilities, and prevention services for at-risk youth. Programs include Behavioral Health Wellness Services, Clinic-Based Services, Home-Based Services, Probation Services, and School-Based Services.

**Oak Hill Psychological Services (OHPS) PLLC**
2579 John Milton Drive, Ste 210
Herndon, VA 20171
Phone: 703-214-4924
Email: frontdesk@oakhillpsychological.com
Website: [https://oakhillpsychological.com/](https://oakhillpsychological.com/)

Oak Hill Psychological Services (OHPS) offers psychotherapy and assessment services for children, tweens, adolescents, adults and families. OHPS provides support for parents on several issues including issues related to coping with children with mental health issues and parenting challenges during infancy, early childhood, adolescence and adulthood. OHPS provides support for youth on issues related to ADHD, anxiety, social issues, mood disorders, school challenges, sexuality, family stress, identity/self image,
and family transitions. Psychological assessment of children, adolescents, and young adults for ADHD; intellectual functioning; advanced academic placement; learning disabilities; social emotional, and behavioral functioning; and school and college-based accommodations.

**Patricia Pearson, LCSW**
3600 Chain Bridge Rd, Ste B
Fairfax, VA 22030
Phone: 703-307-9095
Website: [www.pattypearson.com](http://www.pattypearson.com)

Patty is a therapist who provides individual, group and family therapy for children, adolescents and adults who have special needs or have experienced trauma. Areas of specialization include play therapy, parenting support, adoption competency and healing from trauma.

**PHILLIPS Programs for Children and Families**
7010 Braddock Rd
Annandale, VA 22003
Phone: 703-941-8810
Fax: 703-658-2378
Website: [http://www.phillipsprograms.org/](http://www.phillipsprograms.org/)

PHILLIPS Programs for Children and Families provides home-based and outpatient therapy services to children and families of any age living in Northern Virginia. Referrals typically come from state agencies and schools. Alternately, families themselves may also refer a child, with payment based on a sliding scale. PHILLIPS Programs for Children and Families also offers Applied Behavior Analysis (ABA) therapy services are provided as a home-based or outpatient service to children and youth, and their families, throughout Northern Virginia. There are also several schools in the Northern Virginia area that serve kids that have difficulty functioning in a traditional school setting.

**Terri Pilkerton, MAEd, NCC**
Granato Group Integrative Counseling Services
Phone: 703-831-8300

As a practitioner of holistic therapy, Terri’s treatment approach places emphasis on the mind-body relationship by way of an evidence-based fusion of Cognitive Behavior Therapy and Mindfulness. Cognitive Behavior Therapy (CBT) is a present-oriented and structured psychotherapy directed at solving current problems and teaching skills to modify unhelpful thinking and behavior which often affect the ability to create and maintain healthy relationships. Mindfulness involves a connection to self-awareness and internal processes. Developing greater awareness of inner experience (including thoughts and feelings) helps bring unhelpful thoughts to the surface.
The Psychiatric Institute of Washington (PIW) provides comprehensive behavioral healthcare for children, adolescents, adults and senior adults who have mental health and addictive illnesses. PIW is a short-term, acute care hospital that offers inpatient, partial and intensive outpatient programs, as well as specialized treatment programs for chemical dependency. Programs for teens and adolescents are available for patients between the ages of 10 and 17 and include programs for patients who suffer from major psychiatric disorders, depression, substance abuse and behavioral problems. The Adolescent Treatment Program is highly structured to meet each patient’s special needs. PIW has a free call line to help assess whether an individual needs psychiatric help.

Rathbone & Associates
Bethesda Office
4701 Sangamore Road #210N
Bethesda, MD 20816

Rockville Office
5942 Hubbard Drive
Rockville, MD 20852
Phone: 301-230-9490
Website: https://rathboneandassociates.com/

Rathbone & Associates offers a variety of effective mental health and counseling services for adolescents and their families. Their therapists are experts at engaging adolescents and are focused on getting results. Services offered include psychotherapy, CBT, DBT, Group Therapy, Autism Services, Parent Services, PEERS Groups, and MBSR-T. The PEERS (Program for the Evaluation and Enrichment of Relational Skills) Program is a parent or caregiver-assisted intervention for adolescents and young adults who have difficulty making or keeping friends. It has been evaluated and found to be effective with young people who meet criteria for autism spectrum disorders, developmental disabilities, and fetal alcohol syndrome. It may also be effective for teens with ADHD.

REACH (Regional Education Assessment Crisis Services Habilitation)
Easter Seals UCP North Carolina & Virginia
Woodbridge VA REACH Office
5893 Anthony Dr.
Woodbridge, VA 22193
Phone: 703-730-0302

VA REACH Northern Region of Virginia
REACH is a program to support adults with an intellectual disability and/or developmental disability, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. REACH provides 24/7 crisis intervention, information, and referral to individuals residing in Fairfax, Loudoun, Arlington, Prince William, and the City of Alexandria. REACH also provides mobile support, Consultation, and run a therapeutic home that provides temporary, short-term support to individuals who are transitioning into or out of a hospitalization or are not able to return to their last place of residence.

**The Resilience Network, LLC**
20130 Lakeview Center Plaza, Ste 400
Ashburn, VA 20147
Phone: 703-840-5459
Email: info@resilience-network.net
Website: [https://resilience-network.net/](https://resilience-network.net/)

The Resilience Network provides an evidenced-based approach to resilience skill building that is action-oriented using multiple modalities. The Resilience Network uses a non-traditional approach that is practical, hand-on, fun, uplifting, and supports the development of resilience skills in people from every background in any situation. Areas of focus include compassion fatigue and secondary traumatic stress, workforce engagement and integrity, and direct care for individuals and families.

**Reston Psychological Center**
Reston Family Center
1800 Town Center Drive, Ste 411
Reston, VA 20190
Phone: 703-437-3236
Email: restonpsych@comcast.net
Website: [http://www.restonpsych.com/](http://www.restonpsych.com/)

Reston Psychological Center provides professional psychological services to children, adolescents, adults, and families. The team of psychologists and social workers provides a broad range of therapies and diagnostic testing. Comprehensive services include individual, couples, and family therapies, consultation and psychological evaluations. Reston Family Center provides evaluation and intervention to high conflict families through custody assessment, family consultation, and directed co-parenting counseling and intervention. Working with children and families of divorce and separation, Reston Family Center consults, evaluates and treats issues of visitation and parental custody.
Therapeutic Alliance LLC
Fredericksburg Site
1702 Farm Hill Ave, Ste 105
Fredericksburg, VA 22401
Phone: 540-899-5790

Manassas Site
7771 Ashton Avenue
Manassas, VA 20109
Phone: 703-492-2686

Sterling Site
22375 Broderick Dr., Ste 125
Sterling, VA 20166
Phone: 703-596-2686

Falls Church Site
6400 Arlington Boulevard, Ste 670
Falls Church, VA 22042
Email: director@taculture.com
Website: https://taexperience.com/

Therapeutic Alliance LLC offers a full range of mental health services for children and families throughout Northern Virginia. Their staff are professionally trained and widely recognized in Early and Periodic Screening, Diagnostic and Treatment services for autism. Therapeutic Alliance focuses on early detection and the ability to provide Intensive In-Home Treatment Services and Mental Health Skill-Building Services for both autism and other mental health issues. Therapeutic Alliance also provides support for kids struggling with conduct Disorder/Oppositional Defiant Disorder, Depression, Anxiety and Stress, Arguments, Trauma, Communication, Trust, Self-Esteem, and Aggression. Pro bono counseling is available to some clients.

Turning Point
Fairfax-Falls Church Community Services Board (CSB)
Psychiatric Rehabilitation Services (PRS)
Merrifield Center
8221 Willow Oaks Corporate Drive
Fairfax, VA 22031
Phone: 703-559-3000
Email: CSBTurningPointCSC@fairfaxcounty.gov
Website: http://turningpointcs.org/
Website: https://www.fairfaxcounty.gov/community-services-board/services/turning-point

Turning Point is a partnership between the Fairfax-Falls Church Community Services Board and PRS, Inc. Turning Point offers coordinated specialty care (CSC) program that serves young adults who are residents of Fairfax County or cities of Fairfax or Falls
Church who are between the ages of 16 and 25 who have experienced their first episode of psychosis (FEP). The program offers services for up to two years, including Case management, Resiliency training, Individual and group psychotherapy, Medication management, Peer support, Family education, Supported employment, and supported education. There is a fee for services, based on a sliding scale.

**Professional Mental Health Associates (PMHA)**
9554 Old Keene Mill Rd, 2nd floor, Ste F
Burke, VA 22015
Phone: 703-786-3703
Website: [www.psychologicalevaluations.org](http://www.psychologicalevaluations.org)

The goal of PMHA is to provide people from all cultural and racial backgrounds a variety of psychological services that include: psychological evaluations, parent-child assessments; individual, family, couples, and group therapy; and Home based psychological services. PMHA provides psychotherapy for children, adolescents, and adults dealing with issues such as: Depression; Anxiety; Severe Trauma (including victims of sexual abuse, domestic violence, torture); Anger Management; Conduct and Disruptive Behavior Disorders; Developmental Disorders (Autism, Asperger's); Substance Abuse (groups); Behavioral Management; and Life Transition/Adjustment due to life stage or disability.

**Project Horse Empowerment Center**
Equine Facility
18915 Lincoln Road
Purcellville, VA 20132

Administrative Office
20015 Great Falls Dr
Great Falls, VA 22066
Phone: 703-517-6964
Email: info@projecthorse.org
Website: [http://www.projecthorse.org/](http://www.projecthorse.org/)

Project Horse Empowerment Center provides therapy services for individuals, families and groups. For those already seeing a therapist or psychiatrist, clinicians from Project Horse Empowerment Center will collaborate to meet treatment goals. Therapy is tailored to an individual’s family’s or couple’s treatment goals, in coordination with a primary therapist.

**Mark V Sakran, MD Mindful Healing Group**
1485 Chain Bridge Rd, Ste 203
McLean, VA 22101-4501
Phone: 571-435-3334
Email: SakranMD@gmail.com
Website: [https://www.facebook.com/Mindful-Healing-Group-235234496921175/?ref=page_internal](https://www.facebook.com/Mindful-Healing-Group-235234496921175/?ref=page_internal)
Mark V. Sakran is a psychiatrist in private practice. He is also affiliated with Healthy Foundations Group which provides a full range of mental health services for children, adolescents, adults, and families.

**Stronger Together Peer Support Groups**
Formed Families Forward  
4031 University Dr, Ste 100  
Fairfax, VA 22030  
Phone: 703-539-2904  
Email: info@formedfamiliesforward.org  
Website: [https://www.formedfamiliesforward.org/services/peer-support-groups/](https://www.formedfamiliesforward.org/services/peer-support-groups/)

Stronger Together are peer support groups hosted by Formed Families Forward for youth and young adults ages 14-22 and for parents and caregivers. One support group is for youth who are involved in one or more service systems such as social services, special education, mental health services, or substance use treatment and recovery. Parents, caregivers, and guardians have their own group meeting at the same time in the same building. The groups meet twice monthly in Fairfax city and meet two Tuesday evenings a month, October through May, in Fairfax city. The support groups are free of charge.

**Trauma and Hope**
5417-C Backlick Road  
Springfield, VA 22151  
Phone: 703-750-1714  
Email: traumaandhope@gmail.com  
Website: [https://traumaandhope.com/](https://traumaandhope.com/)

Trauma and Hope is a private, outpatient practice in Springfield, Virginia. It was founded in 2015 and provides a variety of service throughout Northern Virginia focusing on clinical assessment and treatment services to children, adolescents, and adults. Trauma and Hope provides private mental health treatment for a range of problems including depression, anxiety, conduct, problem sexual behaviors, trauma and bipolar disorder. Trauma and Hope offers a number of treatments services including home based therapy, individual, family and group therapy. Specialized programs include: Substance Abuse Treatment Program, Sex Offender Program, Gang Specific Treatment Program, Sexual Exploitation Treatment Services (SETS), and Anger Management Program.

**US Care In-Home Behavioral Health**
4031 University Dr, Ste 100  
Fairfax, VA 22030  
Phone 703-554-7188  
Email: service@myuscare.com  
Website: [http://myuscare.com/](http://myuscare.com/)
US Care In-Home Behavioral Health has evidence-based delivery of mental health skill-building and intensive in-home interventions. Intensive in-home services are for children and adolescents age 5-20. The Intensive In-Home service focuses on the mental health needs of the child and provides intensive, time-limited interventions provided for a child who is at risk of being moved into an out-of-home placement or who is being transitioned to home from an out-of-home placement due to documented clinical needs of the child. The Mental Health Skill-Building service for adolescents and adults age 16 and up provides goal-directed training to enable adult individuals to achieve and maintain community stability and independence in the most appropriate, least restrictive environment. Medicaid and VICAP funding are accepted.

**Victoria Transcultural Clinical Center (VTCC)**
3541 Chain Bridge Rd, Ste 204
Fairfax, VA 22030
Phone: 703-218-6599
Email: info@vtccmail.com
Website: [http://vtccnet.com](http://vtccnet.com)

VTCC is a private, for-profit, multicultural mental health agency serving children, youth, and families who are Medicaid or funded through Family Assessment and Planning Teams (FAPT). Their programs are open to underserved children, youth and families located in the Northern Virginia area. Their programs currently include Applied Behavior Analysis (ABA) or EPSDT, and home-based intensive in-home services.

**Vienna Counseling Solutions, LLC**
Barbara Dumais, LCSW
115 Beulah Rd NE, Ste 100D
Vienna, VA 22180
Phone: 703-988-6308
Email: bdumaisvcs@gmail.com
Website: [www.viennacounselingsolutions.com](http://www.viennacounselingsolutions.com)

Vienna Counseling Solutions, LLC offers short and long term counseling for individuals, couples and families. Therapist Barbara Dumais has experience working with clients with depression, anxiety, divorce, grief, marital issues and issues regarding families and children, including adoption.

**Virginia Home Based Counseling (VHBC) and Virginia Support Services (VSS)**
8140 Ashton Ave, Ste 200
Manassas, VA 20109
Phone: 703-367-7800
Email: Patrick.stiehm@chooseyourprovider.org
Website: [http://www.chooseyourprovider.org/](http://www.chooseyourprovider.org/)
Virginia Home Based Counseling has offices throughout the Commonwealth of Virginia. The agency provides mental health and substance abuse services to the community. Offers intensive in-home services for those ages 4-20 with mental health concerns. Offers behavior therapy for those ages 4-21 with developmental delays, autism, and intellectual disabilities. Virginia Support Services provides services for those ages 16 and older with mental, behavioral, or emotional disorders.

**Virginia Center for Neurofeedback, Attachment & Trauma**
420 3rd Street, NE
Charlottesville, VA 22902
Phone: 434-878-3146
Email: info@virginianeurofeedback.com
Website: [http://virginianeurofeedback.com/](http://virginianeurofeedback.com/)

The Virginia Center for Neurofeedback, Attachment & Trauma offers treatment options including psychotherapy, EMDR, LENS, QEEG, HRV, and traditional neurofeedback for emotional distress, trauma, PTSD, attention deficit disorder, creativity enhancement and peak performance training. Typically, the clinic combines psychotherapy along with other techniques.

**Virginia State Mental Health Facilities**

Virginia operates seven behavioral health facilities, four training centers, a psychiatric facility for children and adolescents, a medical center, a psychiatric geriatric hospital and a center for behavioral rehabilitation. State facilities provide highly structured, intensive services for citizens of the Commonwealth of Virginia who have mental illness, intellectual disability or are in need of substance abuse services. Patients are initially evaluated and referred to the mental health facilities by staff from Community Services Boards (CSBs). Pre-admission screening services are provided by CSBs 24 hours a day, seven days a week.

**The Wake Kendall Group PLLC**
5247 Wisconsin Avenue NW, Ste 4
Washington, DC 20015
Phone: 202-686-7699
Website: [http://www.wakekendall.com/](http://www.wakekendall.com/)

The Wake Kendall Group provides individuals, families, and schools with a full range of psychological and educational assessment and psychotherapy. Therapists are trained in a variety of approaches and thoughtfully individualize therapy to meet your needs. Dialectical Behavioral Therapy (DBT) trained therapists work with adolescents and adults who have pronounced emotion regulation difficulties. DBT has been extended to work with individuals who struggle with depression, trauma, and addiction. Other services provided include Emotional and Social Effectiveness Program (EASE), a didactic skills training groups for adults age 18 and older. Clinicians also provide
comprehensive neuropsychological evaluations, psycho-educational testing, social and emotional assessments, early childhood evaluations, and school admissions testing.

**Youth for Tomorrow (YFT)**
11835 Hazel Circle Dr
Bristow, VA 20136
Phone: 703-368-7995
Email: etabish@yftva.com
Website: www.youthfortomorrow.org/Home

Satellite offices that provide outpatient behavioral health services
14000 Crown Court, Ste 101
Woodbridge, VA 22193

9720 Capital Court, Ste 303
Manassas, VA 20110

7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

6800 Backlick Road, Ste 300
Springfield VA 22150

19415 Deerfield Avenue, Ste 101
Landsdowne, VA 20176

Appointment Phone: 703-659-9900
Website: http://youthfortomorrow.org/Behavioral-Health-Services

YFT provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT currently employs more than 200 dedicated teachers, counselors, house parents and other professional staff. Services are offered on the main campus in Bristow, Virginia and satellite offices in Woodbridge, Manassas, Gainesville, Loudoun, and Springfield. In addition, YFT provides treatment foster care, school and home based services, and substance abuse treatment in a residential setting. Private insurance, Medicaid and Tricare are accepted. Financial assistance is available.

**Inpatient, Group Home, and Residential Treatment Facilities**

**Alice C. Tyler Village of Childhelp**
Childhelp
23164 Dragoon Rd
Lignum, VA 22726
Phone: 540-399-1926
Email: aclark@childhelp.org
Website: https://www.childhelp.org/residential-treatment-facilities/alice-c-tyler-village/

Childhelp Alice C. Tyler Village is a residential treatment community that provides a healing home environment for abused, neglected, and at-risk children. Childhelp accepts children from age 5-14 years of age who have been referred by schools, parents, nearby judicial authorities, and child welfare offices. While at the village, children receive on-site clinical services provided by Childhelp’s multi-disciplinary team under the direction of a staff psychiatrist. The Village has residential and day-school special education programs open to children in the community. Childhelp has a full-time recreational therapist, a music therapist, an animal therapy specialist, and offers speech and occupational therapy to residents. The program is a 60-90 day treatment program.

The Attachment Place (TAP)
P.O. Box 71
Tracy’s Landing, MD 20779
Phone: 410-707-5008
Email: info@theattachmentplace.com
Website: https://theattachmentplace.com/

The Attachment Place (TAP) was founded to provide help and support for pre-teens, teens, and young adults who have experienced early childhood trauma. Complex trauma (developmental trauma disorder-DTD) deteriorates trust and affects the child’s ability to form healthy attachments. TAP helps children with difficulty trusting enter into safe, loving relationships, which change behaviors. TAP provides short and long-term therapeutic respite, as well as parent coaching and shadowing, all in a farm setting. TAP also specializes in working with individuals affected by Fetal Alcohol Spectrum Disorder (FASD) and their families. TAP serves clients throughout the United States.

Aurora House
420 South Maple Ave
Falls Church, VA 22046
Phone: 703-237-6622 (TTY 711)
Email: aurora_house@fallschurhva.gov
Website: www.fallschurhva.gov/514/Aurora-House

Aurora House is a residential counseling center for girls ages 13-17 and certified by the Virginia Department of Juvenile Justice. Aurora House offers long-term community-based treatment to a group of up to 12 girls. Aurora House provides at-risk females the nurturing structure, and support necessary to help them through the difficulties, offering the girls and their families the opportunity to make positive changes toward a brighter future. It operates under the direction of the Juvenile and Domestic Relations District Court and serves Arlington County, City of Alexandria, City of Falls Church, and Fairfax County.
The Barry Robinson Center
443 Kempsville Road
Norfolk, VA 23502
Phone: 757-455-6100
Email: admissions@barryrobinson.org
Website: http://www.barryrobinson.org/

The Barry Robinson Center (BRC) provides residential services for emotionally disturbed boys and girls, as well as offering community-based services for children of all ages. The Barry Robinson Center is located on a sprawling 32-acre wooded campus, conveniently located on the border of Norfolk and Virginia Beach. It provides a serene setting for programs designed to help at-risk youth and their families overcome emotional and behavioral difficulties. There are separate, specialized programs for children, young adolescents, older adolescents, and social and cognitive impairment.

Cumberland Hospital for Children and Adolescents
9407 Cumberland Rd
New Kent VA 23124
Phone: 804-966-2242
Website: www.cumberlandhospital.com

Located between Williamsburg and Richmond, Virginia, Cumberland Hospital is situated on more than 98 acres that include waterways and wilderness areas. The unique environment offers a different approach to help children with complex needs, who fail repeatedly in conventional settings. Cumberland Hospital understands the unique psychological, social and behavioral challenges that often interfere with successful treatment of chronic disease, brain injury, neurological impairment and other medical conditions.

Dominion Hospital
HCA VA Health System
2960 Sleepy Hollow Rd
Falls Church, VA 22044
Phone: 703-538-2872; 703-536-2000
Website: www.dominionhospital.com

Dominion Hospital treats children ages 5-12 and adolescents ages 13-17 with emotional and behavioral health problems. Services include inpatient stabilization for young people who are challenged with an acute behavioral health issue. There are separate and distinct programs for each age group. Treatment plans involve collaboration with outpatient treatment providers and emphasize patient and family education to help everyone involved better understand emotional health issues and symptom management. Services include: Medication management; Supportive medical care; Therapeutic milieu (environment) setting; Behavior modification; Group therapy; Nursing education groups; Psycho-education groups; Activities therapy; Pet therapy; and Family discharge planning sessions. Outpatient services are provided for patients
who are able to maintain their work schedules while working to improve their overall health in a supportive and calming environment.

**Grafton Integrated Health Network**
P.O. Box 2500
Winchester, VA 22604
Phone: 888-955-5205
Email: admissions@grafton.org
Website: [www.grafton.org](http://www.grafton.org)

Grafton Integrated Health Network is a private, nonprofit organization that provides a full continuum of services to people overcoming emotional, behavioral or developmental challenges. Grafton provides a continuum of services to children, youth and adults including applied behavior analysis, early intervention, psychiatric residential treatment facilities, a short-term stabilization program, special education programs, community-based group homes, intensive outpatient program and outpatient services. Grafton has regional offices in Winchester, Midlothian, Berryville, Winchester, Front Royal, VA and Charles Town, West Virginia.

**Hallmark Youthcare**
12800 West Creek Pky
Richmond, VA 23238
Phone: 804-784-2200
Email: info@hallmarksystems.com
Website: [www.hallmarkyouthcare.org](http://www.hallmarkyouthcare.org)

Hallmark offers residential treatment, short-term residential care, intensive in-home services, family services, mental health, skill-building, therapeutic day support, sanctuary, assessment and diagnosis, educational programs and treatment for sexually acting out youth.

**Harrison House Of Virginia**
5105 Q Backlick Rd
Annandale, VA 22003
Phone: 703-256-6474
Email: hhouse5105@aol.com
Website: [https://www.harrisonhouseofvirginia.com/](https://www.harrisonhouseofvirginia.com/)

Harrison House of Virginia is an affordable drug and alcohol treatment program who for men and women over the age of 18. Harrison house offers interventions, sober living homes with day treatment, weekly multi-family groups, and outpatient support as part of their treatment program. Harrison House has a foundation that was formed to create grants for those men and women who cannot afford care in battling their addiction.

**Henry and William Evans Home for Children and The Lloyd House**
330 E Leicester St
The Henry and William Evans Home for Children and the Lloyd House provide a place of learning for children who have yet to find an adoptive home. The children live in a home environment and have their own private bedroom. Children live with children like themselves, attending the same process of recovery. Children are encouraged to develop independent living skills, attend school in the local community, and develop the mutual respect and sense of belonging that allows them to grow and progress in all areas of their lives.

**The Hughes Center**
1601 Franklin Turnpike
Danville, VA 24540
Phone: 434-836-8500
Email: HughesCenterAdmissions@uhsinc.com
Website: https://thehughescenter.com/

The Hughes Center is a highly structured, 56-bed Psychiatric Residential Treatment Facility for adolescents and young adults age 10-22 with a current diagnosis of Autism Spectrum Disorder and/or an Intellectual Disability with one or more co-occurring (significant) psychiatric disorders. The Hughes Center utilizes a multidisciplinary team approach to provide comprehensive evaluation, evidence-base and trauma-informed treatment interventions to build upon the individual strengths and abilities of each resident within a safe and secure campus setting.

**Intercept Community Homes**
Intercept
5511 Staples Mill Road, Ste 102
Richmond, VA 23228
Phone: 804-612-3307
Website: https://www.intercepyouth.com/community-homes

Intercept Community Homes are therapeutic group homes for children and adolescents age 7-19 who demonstrate medical necessity arising from mental, behavioral or emotional condition that results in significant functional impairments in major live activities at home, school or in the community. Treatment components include: individual, family and group therapies, life skills training, relapse prevention, family reunification, psycho-educational groups, are coordination and community integrations. Intercept Community Homes has gender specific community homes located in Henrico, Chesterfield, Newport News, Fredericksburg, Roanoke, Staunton, and Timberville.

**Joshua House II**
NDUTIME Youth & Family Services, Inc
NDUTIME operates “Joshua II” as an independent living group home for adolescent males between the ages of 13-19. The program addresses issues and/or problems of adolescents who are dealing with some form of mental health distress, which has resulted in an out-of-home placement. Joshua House II is designed to facilitate holistic healing and therapeutic growth that supports independent living skills for males to reintegrate into the community-at-large. NDUTIME utilizes forgiveness and servant leadership as a vehicle to transformation.

**Kempsville Center for Behavioral Health**
860 Kempsville Rd
Norfolk, VA 23502
Phone: 757-461-4565
Toll-free: 877-409-2228
Website: [www.kempsvillecenter.com](http://www.kempsvillecenter.com)

Kempsville Center for Behavioral Health provides comprehensive behavioral health services to children and adolescents with mental health concerns. Kempsville Center for Behavioral Health offers acute inpatient hospitalization in a safe, secure, and therapeutic environment with the youngest and most vulnerable children ages 4-11 having a completely separate and wing. Additionally there is a partial hospitalization program and long-term residential program for adolescents ages 11-17.

**Leland House**
United Methodist Family Services (UMFS)
Fairfax County
Phone: 703-222-3558
Website: [https://www.umfs.org/services/residential-treatment/leland-house/](https://www.umfs.org/services/residential-treatment/leland-house/)

UMFS Leland House provides short-term (up to 45 days) intervention and stabilization for children ages 12 to 17 in Fairfax County who are in crisis and cannot remain in their home or current residential setting. UMFS Leland House empowers children to overcome their behavioral or emotional issues through individual, group and family therapy, education and recreational opportunities. Intensive Care Coordination is provided to families as part of the Systems of Care model. Intensive Care Coordinators and Family Support Partners work as part of a team to support Fairfax County families who have children living with mental illness. Services are for Leland House residents or may be provided on an outpatient basis.

**North Spring Behavioral Healthcare**
42009 Victory Ln
North Spring Behavioral Healthcare strives to supply a comprehensive range of treatment services to residents and their families, including assessment, diagnosis, treatment planning, consultation, treatment, rehabilitation, prevention and community education. The various programs empower individuals, giving them a relevant foundation upon which to build healthy, productive lives. North Spring has several different programs tailored to meet specific needs of residents including gender specific programs for treating sexualized behaviors and sex trafficked and exploited girls program.

**Patrick Henry Boys and Girls Homes**
Patrick Henry Family Services  
860 Red Hill Road  
Brookneal, VA 24528  
Phone: 434-376-2006  
Email: admissions@patrickhenry.org  
Website: [https://www.patrickhenry.org/services/residential-care-boys-girls-homes/](https://www.patrickhenry.org/services/residential-care-boys-girls-homes/)

The purpose of Patrick Henry Boys and Girls Homes Residential Care program is to provide care for youth who are in need of a loving, safe, structured environment away from their natural home. Patrick Henry Boys and Girls Home has adopted a Character Based System (CBS) which is committed to transforming a youth’s bruised character back into one of strength and purposeful integrity. CBS is a thorough approach with built in incentives to “step” youth towards a targeted behavior or goal. Goals are achieved through a systematic theological, educational and patriotic (STEP) character based system.

**Phoenix House**
Locations in Arlington, Fairfax, and DC  
Phone: 1-888-671-9392  
Email: admissions@phoenixhouse.org  
Website: [http://www.phoenixhouse.org/](http://www.phoenixhouse.org/)

Girl’s Website for Girl’s Lodge: [www.phoenixhouse.org/locations/virginia/girls-recovery-lodge](http://www.phoenixhouse.org/locations/virginia/girls-recovery-lodge)  
Website for Boy’s Lodge: [http://www.phoenixhouse.org/locations/virginia/boys-recovery-lodge/](http://www.phoenixhouse.org/locations/virginia/boys-recovery-lodge/)

Phoenix House helps teens and adults who suffer from drug and alcohol-related problems. Phoenix House offers residential substance abuse treatment and day treatment services and counseling. There is a Girls Recovery Lodge for females ages 13-18 and a Boys Recovery Lodge for boys aged 14 to 17. The program is designed not only
to break the cycle of addiction, but also to help young people begin their recovery and return to health and productivity. Support services for families are also offered. Addiction counselors, as well as medical and psychiatric staff use a cognitive-behavioral, 12-step approach including medication and withdrawal management, to address a wide range of substance abuse and mental health problems.

**Poplar Springs Hospital**  
350 Poplar Dr  
Petersburg, VA 23805  
Phone: 804-733-6874  
Toll free: 866-546-2229  
Website: [www.poplarsprings.com](http://www.poplarsprings.com)

Poplar Springs is central Virginia’s largest free-standing psychiatric facility. Poplar Springs offers a full continuum of behavioral health care services and specialize in treating adults and adolescents aged 11 – 17 in programs that include: acute care, residential services for adolescents, sexually abusive youth, and separate programs for active duty military.

**Reflections An Eating Disorders Treatment Center**  
Dominion Hospital  
HCA VA Health System  
2960 Sleepy Hollow Rd  
Falls Church, VA 22044  
Phone: 703-538-2886  
Website: [http://reflectionsed.com/](http://reflectionsed.com/)

Reflections is an eating disorder treatment center housed in Dominion Hospital, in Falls Church, Virginia. Reflections is able to treat patients as inpatients, through partial hospitalization (day program) and provide access to outpatient care. Reflections uses a multimodal treatment approach that includes psychiatrists, internal medicine physicians, psychologists, therapists (cognitive behavioral, expressive, family, and group), social workers, case managers, registered dietitians, and nursing support

**Rest Assured LLC**  
4003 Collingbourne Road  
Richmond, VA 23235  
Phone Male: 804-267-3565  

3830 Monza Drive  
North Chesterfield, VA 23234  
Phone Female: 804-275-3565  

Cell 804-873-3745  
Email: restassuredllc@verizon.net  
Website: [http://www.restassuredllc.com/](http://www.restassuredllc.com/)
Rest Assured is a therapeutic community-based residential facility, serving adolescent males and female ages 12-17. Males and females are housed separately and the program is able to accept siblings. The structure of the program includes emphasis on educational pursuits; life and personal skills development; therapeutic services consisting of individualized, family or guardian, and group therapy sessions; recreational exposure; life and social skills counseling groups; behavior management and modification tools, in addition to components to promote advancement of their self-esteem.

Southstone Behavioral Health
3046 Carlbrook Rd
South Boston, VA 24592
Phone: 434-226-5840
Website: https://www.southstonebhc.com/

Southstone Behavioral Health is a residential treatment center specializing in trauma-informed and attachment focused care for adolescents ages 13 through 17. The campus is located on 220 rural acres with separate areas for lodging, dining, education, and treatment. Programming at Southstone offers a unique combination of evidence-based treatments and educational practices. The program helps families reconnect, build memories, and learn healthy communication skills. In addition to therapeutic services, Southstone also provides a robust academic program.

STARS Structured Therapeutic Adolescent Residential Service
536 Pantops Center PMB #338
Charlottesville, VA 22911
Phone: 434-970-1904
Email: referrals@thestarsprogram.com
Website: https://www.thestarsprogram.com/

STARS is a structured therapeutic adolescent residential service with four group homes in Charlottesville with capacity to serve up to 16 female and 15 male residents between 13-19 years of age. The program is for at-risk adolescents who are in need of learning life skills and age-appropriate independent living skills while in a safe and therapeutic environment. The program is centered on trauma and attachment informed care, reality therapy principles and emphasizes a percentage and privilege system to help motivate the resident’s growth and success. Instructional groups, mentoring and support on a variety of Independent Living Skills such as money management, household management, food prep, employment skills, and meeting self care needs are emphasized.

Timber Ridge School
Mailing Address:
P.O. Box 31600
Winchester, VA 22604

Physical Address:
Timber Ridge School transforms the lives of emotionally disturbed and behaviorally disordered adolescent boys between the ages of 10 and 21 and in grades 6 to post-secondary, with a goal of reuniting them successfully with their families and communities. Timber Ridge School has enhanced residential services, community in-home services, substance abuse services, career and technical training, academic day school, and academic services.

**Three Rivers Treatment Center and Academy**
231 Hickory Road
Kenbridge, VA 23944
Phone: 434-676-1378
Email: info@3rtc.com
Website: [https://www.3rtc.com/](https://www.3rtc.com/)

Three Rivers Treatment Center is a Family Driven and Youth Guided diagnostic and treatment service provider for youth ages 11 through 17 who require a structured therapeutic short-term residential treatment environment as part of their continuum of care. Each youth will receive a Comprehensive Educational Evaluation that is coordinated with the Family and community school. Treatment and educational goals are designed to complement each other and prepare the Youth to return successfully back to their Family and Community School. Educational professionals will coordinate educational services with the youth’s home school at the time of admission, during the treatment stay, and as part of the discharge process back to the community. Three Rivers Treatment Center partners with the local school district to ensure youths are provided with an educational program that meets standards established by the Virginia Department of Education and is following requirements established in the federal IDEA.

**Virginia Treatment Center for Children**
Children’s Hospital of Richmond at VCU
Virginia Commonwealth University
1308 Sherwood Avenue
Richmond, VA 23220
Outpatient Phone: 804-828-3129
Inpatient Intake: 855-546-7792
Website: [https://www.chrichmond.org/Locations/Virginia-Treatment-Center-for-Children.htm](https://www.chrichmond.org/Locations/Virginia-Treatment-Center-for-Children.htm)

The Virginia Treatment Center for Children provides short-term crisis stabilization as well as outpatient support. Prior to admission, the child must be screened by a qualified mental health professional. This can be the child’s regular mental health provider or a
screener in a hospital emergency room or community services board. The center works with families and communities to transition the patient come with continuing care following discharge. The average length of stay is 5-7 days.

**Youth for Tomorrow (YFT)**
11835 Hazel Circle Dr
Bristow, VA 20136
Phone: 703-368-7995
Email: etabish@yftva.com
Website: [http://www.youthfortomorrow.org/Residential-Campus](http://www.youthfortomorrow.org/Residential-Campus)

Satellite offices that provide outpatient behavioral health services
14000 Crown Court, Ste 101
Woodbridge, VA 22193

9720 Capital Court, Ste 303
Manassas, VA 20110

7130 Heritage Village Plaza, Ste 102
Gainesville, VA 20155

6800 Backlick Road, Ste 300
Springfield VA 22150

19415 Deerfield Avenue, Ste 101
Landsdowne, VA 20176

Appointment Phone: 703-659-9900
Website: [http://youthfortomorrow.org/Behavioral-Health-Services](http://youthfortomorrow.org/Behavioral-Health-Services)

YFT provides a full continuum of residential, educational and outpatient services to children, adolescents and their families. YFT currently employs more than 200 dedicated teachers, counselors, house parents and other professional staff. Services are offered on the main campus in Bristow, Virginia and satellite offices in Woodbridge, Manassas, Gainesville, Loudoun, and Springfield. In addition, YFT provides treatment foster care, school and home based services, and substance abuse treatment in a residential setting. Private insurance, Medicaid and Tricare are accepted. Financial assistance is available.

**Links to Additional Residential Treatment Facilities**

**Aloha Community Platteville**: Platteville, WI
Website: [http://fasdcommunities.org/housing/](http://fasdcommunities.org/housing/)
Aloha Community Platteville is a five-bedroom home that sits on four acres. Each resident has a bedroom and access to communal spaces. Aloha community Platteville provides a structured, calm environment that combines the safety of 24-hour staff
oversight for adults living with FASD. The program provides the tools needed to achieve self-reliance including duties such as preparing dinner or tending to farm animals.

**AMIkids Virginia Wilderness:** Oakwood, VA  
Residential care program serving males and females separately who have suffered through multiple failed placements within foster care.

**Benchmark Behavioral System:** Woods Cross, Utah  
Website: [http://www.bbhsnet.com/](http://www.bbhsnet.com/)  
Benchmark Behavioral offers treatment for a variety of psychiatric and behavioral disorders including conduct disorder, sexual disorders/sexual misconduct issues, fetal alcohol spectrum disorders, Asperger’s disorder, developmental disorders, mood disorders, anxiety disorders, personality disorders and substance abuse issues for young adult males, ages 13-20.

**Camphill Special School:** Exton, PA  
Website: [http://camphillspecialschool.org/](http://camphillspecialschool.org/)  
Camphill Special School is the only Waldorf school in North America that exclusively serves children with special needs. Their adapted Waldorf curriculum presents traditional scholastic subjects, both academically and experientially, stimulating young minds and nurturing healthy emotional development. Camphill Special School offers residential and day academic and prevocational programs, as well as therapeutic care, for children in kindergarten through grade twelve.

**Children’s Home of Wheeling, Inc:** Wheeling, WV  
Website: [http://www.chowinc.org/](http://www.chowinc.org/)  
The Children’s Home of Wheeling, Inc. provides a temporary home, treatment and quality of life programming for male youth referred between the ages of 12 and 18 from throughout the state of West Virginia, who have been abused, neglected or have significant behavioral and emotional and social challenges.

**Clinicare:** Wauwatosa, WI  
Website: [http://www.clinicarecorp.com/](http://www.clinicarecorp.com/)  
Clinicare provides residential treatment for children and adolescents in an atmosphere based on value and respect. Their multi-faceted approach has been developed based upon the needs of youth, families, and agencies. Clinicare offers residential treatment, respite care, alternative school, and outpatient treatment.

**Copper Canyon Academy:** Rimrock, AZ  
Copper Canyon Academy is a private girls boarding school for girls ages 13-17 that are need in need of a structured environment. Copper Canyon Academy excels at healing and transforming defiant girls whose emotional or learning issues have undermined
academic success and relationships. It is a boarding school for girls with behavioral problems, emotional problems, or learning problems.

**Copper Hills Youth Center:** West Jordan, UT  
Website: [http://copperhillsyouthcenter.com/](http://copperhillsyouthcenter.com/)  
Copper Hills Youth Center is a therapeutic residential treatment center that specializes in working with adolescents aged 12 through 17 with behavioral, emotional, and mental health disorders. Copper Hills Youth Center also provides excellent education through an accredited private school.

**Devereux Advanced Behavioral Health Pennsylvania** Devon, PA  
Website: [http://www.devereux.org/site/PageServer?pagename=penn_services_for_children_adolescents_bh](http://www.devereux.org/site/PageServer?pagename=penn_services_for_children_adolescents_bh)  
Devereux Pennsylvania’s three residential treatment programs provide 24-hour, out-of-home services for children and adolescents with emotional and behavioral challenges who need intensive services. Each program has its own focus, customizing treatment environments to serve the unique needs of children and adolescents who have experienced specific emotional and behavioral challenges and traumas. One of their programs specializes in supporting sex-trafficked girls on their path to healing.

**Elk Hill**, Locations in Bremo Bluff, Charlottesville, Chesterfield, and Goochland, VA  
Website: [https://www.elkhill.org/residential-services/](https://www.elkhill.org/residential-services/)  

**Fair Winds Intensive Residential Treatment and Special Education Services**, Bumpass, VA  
Website: [http://www.fairwindsgrouphome.com/index.htm](http://www.fairwindsgrouphome.com/index.htm)  
Children between the ages of 5-12 with psychiatric problems, learning disorders and developmental disabilities. Children live in a home setting. Murphy Homes Inc., is a group home located in Fredericksburg for boys ages 11-15.

**Hope Tree Family Services**, Salem, and Craig County, VA  
Website: [http://hopetreefs.org](http://hopetreefs.org)  
Serving at risk children and youth, services include a licensed/accredited school, treatment foster care, individual and family counseling, specialized residential programs, and a wilderness program.

**Ironwood:** Morrill, ME  
Website: [http://www.ironwoodmaine.com/](http://www.ironwoodmaine.com/)  
Ironwood is coeducational and licensed by the State of Maine to serve 45 residents, ages 13-18, over an average 9-12 month length of stay. Ironwood focuses on building foundational communication and life skills, in addition to improving the basic educational skills of reading, writing, and math. Using a level system, residents are
challenged to meet therapeutic, behavioral, and educational goals, designed to reinforce self-reliance and a strong self-esteem. Ironwood is divided into two campuses, the Frye campus (levels 1 and 2) is a highly structured, rule-oriented environment, intended to establish acceptance and reinforce respect for one’s self and others. The Farm House (levels 3 and 4) focuses more on developing the internal character traits of honesty, integrity, and motivational values. Both aspects of the program consistently use routines that encourage residents to become more self-directed, responsible, and emotionally mature, ultimately working toward the successful employment of Ironwood’s mission.

**Jackson-Feild Behavioral Health Services**, Jarratt, VA
Website: [www.jacksonfeild.org](http://www.jacksonfeild.org)
Jackson-Feild Behavioral Health Services provides innovative, intensive therapeutic services using best practice trauma models for boys and girls in residential care and community-based services. Jackson-Feild works with boys and girls ages 12 to 21 in the Adolescent Psychiatric Residential Program and the Intensive In-Home Program for youth age 5 through 17 years of age.

**Kids in Focus**
Website: [http://www.kidsinfocus.com](http://www.kidsinfocus.com)
Kids in Focus provides quality, Diagnostic Care and Therapeutic Services in a home-like setting for young people in crisis. Each program is tailored to meet age specific and emotional developmental needs of individual clients. Programs include assessments, services, and facilitation of placement and services after completion of the assessment.

**Laurel Ridge Treatment Center**: San Antonio, TX
Website: [http://laurelridgeetc.com/](http://laurelridgeetc.com/)
Laurel Ridge Treatment is a psychiatric hospital offering a comprehensive continuum of behavioral health and substance abuse services, including acute programs for children, adolescents and adults, and residential treatment for children and adolescents.

**Liberty Point Behavioral Healthcare**, Staunton, VA
Website: [www.libertypointstaunton.com](http://www.libertypointstaunton.com)
Residential treatment for males ages 13-22.

**Liberty Godparent Maternity Home**, Lynchburg, VA
Website: [http://godparent.org/](http://godparent.org/)
Licensed, residential program for pregnant ladies ages 12-21.

**New Hope Treatment Centers**, Rock Hill, SC
Website: [www.newhopetreatment.com](http://www.newhopetreatment.com)
Psychiatric residential treatment facility, sex trafficking program, behavioral healthcare program for boys 12-21 with offensive sexual behaviors, as well as programs for girls 12-21.

**Newport News Behavioral Health Center**, Newport News, VA
Website: [www.newportnewsbhc.com](http://www.newportnewsbhc.com)
Provides crisis intervention support, emotional and behavioral disorders, trauma, substance abuse, mental health, sexually abusive behaviors, psychiatric symptoms.

**New Vision Wilderness Therapy** Franklin, NC; Medford, WI; Bend, OR
Website: [https://newvisionwilderness.com/](https://newvisionwilderness.com/)
New Vision Wilderness (NVW) is a wilderness therapy program. Programs specialize in treating struggles associated with adoption, developmental trauma, anxiety, and addiction. Program serves preteens, teens, young adults, and families.

**North Homes Children and Family Services**: Grand Rapids, MI; Bemidji, MN; Duluth, MN
Website: [http://www.northhomesinc.org/](http://www.northhomesinc.org/)
North Homes Children and Family Services offer a broad spectrum of community based treatment and care options. This continuum philosophy allows individuals to transition to less restrictive settings as youth attain specific goals within a seamless and supportive community of professionals. By building upon strengths, youth individuals are empowered to successfully return to families, home communities, and independent living settings.

**Poplar Springs Hospital**, Petersburg, VA
Website: [www.poplarsprings.com](http://www.poplarsprings.com)
Adolescent acute services/behavioral healthcare specialists, suicidal or self-destructive behavior, substance abuse, aggressive behavior, acting out sexually, legal problems.

**Riverside Behavioral Health Center**, Hampton, VA
Website: [www.riversideonline.com/rbhc](http://www.riversideonline.com/rbhc)
Acute services for short-term crisis care of youth 6-18, residential treatment for adolescents 12-18. Those in residential treatment attend the licensed, on-site school. Dialectical Behavior Therapy (DBT) is a commonly used modality in the residential treatment program.

**Springbrook Behavioral Health**, Travelers Rest, SC
Website: [https://springbrookautismbehavioral.com/](https://springbrookautismbehavioral.com/)
Offers programs for children and adolescents with autism, adolescent females with reactive and deviant sexual behaviors, adult behavioral health, inpatient and outpatient psychiatric therapy for youth ages 5-21.

**St. Mary’s Home**, Norfolk, VA
Website: [http://saintmaryshome.org](http://saintmaryshome.org)
Provides specialized care within a home-like environment for children and adults with severe disabilities.

**Seven Hills Foundation**, Worcester, MA
Website: [www.sevenhills.org](http://www.sevenhills.org)
Several Residential Treatment options including programs specializing in long-term care, treatment for attachment disruptions, children with complex needs, and therapeutic treatment and support.

**Stetson School** Barre, MA  
Seven Hills Foundation  
Website: [http://www.sevenhills.org/affiliates/stetson-school](http://www.sevenhills.org/affiliates/stetson-school)

Stetson School is a nationally accredited, fully licensed, Chapter 766-approved Residential and Education Treatment Program for male youth and young adults, ages 9-22, with sexually problematic behaviors, complex developmental difficulties, chronic mental illness, and autism spectrum disorders, who have suffered from severe trauma. Recognized as a national leader in the treatment of sexually troubled behavior, Stetson School offers a continuum of supports and services to the high-risk population with a family-focused, individualized “culture of recovery.”

**Timberline Knolls Residential Treatment Center** Chicago, IL  
Website: [http://www.timberlineknolls.com/](http://www.timberlineknolls.com/)

Timberline Knolls Residential Treatment Center is a private residential treatment center for women and girls age 12 and older with eating disorders, addictions, mood disorders, and trauma. At Timberline Knolls, individualized treatment includes faith and spiritual renewal for every woman. Each resident works with an expert team to chart her own unique path of recovery, and to heal her whole self from the inside out.

**Virginia Home for Boys and Girls**, Henrico, VA  
Website: [https://vhbg.org/](https://vhbg.org/)

Alternative education, therapeutic resources, group care services, intensive care coordination.

**Wall Residences**, Floyd, VA  
Website: [www.wallresidences.com](http://www.wallresidences.com)

Wall Residences provides residential support to people who require an intensive level of support for success and who have a diagnosis of a long term mental illness or intellectual disability.

**Online Mental and Behavioral Health Guides and Resources**

**Arlington Mental Health Info**  
Website: [https://jones3290.wixsite.com/mysite](https://jones3290.wixsite.com/mysite)

The Arlington Mental Health Info page provides support for parents and other caregivers of children, teens and young adults ages 4-29 with psychiatric illness. For people living in the Arlington, VA area or elsewhere in Northern Virginia.

**Child Mind Institute**  
Website: [https://childmind.org/](https://childmind.org/)
The Child Mind Institute is devoted to transforming mental health care for the world’s children to enable them to reach their full potential. Individuals can access statistics, studies, and blogs.

**City of Alexandria Center for Children & Families**  
Website: https://www.alexandriava.gov/dchs/childrenfamily/default.aspx?id=50494

The Center for Children and Families provides programs and services for Behavioral Health, Domestic Violence & Sexual Assault, Child Welfare & Child Protective Services, Early Childhood and Youth Development.

**Online Youth Suicide Prevention Training**  
Fairfax-Falls Church Community Services Board (CSB)  
Website: [https://www.fairfaxcounty.gov/community-services-board/training/suicide-prevention](https://www.fairfaxcounty.gov/community-services-board/training/suicide-prevention)  
The online trainings allow participants to enter a virtual environment and assume the role of an adult interacting with a young person. Unlike many online trainings, these are interactive and dynamic with actions you choose to move the scenario along, and participants receive real-time feedback. Participants learn how to differentiate between "normal" and "at-risk" behavior and how to begin a conversation about the topic of mental distress. The courses are offered to anyone in the community, free of charge. Each training can be done in more than one sitting.

**Healthy Place**  
Website: [https://www.healthyplace.com/](https://www.healthyplace.com/)  
Providing trusted information on mental health disorders and psychiatric medications from both a consumer and expert point of view.

**National Institute of Mental Health**  
Website: [www.nimh.nih.gov/index.shtml](http://www.nimh.nih.gov/index.shtml)  
Covers topics of child and adolescent psychology/psychiatry. It covers medications, treatments, and guidance for parents and caregivers.

**NIH National Institute on Drug Abuse Treatment Referral Resources**  
Information regarding evidence-based approaches to treating substance use disorders in adolescents.

**Youth Mental Health First-aid Course**  
Website: [https://www.mentalhealthfirstaid.org/cs/](https://www.mentalhealthfirstaid.org/cs/)  
Mental Health First Aid is an 8-hour course that teaches people how to help someone who is developing a mental health problem or experiencing a mental health crisis. The
training helps individuals identify, understand, and respond to signs of addictions and mental illnesses.

**TRANSITION SERVICES AND RESOURCES FOR YOUNG ADULTS (age 18-21)**

**Education, Job, and Independent Living Services and Resources**

**AbilityOne Program**
Goodwill of Greater Washington  
DC Career Center  
2200 South Dakota Ave NE  
Washington, DC 20018  
Phone: 202-719-1288  
Website: [https://www.dcgoodwill.org/blog-posts/ability-one-jobs/](https://www.dcgoodwill.org/blog-posts/ability-one-jobs/)

AbilityOne is a program that provides people who have disabilities employment opportunities in the delivery of products and services to the Federal Government. The program offers training services to those with disabilities and also pays a fair wage. Goodwill of Greater Washington partners with SourceAmerica for their AbilityOne Program.

**ACE-IT in College at VCU**
Virginia Commonwealth University  
1314 W Main St  
P.O. Box 842011  
Richmond, VA 23284-2011  
Phone: 804-828-2315  
Email: aceit@vcu.edu  
Website: [http://www.aceitincollege.org/](http://www.aceitincollege.org/)

VCU’s ACE-IT in College is an inclusive learning and training program for transition-age adults with intellectual disabilities. Students participate in 5 semesters of employment, college classes, and campus activities.

**ADHD College Success Guidance Program**
9685-D Main Street  
Fairfax, VA 22031  
Phone: 703-425-5200  
Email: jthomas@adhdcollegesuccess.com  
Website: [www.adhdcollegesuccess.com](http://www.adhdcollegesuccess.com)
ADHD College Success Guidance Program provides college readiness assessments, residential workshops, training and follow up guidance for students with ADHD. The training, guidance, and follow up will empower individuals to develop the tools necessary to succeed in college and ready them to function independently in the world of work beyond.

**Alexandria City Public Schools Career and Transition Services**
T.C. Williams High School
3330 King St
Alexandria, VA 22302
Website: [https://www.acps.k12.va.us/Page/407](https://www.acps.k12.va.us/Page/407)

Transition services are a coordinated set of activities for students with disabilities that promote movement from school to post-school activities including postsecondary education, vocational education, integrated employment, continuing and adult education, adult services, independent living, or community participation. Available to students receiving special education services, the planning begins as early as age 14.

**Arlington Public Schools Special Education Transition Services**
Arlington, VA 22207
Phone: 703-228-6000
Website: [https://www.apsva.us/special-education/transition-services/](https://www.apsva.us/special-education/transition-services/)

Arlington Public Schools transition services consist of coordinated activities for a study with a disability. Services include a Career Assessment Program, School-Based Transition Assessments, Functional Life Skills Programs, Stratford Program, and a Program for Employment Preparedness.

**Braley and Thompson, Inc.**
4300 Ridgeway Center Dr
Woodbridge, VA 22192
Phone: 703-878-8216
Website: [www.braleyandthompson.com](http://www.braleyandthompson.com)

Braley and Thompson, Inc. is a therapeutic foster care agency that offers outpatient counseling, mental health support, intensive in-home services, independent living support, mentoring, and parenting classes.

**Bridging the Gap Family Services**
10432 Balls Ford Rd, Ste 300
Manassas, VA 20109
Phone: 703-881-7783

20130 Lakeview Center Plaza, Ste 400
Ashburn, VA 20147
Email: info@btgfs.org
Website: [www.BTGFS.org](http://www.BTGFS.org)
Bridging the Gap Family Services provides intensive in-home services for youth ages 5-21, working with diagnoses of emotionally or learning disabled, oppositional defiant disorder (ODD), anxiety or depression, ADD or ADHD, disruptive behavior, conduct disorder, attachment disorder, bipolar. Bridging the Gap Family Services also provide school-based counseling, mentoring, outpatient therapy, post-discharge support, and Mental Health Skill Building for Youth and Adults with serious mental health diagnosis and/or a history of hospitalization.

**Center on Transition Innovations at VCU**
Virginia Commonwealth University  
1314 West Main St  
P.O. Box 842011  
Richmond, VA 23284-2011  
Phone: 804-828-1851  
Email: transition@vcu.edu  
Website: [http://centerontransition.org](http://centerontransition.org)

The Center on Transition Innovations (CTI) is committed to serving Virginia’s middle and secondary special educators, families, service providers, and other stakeholders as in supporting youth with disabilities to create self-determined paths to adulthood. CTI serves as a portal for information and resources on the transition of youth with disabilities. It offers a website that includes free web courses for Virginia’s special educators, fast facts about transition and webcasts from experts in the field. CTI is also highly involved in conducting demonstration and research in Virginia that will be used to develop resources for online use.

**The Choice Group**
4807 Radford Ave, Ste 106  
Richmond, VA 23230  
Phone: 804-278-9151  
Email: info@thechoicegroup.com  
Website: [www.thechoicegroup.com](http://www.thechoicegroup.com)

The Choice Group places individuals with disabilities in an integrated work setting within the community. The individual is employed by the business and The Choice Group provides ongoing support services through job coaches and vocational counselors, case management, and community support. Also offered are services to assist students in transitioning from school to work, including independent living skills.

**College and Career Readiness and Success Center**
1000 Thomas Jefferson St NW  
Washington, DC 20007  
Phone: 800-634-0503  
Email: CCRSCenter@air.org  
Website: [http://www.ccrscenter.org/](http://www.ccrscenter.org/)

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CCRS Center provides resources to states, localities and others in order to support career and college preparedness after the high school level.

**College Living Experience (CLE)**
401 N Washington St, Ste 420
Rockville, MD 20850
Phone: 800-486-5058
Email: info@ExperienceCLE.com
Website: https://experiencecle.com/

CLE collaborates with a variety of schools, universities, community colleges, and vocational programs and provides 1:1 tutoring, group tutoring, and supervised study halls to meet the needs of CLE students. CLE provides supports with independent living, social skills, and career development.

**College Steps**
Northern Virginia Community College (NOVA)
National Phone: 888-732-1022
National Email: contactus@CollegeSteps.org
National Website: https://www.collegesteps.org/

NOVA Annandale
Andrew Falion, Program Coordinator
Phone: 571-342-0159
Email: Andrew@collegesteps.org

NOVA Loudoun
Taylor Bryant, Program Coordinator
Phone: 703-398-2337
Email: taylor@collegesteps.org
NOVA Website: https://www.nvcc.edu/disability-services/_files/what-is-college-steps.pdf

College Steps is a non-profit with a simple mission: To empower students living with learning and social challenges through structured post-secondary support. Working closely with high schools, colleges and families, the program emphasizes peer-to-peer services that build confidence and success. College Steps recognizes that, for many students, the need for individualized academic and social support is an essential to a successful transition to college and beyond. College Steps’ Individualized College Plan (ICP) is developed to compliment or pick up where the student’s Individualized Educational Plan (IEP) may have left off that ultimately serves as a road map, outlining areas of need and tracking progress throughout the student’s college experience and including the areas of academic enrichment, independent living, social integration, and pre-employment training. College Steps is located on several college campuses around the country including Northern Virginia Community College.

**Coordinated Services Planning**
Coordinated Services Planning provides general information, on county programs to connect individuals to county and community based resources to fulfill more pressing needs such as emergency food, shelter, clothing, healthcare, employment or financial assistance. CSP works collaboratively with county agencies and non-profit and community organizations to form a robust network of resources that can assist county residents with a variety of needs and provide information and referral. Multilingual staff can assist callers in Amharic, Arabic, Dari, Farsi, French, Hindi, Italian, Korean, Pashto, Punjabi, Somali, Spanish, Swedish, Tigrinya, and Urdu. CSP services are also available in other languages through the use of an interpreter.

**Crossroads Counseling Center, Inc. (CCC)**
7545 Presidential Ln
Manassas, VA 20109
Phone: 703-361-1525
Email: crossroads2@crossroadsvirginia.com
Website: www.crossroadsvirginia.com

Crossroads Counseling Center (CCC) provides counseling services to Medicaid eligible children and adults with offices in Winchester, Harrisonburg, Manassas, and Luray. CCC has a Transitional Independent Living Skills program. The service is designed for older teens and young adults who have emotional and behavioral difficulties and who are not ready to live independently. The service provides therapeutic services in areas such as education, employment, daily living skills and social skills and community living.

**Davis Career Center**
7731 Leesburg Pike
Falls Church, VA 22043
Phone: 703-714-5600
Website: http://www.fcps.edu/DavisCenter

This career/vocational center serves students with disabilities ages 18–22. Placement is through a referral process and is an IEP placement. It is part of the FCPS continuum of special education services. Instruction is provided to develop employability skills, independent living skills, social skills, and self-advocacy skills.

**Didlake**
8641 Breeden Ave
Manassas, VA 20110
Didlake provides support services for people with disabilities and their families through job support and training, day-support services, stable employment, and paths for upward mobility to aid in their independence.

**The disAbility Resource Center of the Rappahannock Area Inc (dRC)**
409 Progress St
Fredericksburg, VA 22401
Phone: 540-373-2559
CAPTEL/TTY: 540-373-5890
Video Phone: 540-645-5378
Voice or Relay: 800-648-6324
Website: [http://www.cildrc.org/](http://www.cildrc.org/)

The disability Resource Center is a Center for Independent Living working to enable people of all disabilities of all ages to live up to their greatest potential of independent living. Services offered include independent living skills training, peer counseling, advocacy, information and referral services, and transition services. The Resource center provides information and training to youth and their families about transition from high school to adult life in a program developed for youth ages 16-21.

**Disability Services**
Goodwill of Greater Washington
DC Career Center
2200 South Dakota Ave NE
Washington, DC 20018
Phone: 202-719-1288
Website: [https://www.dcgoodwill.org/disability-services/](https://www.dcgoodwill.org/disability-services/)

Goodwill of Greater Washington provides vocational services and employment to individuals with disabilities and disadvantages, including specialized training on cultural diversity and disability awareness. Recognized as one of the leaders in vocational rehabilitations, Goodwill offers a comprehensive continuum of vocational service and employment opportunities. Programs include job coaching and retention services, career assessments, and customized employment strategies.

**Dominion Youth Services**
4600 Duke St, Ste 413
Alexandria, VA 22304
Phone: 855-444-9338
Dominion Youth Services offers group day services, in-home residential care, sponsored residential, independent living, and community engagement to enhance the quality of life for those with various intellectual disabilities and developmental disabilities and their families. Dominion Youth Services offers community mental health services, autism services, and services for those with intellectual and developmental disabilities. There are several locations across the Commonwealth of Virginia. The Alexandria location offers waiver services and day services.

**Early Identification Program, GMU**  
George Mason University  
4400 University Dr  
Fairfax, VA 22030  
Phone: 703-993-1000  
Email: eip@gmu.edu  
Website: eip.gmu.edu

EIP (Early Identification Program) is a college preparatory program serving 8th grade and high school students who will be the first in their families to attend a college or university. Mentoring and tutoring is provided throughout the school year, as well as math and science enrichment, and a three week summer program at the university campus.

**Easy Street Foundation, LLC**  
35867 Camotop Court  
Round Hill, VA 20141  
Phone: 571-274-2728  
Website: https://easystreetllc.org/

Easy Street Foundation is a support network for parents caring for young adults with Asperger’s. The foundation offers help to young adults transitioning from high school to independence. Focus is on those with Autism Spectrum Disorder and their families.

**ENDependence Center of Northern Virginia, Inc. (ECNV)**  
2300 Clarendon Blvd, Ste 305  
Arlington, VA 22201  
Phone: 703-525-3268  
Email: info@ecnv.org  
Website: http://www.ecnv.org  
Website: http://www.ecnv.org/aboutlend

A local branch of the National Council on Independent Living, ECNV is a community-based resource and advocacy center managed by and for people with disabilities. ECNV promotes the independent living philosophy and equal access for all people with disabilities. Loudoun. ENDependence (LEND) a Center for Independent Living (CIL) Satellite Program of ECNV located in Ashburn, VA.

**Fairfax County Public Schools Career and Transition Services**
Website: https://www.fcps.edu/academics/academic-overview/special-education-instruction/career-and-transition-services

The mission of Career and Transition Services is to empower a diverse population of students with the opportunities and resources necessary for transition to a variety of post-secondary options. These services help students develop essential skills for self-determination, independent living, further education, and employment in order to maximize participation in their communities.

**Future Quest**
George Mason University Johnson Center
Northern Virginia Transition Coalition
4400 University Dr
Fairfax, VA 22030
Phone: 703-993-4496
Email: ttacnews@gmu.edu
Website: http://www.futurequestgmu.org/

Future Quest is a free college and career conference held every two years for middle and high school students with disabilities, young adults with disabilities, their families, and professionals that work with them. It is organized by George Mason University and the Northern Virginia Transition Coalition. One of the largest events of its kind in Virginia, Future Quest features more than 40 workshops and 40 exhibits related to successful life after high school. The last Future Quest was held in December 2017.

**GMU Office of Disability Services**
George Mason University
SUB, Ste 2500
Phone: 703-993-2474
Email: ods@gmu.edu
Website: http://ods.gmu.edu/

Disability Services is available to all students with disabilities: cognitive, sensory, mobility, or other physical impairments. Their mission is to promote equal access, foster partnerships, and empower students. Mason Autism Support Initiative (MASI) is a program also offered.

**Goodwill Job Training Programs**
Goodwill of Greater Washington
DC Career Center
2200 South Dakota Ave NE
Washington, DC 20018
Phone: 202-719-1288
Website: https://www.dcgoodwill.org/education/training-programs/energy-utilities/

The Goodwill Job Training Programs focus on careers in high demand industries. Each program is specifically designed for unemployed and underemployed job seekers in
greater Washington, DC region. Participants obtain valuable skills that will lead to a successful career. Each program provides industry recognized certifications, career coaching, and 1-on-1 job placement assistance. All training programs are led by industry professionals and available free of charge. Programs include the following: Energy & Utilities, Security & Protective Services, Hospitality, and Medical Office Administration.

**Great Expectations**  
Northern Virginia Community College (NOVA) - Alexandria Campus  
Bisdorf Building,  
Room 427  
3001 N. Beauregard St.  
Alexandria, VA 22311  
Phone: 703.845.6477  
Email: greatexpectations@nvcc.edu  
Website: [www.greatexpectations.vccs.edu](http://www.greatexpectations.vccs.edu) and [https://www.nvcc.edu/cpi/ge.html](https://www.nvcc.edu/cpi/ge.html)

The Great Expectations for Youth in Foster Care program helps Virginia’s current and former foster youth gain access to community college education and transition successfully from higher education to a self-sustaining career. Supports for school, life and work are available through this program, administered through Virginia’s Community Colleges. The Great Expectations Program is available in many community colleges across Virginia.

**Kirby Creative Clinical Solutions**  
3600 Chain Bridge Rd, Ste 200  
Fairfax, VA 22030  
Phone: 703-409-2571  
Email: Heather@KCClinicalSolutions.com  
Website: [http://kcclinicalsolutions.com](http://kcclinicalsolutions.com)

Heather Kirby offers therapy to tweens, teen, young adults and families in her private therapy office employing recreation, sand, music, art, and equine therapy. Having a background in special education, she also advocates and provides consultation for IEP meetings and specialized behavior plans. She leads ongoing support groups in Fairfax for LGBTQ adolescent and young adults, teen parents, anxiety support groups for young adults, and the PASSPORT program for young adults who are struggling with the transition into adulthood.

**I’m Determined Project**  
Phone: 703-993-4496  
Email: info@imdetermined.org  
Website: [http://www.imdetermined.org/](http://www.imdetermined.org/)

Sponsored by the Virginia Department of Education, the I’m Determined project offers training modules and other materials and events for educators, parents and youth. A youth and parent summit is offered in the summer. Self-determination materials are
designed to teach and encourage youth with disabilities to take control of planning for their education, goals and future.

**Integrated Living Opportunities ILO**  
5603 Potomac Avenue NW  
North Entrance  
Washington, DC 20016  
Phone: 202-248-7113  
Email: info@ilonow.org  
Website: [https://www.ilonow.org/](https://www.ilonow.org/)

Integrated Living Opportunities (ILO) is a coalition of adult self-advocates with special needs and their families who work together to face the experience of helping children to live independently in the community. ILO helps families facilitate networks of support for adults with developmental disabilities that include individuals who can remain connected to them for the rest of their lives, even after the parents are gone. ILO can provide skills inventory assessments, coaching, skill development, identification of services, employment opportunities, and social activities to prepare individuals for moving out of the family residence and engaging in the community. ILO also provides support with advocacy and identifying services to meet specific needs, but does not provide or fund staffing for an individual. ILO can facilitate the development of an ongoing, interactive plan for the individual and his/her family to maintain and develop independent living skills.

**Life Skills Services**  
National Counseling Group (NCG)  
Over 20 locations throughout Virginia, including offices in Annandale, Manassas, and Fredericksburg, Front Royal, and Winchester.

7620 Little River Turnpike, Ste 402  
Annandale, VA 22003  
Phone: 703-813-5982  
Website: [https://www.ncgcommunity.com/life-skills](https://www.ncgcommunity.com/life-skills)

Life Skills Services through NCG support the development of life skills, know-how, and confidence that at-risk youth and young adults need to navigate their future. The program creates individualized training plans based on comprehensive assessments of each client’s capabilities and needs. These assessments allow the plans to focus specifically on identified needs without teaching redundant skill sets. Some areas of skill development include work and study habits, job seeking and maintenance, using public transportation, cooking, cleaning, budgeting, paying bills, and technology. Additionally, individuals learn about maintaining healthy relationships, social interactions, effective communication, stress reduction and anger management.

**LifeWorks Outreach Services/Family Teamwork, Inc.**  
4300A Ridgewood Center Dr
LifeWorks Outreach Services, Inc. helps children, individuals and families reach improved levels of function through the delivery of home-based counseling, mentoring, respite, mental health skills building, and comprehensive outpatient services. Family Teamwork, Inc. is a home-based support program that provides support to families through wrap-around services. SelfWorks is a mental health skill building program for adults over the age of 18 who have significant mental health diagnoses that impair their ability to function in daily life, and LifeWorks is the outpatient counseling service that offers individual, couples, and family therapy services.

**Living Independently for Tomorrow (LIFT)**
14160 Newbrook Dr
Chantilly, VA 20151
Phone: 703-842-2301
Website: communityresidences.org/programs/youth-programs/lift-programs/

Community Residences, Inc. LIFT ONE Project provides outreach and transitional living and support services to help homeless youth ages 17-21. LIFT TWO Project provides apartment-based Independent Living and Support Services to help foster care youth ages 17-21 transition from residential care to independent living.

**The Lloyd House at Henry and William Evans Home for Children**
330 E Leicester St
Winchester, VA 22601
Phone: 540-662-8520
Email: evans@evanshome.org
Website: https://www.evanshome.org/lloyd-house

The Lloyd House is a home for Evans Home children who have completed high school and need a place to stay during the transition time between dependency and independences. Many of these young adults are college students, either full time residents or home for breaks. Other are pursuing different preparation for adulthood, needing a place to stay while getting their feet wet in the workplace. Some have started there, moved out, and moved back in. All alumni who live here must work and pay rent, and receive all of their rent back as seed money for independence at the end of the program.

**Loudoun County Public Schools Career and Transition Services**
Website: https://www.lcps.org/Page/164616

The Loudoun county Public School Career and Transition team is focused on helping students plan for and gain competencies to prepare them for post-high school college, career and life. The team consists of a Transition Teacher/Facilitator and Job Coach at each high school, whom work with the Special Education Case Managers in each of their institutions.
high schools and middle schools on student Transition planning for all students with an IEP ages 14 to 22. There is a post high school program in the community for students with an IEP ages 18-22, who are interested and meet the criteria for acceptance and this program is called CAST. The Community and Schools Together/CAST program has four placement groups throughout Loudoun County, with one Transition Teacher/Consultant and one Job Coach with each group. CAST has a limited number of seats available and applications are accepted on an ongoing basis.

**Mason LIFE Program**  
Helen A. Kellar Institute for Human Disabilities  
Graduate School of Education  
4400 University Drive, MSN 1F2  
Fairfax, VA 22030  
Phone: 703-993-3905  
Website: [https://masonlife.gmu.edu/](https://masonlife.gmu.edu/)

The Mason LIFE Program offers a four year postsecondary curriculum of study to students with intellectual and developmental disabilities (IDD) who begin the program between 18-23 years of age. Students completing their four years with the Mason LIFE Program will graduate with a George Mason Certificate of Completion with a catalog concentration and a work specialty area. There is a residential housing component of the program, where participants live in a supported living environment on campus.

**Meaningful Opportunities for Successful Transitions (MOST)**  
Jewish Foundation for Group Homes (JFGH)  
The Sally and Robert Goldberg MOST Program  
1500 East Jefferson Street  
Rockville, MD 20852  
Maryland Phone: 240-283-6031  
Virginia Phone: 703-865-6830  
Website: [http://www.jfgh.org/services/services/](http://www.jfgh.org/services/services/)

The Jewish Foundation for Group Homes (JFGH) offers the Sally and Robert Goldberg MOST Program in Maryland and Virginia. MOST is a one year individualized program of activities and training designed to help participants develop the skills needed for independent living, integrating into the community through social and recreational activities, and helping them gain skills needed to pursue a vocation. The Virginia MOST Program is located in the Fairfax Circle shopping center in Fairfax, VA.

**MVLE**  
7420 Fullerton Rd, Ste 110  
Springfield, VA 22153  
Phone: 703-569-3900  
Email: info@mvle.org  
Website: [www.mvle.org](http://www.mvle.org)
MVLE is an internationally accredited agency that partners with more than 125 commercial businesses in addition to government and other not-for-profit agencies to support individuals with disabilities through employment and support services.

**Next Level Transition Consulting**
Phone: 571-332-2992  
Email: scottwilbur@nextleveltransition.com  
Website: [http://www.nextleveltransition.com](http://www.nextleveltransition.com)

Next Level Transition Consulting helps clients with disabilities or clients who are diverse thinkers to reach their educational, vocational, independent living, social, or self-advocacy goals. Transition coaches help clients plan for successful transitions.

**Northern Virginia WIOA Youth Program**
Workforce Innovation and Opportunity Act (WIOA)  
Fairfax SkillSource Center-Annandale  
7611 Little River turnpike, Ste 300W  
Annandale, VA 22003  
Phone: 703-533-5756  
Email: Leon.Milkins@fairfaxcounty.gov  
Website: [http://www.myskillsource.org/page/id/38/youth](http://www.myskillsource.org/page/id/38/youth)  

The Workforce Innovation and Opportunity Act (WIOA) youth Program offers free training, internships, SAT and GED prep, tutoring, and career exploration for eligible young adults ages 17-24. Participants have the opportunity for paid work experiences, professional clothing provided, free transportation assistance. Young adults in Fairfax, Loudoun, and Prince William counties and the cities within are eligible for the program. The Northern Virginia Team Independence Project (NVTI) supports out of school and unemployed foster care and justice involved young adults through mobile outreach and enrollment in the community and targeted case management. The programming addresses key barriers to engaging hard-to-reach young adults in the region to provide needed support.

**NOVA Disability Support Services**
Northern Virginia Community College (NOVA)  
7630 Little River Turnpike, Ste 306  
Annandale, VA 22003-3796  
Phone: 703-323-3455  
Phone: 703-822-6633  
Email: edisabilityservices@nvcc.edu  
Website: [http://www.nvcc.edu/current-students/disability-services/](http://www.nvcc.edu/current-students/disability-services/)

NOVA Disability Support Services will make reasonable accommodations in providing course, program and building modification, or auxiliary aids and services in compliance with Section 504 of the Rehabilitation Act of 1973 and the Americans with Disabilities
Act Amendments Act (ADAAA) of 2008. No academically qualified student with a disability shall be denied access to or participation in the services, programs and activities of the College.

**NOVA Workforce Development**  
Northern Virginia Community College (NOVA)  
Phone: 703-503-6300  
Email: NOVAWorkforceAnswers@nvcc.edu  
Website [http://www.nvcc.edu/workforce/](http://www.nvcc.edu/workforce/)

NOVA Workforce Development offers classes that help students learn new skills, gain credentials for a career change, or boost their current career success. Classes are available online and in-person on six local campuses.

**PHILLIPS Education Programs**  
7010 Braddock Rd  
Annandale, VA 22003  
Phone: 703-941-8810  
Fax: 703-658-2378  
Website: [http://www.phillipsprograms.org/phillips-schools/](http://www.phillipsprograms.org/phillips-schools/)  

The PHILLIPS Education Programs have a Building Futures programs in Fairfax and Loudoun that provide intensive vocational programming for students with disabilities. The program provides students with academic programming, supportive services, and related services while learning the building trades as part of the school day.

**Potomac Job Corps Center**  
Admissions Office  
4900 Leesburg Turnpike, Ste 307  
Alexandria, VA 22302  
Local Phone: 703-671-5300  
Phone: 800-733-JOBS (5627)  
Website: [http://potomac.jobcorps.gov/home.aspx](http://potomac.jobcorps.gov/home.aspx)

At Potomac Job Corps Center, a branch of the US Department of Labor, students receive skills for today’s workforce at no cost to them or to their families.

**Prince William County Schools Transition Resources**  
Website: [https://pwcs.edu/academics__programs/special_education/program_supports/transition_services/transition_resources/](https://pwcs.edu/academics__programs/special_education/program_supports/transition_services/transition_resources/)

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Transition Resources refers to those programs and services provided by Prince William County Public Schools’ Special Education Department that are specifically designed to prepare and support students with disabilities in their transition from high school to adult roles. Emphasis is placed on developing the student’s self-determination and those skills necessary for achieving successful postsecondary outcomes. Outcomes may include, but are not limited to, independent living, vocational training, employment, and postsecondary education.

**Project LIFE**
United Methodist Family Services (UMFS)
5400 Shawnee Rd, Ste 303
Alexandria, VA 22312
Phone: 703-941-9008
Fax: 703-750-0621
Email: nova@umfs.org
Website: www.umfs.org
Website: www.vaprojectlife.org

Project LIFE supports older youth, local staff and other professionals by providing an integrated approach to permanency and helping them prepare for adulthood. Project LIFE has Statewide Youth Conferences, Regional Youth Events, a Youth Network, Speaker’s Bureau, and Independent Living Transition Planning. Virginia Department of Social Services’ Independent Living Program for youth in foster care, operated by UMFS (United Methodist Family Services). The Alexandria office serves the Northern Virginia region.

**Project SEARCH Transition-to-Work**
There are Project Search locations/programs throughout the country
Website: [https://www.projectsearch.us/transition-to-work/](https://www.projectsearch.us/transition-to-work/)
Program Locations: [https://www.projectsearch.us/find-a-program/](https://www.projectsearch.us/find-a-program/)

The Project SEARCH Transition-to Work Program is a unique, business-led, one-year, school-to-work program that takes place entirely at the workplace. Total workplace immersion facilitates a seamless combination of classroom instruction, career exploration, and relevant job-skills training through strategically designed internships. The goal for each student participant is competitive employment. The program provides real-life work experience combined with training in employability and independent living skills to help youths with significant disabilities make successful transitions from school to productive adult life.

**Pulley Career Center**
6500 Quander Rd
Alexandria, VA 22307
Phone: 703-718-2700
Website: [http://www.fcps.edu/PulleyCtr/](http://www.fcps.edu/PulleyCtr/)
This career center serves students with disabilities ages 18-22. It is part of the FCPS continuum of special education services

**Ready Set Go College (RSGC)**  
Foggy Bottom Road  
Bluemont, VA 20135  
Phone: 561-531-1638  
Email: readysetgocollege@yahoo.com  
Website: [https://www.readysetgocollege.com/](https://www.readysetgocollege.com/)

Ready Set Go College (RSGC) provides personalized college preparation, selection, and transition services for students with disabilities. RSGC serves middle, high school, and transitioning college students in the Northern Virginia area. Most students with disabilities have gaps in their preparedness for college living and academics. Areas that require assistance may be related to academics, executive functioning, independent living, or social/emotional skills. RSGC helps develop these skill in students through coaching, assists in selecting and applying for best fit colleges, and advocates with college staff to optimize campus life and academics.

**Rehabilitation Engineering and Assistive Technology Society of North America (RESNA)**  
1560 Wilson Blve, Ste 850  
Arlington, VA 22209  
Phone: 703-524-6686  
Website: [www.resna.org](http://www.resna.org)

RESNA is an organization dedicated to promoting the health and well-being of people with disabilities through increasing access to technology solutions. RESNA offers certification, continuing education, and professional development. It develops technology standards; promotes research and public policy; and sponsors forums for the exchange of information and ideas to meet the needs of its multidisciplinary constituency.

**ServiceSource**  
6295 Edsall Rd, Ste 175  
Alexandria, VA 22312  
Phone: 703-461-6000  
Website: [www.servicesource.org](http://www.servicesource.org)

ServiceSource is a nonprofit disability resource organization with regional offices and programs located in eight states and the District of Columbia. It offers a broad range of rehabilitation and employment services to individuals with disabilities, including employment, training, rehabilitation, housing and other support services.

**SkillSource Group**  
Locations in Annandale, Alexandria, Woodbridge/Prince William, Leesburg/Loudoun, Reston, and Manassas
The SkillSource Group is a non-profit organization serving both employers and job seekers. The SkillSource Group offers free job placement, training, and educational services to employers, job seekers, and incumbent workers. The Northern Virginia Team Independence Project (NVTI) supports out of school and unemployed foster care and justice involved young adults through mobile outreach and enrollment in the community and targeted case management. The programming addresses key barriers to engaging hard-to-reach young adults in the region to provide needed support.

**Social Skills for Life, LLC**

210 E Broad St Ste G-2  
Falls Church, VA 22046  
Phone 609-529-2918  
Phone: 202-550-7785  
Email: programdirector@socialskillsforlife.net  
Website: [http://socialskillsforlife.net/](http://socialskillsforlife.net/)

Social Skills for Life offers social skills groups and camps for kids, teens, and young adults. Saturday social groups work on social, communication, and friendship skills in order to promote self-advocacy. The program aims to develop social skills, independent living skills, and on-the-job skills. Social Skills for Life also offers an internship program for teens and young adults which focuses on independent life skills (budgeting, cooking, navigating your community independently), job skills, and how to interview.

**SPARC Solutions**

P.O. Box 10797  
Burke, VA 22009  
Phone: 703-338-6185  
Website: [http://sparcsolutions.org](http://sparcsolutions.org)

SPARC, Specially Adapted Resource Clubs, is a place for adults with disabilities to thrive. By providing dynamic, enduring learning opportunities in a natural community setting, SPARC empowers adults to enjoy service projects, gain new vocational skills, and practice life skills. There are offices in Reston, Fairfax, and McLean.

**Starfish Savers**

P.O. Box 230636  
Centreville, VA 20120  
Phone: 703-631-9557  
Email: info@starfishsavers.com  
Website: [www.starfishsavers.com](http://www.starfishsavers.com)

Starfish Savers provides many services for all age groups including IEP and 504 review,
free get-togethers and consultation services. While their target group for these services are those with complex mental disorders, Starfish Savers offers a multitude of free resources from their website including Life Coaching and Advocacy Support services across the lifespan, Self-Advocacy Training, Transition Services, Soft Skills Training, Life and Social Skills Training and Advocacy Consultation and Support.

**STEP Up Program at the Paxton Campus**
601 Catoctin Cir NE
Leesburg, VA 20176
Phone: 703-777-1939
Email: mheifetz@paxtoncampus.org
Website: www.paxtoncampus.org

STEP Up (Supported Training and Employment Program) provides adults with disabilities with training and meaningful employment and day support opportunities both on-campus and in the community. The program also focuses on developing other independent living skills.

**Support and Training Resources for Independence and Vocational Education (STRIVE)**
Northern Virginia Community College (NOVA)
Phone: 571-212-4482
Email: strive05@icloud.com
Website: www.striveincld.org

STRIVE is a non-credit, CEU, certificate granting, college campus and community based career life planning program. The program prepares LD students for the challenges of adult living in the following areas: career life planning; community based training, involvement, and employment; community service learning; recreation and leisure; social skills; academic referral; and residential living. To enroll in STRIVE courses, contact NOVA Community College.

**TOGETHER Program**
A program of Virginia Tech and University of Maryland
7054 Haycock Road
Falls Church, VA 22043
Email: togethervtumd@gmail.com
Website: www.togetherprogram.org

The TOGETHER Program provides a safe place for couples wanting to work together to build long-lasting changes in their families. The program offers a 20 hour educational workshop for couples focusing on: Communication and Problem Solving, Stress Management, and Financial Management. Partners must be 18 years or older and have lived together for at least one year. All services are provided free of charge and participants receive incentives (gift cards) for the completion of surveys evaluating the effectiveness of the services at the end of the program.
Transition POINTS Program at Arc of Northern Virginia
2755 Hartland Rd, Ste 200
Falls Church, VA 22043
Phone: 703-208-1119 ext 118
Email: teamchallenge@thearcofnova.org
Website: https://thearcofnova.org/programs/transition/

Transition POINTS provides parents, siblings and other caregivers with the information and support needed to make decisions at key points across the lifespan of their loved one with intellectual or developmental disabilities. The program offers information on securing employment and housing and transition support.

Therapeutic Interventions and Heritage for Kids
5999 Stevenson Avenue, Ste 300
Alexandria, VA 22304
Phone: 703-879-1067
Website: http://www.therapeuticinterventions.com

Therapeutic Interventions and Heritage for Kids is a community mental health and foster care provider. Services include outpatient treatment, therapeutic foster care, mental health skill building, intensive in home, and therapeutic day treatment. There are skill building services for adults with a significant psychiatric function who are learning to live independently. There are several locations throughout the Commonwealth of Virginia.

Virginia Association of Community Rehabilitation Programs (VaACCSES)
7420 Fullerton Rd, Ste 110
Springfield, VA 22153-2836
Phone: 571-339-1305
Email: ktefelski@vaaccses.org
Website: http://www.vaaccses.org/

Chartered in 1975, the Virginia Association of Community Rehabilitation Programs (VaACCSES) is an active statewide association of organizations providing quality employment, residential, day support, training, and support services for persons with disabilities. The VaACCSES mission is to provide valued services that enhance the ability of member organizations to create quality employment, training, residential and community support options for Virginia’s citizens with disabilities.

Virginia Department for Aging and Rehabilitative Services (DARS)
Fairfax Office
11150 Fairfax Blvd, Ste 300
Fairfax, VA 22030
Phone: 703-359-1124

Alexandria Office
Consumer Vocational Rehabilitation (VR) program helps people with disabilities get ready for, find, and keep a job. It helps to increase their ability to live independently in their communities. The Consumer VR program works with individuals with every type of disability. VR services include but are not limited to, vocational counseling, training, job placement, and job coaching.

**Virginia Keys School**
433 New Dominion Lane
Cumberland, VA 23040
Phone: 434-983-1776
Email: info@virginiakeys.org
Website: [http://www.virginiakeys.org/](http://www.virginiakeys.org/)

Virginia Keys is an academic and trade school where youth ages 14 through 22 may gain a high school diploma while learning a trade that will provide them with a living wage. Virginia Keys has a full-time academic day school, residential placement, or a weekly boarder program where the young adult returns home on the weekends. Virginia Keys offers three housing options: a group home, college dormitory style room, or individual “tiny homes” that are built by the students. Training is available in vocations such as carpentry, culinary arts, agriculture, welding, auto mechanics, roofing, use of heavy equipment, small engine repair, electrician, firefighter, and professional lawn care. Virginia Keys School is approved by Virginia Department of Social Services (DSS) as a licensed Residential Program and Independent Living Program suited for youth who may be aging out of the foster care system.

**Youth MOVE Virginia**
NAMI Virginia
1910 Byrd Ave, Ste 202
Richmond, VA 23230
Phone: 804-285-8264
The purpose of Youth MOVE Virginia is to support a grass-roots peer network for youth and young adults to be empowered active guides in their own care, while advocating for mental health policy and programs that are specific to their unique needs and experiences. The goal is to establish a peer support youth group in each region of the state and offer other education and support programs that will serve as a resource for leadership development, self-efficacy, and personal growth.

**YouthQuest Independent Living**
Intercept
5511 Staples Mill Road, Ste 102
Richmond, VA 23228
Phone: 804-612-3344
Email: referrals@YouthQuestIL.com
Website: [https://www.interceptyouth.com/youth-quest](https://www.interceptyouth.com/youth-quest)
Website: youthquestil.com

YouthQuest is part of Intercept’s LifeBridge Continuum of Care and provides services where young adults ages 17-20 can reside in a less restrictive environment while continuing to receive case management and support focused on independence and self-sufficiency. YouthQuest’s three core components are: learning and application, positive youth development and permanent connections. Youth Quest for Moms and Dad provides additional support and parenting skills training through the use of the Nurturing Parenting Program. Site locations in Harrisonburg, Henrico, Chesapeake, Newport News, VA Beach, Lynchburg, Roanoke, and Manassas.

**Wilson Workforce Rehabilitation Center**
243 Woodrow Wilson Ave
Fishersville, VA 22939
Phone: 800-345-9972
TTY: 800-811-7893
Email: WWRCInfo@wwrc.virginia.gov
Website: [https://www.wwrc.net/](https://www.wwrc.net/)

The Center provides vocational training and medical interventions for people with disabilities to assist them in obtaining employment and to live more independently.

**Supported Living Resources**

**Addus Home Care**
12531 Clipper Dr, Ste 201
Woodbridge, VA 22192
Phone: 703-497-2273
Email: info1@addus.com
Website: [http://www.addus.com/](http://www.addus.com/)
Addus Home Care provides a full range of in-home services for elderly and adults with disabilities. Addus Home Care offers services such as help with bathing, dressing, grooming, meal preparation, housekeeping, errands/transportation, and medication reminders. These supportive services can be arranged for any frequency of time, from one to twenty-four hours of care daily, or on a respite or temporary basis. Services may be funded by Medicaid waiver programs, long-term care insurance, veteran’s benefits, private pay, or other location-specific social service programs.

**Arc of Greater Prince William**
13505 Hillendale Dr
Woodbridge, VA 22193
Phone: 703-670-4800
Email: info@arcgpw.org
Website: www.arcgpw.org

The Arc of Greater Prince William is committed to promoting total community acceptance and awareness of individuals with developmental disabilities as contributing members of society. Among its programs are INSIGHT, Inc. the residential component of The Arc, which offers adults with intellectual and developmental disabilities opportunities for personal growth and independence in a variety of supported living situations. The Muriel Humphrey Developmental Child Care Centers offer a warm and nurturing environment for children with disabilities. Care is available for a few hours, before and after school or all day. The Arc also provides a Parents Night Out Program and Respite Care.

**Chimes Virginia**
3951 Pender Dr, Ste 120
Fairfax, VA 22030
Phone: 703-267-6558
Website: https://chimes.org/about/chimes-family/chimes-virginia/

Chimes Virginia operates supervised group homes, provides in-home supports for people who live with their families, and offers an alternative to traditional day services utilizing the Club House model. Services are delivered in the northern Virginia suburbs.

**Community Concepts, Inc.**
17932 South Fraley Blvd, Ste 300
Dumfries VA 22026
Phone: 703-680-5127
Email: information@comconinc.net
Website: www.comconinc.net

Community Concepts, Inc. was founded in 2008 to provide residential and day support services to persons with intellectual disabilities. Community Concepts helps individuals broaden their horizons and embrace new dreams. Community Concepts is licensed by the Department of Behavioral Health and Developmental Services and collaborate with the Prince William, Loudoun, and Rappahannock-Rapidan Community Service Boards.
**Dedicated Care Health Services**
5571 St Charles Dr.
Woodbridge, VA 22193
Phone: 703-745-7785
Email: hello@dedicatedcarehealthservices.com
Website: http://www.dedicatedcarehealthservices.com/

Dedicated Care Health Services provides 24 hour supervised residential care in a home-like setting for adults with a primary diagnosis of intellectual disability who may have a secondary diagnosis of mental illness. Dedicated Care Health Services strives to promote skill development, progressive use of leisure time, community socialization and personal development to be able to live, work and be an active citizen in the community. The home is a split 2 level home licensed for 4 beds. There are 2 bedrooms upstairs and one shared bedroom downstairs. Residents need to be able to ambulate stairs.

**Dominion Youth Services**
4600 Duke St, Ste 413
Alexandria, VA 22304
Phone: 855-444-9338
Website: http://dominionyouthservices.com/services/intellectual-and-developmental-disabilities-services/

Dominion Youth Services offers group day services, in-home residential care, sponsored residential, independent living, and community engagement to enhance the quality of life for those with various intellectual disabilities and developmental disabilities and their families. Dominion Youth Services offers community mental health services, autism services, and services for those with intellectual and developmental disabilities. There are several locations across the Commonwealth of Virginia. The Alexandria location offers waiver services and day services.

**Faison’s Family Partner Program**
The Faison Center
1701 Byrd Avenue
Richmond, VA 23230
Phone: 804-612-1947
Website: https://www.faisoncenter.org/family-partner-program

Faison’s Family Partner Program is a residential option for adults with autism. Clients are matched with professional family partners in single-family homes. Often the professional family partner has a long-term relationship with the person to be supported. A Family Partner home is developed in full partnership with the natural family, the professional family partner, and Faison. Family Partners provide a caring and structured home life, in partnership with Faison and the individual’s natural family. This career choice provides Family Partners with the flexibility to stay at home with their children, or to pursue other interests as most of the individuals served attend day programs such as Faison’s Adult Day Services. Professional family partners participate...
in best practice training and use Faison’s resources. The program ensures that individuals with autism have an increased level of independence and are living enriched, inclusive lives within the community.

**The Faison Residence**
The Faison Center
1701 Byrd Avenue
Richmond, VA 23230
Phone: 804-612-1947

The Faison Residence
5322 Markel Rd
Richmond, VA 23230
Website: [https://www.faisoncenter.org/the-faison-residence](https://www.faisoncenter.org/the-faison-residence)

The Faison Residence operates as part of The Faison Center’s adult services program. The Residence features 45 apartments, as well as a community room and recreational facilities for social activities. Approximately a third of the apartments are set aside for adult tenants with autism and other developmental disabilities who are generally independent but need occasional assistance and supervision. The remaining apartments are rented to the public, making it a truly integrated community with neighbors looking out for neighbors. The apartments also feature assistive and security technology – all embedded into the fabric of this amazing residential community. The Faison Residence allows individuals to live as independently as possible with supportive in-home services.

**Family Care Homes**
Lutheran Family Services of Virginia
Developmental Services-Northern Virginia
10467 White Granite Dr, Office #6 (3rd Floor)
Oakton, VA 22124-2763
Phone: 571-328-5835
Website: [http://lfsva.org/family-care-homes/](http://lfsva.org/family-care-homes/)

This service offers 24-hour support and supervision in clean, healthy, safe family settings where no more than two individuals receive services, and provides “foster care” settings for individuals with intellectual disabilities or developmental disabilities who are 18 years or older. LFSV carefully screen and license qualified families and individuals to provide services in their home as contracted employees. This service uses a person-centered approach to encourage individuals to realize their dreams. Skill-building is provided in order to help the individual(s) meet their medical, dietary, behavioral, personal care and daily living needs. This service also allows for the home of the individual with disabilities to become a licensed Family Care Home and allows a family member or relative to be the paid caregiver.

**Hartwood Foundation, Inc.**
3702 Pender Dr, Ste 410
Fairfax, VA 22030
Phone: 703-273-0939
Email: info@hartwood.server283.com
Website: www.hartwoodfoundation.com

The Hartwood Foundation is a nonprofit, nonsectarian organization that develops and operates residential service programs for persons with intellectual disabilities in Virginia. Founded in 1973 by a small group of families, its first program provided respite services. Today 17 additional community based group homes exist, along with a variety of family support programs. Nearly 100 people live in the full-time community homes and 50 to 60 people use the respite program annually. Respite is available for those ages 18 and up. Family support programs are also offered in cooperation with the Fairfax-Falls Church Community Services Board.

**Hope Family Village**
PO Box 982
Williamsburg, VA 23187
Phone: 804-829-0881
Website: [http://hopefamilyvillage.org/](http://hopefamilyvillage.org/)

Hope Family Village is a community in the planning stages that will offer community-based care for people who face mental health condition and provide a loving and supportive community for caregivers. The community will be located in Williamsburg, VA. The initial community plan is to develop an inclusive village, where 25 caregiving families and their loved ones who endure serious mental illness, live on 25 acres. Hope Family Village will have a center, a Common House, to congregate, meet, cook and share meals, recreate, otherwise care and support one another. Three housing options are currently under consideration: A family home for 4-5 unrelated adults in recovery, each with their own bedroom and shared living, kitchen, and bathroom areas; 2-3 bedroom single family homes and 3 bedroom single family townhomes. Virginia Senate Floor approved a state owned property to be set aside for Hope Family Village in February 2018. Expected groundbreaking is May 2020 with the first family homes expected to be ready for occupancy in February 2021.

**Independent Living Arrangement**
Virginia Home for Boys and Girls
8716 West Broad Street
Henrico, VA 23294
Phone: 804-270-6566 ex 176
Email: info@vhbg.org
Website: [https://vhbg.org/programs-services/group-care-and-independent-living/](https://vhbg.org/programs-services/group-care-and-independent-living/)

Virginia Home for Boys and Girls’ highly individualized Independent Living Arrangement support youth in achieving success as independent adults by offering housing and support services. The program supports youth ages 17-21 living in townhomes on VHBG’s campus. VHBG conducts an assessment to ensure that the youth is suitable for services. The assessment includes a review of paperwork, Casey assessment and a face-to-face interview with the youth. Upon admission, the youth is
oriented to the arrangement and apartment then begins receiving individualized case management services and independent living skills development.

**Lutheran Family Services of Virginia**
Developmental Services-Northern Virginia
10467 White Granite Dr, Office #6 (3rd Floor)
Oakton, VA 22124-2763
Phone: 571-328-5835
Website: [www.lfsva.org](http://www.lfsva.org)

Lutheran Family Services of Virginia offers a broad range of services from foster care and post-adoption support to support for individuals with disabilities. Services include adult respite care, in-home services, Family Care Homes, group homes, and day support, supported employment services. There are locations throughout the Commonwealth of Virginia.

**Psychiatric Rehabilitation Services (PRS)**
1761 Old Meadow Rd, Ste 100
McLean, VA 22102
Phone: 703-536-9000
TTY: 703-790-0582
CrisisLink Hotline: 800-273-TALK (8255)
Email: info@prsinc.org
Website: [http://prsinc.org/](http://prsinc.org/)

PRS provides skills training and supports so individuals living with mental illness, substance use disorders and addiction, mild intellectual disabilities, autism spectrum disorders or any combination of these achieve wellness, recovery and community integration. Community housing, employment services, outpatient services, and recovery day programs are available in Virginia and DC. PRS CrisisLink has trained crisis workers who provide a listening ear, problem solving, resources, and referrals.

**REACH (Regional Education Assessment Crisis Services Habilitation)**
Easter Seals UCP North Carolina & Virginia
Woodbridge VA REACH Office
5893 Anthony Dr.
Woodbridge, VA 22193
Phone: 703-730-0302

VA REACH Northern Region of Virginia
3460 Commission Ct Ste 202
Lake Ridge, VA 22192
Phone: 855-897-8278
REACH is a program to support adults with an intellectual disability and/or developmental disability, as well as a mental health condition or challenging behavior that is negatively affecting their quality of life. REACH provides 24/7 crisis intervention, information, and referral to individuals residing in Fairfax, Loudoun, Arlington, Prince William, and the City of Alexandria. REACH also provides mobile support, Consultation, and run a therapeutic home that provides temporary, short-term support to individuals who are transitioning into or out of a hospitalization or are not able to return to their last place of residence.

**Support Services of Virginia Inc (SSVA)**
Coastal Virginia
420 Investors Place, Ste 102
Virginia Beach, VA 23452
Phone: 757-497-6111

Central Virginia
3801 Campbell Ave
Lynchburg VA 24501
Phone: 434-316-0078

Southern Virginia
2354 N. Main Street
Danville, VA 24540
Phone: 434-836-651
Website: [http://www.ssvainc.org/](http://www.ssvainc.org/)

Support Services of Virginia Inc (SSVA) provides services based on Person Centered Thinking and Positive Practices to people with disabilities. SSVA provides Day services, residential services, temporary or overnight respite services, and behavioral consultations. Day services include both community and center based day support as well as opportunities for jobs. Their residential services include in-home, residential, and group home placements. The respite house, Dragonfly House, provides care or temporary supports for families or emergency placements for unanticipated events. Behavioral consultations conduct functional assessment of behavior to assist in creating service plans for others.

**Housing Support Services**

**Cornerstones, Inc.**
11150 Sunset Hills Rd, Ste 210
Reston, VA 20190
Phone: 571-323-9555
Website: [www.cornerstonesva.org](http://www.cornerstonesva.org)

Cornerstones promotes self-sufficiency by providing support and advocacy for those in need of food, shelter, affordable housing, quality childcare, and other human services. It
offers a variety of programs including food, financial and urgent assistance, as well as tutoring and homework assistance, emergency shelters, housing counseling, and family support services as part of its Healthy Families Fairfax program to prevent child abuse and neglect.

**Homeless Shelters in Virginia**
Website: [http://www.homelessshelterdirectory.org/virginia.html](http://www.homelessshelterdirectory.org/virginia.html)
List of Virginia Shelters is below. Many are emergency shelters along with general homeless shelters and some transitional housing opportunities.

**Second Story (formerly Alternative House)**
P.O. Box 694
Dunn Loring, VA 22027
Phone 703-506-9191
Email: info@second-story.org
Website: [https://second-story.org/](https://second-story.org/)
24 Hour Crisis Hotline: 1-800-SAY-TEEN
Text: TEENHELP to 855-11

Programs at second story provide support at critical turning points in peoples lives. The program for Teens in Crisis serves young people age 13-17 who are moving beyond homelessness, abuse, trafficking, neglect, or other harmful situations. The program for Young Mothers help young mothers attain stability and independence. The program for Homeless Youth provides help for young people overcoming trauma, homelessness, and hardship. The programs in the community provide support for children, teens, families, and community members through resource centers and programs.

**Emergency Shelters**
Fairfax County Office to Prevent and End Homelessness
Website: [https://www.fairfaxcounty.gov/homeless/emergency-shelters](https://www.fairfaxcounty.gov/homeless/emergency-shelters)
Fairfax County has six emergency shelters for individuals and families who are homeless. These shelters are operated by community nonprofit organizations under contract with the county. The shelters have additional capacity during winter months to take in people overnight who are at risk of hypothermia. Shelters located in Fairfax, Reston, Falls Church, Bailey’s Crossroads, Richmond Highway-Ft. Belvoir, and Reston.

**Loudoun County Homeless Shelters**
Daytime Drop In Center:
19529 Meadowview Court
Leesburg, VA 20175
Drop in Center Phone: 571-258-3033
Youth Shelter Phone: 703-771-5300
Abused Women’s Shelter Phone: 703-777-6552

Loudoun County has four homeless shelters including a youth shelter, an abused women’s shelter, and a daytime drop in center. The drop in center offers showers,
phones, laundry facilities, bag meals, referrals, and counseling for adults 18 and older who are homeless. Individuals need an ID and can not be a sex offender to receive services.

**Mobile Hope of Loudoun**  
Mailing address  
P.O. Box 4135  
Ashburn, VA 20148

Physical Address  
741 Miller Drive, Ste F  
Leesburg, VA 20175  
Phone: 703-771-1400  
Email: getinvolved@mobilehopeloudoun.org  
Website: [http://www.mobilehopeloudoun.org/](http://www.mobilehopeloudoun.org/)

Mobile Hope’s Homeless Youth Diversion Program serves anyone under age 24 who is at risk of becoming homeless and offers basic needs such as clothing, shoes, socks, underwear, hygiene supplies, diapers and wipes, emergency and supplemental food supplies, financial assistance for other things like school related activities. Mobile Hope’s Crisis Care Program serves 18-24 year old’s who are homeless by providing homeless solutions, extensive case management, life skills training. Services are offered either on their bus or at their facility. Their bus travels to Leesburg, Sterling, Villages of St. Louis, Middleburg, Lucketts, Lovettsville, South Riding, and Purcellville. Call their office for locations and schedule.

**Prince William County Homeless and Winter Shelters**  

Prince William County runs or provides support to six winter and homeless shelters. Additional beds are available from November 1 through March 21 to protect homeless residents from hypothermia during the winter season.

**Winter Homeless Shelter**  
Friends of Falls Church Homeless Shelter  
217 Gordon Road  
Falls Church, VA 22046  
Phone: 703-854-1400  

Friends of Falls Church Homeless Shelter is open November 15 through March 31 only, providing relief from harsh winter weather. The shelter opens at 6 p.m. each day and closes at 8 a.m.

**Women’s Homeless Shelters in Virginia**  
Website: [https://www.womenshelters.org/sta/virginia](https://www.womenshelters.org/sta/virginia)
Listings of shelters, transitional housing, residential treatment centers and women’s residential services.

**Other Support for Transitional Youth**

**Foster Care Alumni of America**  
5810 Kingstowne Center Dr, Ste 120-730  
Alexandria VA 22315  
Phone: 703-299-6767  
Toll free: 888-ALUMNI(0)  
Email: info@fostercarealumni.org  
Website: www.fostercarealumni.org

The mission of Foster Care Alumni of America is to connect the alumni community and to transform policy and practice, ensuring opportunity for people in and from foster care. The Foster Care Alumni of America hopes to ensure a high quality of life for those in and from foster care through the collective voice of alumni.

**PEATC Youth Empowerment Program (PYE)**  
Parent Educational Advocacy Training Center (PEATC)  
8003 Forbes Place, Ste 310  
Springfield, VA 22151  
Phone: 703-923-0010  
Toll free: 800-869-6782  
Email: uria@peatc.org  
Website: [http://www.peatc.org/peatc.cgm?template=pye](http://www.peatc.org/peatc.cgm?template=pye)

PEATC Youth Empowerment Program (PYE) is a program meant to empower young people ages 14-26 with disabilities in Virginia. This group helps youth gain knowledge to become empowered self-advocates, successfully transition into adult life, and to be an active leader in their community. It offers a chance to create new friendships, learn or improve self-advocacy skills, get school and work recommendation letters, gain volunteer hours, and earn special prizes for participating in various activities. PYE meets virtually most of the time and ask for a one year commitment to the program.

**Pharmacy Central Program**  
Northern Virginia Family Service (NVFS)  
Greater Prince William Community Health Center  
Evergreen  
9705 Liberia Avenue, Ste 201  
Manassas, VA 20110

Ridgewood Health Center  
4379 Ridgewood Center Dr, Ste 102  
Woodbridge, VA 22192  
Phone: 703-680-7950 ext 3124  
Website: [http://gpwhealthcenter.org/faqs/pharmacy/](http://gpwhealthcenter.org/faqs/pharmacy/)
The Pharmacy Central Program is a partnership between the Greater Prince William Community Health Center and Northern Virginia Family Services. The program offers free prescription medications to uninsured and underinsured, income qualifying, patients. Patients interested in the program will meet with a staff member to complete an application to determine eligibility. The formulary includes thousands of medications and remains free of charge. There are no fees for this service.

**The Refuge**
Located in the suburbs of Northern Virginia  
Margie Remmers, Owner/Operator  
Phone: 703-261-4957  
Email: margie@cohrefuge.org  
Website: [http://www.cohrefuge.org/](http://www.cohrefuge.org/)

The Refuge is a retreat and education center where adult children of hoarders, some of whom still live in a hoarding environment, can come to escape, relax, learn and recover—for a few hours, a few days, or a few months. During their visit to The Refuge, perhaps for the first time in their lives, these victims have the opportunity to openly discuss their feelings and experiences with people who can relate to them. Whether it’s just to take a break, do some laundry and relax; take classes to develop independent living skills; or live for a time in a clean, safe, environment, all are welcome here.

**Tranquil Voices Peer to Peer Support Group**
Fairfax-Falls Church Community Services Board (CSB)  
Merrifield Center  
Recovery & Peer Support  
8221 Willow Oaks Corporate Drive  
First Floor, East Wing, Room 1-413  
Fairfax, VA 22031  
Phone: 703-207-7769  
Email: wwwesb@fairfaxcounty.gov  
Website: [https://www.fairfaxcounty.gov/community-services-board/recovery/tranquil-voices](https://www.fairfaxcounty.gov/community-services-board/recovery/tranquil-voices)

Tranquil Voices is a peer-led support group for adults. It is offered weekly at the Merrifield Center. Peer support is people who have had similar experience giving each other encouragement, hope, assistance, guidance, and understanding that aids in recovery. This support group is for adults and includes socialization and recovery activities including discussions about the recovery model.

**Washington Metro Transit Reduced Fare Program**
600 5th Street NW  
Washington, DC 2001  
Phone: 202-962-2700  
TTY: 202-962-2033  
Website: [https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies](https://www.wmata.com/service/accessibility/reduced-fare.cfm#qualifies)
People with disabilities who have a valid Metro Disability ID card may ride for half the peak fare on Metrorail, and for 85¢ paying with cash or a SmarTrip card, on regular Metrobus routes, and for discounted fare on other participating bus service providers. There is an application for the program

**Online Transition Age Youth Guides and Resources**

**The Forum for Youth Investment**
Website: [www.forumfyi.org](http://www.forumfyi.org)
Helping leaders get young people ready for life.

**Life After High School: A Handbook on Transition Planning for Students and Families**
Loudoun County Public Schools Career and transition Services
Life After High School is a detailed and informative handbook providing parents of a child or adolescent with disabilities, information, practical suggestions, and questions to consider as their children transition from the world of school as a student into the world of an adult.

**National Collaborative on Workforce and Disability/Youth**
Website: [http://www.ncwd-youth.info](http://www.ncwd-youth.info)
Making the connection between youth with disabilities and employment.

**MPowerMe**
Website: [https://mpowerme.care/](https://mpowerme.care/)
MPowerMe is a monthly fee-based subscription service that gives users access to programmable technology to help develop independent living skills. The service includes interactive digital lessons designed by, and for the user, secure online decision support tool, and access to peer coaching to personalize lesson on a mobile device. Lessons are customized to each Student’s preferences, experiences, perspectives, and level of independence and can be changed over time to meet the student’s changing needs and capabilities.

**Resources for Access, Independence, Self-Advocacy, and Employment (RAISE)**
Website: [http://www.raisecenter.org/](http://www.raisecenter.org/)
The National Resources for Advocacy, Independence, Self-determination and Employment (RAISE) Technical Assistance Center works with the seven RSA-funded Parent Training and Information Centers to develop and disseminate information and resources that increase their capacity to serve youth and young adults with disabilities and their families.
**Virginia Intercommunity Transition Council (VITC)**

The mission of the Virginia's Intercommunity Transition Council is to promote successful transition outcomes for youth and young adults with disabilities.
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Toobin PC, Michael D.

Tool Kit on Teaching and Assessing Students with Disabilities

Tourette Syndrome Association of Greater Washington

Town Pediatrics

Training and Technical Assistance Center (TTAC) Online

Tranquil Voices Peer to Peer Support Group

Transition POINTS

TransParenting

Trauma and Hope

Trippin' With Jamie!

Tropf, Sharon

T-TEN Services

Turning Point

Tutoring For Success

Tutoring Plus

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